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SPEAKERS

Edroy Odem, Camille Virginia, Scot McKay



Edroy Odem 00:04

From the mist and shrouded mountain top fortress that is XY Communications Headquarters, you're listening to the world famous mountain top podcast. And now your host Scot McKay.



Scot McKay 00:18

Hey, this is your man Scot McKay and I want to welcome you to yet another episode of the world famous mountain top podcast. You can find me at Scot McKay on Twitter. Real Scot McKay on Instagram Scot McKay on YouTube, the Facebook group is mountaintop summit. And of course you can find this always at WWW dot mountaintop podcast.com. With me today is a guest who is someone I've known for quite a long time really, and it's quite overdue to get her on the show. I have to tell you something. The first time I heard about this lady's gig. I didn't know what to think about it. I thought it was a little gimmicky, because her deal is she master is offline dating. She's the mistress of mastering offline dating, if you will. And I was thinking to myself offline dating. You know, that sounds kind of like I said, gimmicky. Everybody's moving online, you know, the apps have taken over the world, everybody's meeting each other on match.com. And this lady wants to get everybody offline. It sounds kind of like she was looking for a niche that may not have been there anymore. At least not specifically. But you know, with what's gone on over the past few years and people just getting fed up with what's going on with online dating apps. I think she may have been downright precious. She's starting to look like a genius.

So now more than ever, is the time to get my friend Camille, Virginia of master offline dating on this show, to talk about the triumphant return of offline dating Camille, how you doing?



Camille Virginia 01:53

I'm great. Thanks for having me. Scot,



Scot McKay 01:55

you still recovering? From what I said in my intro? I'm sure because you never knew I felt that way. Right. Dead end, but I love it. Oh, good. As long as you love it, we can still be friends. Now I have to tell you. I did I thought your I thought your gig was gimmicky. Maybe I was bold enough and maybe arrogant. And you know, mean enough to say it to you when I first met you, but I don't remember it. And I was thinking, Well, you know, she knows what she's doing. It's a nice niche. But I'm not sure everybody's going offline. Nowadays. Are you hearing the same thing? I am? Are you hearing that people are just absolutely frustrated to the hilt, especially with apps?



Camille Virginia 02:29

Oh my gosh, yeah, it's it's an epidemic out there. And the problem is they don't they're not necessarily going offline. But they just don't know what to do now. So we can talk about that later. But I totally agree with you. Well,



Scot McKay 02:40

let's talk about it. Now. I mean, what better place to start, I mean, apps being an epidemic. I mean, last I checked, Camille epidemic had to do with disease and disorder. And that's what I call it, I call it app disease. People have been socially, I don't want to use the term retarded, because you know, it's not politically correct anymore. But there has been a retardation in the actual sense of the word, the dictionary sense of people social skills, and how they interact with each other. I mean, you know, we've all gone to a restaurant seen a bunch of 17 year old kids thumbing away at their smartphones, instead of actually talking to the people who are in front of them. I mean, that's a cliché nowadays. But you've got people online, trying to meet each other who have no idea what to do with each other once they actually meet each other a couple shows ago, I made the analogy of a dog chasing a car. What does the dog do with the car once it catches it? It's kind of like how every first date is going nowadays, right?



Camille Virginia 03:39

Oh, my God. I love that analogy. Yeah. And you're talking to the people who actually get offline. I mean, there's a whole slew of people who can't even get that far. So yeah,



Scot McKay 03:48

I call that living vicariously through yourself. You're just enjoying the attention you get without any inkling whatsoever that you're ever going to get to meet these people. Nor maybe do you even want to, right? It's just the attention.



Camille Virginia 03:59

Yeah, it's the attention, the validation. It's feeling like you're being social by being on social media and the apps, but you're not getting that deep human fulfillment of experiencing another human that is intrinsic. In us, it's not being met. But if you think it's being met by saying mine is green. Well, I think



Scot McKay 04:15

that's the Facebook effect, right? Mm hmm. Yeah, people get together on Facebook, quote, unquote, and they like each other's posts, and they go, Okay, well, look, I've done my social time with this person I've checked in with them, I don't have to talk to them again for another six months. What are we doing? I mean, do we not even like people anymore. And it seems like the more people were social, in a past life, like high school or college, or in some kind of social circle, where I knew these people job I had when I was younger, the more social they actually really were, the more time they're spending on Facebook, pretending to be social with a bunch of people. I mean, yeah, you get a huge reach, you get a bunch of people, you can talk to you, you can reconnect with people you didn't even know still were breathing oxygen, but it's still fake. It's still an electronic facsimile. For real socialization, and this is really hurting not only people's friendships, it's hurting people's ability to get into romantic relationships. Right?



