

Scot McKay (00:02)

How's it going, gentlemen? This is your main man, Scot McKay, and I am going to ask you a question. Have you given any thought at all to attraction to women being a spiritual thing, let alone a relationship to them? You may be saying, Well, you know what? I'm I'm not really a church going kind of guy. Or you may be a church going kind of guy and go, yeah, you know what? I should have, but I didn't. Some of you guys may be going, yeah, all the time, and you're gonna love this show too.

Scot McKay (00:32)

But somehow, after all of these hundreds of episodes, we've had very few of them dedicated to this idea of the spiritual side to relating to women. With me today is a friend of mine. I've already been on his podcast. We had a fantastic time. So I don't believe anything other than us having a fantastic time on this show today is gonna happen. His name is Louis Brantmeyer. He's from Austin, Texas, which is just up I-35 from here.

Scot McKay (01:03)

He also is a dating and relationship coach and an author. His book is called A Creationship's Inception. And his brand is Make Love Easy. He's a super smart guy, who has super smart guys for clients. So you guys have heard that story before. so this is gonna be a great show. Louis, welcome to the show.

Louis Brantmeyer (01:23)

Great to be here. An honor.

Scot McKay (01:25)

Yeah, well, it's an honor to have you too. I know you have a show of your own. You have quite a following. And you were telling me that a lot of the guys who come to you are are guys who maybe come from a different country and are a little bit out of sorts. Actually, why don't you go ahead and tell us yourself the kind of guys you

Louis Brantmeyer (01:40)

Yeah.

Scot McKay (01:41)

tend to work with.

Louis Brantmeyer (01:42)

Introverted, awkward software engineers, IT professionals, entrepreneurs, even doctors sometimes, dentists, who they have been successful, they're smart, they are good natured, they're kind, but they just don't have the skills or the self image sometimes to adequately meet the mating and dating market and get the results that they're looking for.

Scot McKay (02:07)

Yeah, especially here in United States, Canada or the UK, they those guys they really do struggle, don't they? Yeah.

Louis Brantmeyer (02:14)

They do. Usually

Louis Brantmeyer (02:16)

I've met them at something called Tantra Speed Date, which is infamous international event. It happens all sorts of different countries. And it's well constructed because you go and you you do these connection games and these experiences, and everybody leaves happy.

Louis Brantmeyer (02:38)

And generally everybody leaves with matches. But the way that the matches are distributed, the information, the contact information is exchanged, is you're given emails because it's this archaic, the guy who's at the head of the organization, he's successful enough. He doesn't want to change anything for fear of breaking it. And so I've had a lot of friends who are coaches in this organization. I've met a lot of clients at these events because they've got a really great ad funnel and they bring in

Louis Brantmeyer (03:06)

these IT professionals or these software engineers and they're bright-eyed, bushy-tailed. They're like, All right, I'm gonna get here and I'm gonna learn something about how to date better and how to be better at relationship. And they do, but I'm also gonna get a date. and they'll again, I said they are they almost always get matches, but then I'm the one to swoop in and say, all right, well, how did that email go? Because nobody's got email game. Email game is not really even a thing.

Louis Brantmeyer (03:30)

I've succeeded somewhat over the years going to these events myself and getting matches. But that that was through iteration. I'm there split testing email copy to see what will get a response. And so I've got a format now if anybody wants it, but I highly recommend you meet women in person and then get their numbers, which is was my most successful means also at these events. I would just assume, all right, it's on me to get the matches.

Louis Brantmeyer (04:00)

not for them to give them to me through the infrastructure or the architecture or the event. And then, usually where where men go from there with me is I invite them to something called the Enchanters Meetup, where

Louis Brantmeyer (04:12)

generally speaking, they shit their pants and run scared away from approaching cold, like women in Whole Foods or other locations. And they realize, wow, this is a skill that I can have that I don't have. And it can be done from a heart-centered, nervous system-regulated, sensitive, compassionate, considerate space. Like instead of this red pill, grumpy, I've got to manipulate women in order to get them pay attention paying attention to me. Like, so usually they get triggered.

Louis Brantmeyer (04:42)

By not having the skills and having some sort of limiting belief or trauma or whatever that's in their body that's like blocking them from just going and walking up to the woman, then we pull the weed from their garden. And then if and as appropriate, I'll offer them some more value. And before long they'll see, my gosh, yeah, I th this guy's got a whole pathway through that aspect of skilling up, which I call enchantment, right? It's

Louis Brantmeyer (05:08)

conducting yourself with a heart-centered social dynamic from authenticity, from vulnerability in a way that's also effective. So it is enchanting, but it's not manipulation. And well, okay, in the sense that all sales and marketing is manipulation, like putting your best foot forward and knowing the right thing to say at the right time to increase the likelihood of someone giving you a shot, like giving you their attention long enough for something to be possible. Like I'll.

Louis Brantmeyer (05:35)

I'll preach and practice that all day long. But in terms of, you get to old old school pickup artist style negging, or even back in the day with Ross Jeffries, his speed seduction, where you would hypnotize a woman through indirect. I think that there's utility in that ladder inside of a relationship with consent, but it's dangerous done before.

Louis Brantmeyer (05:59)

Because it's most likely a man's ego trying to use a woman to feel better about himself. And it's too powerful. It's too powerful for if you use it with a woman and you haven't vetted her for healthy safety, sanity, stability, like she may go for for quick sex or or get really turned on.

Louis Brantmeyer (06:17)

But then now you're stuck with an energetic connection, which gets a little bit into the spiritual side. We're not taught relationships. So people come in, they learn enchantment, they realize that there's five whole dimensions to being masterful with women and in the opposite sex or in their own lives, as men who desire that. And it's like, I'm missing how to manage this relationship once I make it happen.

Louis Brantmeyer (06:42)

So if if we're having great sex, if we know how to create great dates, but we don't have the skill at relating, we're all dressed up with no place to go or a place that will fill us with woe later on, because 80% of marriages or something end in divorce. at which point it's also really useful for people to live their purpose, because have something that that they pedestalize in their life that's more important than their partner

Louis Brantmeyer (07:05)

that fuels them, that draws out their highest potential and expression, it has them living at their edge, reaching for more. The worst thing to be for a woman, or one of the worst things, is to be stuck behind a parked car. A man who's not doing that. So anyway, that that was a lot, I think. But what'd you hear, man?

