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## SPEAKERS

Edroy Odem, Scot McKay, Dr. Ogi Ogas



Edroy Odem 00:05

From the mist and shrouded mountain top fortress that is XY Communications Headquarters, you're listening to the world famous mountain top podcast. And now your host Scot McKay



Scot McKay 00:18

How's it going? Gentlemen, welcome once again to another episode of the world famous mountain top podcast. My name is Scot McKay at Scot McKay on Twitter. Real Scot McKay on Instagram Scot McKay on YouTube, you can find us on the web at [www dot mountaintop podcast calm](http://www.dotmountaintop.com) and please do go and join our thriving community on Facebook. The Facebook group is [mountaintop summit](https://www.facebook.com/mountaintopsummit). With me today is a guest I'm really excited to have on the show. He's an internationally famous author, a neuroscientist and a research fellow at the Harvard University School of Education. amongst his books are *Dark Horse*, which is one of his newer books, which we'd love to have him back on to discuss sometime soon. The focus of our conversation today, his famous book, *A Billion Wicked Thoughts*. So without any further ado, I'd like to welcome Olga Olga to the show OV Welcome man.



Dr. Ogi Ogas 01:13

Thanks. I'm really excited to be here.



Scot McKay 01:14

Yeah, man, we're excited to have you too. Because every once in a while there's a book written with subject matter involved with a main topic that's so exciting and so interesting, that it's just a no brainer to have the author on this show. And this is one of those situations. Your book is called a billion wicked thoughts. And we were discussing this a little bit before we hit the record button on this podcast. It kind of reminded me of the premise of Nancy Friday's book back in the early 70s. My secret garden where she collected the anonymous fantasies from women all over the world and publish them and they were just get prayed dirty morning thoughts. And it shocked the world when that book, you know, kind of hit the bookstores.



Dr. Ogi Ogas 02:04

That's right, that was a precursor, we actually looked at that. When we were doing our research ourselves. That was a very early attempt at looking at women's sexual fantasies and sexual interest, which had always been a very under researched area. For a long time, most of the research in the sex sciences was on male interests, probably because most sex scientists were male. But you know, Nancy, Friday was a pioneer. But obviously what we did in our book went way, way further than that.



Scot McKay 02:33

Yeah, absolutely. And I would have loved to have had Nancy Friday as a guest on this show, also, but I talked to her publicist, and the guy was like, you know, I'm sure she would have loved to have been on your show. But you know, she won't even do that today show nowadays. So I understand why she won't be. Old lady, but that book was written a long time ago. Yeah. And you're right. You know, until relatively recently, shockingly, recently, actually, OD really, all we had was the Kinsey instance to tell us anything about people's human sexual patterns. So books like yours, I think are really fascinating. And just to kind of lay this out for the guys here, no pun intended. A billion wicked thoughts harnesses the power of the anonymity of the Internet, and literally a billion different internet searches on sexual subjects. And you have compiled those patterns, and try to make sense of them. That's pretty much how it summed up, right?



Dr. Ogi Ogas 03:33

That's right, we actually tried to get our hands on any possible online data set about

people's sexual behavior. So certainly one of the biggest data sets we got were searches, we have different collections of search histories. The most detailed one is from America Online. Actually, America Online kind of notoriously shared, a lot of their customers search histories. Now, they tried to anonymize it, they took out people's names. And that's a sort of thing. But oftentimes, if you can see, you know, what a person is search for over many months, there's enough clues about who that person is, even if they don't actually include their actual name, because you can tell where they live, and maybe the school their kid goes to and things like that. So it ended up being a publicity nightmare for AOL. But it also prevented anybody else from ever sharing search histories, too. So when we did our research, we got lucky because we were in this really wonderful window of time on the internet, which is when the internet was developed enough to have a lot of online sexual searches. But before all the privacy fears had really kicked in, and everybody started clamping down on data. So there was no, there'd be no way to do what we did today. Because it's much, much harder to get your hands on a data. But when we did our research, it was at this tipping point, in the early days of the internet for maybe the first 10 to 15 years, the primary business model for online porn for online sexual content was a subscription model, you know, you go to a website that might specialize in I don't know, teenage Asian women who like to sail, and you pay, you know, \$30 a month and you get new material, you know, frequently on that particular subject. So, when we did our research, those were still around. And it was possible to gather data from sites like that. But the tube sites had just started gathering steam and tube sites. Of course, today, the whole erotic landscape online is almost all a few multinational corporations with their tube sites like you porn, porn to read tube x videos, XNXX. So those tube sites, which are modeled after YouTube, of course, those had just started coming online when we did our research. And a lot of those sites were willing to share their data with us. So porn hub, for example, gave us a lot of their internal data back then. So we had the tube site data plus we had data on all these old subscription sites, we managed to get a whole lot of individual search histories and stuff histories. But we also, much like Nancy Friday did. We also analyze erotic stories, so we got a hold of more than a million different erotic stories. And more than a million different fan fiction stories, which is a special kind of, can't really call it erotica, a lot of its erotica, not all of its erotica, but it's almost entirely written by women, for women. So we also did a lot of analysis on these erotic stories as well. So basically, we just gathered up every possible source of information about people's sexual behavior online. And we did it during this time when we could get the data and people weren't closing their doors to us yet. And the result is we got the richest most detailed look at people's true sexual interest that had ever been done. And it was completely different than what most scientists expected, we pretty much overturned just about all of the conventional wisdom about what men and women truly liked. And it definitely was a landmark book that's changed the whole field of sex research. Yeah. And



Scot McKay 07:02

that's why we're all here to hear some of the stuff that you uncovered. You know, one more thought on Nancy Friday that just occurred to me while you were talking about the erotic stories, you're a Maryland boy. Yes. The very first fantasy in the book is she's at a football game, and it's a Baltimore Colts game at Memorial Stadium. And a touchdown is scored. And the whole crowd goes nuts. So nobody notices that an anonymous fan basically. While the while the game, you know, the crowds going nuts over something, they're completely distracted by then. So she gets to scream and enjoy the sex and the orgasm. And it's all basically happening in a crowd of 50,000 people and nobody's noticing it. So it's like public sex yet private at the same time. And that was this particular woman's horniness fantasy. So I mean, even right out of the gate in that book, it's like, wow, you got to be kidding me. This is what really goes through women's heads, right?



