

Second Chances With Women - MTP458

Edroy Odem: live from the mist and shrouded mountaintop fortress that is X and Y Communications headquarters, you're listening to the world famous Mountain Top Podcast. And now, here's your host, Scot McKay.

Scot McKay: All right, gentlemen, welcome to yet another episode of the world famous Mountaintop podcast. I'm your host, Scot McKay. You can find me on X, on True Social, on Tik Toc and on YouTube. Scot McKay. That's C O T McK A Y and Real Scot McKay on both threads and Instagram. The Facebook group which you guys should all be a part of by now is indeed facebook.com groups mountaintop summit. If you go to Facebook, search and type in Mountain Top Summit, it should come right up. Join our group of guys who are getting better with women and becoming better men in the process. And as always, gentlemen, mountaintoppodcast.com is the place to go for all things related to this podcast. Free download, show notes, all that is there for you and more@mountaintoppodcast.com. my returning guest today is none other than Michael Allison, who is the CEO of the Adversity Academy and a professional speaker at the national and perhaps international level. the difference today is he has brought his lovely wife Courtney Allison with him to talk about, well, second chances with women. And, I'm looking forward to a great show. It's not typical for this podcast to have two guests at once, but I'm excited about this particular one for sure. Michael and Courtney Allison, welcome to the show.

Courtney Allison: Thank you.

Michael Allison: Hey, Scot, thank you for having us here, man. It's an absolute pleasure to be back with you, man.

Scot McKay: It's an absolute pleasure to have you both here. Double the pleasure, because you're both here this time.

Courtney Allison: Absolutely. We're excited that be on the show together.

Scot McKay: Yeah. And, Courtney, I'm going to throw you under the bus. This is your first podcast interview ever.

Courtney Allison: It is. But it's a delight to have this as our conversation point. So I'm excited about it and ready to rock and roll.

Scot McKay: Yeah, you're already doing a great job. Now, see, by day, you're a lady boss in the it world, so you know what you're doing. You have lots of confidence. You're ready to rock. This is just another little knch in your gun, huh? Huh?

Courtney Allison: That's right.

Scot McKay: That's right. All right, now, truth be told, both of you have a future together as podcast host for couples. So you have a show upcoming. Is that correct?

Michael Allison: Yeah, that's correct. We have the, Marriage Beautiful podcast. That's we're in their works and in the makings right now. But it's more so about helping couples based off some of the things that we've been through ourselves that we'll share here, probably here with you on your podcast. But it to help people to get through some of those same things that we've been through challenging as with. As well.

Scot McKay: Yeah, yeah. Well, I mean, with that title, you'll have some convincing to do,

but I'm sure it'll be a change a lot of hearts and minds and marriages, I'm sure. You know, on that note, Emily and I launched. Oh, man, it's probably going back 16 or 17 years. Tempest fugitss, doesn't it? We had the domain. We had the whole forum set up. We were going to do a podcast, and we called it the Happy Couples Hangout. Sounds like a great name. Yeah, we've abandoned the domain since then and everything. Boy, it never got off the ground because happy couples don't have any questions. We're happy. What do we need? What do we need you fools for? You know, I mean, we're over here, you know, living the dream. What do you want to do? Disrupt that or something? Why would I want to talk about my marriage with a bunch of other happy couples? I can do that with my bfs. So it actually, there was no pain point there, so nothing happened. But, I mean, waving the banner of marriage, being beautiful, I think is beautiful in and of itself. And I'm sure you guys have a great show and everybody needs a little bit of encouragement. And, Michael, the last time you were on, you were one of the few guests we had on who actually gave his backstory, because it's one hell of a backstory. You've been through a lot. you're a military veteran. Thank you for your service again, by the way.

Michael Allison: Thank you.