Scot McKay (07:25)

Yeah, you have the whole Unabomber manifesto going there for dating and relationships. Yeah. No, no, just what

Louis Brantmeyer (07:29)

Behind me? Behind me or

Scot McKay (07:32)

you just said. it was you have this all organized into, a very finely constructed... It read like a document. you this is what I do, here's why, here's the result, and I love it, man. I think that's fantastic. A lot of the things that

Scot McKay (07:50)

you just said indicate that we're all on the same page here. These guys are gonna probably agree with most of what you said, if not all. Interestingly enough, I think speed dating was before its time twenty years ago. And I think it's today's modality. people obviously the the swipe right culture thing is dead as a doornail. I pronounced

Louis Brantmeyer (08:13)

Uh-huh.

Scot McKay (08:14)

it that and actually took a great risk

Scot McKay (08:16)

to my business in just stopping, just ceasing and desisting from even really riding that pony hard around here. I mean, I'll tell guys, hey, it's an arrow in your quiver, do it, but don't depend on it.

Louis Brantmeyer (08:30)

Mm-hmm.

Scot McKay (08:31)

I met my wife on match.com but, you know, as Mac Miller once said, it ain't 2009 no more. And, you know, you have people

Scot McKay (08:40)

Who created these apps, like the cat who founded Hinge, pivoting away from swipe culture and saying, hey, you know what really need to do? We need to start meeting women in real life again. Like, go figure, right? And I think speed dating feeds the need for, well, the need for speed, frankly, because people's attention spans since COVID are way down.

Scot McKay (09:06)

And people can only handle this in small doses. You talked about guys coming from other cultures and feeling out of sorts. and they're great guys. we do get a lot of those guys too. you mentioned doctors. You know, this is you again, you said an awful lot. And it's I was taking mental notes as I went. Isn't it interesting how

Scot McKay (09:29)

all these mamas will say, Go meet a nice doctor and marry him because it's all about him having lots of money. But those guys are never around. They have crazy schedules. And most of are very left brained. medical doctors, if you've ever watched

Scot McKay (09:44)

The Pitt or, well, Gregory House, for goodness sakes. A

Louis Brantmeyer (09:47)

Yeah.

Scot McKay (09:48)

lot of these guys are very engineerish type of guys. Same thing for fighter pilots. your fighter pilot guys, I get a lot of them. And they're not all like Maverick from Top Gun and like Mr. Cool. They're they're mathematicians inside their brain. They're engineers who could just happen to handle several G's. And we've gone to the

Scot McKay (10:08)

air shows and met these guys and they're again great guys but their personalities aren't exactly scintillating. They're not stand up comedians. And yet when you take these guys out in field as we do a lot of times these guys are just shocked at the even possibility of results. I get guys who are reticent to even sign up for it and it isn't about the money or getting the weekend off. It's just they're real skeptical. So I've had guys come here

Scot McKay (10:38)

And I'll start well, basically doing demos of what we're talking about. And they'll think I've hired actresses. And I I'm not tall. I'm not particularly good looking. I don't think my face breaks mirrors or anything, but I'm also not a spring chicken anymore. And women half my age are responding very powerfully. And these guys are like, You paid these women. These are skills. They're actresses. And I'm like, dude, first of all, ain't nobody can afford that.

Scot McKay (11:06)

Second of all, we're talking two dozen women. I've, payola-ed out to get the, treat me right. I said there's also a pattern to this, and if these women were actresses, they would all get a get an Academy Award because it's coming very easy to them. One time very early on, you mentioned guys coming from other other countries. A guy came who came to the United States from India and he'd been here about ten

years, so he, you know

Scot McKay (11:34)

he came off very much like an American, but that that baggage of, I have to be a certain way, act a certain way, and you talked about the pressure from parents to get

Louis Brantmeyer (11:44)

Mm-hmm.

Scot McKay (11:44)

married or else we're gonna arrange a marriage. I think people who are born and raised in places like America or Canada or the UK don't understand how widespread that mindset is culturally worldwide. it isn't just India, it's Korea, Pakistan, it's a lot of countries where that

Scot McKay (12:03)

pressure will come from parents by the time you're twenty six or twenty-seven and and you got nothing going on, because you're in America and you're out of sorts. That's all very real. Well, this guy and I he arrived, we went to Starbucks that morning for a coffee. And I said, hey, I'm gonna go, let's go talk to those two women over there in line. And he was like, no, no, no, let's not do that. And I'm like, well, I'll tell you what, if you're not gonna join me, I'm gonna go do it by myself.

Scot McKay (12:31)

And I promise I'm not making this up. Maybe you've seen it yourself. This guy was literally looking for a bomb shelter. he was looking like for one of those yellow and black signs that says Fallout Shelter. And he was going to go hide in it because this is about to explode. And as soon as he's implicated as being with me, they're going to arrest him too. And he was literally like, Do I need to flee this scene? He was so horrified of the stupid thing that I was about to go do in the form of talking to these women. And again, he's like,

Scot McKay (13:00)

looking out through his fingers, going, Wow, it it actually is going pretty well over there. But that was the level of horror that some of these guys feel when they're coming, coming out to actually meet women. And I'm always extremely respectful, extremely respectful of

Louis Brantmeyer (13:16)

Mm-hmm. Yeah.

Scot McKay (13:17)

the courage it takes to do that. But when you start talking about men and their view of women,

Scot McKay (13:27)

A lot of times it's coming from a position of having been afraid or having been rejected or having come from a position of of something not so great happening with a woman, maybe a bad breakup or even a divorce, or he used she used him for his money, or something like that. So when men are coming into a mindset towards women that's more and more becoming fear based, or based on these things that they're watching, you mentioned the red pill guys.

Scot McKay (13:56)

this negativity towards women, it really does mess with the wiring of how you can feel spiritually towards women, doesn't it, Louis?

Louis Brantmeyer (14:06)

Yeah, judgment is the killer of connection and also the crucifier of spirituality, we might even say. it it

literally makes it impossible for for spirituality to be alive. And for me, spirituality

Scot McKay (14:20)
That's on the nose

Scot McKay (14:21)
to have the crucifixion imagery.

Louis Brantmeyer (14:23)
it came to me. I'm not, I I trust

Louis Brantmeyer (14:25)
my intuition when it serves up these things. But which is another facet of spirituality for me is that there's a facet of me that knows better for me than my mini-me ego mind might. And I've witnessed it dozens, hundreds of times now. I don't know that I could. you like that one? Well. Well, okay, okay, buckle up then. So the

Scot McKay (14:39)
I dare you to say that again. That was a mouthful. That was amazing. Peter Piper is jealous of that one. Yeah. huh.

Louis Brantmeyer (14:50)
the fundamental

Louis Brantmeyer (14:52)
observation I make, and this is grounded in science, right? So for me, spirituality and science are kissing cousins. Spirituality sees from an angle and what what science sees from another. I mean, I think of them both as

Scot McKay (15:02)
Well that would be an awkward make out session. From many levels.

