Scot McKay 0:01

Gentlemen, in today's show, we're going to be talking about the essential topic of being an agent for calm visa v crisis, like we're encountering on a global scale right now. And in doing this show, I'm reminded of how each of the Friends of this show the sponsors of this show are run by real men who have kept their head throughout this crisis. The guys at origin main, the guys at key port, the guys at hero soap company, are all still cranking out what they're best at doing what they can to give back right And importantly, still providing shipping to you the very best quality solutions and answer to your real world needs. Origin main making masks making the supplements that keep you healthy and fight off infection, giving you the best genes, the best boots to get out there and have a hands on attitude. Whether you're First Responder, or whether you're someone who's one of the many heroes who are keeping us moving in this time of crisis, the guys that keep Porter giving you an essential everyday carry device that allows you to be Johnny on the freakin spot whenever someone's in need, especially at this time. And of course that heroes soap, it's important to keep yourself groomed. Keep yourself in good shape, it helps your attitude, it helps your optimism which we're going to talk about even if you're staying at home, you should be getting up every morning and taking care of yourself and getting ready for your day instead of slacking off on your personal grooming. So I invite you to check out all of these guys you can go to mountain top podcast calm front slash origin, front slash key port or front slash heroes soap and support these guys who are supporting us and supporting the show and be a better man because of it. And now on to what I'd say is one of the most powerful episodes we've had in quite a while with my new friend Mark. Edward Davis enjoy.

Edroy Odem 2:09

From the mist and shrouded mountaintop fortress that is x&y Communications Headquarters. You're listening to the World famous mountaintop podcast. And now your host Scot McKay

Scot McKay 2:22

All right, gentlemen, it's time for yet another edition of the world famous mountaintop podcast. My name is Scot McKay at Scott McKay on Twitter real Scot McKay on Instagram Scot McKay on YouTube. You can find us on the web at mountaintop podcast calm, and I do still invite you to join our legion of strong, powerful, confident Big Four men who have joined together as a cadre of guys who are going to get the right woman in their life and do the right thing even when nobody else is looking. And that's at the mountain top summit on Facebook. With me today is a brand new friend of mine but I'm already feeling like he's my brother from another Mother, which I've said before on this show, his name is Mark Edward Davis, and he's been a men's coach for over 10 years now. He has a show that he runs for men who want to be better at what they do. He has been talking a whole lot about being a voice of strength in the midst of the current crisis we're going through. And that's something that's music to my ears. Because if you guys are on the Facebook group, you already know that I've been talking about that a lot

myself and for good reason. He is also the author and moderator of something called the total man Club, which he is going to talk about later on in the show. So without anything further, here's my guest, Mark. Edward Davis. Mark, welcome, man.

Mark Edward Davis 3:43

Wow, fantastic. All we need is a drumroll. That was great, Scott. I appreciate it, man. Thanks for being on the show.

Scot McKay 3:48

Yeah, I would not make a good drummer. My personality isn't right for it. I'm the guitar guy.

Mark Edward Davis 3:52

Hey, Me, too. Me too. That's a great site. No more things we have in common. This is crazy.

Scot McKay 3:58

So Mark, have to tell you ever since the pandemic crisis started, I have had at the forefront of my mind this idea of helping men to be the voice of calm in the midst of crisis instead of the voice of panic. And the idea for a podcast episode devoted to panic proofing ourselves has been something that is high on the list of priorities for me, but I was having a hard time finding the right guests for it. I was thinking, Okay, do I get a scuba coach? You know, because first lesson of scuba diving is do not panic. That's the first thing they teach you. Do I get a guy who's a special forces guy, a guy who's a combat veteran. And I had a couple guys that basically said they had nothing on the subject for that which surprised the hell out of me. But along you come and you're doing proactively doing a program on this. And we talked briefly before we clicked record on this particular episode. I want you to tell guys, what's your viewpoint? On the role of masculinity and of course, that means ISIS man, Visa v. a crisis situation like we have going on globally that we can all relate to.