Scot McKay: And, man, the things that you have overcome in this life would just make Will Smith and Pursuit of Happiness blush. Man, that movie's so hard to watch. It's like any Taylor Sheridan show where everything bad happens to everybody all the time. It's just. It's not entertainment. And certainly, your early life was less than entertaining. But now you are with Courtney again, I might add. And I would love for both of you to share that story, especially you, Courtney, from your perspective, because, man, this is one of those stories. Gentlemen, let me just give you the spoiler alert where if they can do it, you could do it. You know, if you have something that's just rot in your life right now and

you're kind of in a dark time. Let these two speak to you, minister to you even. Because what they've been through and what they've overcome and not only still standing, but being happy is just overwhelming. So you two tell your

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Scot McKay: story. I've said enough.

Courtney Allison: Okay. I don't know where to begin, man. So I'm gonna start at the. Not too far to the beginning, but we'll give it a little go here. I met Michael. We actually dated on from an online app and that's how we met. We dated for five years in Georgia after we actually got to see each other after, being online. And then we got married, move. I moved to Maryland. And that first six months we were blended family as well. I must say that I had a nine year old at the time and he had ah, a three year old at the time. And when we got married, it was definitely a rocky road trying to blend the families. And as you know from, Michael's past, he also was in the military and he was dealing with his own traumas. I was also dealing with my own, family upbringing trauma. So trying to blend not just the families but also the traumas together. We didn't have a lot of tools in the toolbox on how to figure out communication, conflict resolutions. so that was a battle in our home for the first six months and we decided to part ways. He also was going through a, nasty custody battle in another state down in Florida. So with that being said, I left, and went to live with my son in Maryland and he went to live with his son in Florida. And we struggled, trying to figure out how to make a long distance relationship. During our separation. We didn't quite get a divorce yet. We separated, and then we just decided at that point it was not working. And six months after that, so about a year later we were divorced. And we, I want to say about a month after that divorce was final, we was like, oh crap, what did we just do? Because ultimately we

really loved each other. And yeah, we had some challenging times, but we felt like we could kind of rebuild and we struggled with the rebuilding, going to counseling virtually. and then we also decided to date long distance for quite a while and fast forward a little bit. There's a lot more to this story and I'll let Michael fill in any gaps here. But after about, I want to say about three to four years of long distance dating, we then decided to. Okay, now let's, let's try again. And we moved back in a House together. And there we go again. It was a battle. so still didn't really learn a lot. Didn't have a core foundation in. In our beliefs as far as our faith with Christ. Both of us was just struggling, and, we part ways again. So it wasn't the second chance. It was like a third chance. so after that, I moved back home in Atlanta, and he worked on himself individually, I worked on myself individually. And we decided to do counseling. One more try, virtually. And we got remarried in March of 2023, and I moved back to Florida at the time. So here we are again, two years now, remarried, and it's been the best two years of my life, to be honest, Scot. I mean, we've learned so much through this process of marriage and understanding each other as a relationship. And this has been the happiest time we've ever had in this whole 15 years of dating, remarried, dating, remarried, time of our life.

Scot McKay: Now, see, Michael's going to get up here and go, that's not how it happened at all. Now, just a little comic relief there. that is a beautiful story. I love the name of your upcoming podcast even more. Marriage is Beautiful. Because people would look at both of you and go, well, that would be an ironic name. this is gonna have to be some kind of comedy show or something, because that doesn't sound beautiful at all. It sounds like a total lurid mess. But you know what's interesting about what you just said, Courtney, and you have no way of knowing this, but two of our recent guests, not one, but two, got on this show and said the greatest harbinger of a lasting relationship is not necessarily how much a couple has in common, but their ability to handle conflict together.

Courtney Allison: Yes, absolutely.

Scot McKay: And that's what you're preaching, isn't it? Because maybe the first time around, possibly even that second time around, you two were kind of out in the cold when it comes to that stuff. I. Michael.