Louis Brantmeyer (15:08)
women, so you know that it'd be fine to watch and be a part of. so in the science of enlightenment, Shinzen Young studies all these different, and he's a science scholar, Vajrayana, Buddhist monk.

Louis Brantmeyer (15:22)
the these different traditions of meditation leading to states of high concentration, leading to an experience of a amphibiousness of our consciousness. So we're meant to be unitary, like separate, feeling you know, we're we're able to drive and and know whose car is is whose... and we're different than the burrito.

Scot McKay (15:42)
Well, when I think of amphibious

Scot McKay (15:43)
I think of land and water.

Louis Brantmeyer (15:45)
Exactly. And and so the other gear we can shift into is this kind of oceanic experience of fundamental well-being where there's nowhere to go, there's nothing to do, there's no one to be, and everything is fine right here with me. I'm perfect. Everything that there's a and he describes it as an unconditional

Louis Brantmeyer (16:05)

state of of happiness or peace, love, and joy. And then you look at the work of Dr. Jeffrey Martin in the 45 Days to Awakening program or his Finders Research, and it all points the same direction, that there is a experience we can through experiments with different styles of meditation and different traditions activate or access inside of us that has us no longer looking for something outside of us.

Louis Brantmeyer (16:31)

That has us fully fulfilled it through our experience of the now. As one of my teachers said, remember to remain present to the present of the present. Yes, yes, the

Scot McKay (16:45)

Sounds very Eckhard Tollyish. Yes.

Louis Brantmeyer (16:48)

The Power of Now is pointing in a similar direction without the scientific window dressing or

Louis Brantmeyer (16:55)

data to back it, but that was recommended to me by a cognitive behavioral therapist almost 20 years ago. Some something crazy like that. Yeah.

Scot McKay (17:01)

Well, what's interesting about what you're talking about is

Scot McKay (17:03)

you're talking about being fulfilled within yourself. And everybody shorthands that. The short code for that is, you gotta love yourself before you can s love someone else. Which is actually very true, but it's become so banal to hear it over and over again that people just go, Yeah, yeah. Just be yourself is the greatest dating advice said no one ever, right?

Scot McKay (17:25)

But there is real truth to understanding who you are, what you're about and what you want, and not needing this Jerry Maguire-esque you complete me thing, while still retaining the you had me from hello part from that movie.

Louis Brantmeyer (17:41)

Yeah.

Scot McKay (17:41)

And

Scot McKay (17:41)

that way what I mean by that is you recognize people who are your tribe instead of pretending maybe you can somehow get them to be who you are or you can compromise something in yourself to be them. Instead you just realize, hey, look, I'm a guy. Here's a woman. She's one of me. And I think this is a very crucial piece. I don't know if if you were arriving at this intentionally or we just stumbled upon it together. I don't think it matters for the purpose of the show. But

Scot McKay (18:11)

I think that's a part the guys are missing. If you look at a woman and go, Man, I'd really just love to bang her, I'd like to get in her pants, then what you're going to be doing is contriving all sorts of reasons why you should defy your own logic that perhaps she's crazy or not a very nice person or completely wrong for you, and and

Louis Brantmeyer (18:27)
Mm-hmm.

Scot McKay (18:30)
you're going to go for it anyway and make excuses. And what actually happens, even spiritually, is this particular situation where

Scot McKay (18:40)
You can meet and talk to ten attractive women today. A lot of guys are rolling their eyes going, yeah, that's easy for you to say, but let's keep it theoretical for a moment. And two of them, you're just gonna be like, It is so easy to talk to this woman. I really like her. I don't only want her, I don't only find myself sexually attracted to her. I really just enjoy hanging out with her. And then something really magic happens. And this

Scot McKay (19:08)
I think starts borderlining on the spiritual feeling you feel in your soul, not only, in your loins or in your heart or in your head, of I just I I want, I I desire this whole creature. not just sexually, but I just really want to hang out with her. I want to be a part of her life and her mind. And I think that's a dimension that that guys who are very

Scot McKay (19:36)
unfortunately focused only on the sexual piece of relationship and women are only good for one thing and that's, sex, they're missing out on. It's a veil that hasn't been lifted from their life, right?

Louis Brantmeyer (19:50)
Yeah, for me, the spiritual overlaps a lot with and might even be considered to be identical with the existential. it's how do we make meaning out of our experience? And so you get these access points into fundamental well-being.

Louis Brantmeyer (20:08)
And then and then your perspective on everything changes and you're free to be in relationship or not, to have sex or not, to have your partner respond in some way or not. It cascades throughout your life. And because you're no longer attached or codependent with your world, codependence, when I'm teaching my people in Awaken Relentless Love In Partnerships I tell them codependence is buying the lie that you're the bitch of the external world, that you need someone to be somehow in order for you to be okay or powerful or abundant or loved or happy.

Louis Brantmeyer (20:38)
And it's false.

Scot McKay (20:38)
That's the whole red

Scot McKay (20:39)
pilled movement in one creative sentence right there.

Louis Brantmeyer (20:41)
Yes,

Louis Brantmeyer (20:41)
yes, yes, thank you, thank you. I never knew that that was artillery against that specifically until you just said it, but 100%. And

Louis Brantmeyer (20:50)

So once someone frees oneself from that, they don't have the right to walk around demanding that their wife have sex with them on a certain regular schedule. They they don't have the right to demand narcissistically that this woman in this way at this time on this day will respond to them. They they then get the freedom to understand some will respond, some won't. So what? Who's next? Where do where do I go next? Who do I focus on? And I'm much more interested in because you're talking about how just wanting sex.

Louis Brantmeyer (21:20)

reduces and one-dimensionalizes the interaction or what's available to it. Like whether you know it, like it, agree with it, believe it or not, we are always already spiritually engaged anyway. It's just some people are bypassing that, some people are ignorant of that, they're unaware of it. You just look at the neurons that are throughout our body. We have three neuroplexes, one in the head.

Louis Brantmeyer (21:43)

Obvious, the brain, one in the heart. There are actual neurons in the heart, and then there's neurons in the gut, which, as a Qigong facilitator, I look at that and I see, the three dantians or the the elixir fields where certain energies get collected through the practice of qigong, which I've done every morning for about a year and a half now, and got certified in because I could feel the shifts in my nervous system. I could yawn and burp and release and feel more focused and good. And I was like, okay.