Mark Edward Davis 5:09

Well, I appreciate that. And I come from a place where I guess I got this probably 20 years ago when I first read early books on masculinity. My belief is masculinity is here for one reason is for us to lend our strength to the world around us. recently appeared Jordan Peterson talking about can you be the strong one at your father's funeral. Now the mantle's pass, and people are now leaning on you. So in times of

crisis is the most important times the testing of a men's character to say, in those moments, will you be the one where people look to for common strength, and it's universal everywhere you go. I mean, give me an example of this isn't true. nearly everywhere you go, somebody is looking for who's the one who's relaxed, who's calm, who doesn't seem freaked out by what else is going on, and people like bull's eye on him to like, find a place to lean and relax. So for me, it's like To be the calm in the storm doesn't deny there's a storm but you're the rock you know the waves can hit you but they're not altering who you are and your belief in the world. So what I'd like to do is enter a little conversation if we want to talk about being the calm in the storm is how we can anchor ourselves a little bit. So we're not cast about by the the drama that seems to try to suck everybody into this vortex. Is that a good direction to go?

Scot McKay 6:26

Oh, yeah, absolutely. And you're talking about being the man to whom the mantle is passed at once father's funeral. And I immediately thought of the Godfather. Now, there aren't a whole lot of role models for living a good, solid, honest life in that movie, but you definitely don't want to be Fredo in that family. Yeah, yeah, there you go. Yeah, you want to be the man who everybody in the family looks up to and that's a theme that I've talked about in the past is becoming the patriarch of the family. And of course, your patriarch is a dirty word nowadays VSA, the third wave feminism and the light But yeah, you know, being the father figure to the family at large is a position that is freely handed to usually the one man and an entire family who sets himself apart is the guy who's calm, responsible and makes good solid decisions, all of which are bedrocks of masculinity. Yeah,

Mark Edward Davis 7:19

absolutely, absolutely. But first it has to do with you knowing what you are, who you you know what you believe in who you are, so that you can have a reference to everything else that comes your way. Otherwise, you are subject to just absorbing whatever comes around you and you go, Oh, I guess that's true. Oh, I guess that's true. Oh, I guess I should be panicked. And so I think what helps right now is for people to get anchored in to thinking about well, what is really important what do I really believe and if anything, this crises is a great moment time to do it because you can step back and say look, we just had a complete shift of values. You know, the career may be put on hold the the your assets and your your stock counts may have shifted. You may now have more time to do this. And so you also You say, Well, if you take all the things away what's really important and hopefully, the anchored man who whether you become a patriarch, or simply the guy who, you know is sort of the lead of saying, I know what I want, I know what my life to be about. And those in my family, say, look, family is most important. I believe love and love extends to not only your romantic life, but how you treat your family and those around you. Also, the things become more important to you is like, what's my contribution to the world? Where's my legacy? What am I doing that really matters that's going to extend beyond myself to better the world around me. You know, and then finally, what makes me happy? What truly lights my world on fire? You know, because the world's looking for people who are on fire, who excited about their life, that light

that glow, draws people to them. And so at the end of the day, if a man can be emotionally free, his hearts released, he knows what he wants to do. This stuff doesn't matter if let me give you this. Remember Vince Lombardi, the football coach. My favorite quote of all time of all human beings came from him when he said this, you know, when you're winning, Nothing hurts. But when you're losing, everything hurts. And this is the time when you either focus on the fact that you know what crises comes and goes, and you and I can list the crises we probably had in our lives personally. I've had a spouse pass away, I had one betray me, I've had loss. I've had bankruptcy. I've had all these things in my past. You know, we also we have better victories, I built seven figure companies, this kind of thing. But it's like we've seen crises, we know we'll get to the other side of this. And so providing perspective over this is helpful. And the second thing on that is being anchored in who we are, in both of those give us an excitement. You know what, there's going to be another side to this, there's going to be a hope there's going to be something cool. And the thing we if you look back the thing we always respected as the guys in the previous crisis, who figured out the opportunity the guys who figured out had to buy the distressed properties after the oh eight crash and we go man, why didn't I think of that? You know, we can now be those guys with a calm sense in our brains to like we're not going to get sucked into this this will pass but I realized what I'm about I'm excited about my life because it's still going to be anchored on on my spiritual base my family love in my life My creating a legacy and a contribution. Am I finding out what Frick I love what what makes me happy? And those things are if you anchor on those, your use, like Goggins said, You can't hurt me, right? This crisis means nothing guys, dude, it's what's the real harm here. You know, Mark listening to your talk.