Michael Allison: Yeah, that's true, man. You know, for us, when we got together, we were in our late 20s, and then we got married in our young 30s, and we're thinking that we know it all, but quite honestly, there's no true blueprint to what marriage is like with two people from two different, backgrounds. And I say that she's. I'm from the Caribbean, have a different background, upbringing, and what marriage. And what does a couple relationship look like? Especially somebody coming out of

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Michael Allison: the military, too, as well, where things are much more structured, much for standard for me. And then meeting her and her son in Our blended family situation. So there's a lot more dynamics that I had to deal with and understand. And someone being at that particular time of my life with dealing with so many things, I, It was coming at me pretty fast, and, it was a big struggle for me to, as well, going through that. And I guess you want to say someone that has, ptsd, someone that is dealing with some of the mental challenges and things like that. I have a very short temper and get frustrated very easily. I could easily go into depression mode very fast. And some of those things were really triggering a lot of things for me. And I was pouring out some of that frustration into my family, too, as well. Man. And that's some of the things that I truly had to address before I even wanted to step back into our relationship and put our family back together.

Scot McKay: Yeah. You know, a lot of times people talk about relationship readiness, don't they? And it seems, this ethereal standard that we all have to kind of live up to, and no one really can define it very well, but they know it when they see it. Apparently, if you're going through a whole lot of stuff like that, there really isn't a whole lot of yourself left to give to a relationship because you're trying to bail out your own lifeboat. You know what I mean?

Courtney Allison: Right. Yeah.

Michael Allison: When you're. When you're going through this stuff and you're sinking and there's no one there to help you, like, throw an anchor and help you, man. it'll keep you down there, man. But luckily for us, you know, we kind of, like, relied on each other and knew that there was something there between the bond between us, and we just had to, like, dig in and actually truly work on that if we truly wanted to make this thing work.

Courtney Allison: Also, we both come from families where our mom and dads are still together, and so that is a significant part of our life. And seeing those, relationships, we knew that they've been through difficult times, and we knew that they figured it out. Yeah, they're not perfect. U. they. They've had a lot of conflict in their lives, both of our families, but. So we wanted to understand why we couldn't figure it out. Why did we. We couldn't understand how to be, I guess, like the old folks would Relationships.

Scot McKay: Right, Right. No, I understand exactly what you're saying. And again, the two of you probably would have no way of knowing this, but I was the first divorcee in my entire family's history on both sides.

Courtney Allison: Oh, wow.

Scot McKay: And you can imagine the shame and the guilt at, the familial level. I mean, all of a sudden I was, you know, not exactly *Persona non grata*. I mean, everybody was gracious, but nobody knew how to handle me or my situation. You know, it's almost like when you're married and you have other couples as friends and then somebody gets divorced and no one wants to hang out with the third wheel anymore. They have to go start all over, even at the friendship level with other people. Yeah, there's a lot of pressure there when your family has a history of strong, positive marriages or even dysfunctional marriages where they gutted out and stay together anyway, even though one of them probably should have left, because that's just not what we do around here. So I completely understand what you're talking about. I would like to add two things there. First of all, the fact that the two of you are together after breaking up not once, but twice is unusual and indeed improbable. And I've been on record as saying that when couples break up, it's probably for good reason and they should stay broken up. And usually when they get together, it's because they don't have any other options or they're returning to what they know, or they have a somewhat fantastic, in the true sense of the word, view of what happened the first time around, because human memory likes to remember only the good times and close out or repress those bad times. But the two of you have beaten the odds here, and that indicates that there was something there both of you needed to figure out, or a lot of something there that both of you needed to figure out, and you've done it. And that's what I want to talk about next. But before we go there, there's a lot of talk on this show, Michael and Courtney, about transactional relationships, because you mentioned Courtney, what is it about the old folks, you know, as you called them, and I resemble that nowadays. I'm getting closer and closer to that point, by the way I look in the mirror and go, dad, you know? And, they all tend to be together for a long time. I think there was. I mean, there's no

doubt there was less divorce back during, you know, the greatest Generation, as we call them. M. The World War II folks are in their 90s now. And nowadays relationships seems somewhat disposable, don't they? Yeah, it's like, if I get together with someone, what are they going to do for me and what am I going to do for them? What's the deal, we strike here. That's in the best interest of both parties. And of course, when someone's not getting what they need, they cut and they run. Because it was all a business deal. It was a transaction. And also nowadays,