Louis Brantmeyer (22:12)

Energy is flowing through my body, through my nervous system, whatever that means. And whether we know it, it, agree with it, believe it or not, we can shift our experience of ourselves, not just from this amphibious thing, but also through doing certain practices, breath work, meditation, yoga. Qigong is the one that I favor. And as we do that, we discover we're not just sexual beings. And arguably, men have been conditioned by porn

Louis Brantmeyer (22:39)

to prioritize and pedestalize the sexual nature of women because they're walking up to women like an ATM, just they walk up to the porn itself. I'm gonna put push a couple buttons and you're gonna give me this sensation and then we're done. Or this is what you're good for.

Scot McKay (22:55)

Not to be missed. This is not gender specific. when you got the women who just want money,

Louis Brantmeyer (22:57)

Yes. Yes. Important, for sure.

Scot McKay (23:02)

find me a rich guy, and they come to a first date with a checklist, their their qi gong or their chakras need to be unclogged too. You know what I mean? However

Louis Brantmeyer (23:10)

Mm-hmm.

Scot McKay (23:12)

you're gonna put it. there was a movie several years ago. It actually was kind of prescient. It was called Robots.

Scot McKay (23:21)

And the premise was it was set in the year like 2032, which is always fun for me when there's a future movie that's set in the relatively near future. And both of them had a humanoid robot of themselves who

would go do all the dirty work, all the heavy lifting of pickup and attraction and charming them and hand off to the real human, in the case of the guy

Scot McKay (23:45)

when she was ready to have sex, and in the case of the woman and her robot, when he was buying her stuff, giving her money. And of course they were both very shallow people. And then they meet each other and have the customary blow-up of which one of us is the idiot? You're the idiot. No, you're the idiot. Well, we're exactly the same. Well, let's actually, turn this movie into a rom com, fall in love anyway, and go make babies. You know how those movies work.

Louis Brantmeyer (24:09)

Hmm.

Scot McKay (24:11)

But it is exactly what you're talking about.

Scot McKay (24:15)

And indeed, you mentioned porn. Some guys, first of all, people who are haters of porn, especially jealous women for whatever reason, whatever hurt

Louis Brantmeyer (24:27)

Ha ha ha.

Scot McKay (24:27)

them, right? Always like to lump porn into men screwing donkeys or gagging women till their mascara rolls and it's just always gonna be abusive. Whatever you're watching is abusive. And of course every time you

Scot McKay (24:42)

go whole hog in one direction or the other, you're falling for the ubiquitous all or nothing fallacy nowadays. And

Louis Brantmeyer (24:47)

Mm-hmm.

Scot McKay (24:49)

if you're a guy who actually adores women and you stumble across some say, porn that was produced by women for women,

Louis Brantmeyer (24:55)

Mm-hmm.

Scot McKay (24:57)

it starts emulating human relationship. And then you're like, wow, that's actually really hotter than just watching a chick get bent over and boned. So there's porn for everybody and there's it's it's unavoidable.

Scot McKay (25:10)

But yeah, I think by and large, whatever that means.

Scot McKay (25:15)

Men are being conditioned to all right, here's visual stimuli that helps you release this physical urge. Boom, now go get on with your day. And I'm not sure that's that's healthy. You mentioned a word earlier

on that I wanted to get to. But you have such wonderful thoughts that I'm just letting you riff. Okay. But I do want to go back and talk about enchantment. Because I think we'd be a bit remiss if we didn't. I think when most

Scot McKay (25:45)

Millennials are younger, Gen Z people, think of enchantment. They think of wizards and magic. And yet, you know, you and I both live close to the Mexican border.

Scot McKay (26:01)

The phrase me encanta mucho is everywhere in Mexico. It's part of Mexican vernacular as much as you make me very happy is in English. And me encanta mucho literally means you enchant me. You fill me with like this magical spiritual depth of feeling that I wouldn't feel had you not shown up.

Louis Brantmeyer (26:26)

Mm-hmm.

Scot McKay (26:28)

And if you're dating a Latina and she gives you those eyes that only Latinas can and goes into that, little mode that that makes you wonder what other kind of cute things does she do when she's having sex and she just kinda purrs out at you. me encanta mucho, you're in, buddy.

Louis Brantmeyer (26:47)

Ha ha ha.

Scot McKay (26:48)

As

Scot McKay (26:48)

as soon as you've "encantoed" her, man, you're in. She wants you. I mean, it is a powerful statement because what happens is she's saying to you in one convenient word that doesn't necessarily translate well to English even. I mean, enchantment is a too much of a loaded word because of the magic stuff in the United States. But that means you've penetrated me, which is very key in a female relationship, at my soul level already.

Scot McKay (27:16)

you have me. You've got me. And so when you say that you're enchanting a woman, you can't do that with pickup lines. You can't do that with well, you mentioned my bud Ross Jeffries and his speed seduction. I mean, you can hypnotize her, you can manipulate her.

Scot McKay (27:37)

But man, it's so much more fun and so much more satisfying when you just do it at the human level by being charming and actually liking her and caring about her. Louis, I tell guys, if you just actually still like women in the year of our Lord twenty twenty six, you're three quarters of the way there and you're ahead of nine out of ten men already.

Louis Brantmeyer (28:03)

Yeah, so for me, the distinction of enchantment came from being deeply trained by two men, Steve Mayeda and Ross Jeffries. And Ross Jeffries,

Scot McKay (28:13)

Both of whom I know.

Louis Brantmeyer (28:14)

yeah, and I and I respect those men very well, very deeply. Ross Jeffries introduced me to spirituality. That's how I found out about the science of enlightenment. And

Louis Brantmeyer (28:25)

his technologies and his techniques were good enough to have me feel a sense of agency and empowerment where I didn't previously. So, there's power in what he teaches, everything from the mindset to like bait the hook to catch the fish, basically. And he's got very sophisticated means for baiting the hook to catch the fish. And

Louis Brantmeyer (28:49)

So looking at him and then and then later on doing Steve Mayeda's TSL online three times in a row and then becoming a coach for his organization, I was like, okay, which was the sexual life online is a three-month course where you basically learn a social dynamic and you fill in the blanks with your expression.

Scot McKay (29:07)

He's still in Austin, isn't he?

Louis Brantmeyer (29:09)

I I'm not sure. He's

Scot McKay (29:11)

I haven't

Scot McKay (29:11)

heard his name in this space in quite a while.

Louis Brantmeyer (29:14)

Yeah, he's supporting divorced dads now to to win custody of their kids. That's his whole niche now. He's got a whole like which of course is

Scot McKay (29:23)

Wow. It's a tough crowd.

Louis Brantmeyer (29:26)

it's because he's lost his children twice in two divorces. So like I don't

Scot McKay (29:32)

Wouldn't wish that on anybody.

Louis Brantmeyer (29:33)

Yeah, me neither, man. but his stuff really worked.

Scot McKay (29:36)

So anyway, enchantment.