Dr. Ogi Ogas 07:59

And that's a very powerful and fantasy. Certainly, when you look online, that's a woman's fantasy of being taken dominated. Even non consensually is extremely common. And of course, it's super controversial and super uncomfortable for women to in fact, probably your listeners don't know this. But romance novels, we looked at the numbers, and probably just as many women consume romance novels as men consume online porn, the numbers are very close. So romance novels used to primarily feature heroes that were rapist, the most popular romance novels of the 70s and 80s. And even just a little bit in the early 90s, you'd have the hero, the romantic hero, often would rape the heroine in a non consensual way early in the story. And then eventually, she forgive them and they fall in love, by the end of the story, and then in the 90s. As women's rights movement in feminism became stronger within the culture, there was a great recommend among writers of romance literature about what to do about this because even though this was clearly a fantasy, the idea of writing entire novels about this no longer seemed acceptable. So these days, you'll no longer find outright raping, you certainly won't find the heroes raping the heroines or romance novels. But one way that authors have gotten around this, I guess, you could say informal taboo, is they found clever and creative literary ways to kind of have a rape scene without it being a rape scene. And when the most successful examples of this is paranormal romance, such as the Twilight series of novels, which is aimed at younger readers, but what you have there is you have vampires, and so you'll have a male vampire that will seduce and then, you know, maybe even suck the blood of the heroine. And the way those scenes are written, it's very much like written like an erotic non consensual scene, except instead of it being sex, it's a vampire. You know, penetrating her neck, you know, sucking her blood, you know, she can't escape. It's a different way of having the Johnny Unitas story except, and more modern, acceptable

garb. I'm sure that you knew our giants thought Johnny Unitas was a bloodsucker. But



Scot McKay 10:16

you know, it's funny though, even when women watch female oriented cable channels, like oxygen and lifetime, there were so many drama shows with rape scenes in them. And I remember just happening across the TV one time where my wife was watching a show, and going, why do women want to watch this? And she's like, I know, right? But it's like every show has a woman getting raped, or it's about a woman who's been raped and what's going on there with women. I mean, obviously, they don't want to be raped in real life, but they love this fantasy of a guy taking them is it that the actual act itself is exciting and hot, but you know, they kind of want it to happen in a way that's not dangerous to them.



Dr. Ogi Ogas 10:59

This all kinds of sexual paradoxes that are wired into our brain and both men and women, it's very easy to find many different things that were just designed to find arousing, but at the same time, maybe our wise world where a brain says, you know, that's not a good idea. Certainly, there's probably no better example of that than the domination fantasy. So women first for certain, aroused by the idea of dominant men. And maybe the bad boys who don't play by the rules, and even go so far as to aggressively take a woman it's women are aroused by the idea of alpha males demonstrating their power and their passion. I mean, passions are a big part of that fantasy, too. It's not just the power, it's that the man is so overwhelmed with the attractiveness of the woman that he just can't control himself. So that's rolled into that fantasy to in fact, I'd say the one sexual interest that we all have in common men and women, gain straight. That's a common thread across all forms of erotica. In general, men, women's sexual tastes are completely different. And what turns women on doesn't turn men on. But the one place we all come together is on fantasies of domination and submission. Everyone is aroused to some extent, by either a fantasy of being dominated or fantasy of being the dominator, obviously, most men have fantasies of domination, but there's certainly many men who are more aroused by being dominated, being submissive, like like a woman, and vice versa. Most women have fantasies of being dominated, but there's certainly a minority of women who you know, are aroused by being dominated. This is something that's deeply wired into our sexual brain, it's something we share with all animals too, because in the sexual act, there has to be, you know, a male role and a female role a dominant role in a submissive role. And so this is so deep in our minds, but at the same time, obviously, women do not want to be raped. Women do not want to have non consensual sex and they do not want to be dominated. So this leads to a great deal of discomfort, controversy, discussion, and this

why rape is such a huge topic because it's not a simple thing, oftentimes is presented politically as a simple thing, but it is all wrapped up in our sexual natures, it's very difficult to disentangle all this. I can give an example in the male side, the evidence overwhelmingly shows that men are designed to get jealous and outraged at the thought of their partner cheating on them. But male sexual brains are also designed to get aroused by the idea of their partner having sex with other men. It's something we share with other primates. So a lot of men do have fantasies about their girlfriends or wives sitting with other men. This whole swinger communities that cater to that, and cuckold porn is one of the most popular kinds of porn that features this fantasy as well. But that's an example on the male side. Of course, most men truly don't want their wife or their girlfriend to cheat on them. But it's also true that there's some part of them in many men that can be aroused by that too. So when it comes to our sexual taste is all kinds of things that make us uncomfortable are paradoxical, controversial, that we just don't have an easy time of it when it comes to our sexual interest.