Scot McKay 10:42

There's a lot to unpack there. The first thing that comes to mind is this idea of knowing yourself and knowing who the hell you are, which we talk about in this show. And it occurred to me while you're talking, that panic is symptomatic of not knowing who you are, and when you don't know who you are, you almost by definition become a follower. Because if you don't know who the hell you are, how can you possibly lead anybody into anything if you don't even know what your own compass reads. So everybody who is going through life, panicking, is being subject to doing what they were told. They are sheeple. They're falling. They're not thinking for themselves, which of course is pandemic, in the midst of this pandemic is almost like a meta level pandemic of being cheap, although it was here before COVID-19 was. It's amazing how many people are followers without thinking for themselves at all. And that is absolutely symptomatic of not knowing your own identity, not knowing what you believe because what happens is when one hasn't thought through what he or she believes were given what to believe. by someone else, and especially if we're lazy thinkers, meaning we don't think at all we just act and react is probably the better way to put it. Since everybody is looking to be a part of something bigger, we'll follow the first thing that comes along that seems to give us even that little dopamine rush of feeling like this is something that's right for me. And that's how we get lead along the primrose path to God knows where, because what's going on is okay, here's my belief system. Here's what I'm doing, because everybody else who I like, or who liked me first, or who chose me, seems to think is the right thing to do. So I guess it's the right thing to do. Then all of a sudden something comes in upsets that applecart and because there's no foundation there. Panic ensues. Yeah. And then everybody's looking to find who has the answer, and who has the answer. The person who knows who the hell they are, knows what the hell they believe and can relax in that And builds on that foundation a plan of action with which to do something and the people who are panicking, are looking for a way to offload that emotional paddock. And of course, leadership becomes more effective that way, whether that's good leadership or not. And even in the midst of this COVID-19 global pandemic crisis, you have people who are leading who aren't fit to lead. Yeah. And you have people who are leading, who are much better at leading and are leading us into a much more grounded perspective and indeed a more valid direction based on truth and sorting out the sheep from the goats in that perspective. In other words, who's got a personal agenda, who's trying to build their tribe or to build their own wealth or to take me for a ride and fleece me versus who really has a solid ethical code here and who's trying to lead the world into being a better place than they found it? For a lot of people. It's hard To see that forest for the trees, isn't it? Mm hmm.

Mark Edward Davis 14:03

Scott, you nailed it, brother. I love what you're saying. But I'm gonna, I'm going to contradict a little bit in one aspect, even the people I love people I love who I feel should be the voice and rise up, you know, aren't necessarily leading per se and the way you and I would talk about it, because

Scot McKay 14:21

there's no contradiction there. I think there are people who are fit to lead, who, because of whatever's going on in their own self image or self esteem or even coming from a fear based attitude won't step up and do it. And that's why we're all gathered here today. Because you and I both are all about encouraging the men who are listening to Yes, be that guy. I don't think anybody ever walks into a heavy duty situation in a crisis without getting a little twinge of imposter syndrome. Like you know, I don't know, maybe I'm not the guy and of course, that's the basis for the entire hero's journey. I mean, inside we're all Luke Skywalker, thanking me I'm the guy who's gonna save the world. Well, yes you are. Because it takes mere mortal men to step up and do something, even visa v our mortality.

Mark Edward Davis 15:08

One of the things I always tell guys I'm starting to end my broadcasts with this just this simple phrase, you got this because it's the one aching need men's hearts, they don't feel like they have enough. And I want to tell guys, you got this. It's not that difficult leadership in this thing is not as if I could boil it down to the simplest form of an example of leadership. It could be as simple as one guy who's panicking and he's going through negativity to be the voice of reason to calm in the storm. Just stop smiling and go

You know what, bro? I can't wait to this is done. You and I can go on a boat and have a beer together, man. 100%, right, is that just an easy, simple example leadership? It does. It's not a big guys. It's not that

Scot McKay 15:44

complicated. And on one level, it's all about taking a deep breath and assessing rather than being a weakling and just running your mouth because you feel like you got a knee jerk to whatever's being thrown at you. And that all comes back to roost. In terms of knowing who you are and what you really believe also,

Mark Edward Davis 16:02

right? It is in a little bit of control of yourself in terms of responsibility. Let me let me back up to one quick thing. Make two quick points. One is I started my discussion with my guys by studying Viktor Frankl wrote Man's Search for Meaning in nature.

