

Scot McKay (00:00.27)

You're listening to Snippets from the Summit with your host, Scot McKay.

Alright, how's it going gentlemen? This is your main man Scot McKay coming at you again with another snippet from the summit as part of the mountaintop podcast from X and Y communications. Last week as you probably know we talked about how guys try to find a loophole or work around when they're not good looking enough or rich enough or tall enough or at least they perceive themselves that way in hopes of maybe tricking a woman into bed or into their life anyway.

And we talked about if you focus on what you're actually strong in, what parts of you are most attractive naturally to women, then generally you'll do a better job of attracting women. Well, this week I want to put a little bit of a spin on that. Sometimes when guys start thinking about what they lack in terms of what they feel women want in a man who's attractive to them, they start traipsing into a very strange realm. They start obsessing over that one thing.

that they think they lack to be attractive. And you know, if you're not tall enough or rich enough or good looking enough, that's a natural association. But the truly weird part is a lot of guys, even if they are tall, good looking, or have a whole lot of money, still suffer from this same weird affliction. Because here's the thing, it's not always something conventionally predictable that guys will obsess over.

But at the same time, guys also try to convince themselves that whatever it is that's wrong with them is that one trait they think all women want the most. And since they don't have it, well, they're going to fail with women. And because they get inside their heads so far, it can be pretty esoteric stuff they start getting all wadded up about. For example, I've seen guys come to me with preposterous excuses here. Like, for example,

Scot McKay (02:03.031)

my tooth in the corner of my mouth up here on the left is missing. And I just feel like every time I open my mouth to say something, a woman is noticing that black hole in my head and you know, women can't stand that and it's repulsive to them. And until I get it fixed, women will never want me or another guy will come to me and say, well, you know, I have kind of a higher tenor pitched voice and I think women really only want men with a real deep base voice.

Like James Earl Jones. Now, of course, in both of these cases, other people, third parties, men or women, frankly, may look at them and go, how did you arrive at that conclusion of all things? I mean, after all, a guy may say to the guy who's missing a tooth, I've known you for years, dude. And I've never noticed you were missing a tooth. So what makes you think women are up there with like some sort of dental mirror checking the back of your palate or something? It just doesn't make any sense.

But because the guy is so self-conscious about it, he's thinking it's the first and only thing women focus on when they're talking to him. Meanwhile, there are lots of guys out there that have that smooth, cool voice that actually isn't a deep bass or even a baritone voice, and women go nuts for it. Honestly, when we're talking about voice, it's really more about your cadence and your elocution and how intelligent and together you sound.

when you speak rather than exactly what musical range your vocals are in. So see, in both of those cases, guys have a limiting belief based on a very strong insecurity and they're automatically projecting onto all women everywhere that they're not going to be attracted because they would somehow be similarly obsessed in the same way those guys are about what they perceive to be a shortcoming.

Well, here's the thing guys, just like we talked about last week, when we start obsessing over one thing to the exclusion of all others, in other words, hey, I'm not very tall, so women aren't gonna like me. I don't have enough money to buy stylish clothing. I don't have enough money period, or I need to get in

shape. Or indeed, yes, any of the self-imposed obsessions we're talking about this week, we start overlooking the importance and indeed the power of being

Scot McKay (04:24.259)

big for men like I talk about all the time. You know, it really is true no matter who you are, whether you're a tenor or a base or whether you have perfect teeth or not so much. If you're confident, if you're masculine in a way that makes women feel protected, you actually like women and you have character. Guys, you're 90 % of the way to attracting just about every woman already and you have very little competition. And you know what?

Let's go ahead and go there. Let's talk about that other 10%. Here's where it gets real. Gentlemen, the fact remains that perfect people suck and nobody trusts them. Embrace what makes you human, even your imperfections, and in turn, get ready to meet your perfectly imperfect woman yourself, who probably has her own deep-seated insecurities that will matter little to your interest level in her.

In fact, you'll probably not even notice them, let alone obsess over them the way she does. And then maybe with your leadership, both of you can be happily imperfect together, knowing that if you were both perfect, you'd probably not even like each other or trust each other to begin with. And gentlemen, that's no way to start or conduct a relationship now, is it? Want to talk about this or anything else? Scott at mountaintoppodcast.com.

Be good out there.