Scot McKay 14:04

Yeah, an interesting thing about porn is it allows you to fantasize in ways that you would never act out in real life, nor want to. Therefore, all these different kinds of porn that are so popular that many people find shocking when they find out it's so popular yet, you know, clearly, this is what's going on in a lot of people's minds. You get a lot of the gang bang porn, you get a lot of male stripper porn, where the male strippers are just being sucked off by 100 women. Yeah, you know, here's my wife, here's my, you know, step sister, here's my step mother, all these different situations where it sounds really horny on paper, but in real life would be so fraught, that there's no way in hell we would ever even think about it. Like, for most guys, it sounds really great to go to an orgy where you have 26 women servicing you at once. But in real life, you're going to think to yourself, wait a minute, Where have all these women then what kind of diseases Am I going to get from this experience? What if I make one of these women pregnant? How am I going to perform sexually for 26 women? You know, and here's the thing that often comes up when you read interviews about inside the porn industry. Most men flat out can't get it up in public when other people are watching. And you know, a porn actress is laying there. And they're like, Okay, do this and do that to her. Most men just get stage fright. So all of these different situations conspire to keep us from living out these fantasies in real life. But when it's just us in our, you know, computer, and nobody else is around, man, we have no problem getting horny and all that stuff, right?



Dr. Ogi Ogas 15:42

I was gonna say when you're talking about the orgy fantasy, we found out from our research from talking to people that the truth is, a lot of men, when they get into an orgy situation, when they're, even though they're surrounded by attractive women, who they're able to have sex with, they do have trouble getting it up, because, you know, they're suddenly aware that there's all these things strangers, you know, looking at them, you know, it's one thing that if you have a girl, you've just taken home for one night stand, you've probably developed some sort of chemistry before that happens. But if you just walk into a room with a bunch of strangers, doesn't matter how attractive they are, you know, they're they're suddenly, you know, if you haven't built up some kind of rapport ahead of time, it's difficult for for a lot of men to get it up in those circumstances. But again, this is just like you said, This points to the fact that a lot of the fantasies that we have, are really that fantasies, they really aren't, you know, there wouldn't work if we acted them out. In real life. Another big one is incest. There's a lot of incest, porn, erotic stories about incest. Certainly a lot of videos that they're pretending to be, you know, mothers and the sons or daughters and fathers as part of the fantasy, another popular one. But you know, in real life, even if you try to pursue it, you know, I think for most people, they'd have trouble enjoying it. And as you said, it would be so fraught. So after doing our research, search, we my co author, my co investigator, and I definitely believe that having all of this erotic material in line is actually a good thing. Because it does allow us to explore these sexual interest, these sexual fantasies that we have in a safe place, and therefore we don't need to go act out on it in the real world. You know, porn



Scot McKay 17:20

itself is a very controversial subject, the very existence of it, what's your view on porn? What are the pros and cons of viewing porn?



Dr. Ogi Ogas 17:28

Well, back in the 1960s, is when a organized anti porn movement first began. And back then, of course, the only way you could see pornography was to go to the red light district in a city, you know, or maybe go to some private, one of these private black market stores where you can trade like eight millimeter films and things like that. So it's very, very hard to get your hands on porn, or you can watch stag films and you know, another kind of eight millimeter film with with, you know, with your buddies, but these are, you know, by today's standards, extremely in convenient, but when that was the way men access porn, there was a movement saying that porn tended to cause men to want to perform sexual assault and acts of sexual violence against women. So that argument began back in the 60s. And each decade as the technology for distributing porn got more and more

sophisticated and more democratic, so it became cheaper and easier, of course, with the videos, then you could just go to the bathroom at your video store and pull out some porn and take that home. And then of course, now on the internet, it's available 24 hours a day for free, easily in the privacy of your own home. So in the 60s, they said, these, these porn opponents said, if we keep making porn, more available, rapes going to go through the roof. But in fact, what we've actually seen is the exact opposite. The more porn society has, the more sexual assault and the more rate goes down. And this has happened in every civilized every first of all country that's made it easier to get their hands on porn, including here in America. So by the same arguments that the anti porn people have been making for decades now we should be living in a society where there's, you know, open rapes on the street on a daily basis. You know, says every man in society now has unlimited access to this stuff. But what we see is that it gives people an outlet, if you can get exactly what you need online and have that sexual satisfaction you go and masturbate and you know, you're satisfied and then you move on with your life. That's how most most men have adapted to this availability of porn. There's certainly other concerns and downsides to having lots of access to porn. Having young people exposed to porn is a very another uncertain and and troubling area. The research on that is still unclear. But it definitely seems plausible that exposing young people to a wide variety of hardcore porn at a very early age that may have long term detrimental effects in terms of being able to have healthy relationships with the opposite sex, but in terms of having adult access to porn, McAfee, I just think it's a it's a good thing. And it shouldn't be restricted for adults at any rate.



Scot McKay 20:05

Yeah, that whole argument of porn causes more rape is kind of like video games cause more. Exactly, exactly rock and roll music causes more violence or this that the internet is just frustratingly for the people who are trying to make that point, never seeming to be born out in real life. And that's always kind of an ongoing conversation between both sides for sure.