Camille Virginia 05:14

It is, and yeah, it's just so sad. And I think that people tend to kind of follow the people around them. And so that's why I think it's coming up a dynamic. Everyone just kind of thinks it's the norm to spend hours on Facebook and not actually see the vast majority or any of the people that you're connecting with electronically, and then they sit at home. And they feel lonely, and they feel isolated. And they wonder why Well, I've been on social

media for five hours liking and tweeting and posting, but I'm deeply lonely, but also terrified to go out. So let me just go back on social media and get that need fulfilled in another instant. But the loneliness is still there.



Scot McKay 05:53

They're still physically alone. Hello. But there's still nobody there. I mean, it's a societal move, isn't it? We're headed in this direction we've headed in this direction. I mean, we're in the post, social media era. If you ask me, I mean, this is old hat at this point. So now you have the Fallout, in my humble opinion, let's see what you think of this, that the damage is done by all the social media players, you know, chiefly Facebook, Twitter, Instagram, has been done. I mean, we are now brainwashed into living that lifestyle where online communication is equal to being social. And indeed, when you actually do meet people in real life, who you've met on social media before, you can have a completely different understanding of them. I remember there was a guy in one of the forums, on Facebook, you know, one of the Facebook groups that I frequent that has nothing to do with dating or relationships, it's something that, you know, I'm involved with otherwise. And he and I would get practically to fisticuffs with each other disagree, okay. Then in real life, and an event somewhere the United States, we happen to meet each other and got along wonderfully. It was like two beers into it, we realized that we were those people. It's like, be kidding. You're not that bad guy in real life is like, yeah, I mean, go figure. Right. Interesting.



Camille Virginia 07:09

Yeah, I think that there's people's online personas. And then there's people's real life personas. And of course, even before the days of online dating, and social media, people would kind of put on a persona when they met people in person that was a little bit different from who they were. But the difference between people's real self and who they Project Online can be night and day, even if it's unintentional, but a lot of times, it's intentional.



Scot McKay 07:36

Well, yeah, you know, you bring up a good point, you can manipulate the anonymity of the internet a lot more effectively than you can watch your personas like in real life. I mean, you can only go so far, when your flesh and blood you can't fake it that much, at least relatively speaking, right?



Camille Virginia 07:54

Yeah, exactly. And that's sad. Because people are able to be the person that they want to be, or they feel they should be from behind a screen, they get away with it. And so they get a little more comfortable lying, and they get more comfortable lying. And pretty soon, their online persona is night and day from their real life persona. And they don't know how to bridge that gap.



Scot McKay 08:15

Yeah, and plenty of people have also observed quite correctly, that you're an awful lot braver, when you're not face to face with someone, things you'll say to someone online, who you're thinking you'll never meet in real life, will be proposed stress. And really, in my opinion, show what your character is really like compared to, you know, whatever restraint you would show when you're meeting someone face to face.



Camille Virginia 08:40

Yeah, I don't know what it is, I call it the mean, behind the screen. But it's, you know, just because you can get away with something doesn't mean that you should I mean, if someone said, Hey, you could go rob this bank and not get caught? Would you go do it? Because you could? Or would you not do it? Because you know, you shouldn't. So I really don't understand why people think it's okay to, to lie to harass from behind a screen. And yet they probably don't want that done to them. And they would never do that face to face like, I don't know, I think it's a values level situation. I think it's also a values crisis going on here.



Scot McKay 09:15

Yeah, I think you summed it up perfectly. So with that, what caused you to really start thinking about this idea of going back to our roots and meeting each other offline, especially for the purpose of dating and starting a romantic relationship, because you really were kind of ahead of the curve on that you were before your time.