Louis Brantmeyer (29:39)

And so there's there's a language of the body that if you express in it, you don't need words that that a woman will respond to. And then there's an optimization of your words for the result you're intending, but a way to shoot that through with your authentic expression. And earlier this year, it was it was awesome on my enchanter's retreat in San Francisco, where I was teaching as a data scientist and a software engineer. we mixed together my best

Louis Brantmeyer (30:08)

material and I got some help from the robot. It was awesome. Claude, I I really trust in taking my stuff and translating into new forms that are useful. And so I I took all of this best material from my teachers and from myself and and we went out and we we would talk... The biggest victory was to get the data scientists to just approach 20 women to just say hello. that that's what

Scot McKay (30:32)

Always

Louis Brantmeyer (30:33)

almost the whole weekend. See, I I went in there thinking, all right, we're gonna teach you how to generate attraction, we're gonna teach you how to deepen rapport, we're gonna teach you how to escalate through targeted touch and maybe improve fashion and and your energy on the way to all of those things. But he was stuck on the opening. He was like, I can't even so so he's got the whole map is what we spent the whole first day or two teaching. because what the the

Louis Brantmeyer (30:59)

software engineer was actually a dating coach himself, but he still got lots of value from the retreat. And so we were both coaching him at one point. And because it was originally a VIP retreat for the data scientist. And I was like, the more the merrier. Come on, buddy. And we just had a blast. So, anyway, it's it's about allowing yourself to exercise the power and wield the

Louis Brantmeyer (31:24)

authority you have to captivate, to capture and lead the attention and emotions of women through being authentic. And just because you're being authentic does not mean there's no craft, does not mean there's no cleverness, does not mean there's no specific intentionality or sophistication. but it does mean that at base level, you are shaking the tree to see what falls loose in terms of authentic resonance between you and this person.

Louis Brantmeyer (31:51)

And the deeper the resonance, the more channels of resonance there are, the more an opportunity downstream for really spiritually, like existentially nourishing connection that goes beyond wham, bam, thank you, ma'am, or I'm just here to get off. Like, which I'm not gonna fault anybody for just wanting that. Women want that too. You read it in the Why Women Have Sex book or The Evolution of Desire, right? There's a lot of data.

Louis Brantmeyer (32:18)

Recapture the Rapture by by Jamie Wheel, where he's joking about how sex is so funny because a woman's sexual tastes three three days before or after her ovulation sometimes will change such that she is finding men who are not her partner more attractive because evolution is trying to get her to mate with someone new or someone with potentially better genes.

Louis Brantmeyer (32:43)

And it's like we think that we're in charge of this sexuality thing was his joke, but really we are we are being traversed by a force of nature that is instinctual, that is that is evolutionary. And and then we think we're regulating it. Anyway, hopefully this is entertaining. I went off on some wild tangents there. Mm-hmm.

Scot McKay (33:00)

Yeah, you brought up the word existential several times.

Scot McKay (33:05)

And I don't discount the fact that there are probably men out there who are thinking about, okay, I'm

horny, I need to get off. This woman is a masturbation tool. Which descends almost to the Albert Camus level of killing a man just to watch him die kind of thing, you know.

Louis Brantmeyer (33:24)

You sure you're not thinking Wal walk the line. Yeah, yeah, that's what I was

Scot McKay (33:27)

Johnny Cash

Scot McKay (33:31)

Well, I mean it's it's who got there first, right? Albert Camus was

Louis Brantmeyer (33:32)

It's probably both. It's probably both, yeah.

Scot McKay (33:34)

his book I think was written in the fifties, The Stranger. And the whole idea of the book, The Stranger, by Albert Camus, is existentialism. It's an existentialism treatise whereby,

Louis Brantmeyer (33:45)

Yep. Yep.

Scot McKay (33:46)

you know, he just decides, hey, you know, I think it'd be interesting to watch this guy die just to see what it's like. And of course, the rest of his life is spent in the legal system because of it. so maybe

Louis Brantmeyer (33:54)

Yeah.

Scot McKay (33:55)

Johnny Cash got a

Scot McKay (33:57)

Got an unexpected

Louis Brantmeyer (33:57)

yeah.

Scot McKay (33:58)

vine there from a place you didn't expect him to be reading.

Louis Brantmeyer (34:00)

It's funny.

Scot McKay (34:01)

But yeah, Folsom prison had a certain percentage of its population occupied by people who were thinking along those same lines, clearly. But you know, I think a lot of guys do think very... I'm gonna use the word shallowly about sex. You know, women are here for my physical pleasure.

Scot McKay (34:26)

And we said, that existential reality isn't something you deny as a guy who seeks to have more depth, be that spiritual, personal, but that building of rapport that's done at the spiritual level, I think is the link that a lot of guys just never end up making.

Louis Brantmeyer (34:47)
Mm-hmm.

Scot McKay (34:48)
you hit the nail on the head when you said, Hey, look, guys, the jig is up. She knows you're horny. You didn't say it in those words, but

Scot McKay (34:56)
you don't have to hide the fact that you authentically are horny and you want to have sex with this woman. It's just that your authenticity can have more dimension to it. And you talked about, if you're a great hypnotist and you're a good salesperson and that's authentically who you are, it's gonna help you get more of what you want in life. It's a great skill to have. People who have those skills do better. I actually had a guy who was a professional hypnotist come do

Scot McKay (35:24)
What I call a Ten-Plus Live with me, where we go out in field and talk to women. And he told me about midway through it, you're the best hypnotist I've ever met. And my study of hypnotism in particular and NLP, et cetera, is very limited. But NLP is just hypnotic social skill, basically, with a couple hooks thrown in. It's just mastering social skill. great politicians have it all figured out. Great debaters have it all figured out. And I think just over time.

Scot McKay (35:54)
And being a student of socialization in general and and getting along with people, I think I've gotten a lot of it just by osmosis, you know, by rote trial and error. But if you actually like women, like I said, that is a huge piece because it makes you more likable to women already, because you already like them.

Louis Brantmeyer (36:11)
Uh-huh.

Scot McKay (36:11)
You know, if if we go around with an adversarial mindset towards those people we're trying to attract, we've already stacked

Scot McKay (36:18)
the proverbial deck against ourselves. But meanwhile, yeah, you can use your social skills, you can use your salesmanship, you can,,, It may come off as hypnotic or downright manipulative, but women know this. And women will credit men for willing to dance the dance with them because that shows that we get it socially. And if we get it socially, that probably means we've thought out how to provide and

Scot McKay (36:47)
And we're leading and all those things that at the masculinity level turn

Louis Brantmeyer (36:49)
Yeah.

