

Edroy Odem (00:00.238)

You're listening to Snippets from the Summit with your host Scott McKay.

Scot McKay (00:07.246)

How's it going, gentlemen? This is your main man, Scot McKay, coming at you again with another snippet from the summit as part of the Mountaintop podcast from X and Y Communications. Gentlemen, as you know, around here, I don't just give you a bunch of stuff to do, a bunch of tactics that you can throw out there and perhaps expect results. What you get around here is a standard for how to be, not just merely what to do.

all while staying true to your authentic self. That's called the Big Four, of course. And you can think of it like this. The foundational truth of this whole podcast is better men get better women. To be that better man, the Big Four is the standard. The Big Four are confidence, true masculinity that ignites femininity, actually liking women and being a man of strong, positive, good character.

Now you see, once you're a big four man, you deserve what you want. Not only with women, but in your social life and in your career as well. So far so good, right? But what I've noticed is most men struggle with one of the big four far more than all the others, perhaps more than all the others combined, at least insofar as men who listen to this show go. Indeed, you know, most of you guys are masculine.

You actually like women. You're not red-pilled MGTO guys. You know, those guys stay away from this show. And yes, you're almost always men of good, solid character. The guys who are about leaving things worse than they found them in this life, they stay away from this show also. That leaves confidence. Now listen, I hear all the time from good, decent men that they know what to do. They even know why what they should do would work.

Again, it's not about tactics. It's not about knowledge even. In many cases, men even know it's silly to think they don't have enough to offer a woman. Yet, they still seize up when confronted with the opportunity to approach and meet women. In other words, they see it as something they have to do, something they dread doing, not something that they get to do because they love doing it. They assume the outcome will be negative instead of positive.

Scot McKay (02:32.204)

And then, let's say they get a woman's number and they ask her out and she agrees to go out with them without flaking. Well then they overthink first dates and blow it. Then these same guys shy away when it's time to tell her you find her sexy as hell and would like to kiss her, et cetera. If you can resonate with this in all or part, my message to you is simply this. If you know you've got this, then go get this.

If you have those three of the big four working already, but need confidence to act, recognize gentlemen, it's only you standing in your own way at this point. The self-work heavy lifting isn't so much of an issue. You simply need to go. Put in those first few reps and see how it goes. Now you don't have to be Mr. Perfect. In fact, it's probably better if you aren't Mr. Perfect. Remember, as I told you several weeks ago on this very podcast, the

best pick-up line is a simple introduction. And even if the next thing you say to her is, you know, I got nothing, I don't have a whole lot of practice at this just yet, it'll probably be ironically charming to her in its honest simplicity. For sure, it'll absolutely positively go better than if you did nothing, and it'll probably go perfectly well. Put this to the test and tell me what happens.

Gentlemen, you've got three of the big four in your favor already, most likely. Act, have the confidence, believe in your own competence, and give it a shot. Even if you don't feel like you've got it all figured out just yet, you've got enough figured out based on the power of who you are as a big four man to make women excited that you met them and make them attracted to you and want you. And indeed, I'd love to

know how this goes when you put it to the test in the real world.

Email me at [scot at mountaintoppodcast.com](mailto:scot@mountaintoppodcast.com). And also, by the way, gentlemen, if you want to know more about the Big Four in general, if you really want to get rock solid on what that's about, go to [mountaintoppodcast.com](http://mountaintoppodcast.com) front slash big four. It's all there for you in black and white. Be good out there.

Edroy Odem (04:44.659)

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