Dr. Ogi Ogas 20:27

There's a interesting coda to that, too. So even today, there's a number of activist groups that are trying to make porn more positive and less misogynistic. And these are usually women's groups, and they create websites or they oftentimes even create erotica itself, which has the people depicted in the erotic scenes. They respect each other, they have relationships, they have conversation, you know, before they have the sex, and then they have respectful sex. And they've been trying to push this. The fact of the matter is, you know, we looked into this in our research, women consumers, when they have a choice to



look at porn, they never choose that stuff. So they never choose the sex positive stuff. They'll go look at the same erotic fantasies, the stories, in some cases, the videos that have hardcore, porn, semi non consensual, semi exploitative. That's what women's fantasies are. So, even among women who are very conscious of this paradox, when women have the freedom to choose the erotica, once they choose the use somewhat misogynistic, somewhat, not politically correct porn over politically correct porn when they have the opportunity. So the fact is, we like what we like, you know, we can't legislate. We can't talk people out of changing their lives. Any more than you can talk a gay person into becoming a straight person, you can't talk to a guy that's aroused by watching gang bang porn to not be aroused by gang bang porn. But at the same time, we can say, you know what, go watch as much gang bang porn as you want. But if you go out into the world and try that gang banger woman against her, Well, that's a crime. Like, it seems pretty easy to make the distinction between reality and fantasy. But we all have a fear that other people, other people, not us are going to have trouble with that distinction. But the numbers, the data just overwhelmingly shows give people access to the erotica they want. And they're much less likely to act out on it in the real world.



Scot McKay 22:21

Yeah, you know, that reminds me of an old onion article, where the headline was something to the effect of 95% of people in urban environments believe that more people should take mass transit to work as long as it's someone else other than them. Exactly, exactly. I mean, I have suspected for quite a long time, that the so called female friendly porn was serving a more political purpose than appropriate.



D Dr. Ogi Ogas 22:50

Yeah, it doesn't have it doesn't have an actual audience. I would hasten to add that I wouldn't want any of your listeners to think that women secretly want you to go up to them and non consensually take them from behind. So if you're at a Colts game today, and your quarterback scores a touchdown, don't grab, don't start groping the woman in front of you. Women do not want that in the real world. It's a fantasy. It's in the bedroom with somebody they care about. They want to act it out. But please don't think for a moment that secretly, women really do want you to go and abuse them. Because that is not the case at all, we all can make the distinction between what's in our fantasy and what we want in the real life.



Scot McKay 23:28

Well, I appreciate that disclaimer, genuinely. However, I think it harkens back to what you were saying just a couple minutes ago, that deep down, people can think for themselves. I mean, this is something right now that both political parties in this country, the great United States of America haven't seemed to figure out that if they can, they can say outrageous things, and everybody will just follow along hook line and sinker. But in the voting booth, in the privacy of our own room with our porn in front of us, I think, you know, people pretty much make their own decisions, and they're reasonable, and you know, they're not stupid or crazy. So yeah, I think with you 100% I think people can fantasize about all sorts of depraved horny, like the title of your book suggests a billion wicked thoughts, and then in real life, understand what's going to get us arrested and understand, you know, the parameters of real life versus Fantasy Life, etc, etc. And yet, you know, to go back to what you were saying about the female friendly porn and how women, once they get online, they don't watch any of that stuff anyway, they're going and watching other things. People really do have varied interests in what turns them on. And it's not necessarily uniform, even within themselves, from day to day, what they're going to watch, I mean, one day, a person may wake up and feel in the mood for this The next day, they may wake up and be in the mood for that. And so you have rise to all different kinds of porn, even the situational relationship, the porn, even what's commonly known as the girlfriend experience porn, which, you know, you're welcome to describe a little bit more if you want. Sometimes that's exactly what a man or a woman will be horny for, is something that does resemble real life. And one of the things that I suspect is probably driving that is the person who's the subject in the porn movie reminds them of someone they actually know in real life, and therefore, that tries a fantasy that, you know, could be fueled a little bit by something that's going on in their real life, you know what I mean? So I mean, it could be just about anything. It's not necessarily that we're always diving down into the depths and wanting to watch a woman's mascara run, etc, etc. Sometimes we have a much more dare I say, wholesome view of what's going to turn us on in the moment. But it still can have some complications that are driving what and why we're watching what we're watching. Right?

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Dr. Ogi Ogas 25:47

That's right. I wanted to add on to that to say women have much greater variety in their taste, talking about, you know, different interests. And from day to day, women are much more volatile in terms of what turns Come on, even across a lifetime. So what a woman is aroused by when she's in her 20s may not be the same thing that she's aroused by in her 30s or her 40s. But quite different from men, men sexual interest tend to get baked in at a very early age and don't tend to change much. So men seem to have a much smaller range of interests, you know, things that really excite them, you know, some men is just one or two things, you know, others it's a handful, but that usually doesn't change too

much over the lifespan, as you pointed out, you know, sometimes men want the dirtiest fantasies to be fulfilled. And other times it's, you know, much more like a girlfriend experience, type fantasy. But if a man's interested in say feet when he's 17 years old, almost certainly when he's at seven years old, he's still going to be interested in feet. That's not the kind of thing that changes.