Scot McKay (36:51)
a woman on. A lot of guys, including on this show, will talk about masculinity igniting femininity, which is the term I like to use. They're the catalyst

Louis Brantmeyer (37:00)
Mm-hmm.

Scot McKay (37:00)

of sexual attraction. But the part we overlook is that we also have to like each other.

Louis Brantmeyer (37:06)

Mm-hmm.

Scot McKay (37:07)

yes, you turn me on, but if I can't stand you, the best that's gonna happen is some kind of grudge sex, which can be fun short term, but it's not gonna

Scot McKay (37:17)

build you a relationship. So yes, you learn the skills, you build rapport with them. It can be authentic to who you are, but I don't think you should be going around using somebody else's tricks just because it worked for them. And I got infamous examples of that. I had a online profile when I first started that said if you start a pillow fight with me on the a Sunday morning, you're going to get the trouble you look for. And all of a sudden hundreds of guys were writing their online profiles saying the same thing.

Scot McKay (37:46)

And wondering why they weren't getting the success I got. Well, it's because it isn't coming from them. It isn't what

Louis Brantmeyer (37:48)

Yeah.

Scot McKay (37:51)

they actually felt. It was just a line that sounded good to them. I know that sounds mystical, almost spiritual, but that's part of this. And the spiritual doesn't have to be like, are you super religious? Okay, well, so am I. Let's go to church together. It's more like, does my soul resonate with yours?

Scot McKay (38:14)

Then you could take care of all the dogmatic stuff, I guess, after that,

Scot McKay (38:20)

Do we both want kids? How do we spend money? How do we go on vacation? Who do we vote for? Can That conversation becomes part of that tighter conversation about are we actually compatible? But unless and until your souls resonate with each other, I would argue you don't even have any business talking about what your dogmatic beliefs are.

Scot McKay (38:43)

You can believe in the same God the same way with the same nuance and still not have connected. And that, my friend, I think is a takeaway for people who are thinking, I just need to go to church and meet some chick and we'll get along and be all perfect for each other. What do you think?

Louis Brantmeyer (38:59)

Yeah, there's something called depth of rapport, or what Landmark used to call background of relatedness. And so wh

Scot McKay (39:06)

Damn it, so that

Scot McKay (39:06)

wasn't an original thought and I thought I was so smart.

Louis Brantmeyer (39:11)

I mean, I don't I don't know that depth of rapport was that... They they used a different term, but yeah, so so in dating, for me, it's it's often about a tipping point of rapport where there's a sufficiently robust overlap of authentically held values, vision, purpose, alignment, inspiration, whatever between her and I. And if I hit that, then I merit the right to ask for her number and to go deeper because it's

Scot McKay (39:36)

But first you have to like

Scot McKay (39:37)

each other.

Louis Brantmeyer (39:38)

Well, yes, yes. And in fact, this is an expression of that liking for each other, about what is similar in each other or what is resonant about each other. And what I have found is I can get numbers from all kinds of women. Immediate I could ask them immediately for their number, but unless I hit that tipping point of rapport, it's it's not a well done enchantment, like because she's likely not to respond or reply or engage further.

Louis Brantmeyer (40:07)

There may be an implication or assumption. Well, he just took my number because he thought I was pretty. And every man is after me because I am pretty. What why does yeah.

Scot McKay (40:15)

Let me go ahead and give a

Scot McKay (40:16)

very visceral example to that. Let me

Louis Brantmeyer (40:18)

Sure. Yeah.

Scot McKay (40:19)

offer that. One time I was in front of, you know, several hundred guys at a conference who who were there to get better with women. And for some reason it had come up earlier in the day to the point where I felt it was appropriate to go ahead and take a poll of this audience. And I asked them, how many guys in this audience have ever really just

Scot McKay (40:41)

had one-itis for some chick, thought she was great, just wanted her, singled her out of the crowd. Then you go out with her and you can't get out of that date quick enough 40 minutes later, because you're done. And almost every guy in the room raised their hand. And I remember even my my own experience in college, there was the cutest little thing who sat in front of me in one of my college classes.

Scot McKay (41:06)

And I never got a real chance to talk to her. I would just be distracted by her all the time in class. And I finally one day after class said, Hey, I'd I'd like to take you out. And she went, Okay, why not? Right. And my God, she was so boring. She was the most boring human being I'd ever met. It was absolutely, utterly, existentially unexciting to be in her presence. And there was no second date.

Scot McKay (41:33)

this is important. It isn't just I like you, I wanna have sex with you. It's do I really like you or am I just visually pleased by you or stimulated by you. So stimulation versus rapport, they're worlds apart.

Louis Brantmeyer (41:50)

Yeah, for for me, and this may come as a surprise to your listeners, I actually haven't had sex in years. And I've had many opportunities. I've had more than a dozen occasions where different women were like an exotic dancer, a tantra teacher, a qigong facilitator, whatever. But in most, if not all of these cases, because I was perceiving the person in front of me at greater depth than pure physicality.

Louis Brantmeyer (42:18)

I was filtering and sorting for is my heart safe? Is she avoidant attached? Is she anxious attached? Is she capable of meaningfully reciprocating the depth of commitment and the the intensity of love I'm able to put in her direction the way that previous partners had? And I've been engaged a number of times that that didn't work out. Now part of my spirituality is that everything happens for a reason and all things work for good. I believe that as a frame.

Louis Brantmeyer (42:46)

Right. It's it's a it's a game of meaning making to view everything through that frame. But when I do, life gets better and goes easier and I am happier. So that to me is part of how I approach relationships. Going back to the engagements.

Louis Brantmeyer (43:01)

I didn't know about this avoidant attachment thing. I didn't know that some people have circuitry based on how their parents treated them that make it impossible for them to show up securely receiving and giving the kind of relational nutrition that we're all ultimately looking for. And a note on that, I always ask my people in the relationships course, I ask them, all right, which would you prefer? A relationship with great sex and love or without?

Louis Brantmeyer (43:30)

if you can only have one and it's okay with great sex. All right, well, one that that lasts forever where you have great sex and love, or one that ends in a painful breakup?

Louis Brantmeyer (43:41)

It's always well one that lasts forever. So statistically, I think that most people, if they could have that, that's what they want. Most people would rather someone who they like, rather someone who they actually enjoy being around, who they can build something with, rather than just the wham-bam, thank you, ma'am. It's just all the conditioning and all the trauma.

Louis Brantmeyer (44:02)

Maybe has had them reduce the scope of what they believe is possible or what they desire. And then this is even an argument to be made about casual sex in the context of avoidant attached people. It's a deactivation strategy where they're getting the nutrition of emotional connection without having to be responsible for it because hey, it's just casual. And I can't tell you how many times 10 years ago I was on Tinder on a tear, right? And I would.