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Scot McKay: the most current state is people are entering into relationships really without any mind at all towards what the other person should get or is entitled to get from this relationship. It's all about what I want, what I need, and if I don't get it, I'm cutting and running, regardless of whether you're fed or not around here. And that's really a sad state of affairs. So talk to us a little bit more, Courtney and Michael, about how you battled back against that postmodern mindset and said, okay, both of us, we've been through some stuff here, but we do. We absolutely love each other. This isn't something that's a purely transactional relationship. There's meaning, there's purpose, there's a longing for each other that a lot of other couples lack, and that's worth giving this every shot we have. What process caused you to arrive at that solution of going old school, for lack of a better way to put it?

Courtney Allison: For me, Scot, I would say that it had a lot to do with my faith. Right. I grew up knowing that divorce wasn't an option in my family or just in my. My faith. And I. And I was battling that, being separated, from Michael, ah, just m. Me and my spiritual growth with. With God. And I had to find reasons, just trying to figure out and balance the reasons on why am I separated. And just reflecting in my spiritual growth and my

spiritual faith, I just knew that that's not something that I wanted in my life. And so I had to do the individual work as well to kind of reflect on what did I do in this relationship that caused us to move into a direction of separation and divorce. So I went to individual counseling. It wasn't just about Michael doing his work. I had to also reflect as a woman, where did I need to grow? And that's what really made me realize that there's more to this relationship than just, the issues that we were having. Also with a saint. With that in mind, the issues that we were having were not irresolvable. We could get through these issues if we were just talking through them and had the right tools in the right people to talk with. And some wisdom, basically, is what we needed, about the issues that we were going through. So after understanding that, then I realized that our relationship is much more than what we've allowed us to be.

Scot McKay: Michael, it sounds like the two of you didn't play ye old blame game with each other. Like this is all her fault. She's go going to have to fix everything or I'm not coming back and vice versa. You didn't play that game.

Michael Allison: No, we didn't. We actually took accountability and responsibility individually first, which that was the first thing that we did. And as we separated, we identified some of the things that was tied to that. And for myself, I had to work all myself from the inside out and identify what were some of the areas that were keeping me back to be my whole self in this relationship and give 100% of myself in this relationship. And as I took a step back, you know, Scot, I was dealing with the trauma from the past. But then some of those things I was dealing with also was tied to some people. People call it, soul ties. So things from past relationships that included from like my ex wife that I was still carrying on with some fear, some guilt, some aggression that was tied to that that could potentially hurt me in this relationship. And subconsciously I was holding that against Courtney as well too. Then following that, I'm going through

this child custody situation with my own personal son and I'm going through raising a son, which is her son, and I'm struggling in that department too. And it caused a bit of resentment, a whole bunch of other feelings that I was dealing with and going through at that time. So that's when I really had to start looking at what is causing me to feel this way. And that's how I started working on myself to address some of these things in regards to moving forward, following that. For me, you know, I think it was a moral obligation for me in regards to taking this woman, taking her hand and asking her to be my wife. And I guess knowing that I did not fulfill what I said I was going to do and keep my word to that. And kind of like when it, when I look at the accountability standpoint of it, did I uphold my end of the bargain in regards to us walking away? And I personally did not feel like I did that. So that's when I said, all right, how can I change, change things about myself to be a better man? And that's when I got into things with accountability partners, got into things with coaching, got into things with our mentors and different groups. And some of those things truly helped me. And one of the biggest things was also changing my environment. So either the people that was hanging around. Some of the things I was watching on tv, some of the things I was listening to, some of those external factors that could actually have an impact on that played a partner to me changing and going a different direction to as

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Michael Allison: well.