Scot McKay 26:49

Yes, interesting. And you're talking about women in particular having this wide range of potential sexual interest. It seems to me that if you show me a woman who's angry about porn and thinks all porn should be ended and men are abusive, for watching it and toxic for watching it and women are being trafficked and abused for being in it, etc, etc. Usually, when you show me a woman like that, I'll show you a woman who hasn't watched a whole lot of porn. You know what I mean? women who are against porn typically aren't experts in the content of porn as it turns out, because, you know, it disgusts them. So they're not consuming a whole lot of it apparently. So women like that tend to believe that almost all porn is abusing women and beating them up and their mascara running, like I said, and forced deep throat and, and yet, when you go to the tube sites, like you mentioned earlier in the show, all their statistics are actually public. You know, you can research what the most popular videos are, what the most popular genres are, who the most popular downloaded, highest rated porn stars are. And you'll find that the movie popular stuff out there really isn't all that evil. It's two people having hard sex or the girl giving him a sexy blowjob or something that's not really deprived and criminal and not really harming or abusing women, but just really hot chicks having sex with guys,



Dr. Ogi Ogas 28:20

let me tell you what made me very sympathetic to the women's perspective on porn, which was sure, we looked at a lot of gay porn for our research to know I'm a straight guy, and I had never seen any gay porn, or gay sexual acts until I started this research. And I remember the first times I was watching gay porn videos, my reaction was like, it's so explicit. And oh, that's awful. How can they do this to each other? And like, come on, this is terrible. Like I had that reaction. It was like, I don't want to see this. This is abusive, this it's a terrible they're not, you know, like, How can this happen? Like I had the words and emotions that came to my mind. Like, you know, afterwards, I was like, Oh, my gosh, this exactly how women talk about, you know, male porn. So I think a piece of it too, is when you look at somebody else's porn porn designed around someone else. Because it doesn't arouse you at all. You just have a negative feeling, you know, we ended up calling this OPP other people's porn, it's, they're all very dismissive and derogatory and fearful of, you know, the things that arouse other people, but the things that allows us It just seems

natural and normal. And we always tend to imagine that other healthy people like us, like the same things as us, but if you like something different, well, there must be somewhere in there something wrong, something wrong with you.



Scot McKay 29:37

That's a fascinating insight. I mean, yeah, there you are taking one for the team, you know, because you're having to watch this stuff in the name that you just really don't want to watch. And so yeah, that's gross. That's offensive, because it just offends your very sexual orientation.



Dr. Ogi Ogas 29:53

Yeah, I don't want to see you know, guys in another guy's ass, you know, I'm not wired to enjoy that. And so when I see it, I have an irrational resistance to it, you know, like, just this is gross. This is, you know, offensive, this is wrong. And I have to imagine that you know, for women watching graphic porn that's not to their own taste. And we know women have very different tastes than men. So most porn that appeals to men is not going to appeal to women. I think a lot of us just as deeply natural, completely understandable reaction to other people's porn. We've seen this again and again, no matter what group we talked to, for example, people that like bc ality so we talked to some fans of the Saudi we talked to webmasters of the salary sites now most people have very negative feelings towards beastie ality and think it's wrong. It's, you know, beyond the pale, that sort of thing. You talk to these people, of course, they think it's natural and they don't feel so hung up on it. But they will condemn other kinds of pornography. You know, like they go out of their way to like insult like incest porn, you know, even though access points not really actual family members, most of its, you know, dramatize the most of its fiction. Like they would condemn incest porn as being far more negative than bc ality. So, just whatever we're interested in just feels quite naturally, it feels like the right thing and everybody else's interest if if we're not interested feels like the wrong thing. This informs so much of the dynamics surrounding pornography, I think,



Scot McKay 31:20

yeah, you know, one of the things that comes to mind is I read an article Oh, it's probably been a couple years now about how certain porn producers are starting to encourage the homosexual agenda on heterosexuals. In other words, you know, you really should try sex with a transsexual, or you probably shouldn't, you know, completely pass off being gay until you've tried it, which to my sensibilities isn't really very fair, because the homosexual

groups for years have been preaching science, nature versus nurture. In other words, I didn't choose to be homosexual, so please don't try to re educate me or whatever. However, now that homosexuality is more mainstream in our society, it seems like homosexual folks are saying, Hey, you know what? All you straight people should try this. And so what's happened is certain porn producers are starting to sneak in two guys giving it to each other or sneaking in transsexuals in what was advertised as heterosexual porn. And what's happening is guys are collectively cringing when it appears on the screen like, oh, man, You tricked me. I didn't want to see that. And yet, they're thinking this is going to further the agenda. And the whole point of the article was that's kind of backfiring. So it's probably going to be a flash in the pan. And I don't know if that was the case or not. But in your experience, did you see that that's going on at all,

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Dr. Ogi Ogas 32:43

especially among men, we like what we like. So you're going to know if you're gay or not very early on, and being exposed to more gay material is not going to have any effect on that. There has to already be some basis for a sexual interest. You know, so if you're interested in say, domination, there might be some clever, original genre of domination that will appeal to them. I feel surprising, but it's, you know, it's based on the idea of domination, like, let's say, hypnosis porn, which is somewhat popular sub genre where, you know, a man hypnotized a woman and then gets her to perform sexual Excellent. So if you've never seen that before, and you might see for the first time, and then be like, Oh, my God, I had no idea that's turned me on so much. But really, it's playing with interest that was always there. That was domination. In contrast, you know, if you're attracted to women versus men, you know, that's, there's no ambiguity there. You know it, you know what you like, and it's not going to change just because you're exposed to more of it. I mean, it goes the other way to, of course, there was a long period of time when there was conversion therapist that tried to turn gay people straight. And one of the things they did was show them lots and lots of straight porn, and it had no effect. Because, you know, you like what you like, just being exposed to other stuff is not going to change that. Yeah, it's fascinating. The whole science, everything you did with this book is utterly fascinating. And it just seems like, quite literally, no pun intended, nobody else had the balls to do it. It just took a lot of work. It was a lot of heavy lifting. And you're the guy who finally said, Okay, I'll put my name beside this research and look at the value it has. It's amazing. When we were first preparing to do this before we actually embarked on it. We talked to a lot of our colleagues in the neurosciences. And 100% of them said do not do this need to first have a killer careers. And second, we're not going to find much anyway, you know, sort of cognitive dissonance, you know, scientists if they're going to tell us not to do it, there must not be anything there. But not a single person in our field was the least bit encouraging of exploring this stuff. They all thought it was a dead end and there'd be

