

Edroy Odem (00:00.238)

You're listening to Snippets from the Summit with your host Scot McKay.

All right, gentlemen, how's it going? This is your main man Scot McKay coming at you again with another snippet from the summit as part of the mountaintop podcast from X & Y Communications. Today, we're gonna cover a topic that was brought up by one of you guys during a coaching conversation. And it was so good and so unique that I knew immediately it had to be a snippet from the summit. Here's what the guy said. He said, you know, I think we establish we as men

Figure out what our type of woman is basically in preschool or kindergarten. And I thought that was extremely interesting because we all had a puppy love crush on some little girl in kindergarten. And if we can go back that far and figure out what she looked like and what she acted like, even as a four or five year old girl, are we indeed still attracted as adults to the adult version of that type of person? Maybe she's blonde, maybe she has a cute little line of freckles across her nose.

Maybe she had a very quiet, pensive personality. Maybe she was really smart. Maybe she was really giggly and silly. Maybe she was a tomboy. It could be anything. But I think it's worth sitting and thinking, first of all, do we kind of like the same women as we liked when we were really young? I mean, okay, protracted out a little bit. Go to junior high. Go to high school. Those of you guys who had girlfriends in junior high and high school,

is the kind of woman you're attracted to nowadays very similar to those kind of girls. And I think this is a great topic following up that snippet from the summit last time about the culmination of all your girlfriends is the woman of your dreams. And if you haven't listened to that, go ahead and do so before continuing on with this one, because I think it'll illuminate this conversation quite a bit. Here's what I think. I do indeed think we have a quote unquote type when we're very young. It's like it's within us at some archetypal

Scot McKay (02:01.262)

primal level, the kind of woman we really want to be with that we're attracted to, her personality, her looks, et cetera, et cetera. But here's what I also think. Over time, with life experience, and that includes dating other women, being with other women, and by that I mean not just sexually, but also being around other women in general, our type evolves forward. In other words,

we broaden our scope a little bit and we start liking the kind of women that maybe we didn't look at so much when we were younger because we start seeing greater value in them for some reason. That can be because of what they look like naked that we never really imagined properly, I suppose, when we were younger, or because there's a certain kind of personality type among women that you never really thought you would jive with so much, but you in fact do and get along with them great.

Or you could like taller women, could like tinier women, you could like women who are a little more confident. And that indeed could be a very real thing as you build your own personal confidence and wherewithal and your skills with women in general. I know that happened for me. I used to like women who maybe were a little shy and also on the other side of the spectrum girls who were really kind of giggly and funny and very social and very easy to get to know. You know exactly who I'm talking about.

And then there were girls who were super confident, super smart, super sharp, had a laser wit about them. And to me, they were always very intimidating. But as I became more confident with women, and you will too, you may see that those women are the ones you begin relating to better. And they're actually terrific because so many guys are intimidated by them that once you click with them, they're going to adore you back and you're going to be off to the races together. I've seen that happen.

In my own life, I've gone from absolutely preferring cute little women with chipmunk cheeks and bright

eyes and cute personalities. And you know, I'm a voice guy already. We've talked about that before on this show as well. To liking women who are a little more athletic, a little taller, a little curvier, with sassier personalities. Also women who were more classically of the beautiful type than just the cute type. I found myself being attracted to them more than I used to be.

Scot McKay (04:22.442)

One of the developments in my own personal type in my adult life since my thirties has been for some reason I like brown eyed blondies now. And that was never really a consideration when I was younger. So indeed the crux of the matter here is you probably do have a certain type of woman that is deeply embedded in your soul from a young age and you'll probably never shake that nor do you probably want to. But as you evolve as a man, as you get a little bit older,

maybe a little wiser and a lot more experienced, you are indeed going to be attracted to a wider range of women. This isn't settling, this is evolution. Now, all of that said, here's the bottom line. I think ultimately when you find the woman of your dreams, she's gonna be a lot like that archetypal primal vision you had in your very young years. Play the field, date all the women, kiss all the girls, but in the end,

Don't be fooled. You have a type, it's deeply ingrained within who you are, and the woman of your dreams will probably look, sound, act, and feel a lot like you've always expected she would from a very young age. Want to talk about this or anything else? Scot at mountaintoppodcast.com. Be good out there.

As always, visit mountaintoppodcast.com.

Love you.