Scot McKay: Yeah, you know, you're talking about those external influences. A lot of men out there are listening to this red pill stuff. And the men go in their own way, have a huge presence on YouTube. And guys who actually mean well and actually like and adore women can fall into that trap of being a little jaded by what they hear. You

know, you'll be called a simp if you do anything to try to get a woman back. you get derided in the men's groups on Facebook for even trying to repair a marriage because these guys will get all macho and go, just kick her to the curb. Meanwhile, the women are no better. You have angry feminists out there telling women they don't need a man at all. You probably shouldn't even want a man. And all this does nothing but, spur along that idea that men and women shouldn't be together. And next thing you know, men shouldn't be masculine. They don't need to be providers and protectors. Masculinity and femininity at best are social constructs. at worst, masculinity is toxic, no matter what you try to make it look like, even if you mean well. And that means fewer couples are getting married, fewer couples who get together stay together, there's pressure on the birth rate, fewer couples are having kids, and that to me is what's toxic. But by the two of you having the wherewithal and yes, to use the same word you did, Courtney, having that wisdom that really only comes from life experience. You know, you could be as book smart as you want to be, but until you've lived some life and been kicked around the block a few times, you really don't have the wisdom you should have to make the kind of decisions you need to make to really succeed in life. So with that wisdom the two of you share. Now, both of you did work on yourself saying, hey, you know what? I don't care who has an opinion on this. I'm going to do what I think is right between me and my God, to be the best person I can be. And then when the two of you got back together, it wasn't really that you were, a simp or anything because you had this goal in mind of getting your ex back. Both of you were on the Same page. You see, when it's a double standard or it's one sided, that's when someone's acting foolishly. But because both of you knew you loved each other and you wanted this, that was almost like, you know, the magic wand you needed to wave over this to get the two of you back together. Although it's perfectly logical, not magical.

Michael Allison: Yeah, I agree with you, man. When it's, a common bond and both of us

feel equally yoked together and we're equally vested, I think it made the process much more seamless for us in regards to wanting to be involved and wanted to be there to support each other as we did. We did went on this journey individually, and then we went on this journey collectively together too. Then we even brought our kids in. And that was the, beautiful aspect of this in regards to bringing our family back together. As I mentioned to you before, I felt like this was my part in regards to, as a man, as a father, that I wanted to get my family back together, get my kids back together and rebuild that. You know, I feel obligated that this was something that I played a part in breaking down and I wanted to play a part in building that back up. You know, we could, we could get caught up in some of these things out, hear either the rhetoric around alpha males getting quot of the rhetoric around some of the things where you're not a man of this or any of those types of things, but for me, at my core beliefs and some of the things that I feel like I'm truly obligated to do as a man, as a husband, as a father, you know, I'm going to step into that place and step into that role to make sure that I'm going to be in that position, to make sure that I'm going to take care of my family, take care of my wife and take care of my kids, well, you'll.

Scot McKay: Get no argument from this side that a real man puts his family first.

Michael Allison: Right?

Scot McKay: You'll get no argument from me there. Michael, what would you say to men out there who say, look, all women are terrible, they're all going to leave you. None of them really love you. They're all selfish, they're solipsistic, they're kind of in their own head. They live for the moment and as soon as someone taller, more handsome and richer comes along, they're out the door. So, yeah, you really are being foolish here. This is all a big pipe dream. You're being a little quixotic about this. If you will. What

would you say to those guys?

Michael Allison: Yeah, what I would say to those guys is truly identify what is your standards, what is your identity? What is things that you believe in at your core that you will die on a hill for. And you're going to have plenty of women come across you, but the ones that's truly for you, they're going to truly be there for you, regardless of any of your circumstances, any of those situations. And when you're looking for the type of woman that's going to be in your corner, be by your side through the good, through the bad, any of those circumstances, that's who you truly need to identify with. But you need to identify what your standards are. Because whenever you get into circumstances, situations where you're going to have these women that are transactional fly by night or in it for some of these superficial types of things. If you're not making the money, if you're not driving the car, if you don't have the job, if you don't have a certain typ of status or stature in life, then eventually

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Michael Allison: you might see her walk out the door on you, cheat on you, or seek things in other places that you cannot provide. So you need to truly be confident in yourself. You need to build up yourself to, understand where this is who I am, this is who I stand for, and this is the type of person that I'm looking for to be with. And if this person cannot be with me for what I stand for, what I believe in, then that's a good telltale sign that this person is not for you.

