

Scot McKay (00:00.27)

You're listening to Snippets from the Summit with your host, Scot McKay.

All right, how's it going, gentlemen? This is your main man, Scot McKay, coming at you again with another episode of Snippets from the Summit as part of the Mountain Top Podcast from X & Y Communications. Gonna keep it really simple for you today because I see a sticking point happening again and again with lots of guys out there, and I can completely understand why. A lot of guys are getting put in the just befriend zone by women, which as you know, usually means you know what? She's just not feeling it.

Your masculine spark wasn't igniting her femininity in the way she needed to feel it happening in order for there to be anything romantic there. And some guys, you know, maybe you're really boring. That can contribute to the just be friend zone. And also what I call benign creepiness. In other words, hey, you know what? there's something just non-standard about your behavior or your demeanor or your mannerisms, but she isn't going to tell you that. So you get put in the just befriend zone.

Now that's pretty straightforward stuff in the dating world, but there's a nuance that really throws a whole lot of guys off. We keep hearing, and it's sort of true, that there are certain women out there who just don't have a comfort level with saying no to men. Now, for a lot of you guys who are feeling rejection or that women aren't interested in you, you're like, Well, you know what, McKay? A lot of women know how to say no. Well, granted, yeah, but there are also a lot of women

Who have a real hard time saying no to men, and they end up going out with the guy, communicating with the guy while there's nothing there. And on the surface, it looks and feels a lot like being put in the just befriend zone, except the difference is there's no JBF talk given. So what's going on here? Well, what's going on here is a hundred percent directly attributable to the level of fear a woman feels.

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towards interacting with you and yes, giving you the cold hard facts. If she feels like you're a pretty decent guy and you don't mean her any harm, she may go ahead and give you that just befriend zone talk because she wants to be very clear to you that this is not going anywhere romantic and she kind of trusts that you're not going to react in a negative way or perhaps even a violent way towards her. Now as an aside here, yeah, you know what? If you are

Caustic, dangerous presence to a woman and she feels threatened, most of the time she'll tell you exactly what she thinks of you, get angry, and walk away angrily and tell you never to call her again, maybe block you, et cetera, et cetera. That's a completely different story. There's no nuance to that at all. What we're specifically talking about here is when guys feel like, hey, you know what? I don't know where I stand with this woman and she's not telling me. Okay, if a woman is acting really hesitant to be

romantically inclined towards you and there's no kissing going on, no hand holding, and it seems really platonic and it's just not going anywhere. Either she's super shy, or maybe she's Miss Nice Girl, aka a people pleaser. And she, you know, just doesn't want to disappoint people and she wants approval from everyone and she doesn't want her feelings hurt and she's extra sensitive about that. So she just hangs on with you rather than telling you no. Or

Maybe she's actually afraid of how you'll respond if she levels the bad news that she's not interested in you. Gentlemen, this is where you have to head check yourself. If you're seeing a clear pattern here, it's usually because one of these reasons is the typical one. As always, big four men who are confident, masculine in the way women feel safe and comfortable around.

Guys who genuinely like women and are of strong character are the ones who avoid all of these pitfalls, enjoying both the company of and the affection of women without having to sort any of this out, and

that's always the way to go. Want to talk about this or anything else? scot@mountaintoppodcast.com.
Be good out there. As always, visit mountaintoppodcast.com for more.