nothing to find



Scot McKay 34:42

as that the entire universe doesn't revolve around sex. There's nothing there nothing to see here, folks. Move on. Yeah. Crazy Crazy. You know, when you were doing your research and figuring out what people were watching, you were talking about beastie ality what is the real prevalence of people watching illegal porn, you know, we're someone really is getting injured, or people really are being trafficked. And it's advertised as such, or dare I say, even under age children in porn? How many people are really seeking that out and watching it? Because, you know, in our minds, we're hoping it's just an infinite testable minority of people. But I'm ready to hear the truth if you're ready to tell it.



Dr. Ogi Ogas 35:21

So first, we did not and could not seek out illegal porn for obvious reasons. We don't want any illegal porn in our web traffic, because we don't want the FBI showing up at our door. So we certainly did not try to analyze any illegal porn or illegal porn sites directly. However, we can look at searches for things like granny porn, incest, porn, Beast, ality porn. And the truth is, it's fairly uncommon. Now it exists, I don't have the stats in front of me. So take this with a grain of salt, it's going to be off by a few percentages. But I believe the total number of searches for bc ality is under 1%. Of all sexual searches. I think that's true. I'd have to pull up a date and maybe after the show, I can go back and verify that but it's extremely low and incest porn searches also fairly low. Not to be confused with stepsister step mom porn No, no, no comical yet, of course, pedophilia, that is its own shadow Empire. You know, that's all in the dark net, hard to access that stuff. There's not that many searches for it. But we're pretty sure that's because people are smart enough to know that if they start searching for that in Google, FBI is going to show up at the door eventually. So we know that there's a lot of people involved in this kind of shadow net exchanging child pornography stuff. But that's just we don't have any good data on that and didn't try to get good data on it. I'm not sure whether that's encouraging or discouraging.



Scot McKay 36:47

Yeah, for the most part, he would say that there's this kind of weird relationship between what is normal, and how different it is from what's accepted by society, it is normal. In other words, what we do in private has a certain pattern to it, kind of across the board compared to how we all behave in public, which also has a completely different pattern.



Dr. Ogi Ogas 37:10

That's right. I mean, we found a lot of big surprises. In terms of the popularity one of the biggest surprises actually was a straight men's interest in transsexual porn. So it's usually called female porn, very derogatory term. So please, don't go using that term.



Scot McKay 37:26

Yeah, porn doesn't tend to be politically correct.



Dr. Ogi Ogas 37:28

Exactly. If you're going online and searching for it, and the genre is it's called female porn. Very, very popular among straight men internationally at much higher numbers than anybody expected. So that's a good example of something that in our normal, everyday discourse, you know, very few straight men are going to admit an interest in that and they're certainly we don't see, you know, hollywood movies don't tend to suggest that that's a secret interest. You know that that was something that was completely surprising to both cultural critics and to scientists, but it just shows there's things that turn us on private that just we just don't talk about at all.



Scot McKay 38:02

Yeah, and woman on woman porn, aka lesbian porn is incredibly popular amongst women who are living straight lives also. Right?



Dr. Ogi Ogas 38:10

That's right. Also stories about two straight men having sex. How do two straight men have sex? Well, that's a good question. But straight women love reading stories about two straight men having sex is called slash fiction. In the fan fiction world, though it's also now plenty of romance novels about like Brokeback Mountain, Brokeback Mountain, written by a woman, and the biggest audience for that movie was not gay man, it was women because it's not really a gay story. It's sort of like a fantasy for women. So a perfect example of that extremely popular among straight women. How does it get his name slash porn?



Scot McKay 38:44

That sounds like violence? It certainly does. It actually refers to the punctuation mark, backslash, because you slash two characters together. So for a long time, it was sort of amateur writers, amateur female writers writing this stuff. But that kind of storytelling just doesn't appeal to gain any more than it feels to straight men. So we're talking a lot here about women's relationship to porn. And I think for most of the guys listening, what pops into our minds first is we're in a relationship with a woman who if she ever caught us watching porn, the relationship would be over, we would be cheaters she would be hauling us off to porn addiction meetings, if not just dumping us right there on the spot. Yet most guys are waiting for their wives or girlfriends to leave the house. And as soon as the headlights are gone from into the street, he's on the porn channel.

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Dr. Ogi Ogas 39:36

I think so much of the woman's reaction depends on what the point is, you know, if it's, if it's straight porn, and the actresses resemble the girlfriend of the wife, that's usually not the worst thing. I don't think it's good. But you know,



Scot McKay 39:47

would that be better or worse, that he's actually looking at actresses who look like the wife? I mean, it's like, Well, why don't you have sex with me then? I mean, we're probably