Scot McKay 16:18

And here's a guy talking to crisis By the way, thank you let's Can we put some in perspective here

Mark Edward Davis 16:25

dealing with the frickin concentration camp in Nazi Germany. And he decides the way he's gonna rise above it is he's going to give it purpose and meaning he's going to make a science and study out of this. He wants to really understand why some people came in there and just gave up so quickly and died and others were determined and hung on to make it through to freedom like he did. And he discovers those who had a purpose and the purpose could simply be just he's got a girl waiting for him and he's gonna make it to see her again. Or a guy who says I've got a job waiting for me or some some elements. And so I think there's a core part of masculinity where you got to have a sense of ambition and Have any kind and it may change throughout your life. I mean, if you're a young guy, it may just be for that girl, you know, if you're in your early 20s you know, maybe you're, you're the next you know Steve Jobs or Bill Gates. So you have this thing and you've got to get it to market. There's there's something at different phases of life that will come but there's got to be something you're excited about, that you can create. I believe that as children of our Creator, the greatest aspect of the masculine soul is the ability to produce and create something out of nothing that we did that we brought to the world. So first of all, I think there's a matter of perspective, compare this crisis to a guy going through a Nazi prison camp and relax a little okay. Seriously, this is way overblown, take a deep breath and do something that Jocko willing talks about and I know he's a he's an acquaintance of yours. I love when he talked about how when he

was in combat situations, he learned to pause and step back for two or three seconds five seconds to just assess before making the Institute of instinctive decision. And it's the same thing that Frankel says This man's ultimate choices in that moment between stimulus and response to choose one's actions and in those actions are all of your freedoms.

Scot McKay 18:07

Well hold on a second, what's the opposite of panicking? The opposite of panicking is indeed, stopping taking a deep breath and assessing to knee jerk is Japan. Yeah, by definition, oh my god, what do we do I just, people talk about panic in terms of the visual representation of a chicken running around with its head cut off. There's no thought process, no brain, no pain, right. Whereas stopping and assessing allows one to make much better use of their faculties of their wisdom collectively. I've said this on the show before if you look at presidents of the United States throughout recent history, who were trusted by a vast majority of people, to be leaders and to not panic, versus those who were seen as maybe lacking intelligence Or lacking the ability to seem presidential? What the guys who are the former have in common is when asked tough questions by the press or by someone who's adversarial, they would pause and take as much time to collect their thoughts as necessary. before speaking into the microphone from the presidential podium, the guys who are seen as maybe lacking in that regard are the ones who would be jumping all over that question before it's even out of the reporters now. Yeah, right. Ronald Reagan, Obama, Bill Clinton, say what you want about their presidencies writ large, but all of those guys were seen as effective communicators and all three of those guys would stop, pause and assess before acting, even when they were merely talking into the mic. Meanwhile, Trump, George W. Bush, to some degree Jimmy Carter, those guys were seen as being rather weak leaders in terms of their community. allocative ability or that was projected onto them because they need jerked into the microphone. George W. Bush in particular was the guy who would go Yeah, yeah. You know what? Here's the answer that question and the reporter hadn't even finished yet. Hmm. Bill Clinton in particular seemed to be the master of this, you know, he would kind of raise that thumb up in there and go.

Yeah, you know what, here's the answer to your question. And you know, he would give several seconds if he needed to do it. Yeah. And that's the essence of what you said Jocko was talking about and here's a guy, of course, who is battle tested. Yeah, he's a seal team leader. You don't get to be the leader of the freakin SEAL team. Unless you know how to lead and you know how not to panic because there isn't a man in the seal corps at all. He's a panic guy. So I think that's fundamental. And for all the guys listening, that step to learn how to take a deep breath. His job one when it comes to panic proofing yourself and that trait alone that habit, you guys cultivate that you'll be probably 50% of the way through winning that battle of becoming more of a panic proof guy. And I'll add something else too that I mentioned jokingly, half jokingly at the top of the show about how I was maybe looking for a scuba teacher to come and talk to us about roofing. They do indeed teach you how not to panic as the first line of scuba