Scot McKay: Courtney, this show is almost 100% men listening.

Courtney Allison: Oay. Okay, that's good.

Scot McKay: I love how you. I love how you had a good natured laugh at that one. I'm gonna ask you the same question from your perspective. There are a lot of women out there who think there are no good men.

Courtney Allison: Uh-huh.

Scot McKay: And you and Michael, and this is addressed to both of you had every right to believe, you know, what they said about the other gender and about marriage was absolutely correct. This sucks. I should never have done it. It was a big mistake. Now I've made that mistake twice as you roll your eyes. And I'm never going back. I am going my own way. But here you are, both of you are together. I think you've talked very eloquently and clearly about what got the two of you back together for good this time. But, Courtney, what would you say to the guys out there who were pretty convinced all women are against men? They've decided that none of the men are any good. there are a lot of women out there who think men are responsible for everything bad that's ever happened in the world. And there's a lot of propaganda out there about it. First of all, why are you still thinking differently? And second of all, what would you say to the men out there who might be suffering from this mindset that says, I'm never going to find a good woman, so why try?

Courtney Allison: Well, the first thing I would say is we, you have to be able to find the ability to silence the noise. there is a lot of noise that happened while we were trying to get back together. Whether or not it was family that didn't want me to go back, whether or not it was friends or just like you say social media or you see it on tv, they don't go back to your ex or don't men or this, men or that. so you have to silence the noise and know what you want for yourself. And I think M. Michael said it best. Being confident in who you are as well as knowing exactly what matters to you most in a significant other.

You have to understand that. Take some time to sit down and reflect. Reflect on what makes what, what makes you proud, what makes you happy, what, what do you want out of life and then start to, to believe and understand that you are capable of finding someone. you have to, you have to truly believe that in your heart that there is something out there for you. Do some soul searching. You have to work on yourself first. Get that negative mindset out. Because it really comes down to your mindset as well. If you sit here and believe that there's something out, there's nothing out there, then nothing will find you. If you believe that there is a woman that fits what you want out of life and compliments you, then you will find that person. Also, you might just need to stop looking and understand where you're looking. If you're going to the bars looking for a woman, you might find the wrong woman. So you may need to figure out where the best place to go to find that mate. And sometimes it could just be natural finding by going for a walking AP park. You never know. If you keep your mind open, just be confident in who you are, you'll find the right person.

Scot McKay: You know, a lot of people out there would say you beat the eyesds by meeting each other on a dating app because man is that ever assessed pool nowadays. So it really can be anywhere. Marriage is not supposed to be a Sociopol political agenda. So when you let sociopit political stuff poison something beautiful that's arising between a man and a woman, really what you're doing is being easily led. That's not leadership, that's following, and that's not very smart. And in many ways it's not very practical. Yet I know so many couples who have a reasonably good relationship and it's being strained by what they're being told by social media and the evening news. And I just think that's tragic. So I thank you so much for bringing that up. You know, my last question was going to be for both of you. What would you tell someone who's struggling with exactly what you've been struggling with over the years right now? And what would you tell them to help inspire them to lift themselves out of that pit? But you know what,

Courtney? You gave a brilliant answer to that already. Do you have anything to add to that before I turn the mic over to Michael?

Courtney Allison: I think that the one thing that I will. I want to make sure that we, we call out. If you're struggling right now, find a counselor and make sure you. I always tell Michael that counseling is like dating because you have to find the right counselor too. Just don't pick any counselor. You need to match your counselor with who you are, what your background is, your cultural upbringing.

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Courtney Allison: That's very important as well. So find a counselor if you're struggling with it and talk those things through with the right person that can give you the right advice.

Scot McKay: Michael?