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Dr. Ogi Ogas 39:54

from what we've seen, that's much preferable to, like, here's a common situation. Guy is his girlfriend is, say, a white busty girlfriend. And she finds him looking at porn at flat chested Asian women. This has happened a lot, that particular scenario, we've come across dozens of times. And that's much worse, because then the woman's thinking, Oh, he's actually sexually aroused by something entirely different for me. So secretly, he's never been sexually aroused by me. He's got the sexual world that has nothing to do with me. If the women at least look like the girlfriend, at least it's like, Okay, I know. He's straight. And he likes me. This kind of thing. Yeah, there's, there's always the dynamics of cheating. They go into a porn discovery, but it's way worse. Because you know, another example she was just talking about shame upon a woman finds a man like looking at female porn or something like that. That's very unorthodox, unconventional back and cause terrible problems to very hard to explain, you know, to a woman, you know, what's going on with something like that? So, yeah, it's the content really drives the woman's reaction. those cases, if you're looking at just plain generic, you know, playboy style porn, you know, woman's not going to be happy. But you know, I think most of the time with a



good conversation, you'll be able to talk through it. Yeah, I don't know how you resolve it when your wife catches you watching female porn. I'll tell you, it really just comes down to men wanting variety. I mean, every guy listening to this show understands that,



Scot McKay 41:22

hey, if I'm married to a busty blonde woman, you know, I'm kind of in the mood for a little, you know, way fish Burnett, because she's something I don't have every day. I can understand that other guys can understand that. But I can also fully grasp how women would freak out over that. Yeah, so what about women and their relationship to porn? What are they watching how many women really are watching porn? because on one hand, you're thinking okay, women can't stand porn. They're all against it kind of like all women want a relationship and none of them don't you know, we have these stereotypes about how women are especially in terms of their view of relationships, etc. But you're also hearing in the media that porn usage is way up amongst women. And you know, some of them are watching girl on girl porn. Some of them are watching woman friendly porn, but like you said, a lot of these women are also watching dirty horny Nancy Friday is kind of stuff out there. How many women really are there I say friendly or towards porn. Nowadays,



Dr. Ogi Ogas 42:18

most women do not watch porn and do not like porn and are not aroused by porn. So most women prefer a narrative. They prefer something psychological. They prefer characters and personalities and conversations and interactions. And that tends to work better in text. That's why the romance novel is the iconic example of women's erotica. You know, it's 300 pages of you know, storytelling of lots of talking and wondering and getting to know each other, you know, interspersed with some Steamy Sex scenes, a man is not going to sit through 300 pages. You know, to get off, it's just not going to happen. But there is a minority of women who do enjoy visual porn. It's hard to get good numbers on this because it's much harder to get insight into women's activity than men's activity. But it's somewhere between 15% and 35% of women do enjoy pornography. We found in our research some suggestive findings, we did find that women who prefer visual porn also tended to have male stereotypical patterns of behavior, they were more likely to be risk taking they are more likely to be thrill seekers, more likely to enjoy being dominant in their relationship. So things that we typically associate with male behaviors were correlated with women who preferred visual porn. But it's important to underscore that with the fact that over the years there have been several attempts to create magazines or websites that featured visual porn for women. playgirl is the first and most famous or maybe the most notorious example. Of course, play girl came out and what was the biggest audience

for playgirl? It wasn't straight women, it was gay men. You know, eventually, I think about 10 years ago, finally, like it was the great pretense that the editors of playgirl kept pretending that the audience was women. And then 10 years they finally gave up, it's it's clearly targeting gay men. When we did our research, there was literally literally thousands of PE sites trying to make money off of selling porn to men. And there was exactly three successful sites selling visual porn to women. And I think two of them have gone out of business since we did our research. So it's very hard to make money,



Scot McKay 44:35

or have a business creating visual pornography for women, you know. And another reason to is those women, the minority of women that do like visual porn, they're perfectly content with the porn that appeals to men, you know, they'll just go to porn hub to get the kind of porn they want. So the women that have more stereotypical female interests, they tend to gravitate towards romance novels and stories. So it's just there's not really a market for 50 female friendly porn, so to speak for for this designed by women, for women. There's not an audience. I think another very surprising elements of porn to women, is the range of body types and types of women in general that men actually are attracted to, because of course, the media stereotype is beautiful women are long, leggy, supermodel, skinny women with Angular features and a certain color hair. And you look up the most searched, most appreciated, highest ranked porn actresses over the course of time. And they often don't look like that at all. They're rather large women, they may be five foot five 160 or 170 pounds. But as I term it, lots of toys to play with, you know what I mean? And I think that comes as a shock to a lot of women, when they really find out who these women are that we as men are so attracted to their they're not necessarily women, we would consider to be, you know, arm candy. Yeah. So talk a little bit about our taste in terms of physical body types. And the kind of women were attracted to,



Dr. Ogi Ogas 46:08

as you pointed out, this tremendous divergence between what we see on magazine covers as ideal women, and what men actually look for in their pornography, and you hit the biggest thing already, which is the weight magazine models tend to be skinny and thin. And women think that's the ideal that they should strive for, because they're looking at the magazines, you know, because we're not looking at the pornography. But what we found in our research, one of the first findings that really shocked us, because nobody had predicted it was the interest in heavy women, heavy women, what we would consider significantly overweight by the standards of the Center for Disease Control.