Camille Virginia 09:32

Thank you. Well, I mean, I like to say that this topic, to me Actually, I actually grew up pretty shy with social anxiety. And at some point, I just got sick of it. This is probably maybe 15 years ago or so. And so I just started talking to people, I just pushed my comfort zone and did things that scared me. And I fell in love with connecting with people. And in

the process of that I started getting asked out by men, and everyday places like the grocery store, or on the bus or at the airport. And this was right around the time when apps were coming out online dating was becoming more acceptable. apps were coming out Tinder hit the market. And here I am going to the grocery store and getting a date. And my friends were on apps not talking to men in real life are like how do you do it? I was like, how do I do what? So I just kind of hone these skills accidentally found a love of connection. And then lo and behold, you know, started teaching workshops, because I was so passionate about this, that turned into a business. And now I could kind of see this coming. With online dating and apps, I didn't know that it would come to this level that it has of just burnout and total disgust so quickly, and to the level that it has. It's scary because I don't know that it's actually peaked



Scot McKay 10:50

yet. I call it Planet of the Apps. Oh, kind of the app singularity. The apps now control us. They don't work for us anymore. We're we're doing with the app says we should do. And we can elaborate on that. But I love what you said about how 15 years ago, or more guys weren't asking you out. That's what I inferred from that. And you figured out it was because you were presenting yourself as this shy person who wasn't very social. And I'm sure by now you figured out all these guys probably did notice you. They probably thought about asking you out but because you weren't exactly inviting that attention from them. You didn't get it? A lot of women really struggle with that. And yet, what did you figure out? You figured out Hey, look, I don't like this. I want to be more social. You look more approachable to guys. you're offering more social cues. And wow, what happens? These guys start giving you positive attention, you start going out on more dates. The reason why I can so glibly recount that whole story is because it happens a lot with women we coach also. And I'll tell you what, Camille Emily coaches women together go through the same journey you did, to go from that shyness, or that reticence or even in some cases that distrust or even dislike of men, and go through a healing process with that to the point where you can feel a little more happy, go lucky, a little more spontaneous, a lot more willing to give some signals and cues to the good guys out there so that you can start striking up conversations. So I love it.



Camille Virginia 12:24

Oh, that's great. Yeah, I think you were very flattering with my stories got Honestly, I was a mess back. Like, you know, 1520 years ago, I just couldn't even look people in the eye. I was so shy. So it was a journey, for sure. But that's why I feel like for the women who are they just need some small shifts and being more approachable and open and letting the

guy know that they're interested in a way that doesn't even involve talking. That that can just make such a huge difference in attracting people in the real world. It doesn't have to be a whole long journey like I went through, I bet most women listening most guys listening are way ahead of where I started. So if I can do it, they can.



Scot McKay 13:04

Well, on behalf of all the guys listening, Bravo, because men everywhere, I'm sure standing up and sharing at the thought of you teaching women how to be more approachable, so that they can meet more guys, because we need all the help we can get because we're human too. And if a woman's got the RBF working like at the airport, like you mentioned, we're not going to talk to her. We don't want to get her head shoot off. You know, what are we praying mantis is around here. Hell no. We want to talk to women and we want to have it go, well, we're not going to take unnecessary risks. You know, we may be men and we may have this tough exterior and yada yada, yada, but, you know, Hell no, we're not going to do something that's going to end badly just for the sake of doing it unless we're stupid. And we're not. Basic.



Camille Virginia 13:48

Yeah, well, and that's what I say in my book that is, you know, men and women, it's a dating is a team sport, you know, the, the men are terrified, the women are frustrated. There's a whole range of emotions in between bad, but really, let's get on the same page here, people like we're both trying to work towards the same thing and meet each other. So women make it easy for him. You don't know how many times he was rejected in the past, maybe he's been publicly humiliated by another woman and he has some trepidation approaching you, you know, then, if she can kind of give you some cues and help you out, find that moment of bravery. If you're feeling it and you're feeling a little safer than maybe you normally do around women, then then go for it and make those connections bust through the fear because I guarantee your worst nightmare that you have running in your head, your worst fear with talking to someone is not going to come true.



Scot McKay 14:40

You know, it's so interesting, you would mention that. A little bit of bravery goes a long way. and gentlemen, if you treat women with respect, give them space and make that conversation. If you bite your head off, like a four mentioned praying mantis Mama, you know, it's her problem. That's a broken woman. She's a headcase. People don't go around

treating people terribly when someone came to them in a friendly, respectful mode, it just doesn't happen. And yet, you're right. I mean, that is a huge nightmare to a lot of guys, I'm going to talk to this woman. And she's going to look me up and down, and start enumerating a whole bulleted list of every one of my most fearsome sticking points. And I do talk to guys for whom it does happen. And even in those cases, they probably need to look in the mirror and evaluate how they're coming across. Because what they're doing is they're kind of sucking the safety out of the situation. And women are feeling a little threatened or a little creeps or just not quite safe. And that's why I harp on making women feel safe and comfortable in your presence so much, you know what I mean?