training and what they do is they strap a 50 pound weight on you and throw you into a swimming pool. And you would be amazed at how many people panic rather than just reaching down to their waist, opening the latch dropping the weight and coming back to the surface and everybody to a man listening to this and thinking oh my god, that's easy. Yeah, wait till you can't breathe in. It's still easy. Yeah. So field so is important here. That's why in the midst of small situations, small panics, okay, that's when you remind yourself here's an opportunity for me to take a deep breath and to breathe. You mentioned Viktor Frankl and Nazi concentration camps. Granted, it's a pop culture experience, not something as deeply profound and real as the Viktor Frankl experience which is a great read. By the way, the Man's Search for Meaning book. I would recommend watching a movie that's perhaps one of my 10 favorites I've ever watched, which is life is beautiful, which Roberto Benigni when I asked her for even though it was subtitled. He and his son are in a Nazi concentration camp and his meaning is helping his son survive this. And it's a wonderful movie, fantastic movie. And guys, you emerge from having watched that movie if you've never seen it before. thinking wow, yeah, that was seriously crisis. And the way Benny's character handled it in that movie was just, you know, a cut above. Of course, every guy who's ever actually seen that movie is nodding to himself listening to the show right now. Because just how profound a picture of not panicking is portrayed in that movie. And indeed, you know, go watch the right stuff. Follow guys like general Chuck Yeager on Twitter, you know, instead of following these guys who knee jerk about negative politics all the time and see what real manhood real leadership, real integrity, the reality of knowing who the hell you are, and what you're about looks like, and glean what you can from those guys. You know, I think a lot of guys, it comes down to them not having a role model and you know, maybe you can rip off that I mean, guys have never been taught. Yeah, even the importance of knowing who you are having personal integrity based on knowing your identity and then knowing how to lead and how not to panic as a direct result of that. Right, Right,

Mark Edward Davis 24:00

totally you know one of the things that you absolutely hit on which guys we hear you and I got on this because we feel this need to reach out to men because the men we you guys are the anchor, you guys have to come up to a place of leadership and calm and for the stability of our culture right now. And we're seeing this need but one of the things I love about what you said, because of the same quote that I've heard that says stress and panic are contagious, but so is calm

Scot McKay 24:33

and strength. Isn't that the truth and that's why you want to be an agent for the ladder instead of the former because it matters. It does.

Mark Edward Davis 24:43

But first of us you know it's kind of like in the plane you know, they say in times of emergency, you know, the air mask would drop Take care of yourself first for a hair help somebody else. And so this is where I every day I start my day with with hitting YouTube for wins little five or 10 minute motivational videos. Just You know, you hear a lot of Jocko here a lot of other people in in a sense, I have to get a daily infusion of people who are in in their peak strength and absorb that let myself be affected by them so I can affect others. And don't ever think that you're above that or there's a day in your life where you're immune from weakness of your own character and your own tendencies, you know, and so we have to take care of ourselves first and put that on. And then hopefully guys, you do have a desire to want help the guy next to you, you know, and so that's what we want to come away with. I think Scott you and I in this talk is how to help guys get that oxygen mask on, get in affected and influenced by guys who are that common the storm so you can absorb the mentality, absorb the influence daily into your life, and then learn how to come out to the other side of it. Then affecting your day where you're the one influencing other people. And you're being the contagion force, of calm, enjoy and even optimism for the future and optimism. One of my my quotes I like to say is optimism itself doesn't change anything, but it changes you, and you change things. And I think there's something that optimism simply is I look to the future, and I expect for a good outcome, I expect something good to come of it. And so to me, the opposite is is destructive and not helpful. You know, so in these times, for the sake of your health of your body, and maybe you want to rip on this for a while, the damage that goes into the human physiology just about being in a chronic state of stress. Oh, my gosh.