Scot McKay 46:47

Almost all of us are by those standards. Yes, that's



Dr. Ogi Ogas 46:50

right. But very popular, we found many more men searching for heavy or fat, or big women than searching for skinny or slender, certainly, definitely interesting, slender women, and definitely sexual searches for it. But many more searches for what's known as BBW is, you know, big, beautiful women. Very, very popular genre, one of the most popular genres. And I think a lot of women don't realize this, and are shocked by it and don't know what to make of it, because they're like, but how come those aren't on our magazines. I should add, though, that just in the past five years, society is changing. You've probably noticed this too. But you do see a lot more heavy women in TV ads on magazine covers. So sort of our mainstream understanding of what's an attractive woman is changing a lot to driven a lot by women, I think, but it is become more culturally acceptable. But it's also spilling over into men's taste. You know, you're talking about arm candy. I think it is a little more acceptable. Now for a man to be dating a heavier woman not you know, not as embarrassing as it was. I don't think we've gone all the way. But certainly compared to it was, say 20 years ago. I think things are moving in that direction. I think things are moving towards truth, many men aroused by women with a little meat on their bones. And I think that's starting to get reflected in society as well, though it's number of heavy women portrayed as ideals and society is nowhere near the number that we see in the world of porn.



Scot McKay 48:18

Yeah, nevertheless, you make a solid point you have so called plus size models gracing the cover of Sports Illustrated now. Yeah, yeah. Kind of to wrap up here, I'd like to do a lightning round with you have other surprising findings from your research give us just a random sampling of some of the more interesting things you found out.



Dr. Ogi Ogas 48:39

One of our favorite findings, this was not terribly important in terms of understanding human sexuality. But we just thought this was fascinating was we looked at the most popular animal to have sex with in different countries. And each country had its own popular animal for example, Saudi Arabia, there was a lot of porn about camels. In England, it was the pony with the most popular in Australia was sheep you know, she very popular Australia in America's the dog. So you kind of see like the animal that's, you know,

kind of represented the most in popular culture also tends to appear apparently, in people's sexual fantasies. We thought that was interesting, because in general, sexual tastes are pretty similar all around the world. Women are interested in erotic stories in the same kinds of fan fiction stories. In Japan, in Brazil, in South Africa, in Kenya, in England, the tastes are all the same. There's not that much variability from culture to culture, in terms of tastes, but the animal that people prefer was one of them. Another thing though, that was particularly interesting is granny porn. So this is being interested in looking at erotica with older women, you know, women old enough to be a grandmother. Now, biologically speaking, you know, it doesn't make any sense to be sexually attracted to an old woman, because obviously, you can't reproduce with an old woman. So evolution made it so men's sexual interests are very much oriented towards young, fertile women, because that's, you know, how you produce children. So it's surprising that granny porn exists at all. But there was tremendous variety, cultural variety, and that, for example, I remember, Czechoslovakia, England, and Kenya, all had strong interest in granting porn and then with other countries were like, it didn't exist at all. And so that was an example where there was always a very specific cultural reason. So for example, in Kenya, I remember, it's because teenagers learn about sex, not from their parents, but from their grandparents. So a grandmother might explain sexuality, they don't have sex, but you know, you're learning about sex from sitting down with your grandmother. So that must be one of the reasons in Czechoslovakia. Because if it has a very liberal sex industry, it's much easier to be a prostitute in Czechoslovakia, they have areas where there's prostitutes, and there's a lot of older women who work as prostitutes in Czechoslovakia so that perhaps that's the reason why it's more popular there than elsewhere. England, we were told, don't know if this is true. But you know, we asked different porn site webmasters in England about why they thought granny porn was so popular there. And the common response we always got on that was there's a lot of school moms, so you have school teachers, and they had corporal punishment, apparently, in England till relatively recently. So you'd have you know, older women, spanking you or slapping your wrists or hitting you in and so for, you know, young boys, that might be their first contact with women. So there's a lot of fantasies about that, that that seemed to be informing it. So not much cultural variety in general. But remember, bestiality and granny porn was one where there was a lot of culture to culture variation.



Scot McKay 51:40

Yeah, so in the case of granny porn, it comes back down to the viewer being reminded to someone that's right. Yeah, that's right. fascinating stuff. And I want to point these guys to your book, I've added a billion wicked thoughts to my Amazon influencer page, along with a couple other interesting books by OV that we're going to have him back on real soon to discuss one of them is called Dark Horse, which has a fascinating subject, which is why

certain people who don't necessarily fit the mold of success patterns end up being successful anyway. And it's really a great book, I'm going to add a billion wicked thoughts and dark horse to my Amazon influencer page, where you can also find other books by other folks who have been guests on this show. And I will also point you to [www.mountaintoppodcast.com](http://www.mountaintoppodcast.com) front slash OD, which is OGI, where you will get a direct link to a billion wicked thoughts where you can purchase it on Amazon.com. Okay, oh, guess what a great conversation. It's been an absolute pleasure to have you on the show. And this has been, you know, one of the more entertaining episodes we've had in a long time, and I'm sure the guys loved it. Thank you so much. There was a lot of fun. Yeah, and we'll have you on again, real soon to talk about Dark Horse too. Sounds great. And guys, if you have not visited [www.mountaintoppodcast.com](http://www.mountaintoppodcast.com), I can assure you first of all, it is 100% safe for work. Contrary to everything we've been talking about here on this show, you'll find that you know, mountaintop podcasts is a pretty team, you know, user friendly, viewer friendly, employment friendly website. So you can go there and find out not only more about our guests, but you can get on my daily mailing list where I'll give you actionable advice, you can get better with the kind of women you'd love to have in your life. You can also download free reports and talk to me free for 25 minutes by hitting the little red button in the upper right corner on the site and scheduling that and I'm exactly the guy you think I'm going to be I'm who I am on this show in real life. And you can look forward to a great conversation where we'll talk about what's going on in your life and how to get you the success you want. It's all there for you at [WWW.mountaintoppodcast.com](http://WWW.mountaintoppodcast.com) and until I talk to you again real soon. This is Scot McKay from XMY communications in San Antonio Texas. Be good out there.

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