Camille Virginia 15:47

Yeah, I really like that. I think I think everyone wants to feel safe, you know, going to Maslow's hierarchy of needs, we really need that safety and security. Men don't want to feel like they're going to be publicly humiliated and, and rejected in an embarrassing way. Women want to make sure that the man approaching her is not going to attack her and force her to do something. So I think if we can all just create that safe environment and that that happens with small steps, right Scot So, you know, a smile, I contact a high, high back and just kind of building up to something, it doesn't have to be a big, huge grand gesture. In fact, I'm going to say if it is a big, huge grand gesture with a stranger, you might scare them away. So start small.



Scot McKay 16:30

Yeah, absolutely. I think you know, for a lot of guys, what you're saying is gonna sound like common sense. They just kind of wished more women would take the lead in that and at least give them cues. I don't think guys need to be asked out I don't think it needs to become a big city Hawkins dance out there. And a lot of guys say they want that. But in reality, if it starts happening, they kind of raise their eyebrows of the woman and go, huh, what are you doing? Well, can't you get any guys to ask you out? Why are you asking me out? It's kind of like one of those things, you have to be careful what you ask for, because you just I get it. But I do appreciate when women will smile or give them an eye contact or even a small, almost innocuous comment so that they know the door is open, and they can walk through it. You know, that's where I think the big disconnect has always been in terms of men and women meeting offline. But I want to go back and revisit what we said we would revisit which is this idea of online dating really taking a dive. And it's almost nowadays as if the apps have taken control of us. And what I mean by that is, nobody's having fun on these apps, but they feel obligated to use them anyway. Because Hey, everybody else's. So you know, what does this look like? Well, everybody enjoys the attention that they would potentially get from an online dating site, or especially from the

apps. The problem is, and I'm not sure I've really ever broken this down on the show. The problem is, men have been close to swipe right on everybody, just to save time and see who comes back to them. Hence the whole business model of Bumble, right? Women are the ones who initiate actual contact with the men after the men show interest in them. Well, if men are swiping right on everybody, it means they're really choosing nobody. Now, you have to compare that mindset of Hey, let's swipe right on everybody see what we got going on to what's going on in a woman's mind, which is, you know, since I don't go around, throwing the proverbial bucket of spaghetti against the wall to see what sticks when it comes to attractive men out there, they're thinking like a woman. Hey, this guy chose me. All these guys. Were swiping right on me. They think I'm wonderful. They really want to meet me and connect with me. So you have women who aren't even very used to getting a whole lot of attention from men offline at all. All the sudden thinking Where have all these guys been my whole life? I'm popular. This is great. So they're getting pickier. They're thinking okay, well, since I had 1000, guys swipe on me, I'm going to go for the cutest 60 of them are for 30 of them. That's still 38 too many. And then they can't keep all these dates. The men actually really didn't care about them. They're like, Oh, well, she swiped me back. Go figure I'm looking for someone else. Everybody's grass is always greener visa v who it is that really swiped on them to begin with. It's a bunch of mixed messages. Everybody thinks there's interest there that doesn't really exist. Then at the same time, everybody's got too much fo interest even sort through to begin with, and, and ghosting flaking bread crumbs. All these crazy terms people have come up with to describe the bad things that ubiquitously happen to everyone who uses dating apps. Oh, but I'm not finished yet ready. Even though really hot movie star types out there who are used to getting everybody falling at their feet offline? What's happening there? Well, they've got too much interest to sort through. So they're saying, Oh, sure. I'll meet you on Friday night. Oh, but someone better came along. Maybe I'll meet with them instead. Oh, wait, someone better than them just hit my inbox. Whoo, look at all these pretty shiny objects. Men and women, not only are becoming spoiled brats, but they're like dogs chasing their tails, going nowhere with this. Now, another thing to layer on top, what we're doing is we're training women to act like men. And it's in the exact same way that women most complain about with regard to men, you're shown a picture and some weird little quote that they lifted off of Google. That's all you know about this person? Okay, you know, with the exception of hinge and just trying, I'll give them that. You've got some picture that probably doesn't even represent them. And you know nothing about this person. And that's all you have to go on. So what are women being trained to do? They're being conditioned. And like I said, this is the post AP world. Right? were long since indoctrinated. It's been several years now. Women have been trained, they have been conditioned to evaluate men based on looks alone. So now you have the women wanting all the hot guys, and all the guys wanting all the hot women. And it is superficial AF out there. No one. I mean, connection. The world is that connection? That's so 2005, what are

