Top 10 Ways To Make Her Feel Comfortable In Your Presence

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While it’s true that you can attract a woman with confident masculinity, she may still refuse to actually go out with you unless you can combine that attraction with COMFORT in your presence.

So you’ve GOT TO create that feeling in her. Without it, you’ll find yourself beating your head against the wall wondering why apparently willing women keep flaking out on you when the time comes to hang out with them.

For many of us however, figuring out exactly HOW to make a woman feel secure in our presence isn’t so easy to do in the real world.

After all, we as guys don’t exactly have to fear for our physical safety when we’re with a woman. As such, creating a “safe zone” for her to feel attracted to us isn’t necessarily something we can relate to directly.

And that’s understandable.

But no worries, my good man. Here are eleven (yes, there’s a “bonus” one) simple concepts you can commit to memory that are all but sure to help you get everything right the next time you’re with a woman:

1) Give Her Physical Space

This one seems obvious, but it remains amazing to me how many guys want to crowd a woman’s 18” of “personal space” sooner than later, and especially how many guys want to “escalate kino” early and often.

When you get right down to it, the desire to maintain some distance between yourself and someone you barely know isn’t exactly gender specific.

All you’ve really got to do here is remember that women are HUMAN just like you.

If she’s attracted to you, great. Make her feel SAFE with you also and it’ll be HER idea to get close to you before you know it (perhaps literally).

That’s a guarantee…unless you’re dealing with a truly desperate woman who has little if any self-respect…or dignity. And what do you want with her, anyway?
But get greedy here and you’ll blow it. And that’s also a guarantee.

2) Keep It Real…And Even Keel

Check it out…I made a rhyme.

Great. That makes it easier for you to remember, which you should.

While I understand that “just be yourself” is crappy dating advice, what I’m getting at here is that you DO NOT want to come off like some syrupy sweet “sales guy” with a hidden agenda.

You don’t want to “soften your demeanor” in an attempt not to “offend” or “bother” her with your masculine presence. She’s actually ATTRACTED to men, so you have nothing to worry about there.

So don’t “neuter” yourself thinking that’s going to work. Heck, it isn’t even NATURAL.

Moreover, freeing yourself up from expectations to “mirror her” and/or attain “performance perfection” is also a great idea…likely to cause you to calm down and be more comfortable in HER presence also.

Hey, women follow your lead…so choose wisely.

While you’re at it, keep an “even keel” by not making any sudden grandiose gestures, changing the tone or volume of your voice abruptly, and/or letting your mood swing rapidly from one place to another.

Nothing will make a woman scramble for the door faster than that sort of thing.

3) Don’t Be Her “Yes” Man

Whatever you do, don’t agree with all of her preposterous notions—no matter what—simply because you want her “approval”.

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If she talks about how much she loves disco and strawberry daiquiris, you DO NOT have to have that in common with her.

In fact, saying you like that stuff also is MORE LIKELY to backfire than to help you create attraction.

Go ahead and tell her you prefer Guinness and AC/DC.

Stay true to your personality and to your opinions and speak your mind—all in a civilized manner, of course.

She’ll know exactly where she stands with you and that you are unafraid to be truthful…and she’ll adore that feeling.

4) Practice Reasonable Chivalry

Chivalry is NOT dead. And it’s NOT “kissing up” either.

You open her car door and walk on the outside of the curb not because she’s inherently a weakling or because you’re waiting on her hand and foot, but because you care enough to VISIBLY demonstrate that you have HER best interests at heart and that you know how to be a protector if need be.

That’s all good all the time. Never scoff at the opportunity to be chivalrous.

Let it happen naturally, without fanfare OR complaint.

5) Leave The “Shamwow” Guy Imitation At Home

Were I to tell you that approaching and meeting women is NOT exactly a sales demo presentation, some of you would argue with me.

Fine then. Just make sure you remember that YOU’RE the one with the “product” that should sell itself, and that it’s up to HER to sell her value to you.

That alone should curtail any super-needy high-pressure sales tactics on your part.
6) Maintain Eye Contact…Sort Of

I’m sure you’ve always been told to “maintain eye contact” when in a conversation with someone. That’s an excellent idea talking to a woman you’ve just met.

I mean, clearly you don’t want to be starting off into space as if ANYTHING going on around you would be more interesting that talking to her (unless maybe it’s true).

But here’s the thing, you ALSO don’t want to be LASER FOCUSED on her to the point it’s as if you’re staring right through her. That’s just creepy. Be sure to divert your eyes casually at least SOME of the time.

And definitely ride herd on any glassy “fish eye” stares, especially the kind where you rarely blink…if ever.

7) Resist The Temptation To “Check Out The Merchandise”

Here’s a bit of a secret. Most women really DO enjoy it when you notice their more appealing physical “assets”.

But that said, you don’t want to overdo it to the point you appear to be obsessed with getting her naked.

And most definitely you’ll need to avoid contracting a case of “elevator eyes”, staring her up and down while you’re in the act of conversing with her. That really makes women self-conscious and seems very much like a “rookie mistake” to them. Ouch.
8) As For Teasing Her, Remember This Simple Guideline

If a woman has a witty, fun personality then by all means tease her a bit and let the banter fly. Just make sure that you don’t INSULT her in the process.

Insults are neither funny, engaging nor enjoyable for her.

Ask yourself if what you’re about to say calls attention to anything she might genuinely feel subconscious about—especially if it involves something she can’t really change.

Generally speaking, teasing her in a way that accuses her of things that are clearly NOT directed toward her personhood and/or which are completely innocuous is usually the best way to go.

For example: If she orders what you consider to be a “chick drink”, you might say, “Oh man...what a GIRL DRINK. Let me get you one of those little pink umbrellas for it.”

9) Don’t Take Things So Gunfighter Seriously

Okay, okay. I get that you’ve been told that cool guys don’t smile or laugh so much.

And you definitely don’t see Clint Eastwood, John Wayne and James Bond giggling themselves silly too often. Granted.

But then again, you can’t be a total stone-face around a woman you just met and expect to INCREASE her comfort level.

Make her “earn it” if you want, but if she does or says something charming you can and should at least acknowledge it with a smile.
10) **Watch The Nervous Mannerisms**

You know, thinking about the last point above one of the reasons why the recommendation to NOT smile or laugh in a woman’s presence is so prevalent just might be because we so often interject fake or “nervous” laughter into our conversations with them.

This betrays discomfort on our part at the baseline level. She follows our lead down that dark alley…and we’re toast.

Fidgety and/or random hand gestures; repeating the same word or phrase too much (e.g. saying “that’s awesome” in response to anything she says, ending every sentence with “okay?”, etc.) and talking so fast that you truncate entire sentences all have a similar uncomfortable effect.

11) **BONUS: Trust Her First...In A Tangible Way**

This one is particularly golden, so listen up.

What is the ultimate representation of safety and security in someone else’s presence?

That’s TRUST, of course.

Knowing women follow your lead, your best chance at creating an outstanding first impression as a man who knows how to make a woman feel safe and secure is to TRUST HER FIRST.

Now, this doesn’t mean you need to lend her your car and/or let her pack your parachute the next time you go skydiving.

All it takes is a very simple gesture that gets the message across.

For example, try this. When you’re sitting across the table at a coffee shop together, leave your wallet on the table as you excuse yourself to the restroom. Ask her if she’ll watch it for you while you’re gone.
Mission accomplished.

I realize that it’s immensely helpful to have objective ideas and examples to back what can seem like nebulous concepts at times.

As such, I “trust” that from now on you’ll feel all the more empowered to help women feel safe and secure in your presence.

Be Good,