Scot McKay 26:33

Well, I think it's a profound point that you just made about how calm is a point of integrity, and how being panic stricken is a point of lacking integrity. Hmm. And another thing that you just mentioned that was kind of coincidental is you talked about both panic and calm as being contagious. And here we are in the midst of a crisis being caused by a contagious virus. And yet, we can foment something even more contagious. Now look at the world and how we're collectively reacting to this right now. Look how many people are panicking. Look how in many ways the panic is worse than the disease. And you talked about a calmness being optimistic and the panic being pessimistic. And to be optimistic means you've got this, you feel like that there's a handle on this, you've grasped it, and you can have a proactive ability to make positive change. You're looking forward to what's going to happen from this. You're seeing the opportunities in the midst of what others are seeing as an abject crisis. Meanwhile, those who are panicking not only are they following but they're not looking through a lens of optimism at all. They're thinking pessimistically, and that's painful and it hurts. Yeah. So to kind of tie this all up Before I introduce guys to your program mark, is what kind of feelings Would you like to have? Yeah, what kind of self esteem Would you like to carry around? panic is gonna injure you, it's gonna hurt you may even kill you, especially if you're scuba diving, right? Or if you're in battle, but if you're optimistic, you also become generous. When you're panicking, it becomes survival mode, every man for himself. Look at all the virtue packed in to taking a deep breath and leading and being that agent for calm. Meanwhile, look at the vise that's in trapped within being a panic stricken person. Look at the lack of wisdom, look at the lack of maturity portrayed by that. And I think that's where guys are going to find true meaning because

when we're confronted with the absolute existential importance of the topic desorb here it gets To our very essence as men, and what gives us purpose and fulfillment. And here we have it right here on our doorstep, the opportunity of a lifetime to be a man who leads in the midst of panic. I love it. I love, I think, incredibly meaningful. Well, we're out of time. And I want to give these guys a chance to get involved with your total man club. They can visit by going to mountaintop podcast calm front slash Davis, d A v. I S, which is of course your last name, the first David's ever had on the show, and they go to that page, give us the quick elevator pitch version of what they're going to find when they get there.

Mark Edward Davis 29:41

Right now guys, I really just want to give to your guys this one simple document I call how to be the man who leads in times of crisis. It's a 20 page PDF. It's the flow is great. I start off with a Viktor Frankl story, and I lean into five critical points. I think guys you're going to need because I want you to come across you know, empowered And educated ready to go and lead my other programs from that I have a monthly mentoring program every month a different course lead out for something for guys to learn. I've got one on the confidence, the authentic man, man's purpose in life. And we're, we're going to be building a movement here. There's a feeling around the country where men need want to come together. They want to feel empowered, they want to feel recognized. And my purpose in life is to bring men's hearts to life to be emotionally free to fulfill their purpose and journey in life. And Scott, I can't tell you how much I'm excited to have had this conversation with you and I resonate so much with everything you've said. So guys, just go to the link that he gave you at the his site slash Davis and you'll see it on there, get the free one and share it freely pass this around. Let's empower guys let's get guys feeling a sense of influence that they're the ones influencing with contagion, calm leadership and really optimism for the great future that's ahead for all of us because that's that's how we're meant to live.

Scot McKay 30:59

Yeah. 100% man, and guys, once again, that's mountaintop podcast, calm front slash Davis da V is good stuff. And by the way, total man club isn't going to break the bank.

Mark Edward Davis 31:11

Thank you. Since you mentioned that I just closed it is \$47 a month and every month is a whole new course. Nine videos, downloadable mp3, audio worksheets, and progress charts plus an active Facebook community where the brothers can encourage each other. So I thank you for that endorsement, that plug because this is the stuff we all need. Guys, we all need to be growing and learning. And here's something you just show up every month. And here's something new that's gonna feed your man's masculine soul to take on your calling on Earth. Thank you so much, God for that plug. I really appreciate it.

Scot McKay 31:43

Yeah, fantastic stuff. And, Mark, thank you so much for joining us today. This has been not just an entertaining and informative conversation. I think it's been an essential conversation. So thank you so much. It's first of all wonderful to make your acquaintance and I look forward to us working together in the future. And again, thank you so much for joining us today.

Mark Edward Davis 32:04

Right on Thank you, Scott. And guys,

Scot McKay 32:07

go ahead and visit mountain top podcast comm you can find show notes there, you can download free reports that will help you take care of the sticking points you have in your life, not only with being a better man, but getting the kind of woman you want in your life and something that hasn't been said on this show yet. But which I trust was implied is that being a man who is calm and who leads in crisis is a man who makes women feel safe and secure. And you already know the importance of that and creating attraction. Imagine how being a man who panics and runs around like that proverbial chicken with its head cut off is hurting your mojo, right? So listen, guys, as always, but more now than ever before I'm there for you. If you want to talk to me for free for 25 minutes, you can get right on my schedule at mountain top podcast calm and I'm there for you And until I talk to you again real soon This is Scott McKay from x&y communications in San Antonio Texas be good out there.

Edroy Odem 33:15

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