you even talking about? And it comes back full circle to something we've already talked about. You know what that is? Loneliness. Everybody is getting all this attention on apps. But not one iota of it is real. It's all fake attention. Just like I said, the apps now own us, we don't even know how to get off them and go meet people in the real world. Because that would involve connection that would involve doing something real that would involve taking care of yourself physically having a personality and getting off your pedestal of all these crazy expectations that you never had a right to have to begin with. How's that for a rant for you? Did I just saw right business model? Am I on a roll here?



Camille Virginia 22:09

Yeah, I support it. I mean, you know a lot more about online dating and apps than I do. I see the fallout from it from my female clients. So



Scot McKay 22:17

the important part, all my rants are based on thinking too hard and pure conjecture. So you go girl, you tell me about what you got going on. It's more important to this conversation anyway.



Camille Virginia 22:26

Oh, no, I like it. I think you have some great points that I hadn't even thought of what's going on behind the scenes. I mean, I talk about the you know, the mean, behind the screen, and how, like we've already talked about, you know, people are mean to each other when they're not face to face. I think also an important component to add on to men and women being conditioned with apps is that apps are designed to keep you addicted and keep you single, they are literally designed to do that. When you find the love of your life on Tinder. Tinder loses you they lose your eyeballs, the advertising revenue associate with you as a member, if you have the paid version of an app, they lose your revenue, all these things? I mean, why would they want to give you what you're seeking on them? It's not in their best interest at all. And they're designed after casino games, you know, slot machines swiping? Same thing addiction. So why would you want to put the most important decision of your life finding your partner in the hands of companies who just wants your eyeballs for dollars and are actively preventing you from finding them? That's a



Scot McKay 23:29

solid point. And it's very well taken. Facebook and Twitter have been called on the carpet for being addictive by design, and they really don't have a good answer for it. People who have left those companies have sort of gone on the warpath against that very premise of how addictive all these electronic apps are hell, any of us who have kids under 12? Well, who am I kidding? Any of us who have kids under 25 understand how addictive electronics are to that generation of kids. But I'll tell you, if you have kids under 12 right now or 14, it's almost like they were born with the programming to get right on an iPhone and figure out what the hell to do with it. It is absolutely crazy. I mean, these kids don't know, an era where there wasn't a smartphone, Emily's 25 year old son was born when the internet came out. I mean, even at that age, she's a quarter life or at this point. He doesn't know a world without a.com behind it. My son who is about to turn 12 doesn't know a world where he doesn't have a smartphone in his hand. And the wiring. I mean, it's almost like it's in the DNA. How are we going to heal from this Camille because I sense that this is all going to hit a critical mass and people are going to go Wait a minute, you know what, this just didn't work? We can't meet like this anymore. I mean, we already saw it a little bit with speed dating, right? I mean, speed dating was supposed to be the next big thing. And finally, people despite, you know what I'm throwing up my hands. Hello, this does work. At some point, you gotta hope just like with all the political division in the United States, and people going crazy about what clearly is not scientific somehow being the norm, you got to think that that's going to come home to roost in terms of how we meet and relate to each other as men and women or you know, gay or straight. It doesn't matter how we build romantic relationships with each other. You got to figure that we're all going to collectively arrive at this common conclusion that you know what this isn't working. And the bottom just fell out of this. How long do you think that's going to take? Well, first of all, do you agree with me? I'm guessing you do. But how long do you think it's going to take before people really stand up to be counted and say, I'm ready to start meeting people IRL? again.



Camille Virginia 25:47

I do agree with you. And God, I hope you're right. Scot, I hope the bottom does fall out. And I would love for people to have the pendulum swing back to the other side and start wanting to meet IRL Not to be confused with IRC. That would be a real regression wouldn't know.