Louis Brantmeyer (44:28)

Get in, get in with these women and we'd have sex. And then my heart would open and she would ghost because it wasn't what she wanted or was actually available for or mature enough to have capacity to engage in. So now I look at women and I'm like, I'd love to have sex with you. And it took a while, right? Because for the first year, year and a half, it was like there was still some trauma and holding in my nervous system because I went so deep in my last relationship. That's where my last book came from,

Louis Brantmeyer (44:55)

was writing about her. She wrote the foreword. She helped me to edit it. It was this most beautiful experience. And in my past four relationships that I've I say manifested, they've gotten better and better

over time. And they've been more and more exactly what I want. And so the deeper you go inside a container of of contented, committed connection like that, the more painful it may be to leave and the more it may feel like a phantom limb when it gets ripped off or

Louis Brantmeyer (45:24)

whatever. So I was a little skittish and I was a little over-pendulated in the direction of, well, I can't have casual sex because that's dangerous and that's unconscious and that's ignorant. And most people doing it are just harming themselves and others based on attachment circuitry they don't see playing out. And then I've matured to this place where it's like, you know, it it would be okay to have sex. I would I would have to be responsible for the energetic and spiritual consequences, because there there are...

Louis Brantmeyer (45:51)

And it was astounding. I never would have believed in this had I not had it happen twice. Where somebody trained in the Modern Mystery School a magical sort of spiritual organization, did what are called cord cuttings with me after my relationships. And I was still sort of butthurt and attached and hooked on these people. And so

Louis Brantmeyer (46:12)

I'll never forget Christina Strema in 2022. She does this cord cutting and she says, all right, in three or four days, your former partner is going to reach out because they're going to be able to feel energetically that there's that that connection is not there anymore. And exactly, lo and behold, my partner who I really wanted to talk to, so I was partially doing the cord cutting because I wanted her to reach out, even though consciously I was like, I want to be free of this.

Louis Brantmeyer (46:38)

This partner reaches out. And I was like, this is too great a coincidence. There must have been some non-physical energetic layer of reality where we were connected. And I've got other indications of that through the years from other partners. And so, to call a relationship spiritual for me is just to acknowledge the reality of what's going on, that it isn't just physical, even if we think it is, if even if we intend for it to be. And last note on that, because I know I'm on a roll here. the

Louis Brantmeyer (47:08)

past three major relationships I had started purely sexual because I was really horny. And then my heart opened.

Scot McKay (47:15)

Let me stop you for a second. for ten years, but you're

Louis Brantmeyer (47:17)

monks.

Scot McKay (47:17)

All right,

Scot McKay (47:18)

so let's talk about this cord cutting thing. And

Louis Brantmeyer (47:20)

Yeah.

Scot McKay (47:21)

I think that's all very interesting. And I will announce straight up to my whole audience that I'm not

surprised that worked as advertised. I do believe there is a spiritual connection between people who have gotten close with each other. you know, there's always this

Scot McKay (47:43)

woo-woo storyline, especially in Hollywood, where I just sense something's wrong. There's a disturbance in the force kind of thing.

Louis Brantmeyer (47:51)

Yeah.

Scot McKay (47:53)

even in, movies that aren't sci-fi or fantastic in the true sense of the word. a family, the mom says, there's been a car accident. I just know something's wrong. And it is. it's a shop-worn meme in Hollywood.

Scot McKay (48:10)

I've had I've had experiences with women that were very supernatural. I've had situations where I'm dating someone and we were in each other's dream the night before. She played herself in my dream and vice versa. And I rescued her from something in her dream and the next day we compared notes and we went, wow, you know.

Louis Brantmeyer (48:33)

It was

Louis Brantmeyer (48:34)

the same dream.

Scot McKay (48:35)

Yes, we both had the same dream simultaneously. And

Louis Brantmeyer (48:37)

Amazing.

Scot McKay (48:38)

everybody's like, you should have married this person, but the more you learn about, how people's spirituality works and the whole twin flame thing, whether you believe in that or not, everybody who's a twin flame enthusiast or a pundit for that would say you probably shouldn't marry your twin flame. So this person

Louis Brantmeyer (48:56)

Yes.

Scot McKay (48:56)

was probably one of... I believe you can have more than one twin flame, just like you'd have more than one soulmate. But I do believe that this

Scot McKay (49:04)

The spirituality is very real, if for no other reason than by God, I've had evidence of it, and people

Louis Brantmeyer (49:10)

Mm-hmm.

Scot McKay (49:10)

are always looking for hard temporal evidence of spiritual things. So who are we if we get that temporal evidence and still are doubtful? You know what I mean? It's like, hey, you asked for this, right? Now believe

Louis Brantmeyer (49:23)
Yep. Yep.

Scot McKay (49:25)
it. And I've had moments where

Scot McKay (49:30)
I just feel like I'm so on the wavelength with someone that, a crowbar couldn't separate us. My wife and I complete each other's sentences routinely. Everybody thinks it's so cute, on our podcast and everything. But our brains will go in the same direction and we're having the same conversation together. And kind of bringing this all full circle because time is short. The idea of your sexual life becoming part of your spiritual life is almost anathema

Scot McKay (50:01)
to the Judeo-Christian, and dare I say Muslim way of thinking. I'm I'm reminded of an article that was either in Babylon Bee, probably Babylon Bee, versus The Onion,

Louis Brantmeyer (50:10)
Uhhuh, I love that channel.

Scot McKay (50:12)
where, you know, obviously it was satirical. Where a couple waited to have sex, you know, as an unmarried couple. And even after they got married, they still waited just because it would please Jesus all that much more. So we're married and we're still not having sex.

Scot McKay (50:29)
And of course, where the satire crept in and got really funny is the guy wasn't really all on board with this. He was just trying to find some way to eventually someday get in his wife's pants, even though she had this mindset. So he was

Louis Brantmeyer (50:38)
Ha ha ha.

Scot McKay (50:40)
being Mr. Nice Guy about it, but you could tell it was grating on him. That's where the humor came in. So spirituality and sex somehow got polluted as a joint concept. In other words, if we're talking about sex, we're not being very Christian anymore.

Scot McKay (50:58)
And yet I was also asked on an interview by David Shade, if you ever got to know him. He's retired now, but was a, basically the the number one sex expert in the pickup artist space hanging with those guys and a very unique way of looking at things. And he asked me on an interview, how can you be monogamous with Emily? And this is probably ten, twelve years into our marriage. We've been together twenty now. and not have sex with other women. How can you have just

Scot McKay (51:26)
sex with one woman? And and we are. We're not poly or anything. And I said, first of all, I'm not needy in that regard. I've done the exploration I need, so I don't feel like I've left anything on the table. Second of all, I married my favorite woman ever and I realized I was making that decision consciously. But most

importantly,

Louis Brantmeyer (51:41)
Mm-hmm.