Michael Allison: Yeah, I would just add, I would recommend to any man that's out there that either been divorced or struggling or try to navigate this relationship thing is court, you mentioned this first, but is identify some things and do that soul searching within yourself and identify who you are, reclaim yourself, reclaim your masculinity. And once you step into who you're truly supposed to be, then so many things will open up for you because your, your vision has changed, your perspective has changed, your outlook have changed, and now you could actually go in the direction of where you're trying to go with your relationship now. You'll identify, this is the type of woman that I'm looking for. This is the type of woman that meets the standards that I want to be within my life that I could say, this is something I could go a long term with. Because we could get so

down the rabbit hole of, falling into the traps of distractions, drift off of the path of where we're trying to go in a relationship.

Scot McKay: Boom. I think that's Your mic drop. Wonderful, wonderful conversation, man. We went a lot of places. Angel fear to tread nowadays when it comes to talking about relationships. But I want to thank both of you. You're very inspiring Indeed. And I'm 100% sure the guys'got a lot out of this conversation. I want to point these guys to your website, Michael, which, is the Adversity Academy where they can find out more about you. And that's @mountaintoppodcast.com Allison with two L A L L I S O N. And what are they going to find when they get to that website, Michael?

Michael Allison: Yeah, definitely when they come to the website, they'll have the opportunity to be a part of my, group coaching, my one on one coaching, my online personal development programs called a Break the Bottle. And then also for our CEOs and executives out there, we do have leadership development training for our first time supervisors, middle management supervisors and executive CEOs too as well.

Scot McKay: Yeah, that's something I've come to realize lately as well is that relationships and business are very similar.

Michael Allison: Definitely, Scot. I agree with you man. I think personal development and professional development do coincide.

Scot McKay: Yeah, good stuff. And also, gentlemen, be on the lookout for the upcoming podcast, Marriage is Beautiful, hosted by both Michael and Courtney Allison. Both of you, thank you so much for joining us today. I think it's been absolutely valuable and fantastic to have both of you on as a couple. Thank you again.

Michael Allison: It was an absolute pleasure to be here with you, Scot. Thank you, man.

Courtney Allison: Yes, thank you so much, Scot. I enjoyed every minute of it.

Scot McKay: Well, both of you are quite welcome. Hope to have you back as your marriage evolves. When your, podcast is launched, make it a point to come back and talk to us about that.

Courtney Allison: Absolutely, absolutely.

Scot McKay: All right, gentlemen, head on over to mountaintoppodcast.com and check out our three main sponsors. JoCo, WillInKx, company origin in Maine, the Keyport, and also, and especially this time around, Hero soap. Check it out guys. Hero soap just came out with shampoo and no, they're not going to send you a bottle of this stuff. They're going to send you about a 3 inch bar that looks a lot like soap. And what you do is you put it in your soap dish in the shower and get your hair wet like you normally do. And about three swipes of this shampoo bar on your head and you're going to lather right up. You're not going to believe how squeaky clean your hair is going to be. Now listen, I've had this bar of shampoo. I know it sounds strange to even say it in my shower for probably three weeks now, and there's no appreciable difference in the size of the thing. It's like Willy Wonka's everlasting Gobstopper, the shampoo edition. Guys, you got to try this. Not only does it work as advertised and last that long, it smells great, too. And you can get it in a bunch of different scents that are all masculine and none of those things that feminize you. The phthalates and the parabens and all that nasty stuff that's in that cheap shampoo you've been using. Give it a try. This is brand new from Hero Soap, and you can check it out @ mountaintoppodcast.com by clicking the HeroSoap link or go to mountainoppodcast.com HeroSSoap Gentlemen, I also want to

hear about you, about what you got going on in your relationships with women and, yes, in your career. Right now, the first call is absolutely free. You can schedule that@mountoppodcast.com using the red button in the upper right hand corner of the website, especially if you're on a desktop. I think if you're on a mobile, it's front and center right there at the top. Schedule that call with me for about a half an hour. We'll talk about what you got going on. I guarantee results in advance even if you don't do a coaching program with me. But if you do want to do a coaching program with me, if you think that's a good fit, we'll put that together as well. All of that and more is there for you@mountaintoppodcast.com. and until I talk to you again real soon, this is Scot McKay from X&Y Communications in San Antonio, Texas. Be good out there.

Edroy Odem: The, Mountain Top Podcast is produced

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