Scot McKay 26:04

I don't know. What is that? Oh, that's that's the chat rooms from Oh, guys. That's what got the whole ball rolling to begin with the whole insidious ball rolling like in Indiana Jones,

right. Keep them crying, by the way, you know, but



26:20

Oh,



Camille Virginia 26:22

it's a sad state of affairs. I mean, to your point, though, there are like multiple generations at this point, who don't know how to function without a smartphone. Without the internet, they just haven't lived in a world without those things. So even if they wanted something more, I don't know that they know what it is for the people who are our generation and older, they do remember a time where there was no internet and no dating apps? I think that damage has been done. I think there are people who will want to hone their social skills, but I don't know what it looks like. And the technology is advancing social fast. I, I'm not really sure I have hope. But my role is for the people who are aware enough to want help, or at least know that something isn't working. I want to give them those tools to connect in the real world.



Scot McKay 27:14

Yeah, you know, my parents are in their mid 70s. And they're addicted to Facebook. So the conquest may be complete, to be honest. But you made a nice segue there to talking about what it is you tell people who want to start meeting offline again? How do you wean people off the smartphones and off the apps and off the dating sites? And what do you tell them Camille to get them started meeting people in the real world again,



Camille Virginia 27:44

well call me lazy Scot. But I don't want anyone or I don't work with people who don't want to give up at least some of their time online, if they're happy online, or even if they're miserable online, but they don't want to do anything about it. I'm not going to fight that battle. The people that find me are the ones who know that something isn't working, and they want some kind of help, even if they don't know exactly what I do. Well, the happily



Scot McKay 28:09

addicted people wouldn't want to find you anyway. It's like being a happy drunk. You're not going to volunteer for rehab. Right?



Camille Virginia 28:15

Exactly. But also, you know, the people who are miserably addicted, but don't want to get help, you know, there's the miserable drunk, who also is not going to go to an Alcoholics Anonymous meeting to so they don't find me either. But I want to help the people who want help. That makes my job easier. And they get much better results. And they're open and receptive. So yeah, there's there's so much I mean, humans met each other for eons. And we populated the planet to where it is now, without the use of dating apps and online dating. So we still have those connection tools, that has not changed. They've just been buried.



Scot McKay 28:51

I mean, you're kind of reminding people of their roots is what you're doing



Camille Virginia 28:55

exactly our human need for connection, the feeling the presence of another humans energy in front of you. And those things that are there intangible, you can't see them on a screen. You can't get the dopamine high when you get a like on your post. But it's the feeling coming only from meaningful conversation when you're like, Damn,



Scot McKay 29:12

that's all great. You know, I overheard a couple on a first date in Houston the other day, well, Emily and I were there. And she was wearing a little black dress, she was looking all cute, she was real cute little blonde gal, with librarian glasses on. And the guy was sitting next to her trying not to mess up, he was being very serious, and asking very deliberate questions. And trying to keep from being needy or leaning in or looking like he was trying too hard. And he ended up just seeming cold and lifeless. And sure enough, the poor gal was looking around, and he was talking to her and she was looking around going is there a way out of here. And you know, aside from all of that he was committing probably cardinal sin number one for first date he was chewing Copenhagen was given on a first date. I mean, leave the cannabis goal in the car, leave the can of coke in the car, you don't need to roll that out on the first date, it is a bad idea. Women, even if they're going to tolerate it later in the relationship are going to thank you absolutely lack any kind of social skill or ability to attract women or experience attracting women at all, you will have none whatsoever, you have no credibility in that regard in any way, shape, or form. If

you're chewing Copenhagen on a first date, I just thought I'd throw that out there. Because in 13 years, I never have. But sure enough, this guy was doing that. Plus he was being incredibly guarded and boring. No idea how to be warm and white and make conversation and help her laugh because he hadn't had any experience at it in ages. And for the woman's part, she wasn't off the hook. She wasn't helping. She didn't know how to do it either. It was like two people with no idea how to be social whatsoever trying to start the fire of a relationship and there was no spot to be had there. Let me tell you,



Camille Virginia 31:01

that's too bad. And really, it's so simple. Once you kind of go back to the basics of how to connect with someone, just start caring about them, get curious about them. And it's amazing when you give that experiences someone, magically, they tend to give it back to you. And then you can kind of foster a conversation get more invested gradually, more and more, get more interesting topics come up and there, blah, blah, you have a conversation that actually means something. And that kind of