Scot McKay (51:45)
she and I connect so deeply and personally as as best friends, as as people who are soul connected, that

Scot McKay (51:55)
And this is very visceral. It's like the idea of getting sick of having sex with her and needing something else would be like tantamount to me getting sick of masturbating with my right hand and needing another extremity. And he goes, God, that makes perfect sense. I go, it's just she and I are a team. We're together and I just don't have any other need. Now

Scot McKay (52:23)
I'm not gonna be Pollyanna-ish about it. if you put a video of a hot naked chick who's exactly my type in front of me, I'm a red-blooded guy, and I'm gonna look and I'm gonna be aroused. But I'm not like I need to go replace my wife with that. Right? So the spirituality is what holds a relationship together. That connection is a spiritual one.

Scot McKay (52:53)
If people get married just for the sex, and this is again, you were on a roll, so I didn't want to interrupt you, but it's a brilliant point that, if you start thinking just about sex and in relational terms just about the sex, that that marriage is not going to last long because you're going to want some strange. And, you elaborated on it yourself, but I want to tell you, I'm absolutely on board with what you said about look, dude.

Scot McKay (53:17)
If you just wanna go bang chicks, please don't put a chick through a marriage. Just go bang some chicks if that's where you are. Because it's not gonna... there's no sense in having a relationship with one person. if you want to have a polyamorous relationship and go into the lifestyle, I guess, but that's not that has social ramifications that trickle down to the rest of your life and your workspace and everything when you're when you're into that. I think if you if you just need to bang chicks right now, you're gonna find like you alluded to,

Scot McKay (53:46)
perhaps indirectly, there's a lot of chicks who are going to be on board with that. you try to get all deep with them and get real needy, they're going to ghost you because they were really just horny, because they've just gotten off a divorce or something themselves. But that spirituality is necessary to depth with another human soul because we're physical, mental, and spiritual. And unless and until

Scot McKay (54:11)
You've got that holistic relationship built with another human being, I don't know how you would even expect that relationship to last. I'll give you the last word.

Louis Brantmeyer (54:22)
Yeah, so there's there's been a lot that's come up that I'm I'm gonna see if I can land the plane and bring it all together.

Louis Brantmeyer (54:27)
So there's a love that never leaves, which most don't perceive because they have been deceived to believe they can't receive it and they need a partner to give it to them. And when we plug into that.

Louis Brantmeyer (54:40)

then everything becomes sacred, everything becomes spiritual, everything becomes infinitely like meaningful. And really quick story on this. When I was yeah, yeah, yeah,

Scot McKay (54:50)

I feel relieved that you said that.

Louis Brantmeyer (54:53)

there you go, there you go. You've been waiting for that, huh? So, and this was in my book, The Treasure of Souls Touching: A Hurricane, a Pandemic, and a Stolen Car. It's a different book. but

Louis Brantmeyer (55:05)

there's this woman from 15 years previously who I stared at and drooled at in physics class, went to a dance with me, decided I had no chance with her, and I put on my vision board, asking God or infinite intelligence, bring me someone who is better than I can imagine. Now I had no chance with this woman. It's been 15 years. And she shows up into my world.

Louis Brantmeyer (55:24)

Manifesting someone just like me and also praying to God, give me tools to deal with this depression or I will kill myself in the next week. And so she gets invited to an event that I invited one of my clients to, who invited her friend, who invited her. So if I hadn't been doing my damndest to serve love and be spiritually aligned, she wouldn't have gotten the invite. She wouldn't have shown up into my life, she wouldn't have gotten what she was looking for.

Louis Brantmeyer (55:51)

Or what she needed, and I wouldn't have gotten my next girlfriend who became the subject of my book. So when I talk about belief in spirituality, I've got so much data and so many synchronicities and serendipities like this that I believe there is a God. I don't know about it being the Christian God. On that matter, Song of Solomon is straight up pornography. So we could have that whole conversation. And I I have experienced too many times in facilitation when people heal and open up their nervous system and release trauma or programming.

Louis Brantmeyer (56:17)

There's a love that rushes back in. And they are being loved. It's not so much about loving themselves as allowing the love of God in. And that transmutes and transforms and deepens what's available in sex, in relationship, in dating. And I think it's worth aiming at. I think it's worth working towards or activating. I think I did it.

Scot McKay (56:41)

Fantastic. Yeah, man. His

Scot McKay (56:43)

name is Louis Brantmeyer. He's a dating/relationship coach and the author of A Creationship's Inception. And when you go to mountaintoppodcast.com/amazon, you'll find his book at the top of my Amazon influencer queue, especially if you're listening to this show within the first couple weeks of its release. Also, when you go to mountaintoppodcast.com/louis L-O-U-I-S. We've never had an L-O-U-I-S on this show before, so you get it, man.

Scot McKay (57:11)

You'll go to his website for Make Love Easy and what will they find when they get there, Louis? Quickly.

Louis Brantmeyer (57:17)

Oh my goodness. So there is a Skool community

Louis Brantmeyer (57:20)

where you can get the best of what I've got on how to approach and engage with women and be holistically healthy, aligned, and effective in relating to women. and you'll interview to be a part of the group. But you know, just put in your membership request, we'll get to you, we'll have a conversation, see what you need, and put some great stuff in front of you.

Scot McKay (57:41)

Fantastic. mountaintoppodcast.com/louis L-O-U-I-S. Louis, obviously there's lots to talk about here. Will you come back and continue this conversation with me?

Louis Brantmeyer (57:51)

I'd be honored. Thank you. Yeah, for sure.

Scot McKay (57:53)

Yeah, man.

Scot McKay (57:54)

Fantastic. I'd I would be too. Gentlemen, head over to mountaintoppodcast.com. If you have not downloaded your free copy of Flip the Switch: 5 Things You Can Do Right Now To Be Better With Women, do that right now. Also visit our three longtime sponsors, Hero Soap, The Keyport, and Jocko Willink's company Origin in Maine. Get 10% off whenever you plug in the code "mountain10". Also, if I haven't talked to you, let's do that. Let's put it on the calendar. Let's talk about where you are.

Scot McKay (58:23)

What you want to do, if you want to come visit me in San Antonio and go meet women, just promise you won't think that I paid them all, and we'll have a great weekend together. All of that is there for you and more at mountaintoppodcast.com. And until I talk to you again real soon, this is Scot McKay from X & Y Communications in San Antonio, Texas. Be good out there.