Scot McKay 31:29

leads to a new angle on a topic we talked quite a bit about around here. When you're only getting your social input online, you are very much subject to groupthink in terms of how to think about entire certain groups of people. Whatever echo chamber you're socializing in on Twitter, or Facebook is going to tell you how to think about men, if you're a woman, and how to think about women if you're a man. And you can be left thinking something completely abhorrent is the new normal. And you've got this going on all over the place. You got men thinking all the women are terrible women thinking all the men are rapists. And really, the vast, vast majority of people just want to get together. And they really want to get along. You mentioned earlier that dating is a team sport and relating is a team sport. And what came to mind when you said that Camille was, yeah, and men and women on the same team. You know, men are the Yankees and the women are the Dodgers. You know, we're not adversarial here. Men and women are supposed to be on the same team meeting each other. That's what's going on when you say it's a team sport. And I think that's what we need to get back to men and women really want to meet and relate. And in order to do that, it can't be some digital experience. It's got to be in real life. It's got to be flesh and blood, it has to be face to face, it has to be human to human. And that's the bottom line, right?



Camille Virginia 32:56

That's the bottom line. And you know, our instinct to connect, be fulfilled by other humans didn't go out the window with the invention of the iPhone, it has served us for so long, it's there. That's why people feel lonely. They're trying to meet it. It's like they're trying to eat junk food so that they aren't hungry. But they feel gross that they're, you know, scratching the itch, but they're not getting the ultimate nutrients and fulfillment that they actually need if they were to just eat healthy foods. So yeah, it's there. And and people want to connect, you're absolutely right. Everyone wants love acceptance, acknowledgement. We have just kind of forgotten how to do it and to change.



Scot McKay 33:33

And on that note, I want you to tell these guys about your book before I point them to where they can buy it. What's the book called? And what's it about Camille?



Camille Virginia 33:40

Great. It's called the offline dating method. And it is written for women but the skills and it can be applied to any human it's just basic connection skills and and advanced connection skills to there's something for everyone if you even if you're a pro connector, you're going to learn amazing things. And if you are on the other end and your your liquid do I even start with talking to people I walk you through step by step like I have a whole chapter devoted to how to attract someone to you without saying a word. So just by being approachable, and it's very tactical, but very inspiring and entertaining. I give lots of clients stories and my own journey stories. And, and yeah, it's it's a great book to form meaningful connections with everyone and get a date in the real world.



Scot McKay 34:25

And as we record this particular podcast, that book is upcoming, it's brand new, and it's on pre order right now, on Amazon. Is that correct?



Camille Virginia 34:34

That's correct. Yeah, it comes out September 17. But pre order is available right now. Alright, guys.



Scot McKay 34:38

So what I'm going to do is, first of all, you can visit my Amazon influencer page at www.mountain-top-podcast.com forward slash Amazon reasonably enough. And you'll find Camille Virginia's book right there at the top of the queue for you to grab. Also, if you go to WWW-dot-mountaintop-podcast.com front slash Virginia to like the Commonwealth of Virginia, in the United States. And if you go to WWW-dot-mountaintop-podcast.com front slash Virginia you'll be able to buy Camille Virginia's book directly from there. And if you happen to be listening to this after September 17 of 2019, you'll be able to get it out right and have it land on your doorstep or landing on your Kindle almost immediately. So there you go. Coming up what a great spirited conversation and an idea that I think every female and male human being on earth nowadays needs to give strong consideration to I really appreciate you stopping by and thank you so much.



Camille Virginia 35:39

Thanks so much for having me. Scot This is great.



Scot McKay 35:41

Yeah, it's my pleasure. and gentlemen, go ahead over to www-dot-mountain-top-podcast.com, click the little button there that will put you in touch with me for a free 25 minute call. Where we can talk about anything that's on your mind. And maybe talk about a good coaching program for you to get you off the top dead center into a brave new world where you have the women of your dreams actually entering your life online or offline. I mean, we ranted pretty hard on online dating here but a lot of you guys are still online. Truth be told, I met my wife online it was different world back then in 2005. But however you're going to meet women, let's get those women in front of you. Let's get you in front of them and change your life by finally having the woman of your dreams by your side and living a wonderful charmed life with her. That's what I've been doing for the past 13 years with Emily and I think you deserve what you want and that means you deserve the same. So go ahead over to www-mountain-top-podcast.com and get you some and until I talk to you again real soon. This is Scot McKay from XMY communications in San Antonio Texas. Be good out there



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