

mtp208

Fri, 9/11 2:50PM 30:28

SUMMARY KEYWORDS

women, men, life, sexy, mountaintop, children, emily, dating, kids, parent, thought, mom, fact, body, skinny, absolutely, collagen, feel, healthy, understand

SPEAKERS

Edroy Odem, Emily McKay, Scot McKay



Scot McKay 00:01

Alright guys fire up for yet another sweetheart of an episode of the mountaintop podcast largely because my sweetheart none other than Emily McKay is joining us once again for this show, which is always a great time. And today the topic is hot mommies which is long overdue. We love to talk about hot mommies and we do not do it enough. But before we jump into that, I want to let you know what the guys over at origin in Maine are up to. They are back online with handmade boots including the amazing bison boots that I'm looking for excuses to wear around even though it's the middle of summertime in Texas, that's how great those boots are. And especially their factory jeans, which are unlike any jeans I've ever worn and I'm sure you'll feel the same way. They're stretchy enough to move in and stylish enough to make you look good. And they do that while still retaining that functional masculine look about them. Great, great jeans, the best I've ever had. It's all there for you at [www dot mountaintop podcast calm front slash origin o ri gi n](http://www.dot.mountaintoppodcast.com/front/slash/origin/origin) and when you go tell them I sent you and use Mountain 10 for 10% off your order. And now guys let's get to this new episode which is really a whole lot of fun enjoy.



Edroy Odem 01:22

From the mist and shrouded mountaintop fortress that is x&y Communications Headquarters. You're listening to the World famous mountaintop podcast. And now your host Scot McKay.



Scot McKay 01:35

Hey there welcome once again to another edition of The Big Show. My name is Scot McKay



Emily McKay 01:41

and I'm Emily



Scot McKay 01:42

McKay. And let me tell you what, Emily today we're going to talk about a topic that I tell you I have no idea how we've escaped talking about it until now, but it was finally suggested by someone and it sounds like a great idea. It's none other than hot. Mommy's



Emily McKay 01:56

Oh hot mommy's huh. Hello. You know, I'm thinking that Maybe we should talk about hot daddies too. We'll probably get around to



Scot McKay 02:03

that. Sure. Now, you know, I want to jump right into this. Why not? Right? Let's dive right in. Because there's plenty to talk about. The first thing that comes to mind is that, you know, our mommy's hot. I mean, a lot of guys younger guys may be thinking, yeah, I don't know. I you know what, I don't think I'm interested in a woman who's had children already. But you know, sometimes when guys are older, maybe they have children of their own. They're thinking the exact opposite.



Emily McKay 02:31

Which is funny because a lot of times as women we think, oh, my goodness, I've had children. I had the mom BOD.



Scot McKay 02:37

No, we're gonna have to talk about the mom bot and the dad bottom. Sure. Oh,



Emily McKay 02:40

yes. I remember the first time somebody said, you know, you have you have a woman's body. Now, I transition from a girl's body to a woman's body. I'm like, What do you mean? Well, everything kind of shifted and moved and like, yeah, I guess I do have a different body.



Scot McKay 02:54

Well, by that I would think you have the curves all in the right place suddenly. Exactly. I mean, back when I was in high school, There was exactly one girl in our entire school who had a body shape like a real actual woman. And it was interesting because a lot of guys thought she was really hot but we were also like, man, she just looks like an adult and I don't feel like an adult so maybe she's quite literally too much woman for me right now. That's how a lot of kids a lot of guys, you know, in school felt and I'm not really sure how we process that information because my mind is that I'm an adult man now, but I remember specifically guys conversing about her. Yes, she's really hot and sexy and everything. But you know, I think I had my whole life to date someone who looks like a 23 year old, as strange as that sounds.



Emily McKay 03:37

Wow. She started early. I had to wait till I had children before I got that body.



Scot McKay 03:41

Yeah, so you've told me before back in high school, you were rather slight and much. Yeah,



Emily McKay 03:48

even as a young adult, I was still that way. It wasn't till I had children that finally everything was able to move in place and I'm thinking, I now have a mom's body. And as it turns out, A lot of people found out more sexy than the skinny little, you know, twig that I used to be. Well, you know what I think



Scot McKay 04:07

it's very much a stereotype that men only like skinny women who look like models like supermodels. So Matter of fact, on my Facebook group a couple weeks ago, I posted a

study like a peer reviewed study that showed that most men contrary to the belief of most women, I might add, don't find the supermodel type of body very sexy.



Emily McKay 04:29

That's an interesting thought because most of us strive to get that we spend lots of money we even do collagens we do tummy tucks and all kinds of stuff that's expensive, including lotions and creams and all kinds of makeup just so that we can look like the models. Would you



Scot McKay 04:44

say you're a collagen graduate? Very cute, very bad. I should probably edit that out before I get bad reviews. What does collagen do for women it's not the same as Botox. It's not what makes your lips puffy right?



Emily McKay 04:57

Well, the collagen makes your lip puffy or gives you More cheeks and change your structure of your of your face, whereas the Botox helps get rid of the wrinkles.



Scot McKay 05:06

Oh, I see. Well the collagen sounds like a disaster in the making to me just ladies if you happen to be listening leave it alone. You do you okay? We'll be alright.



Emily McKay 05:13

Oh, the Botox was quite an experience.



Scot McKay 05:16

Yes. You have actually done it before you're gonna admit it. Yeah, I



Emily McKay 05:18

have I've tried it once just once just wasn't for me. You still look like Emily to me.



Scot McKay 05:24

So anyway, the study said that men don't prefer from a sexual attractiveness perspective. don't prefer that kind of body, that skinny supermodel body. And someone who apparently knew what they were talking about from the fashion industry chimed in and said, Yeah, well, those types of female bodies are designed to make the clothes look good. They're designed to feature the clothes not to feature the sexy woman underneath, which makes sense to me. Yet women are still basically fed this. Let's face it impossible task of being that skinny and looking like that when Meanwhile, guys aren't even attracted to it.



Emily McKay 06:00

Good grief. No wonder those clothes don't look good on me.



Scot McKay 06:04

Well, like you said, You've got the mom body. Right? I know. Right. But I want to clarify what that means to me. I mean, let's see if these guys agree with me or if they dissent a little, I'm sure I'll hear about it in the comment section on the show notes page. To me after a woman has kids, she may have four hips. her boobs may be a size or two larger.



Emily McKay 06:27

What are the great side effects?



Scot McKay 06:28

Yeah, and as a matter of fact, I think that looks great. And they're quite expensive. Yeah.



Emily McKay 06:35

having children is expensive.



Scot McKay 06:38

More than plastic surgery. Yeah, the kids were a lot more expensive. But we're not going to comment on your spectacular boobies even though that's a fact. I think a lot of guys really actually like women's bodies that look very feminine. I don't want to use the word matronly, because to me that sounds like



06:55

playing schoolmarm ish,



Scot McKay 06:56

you know it just doesn't have a very sexy ring to it. But You know, women whose bodies look like they mean business sexually, are very, very attractive to a lot of men. Now, I actually wrote years ago, I don't know why it's not something I've reissued before, but I don't think I ever reissued the actual newsletter again. But one of the first newsletters I ever wrote was called, motherhood is hot. And I sent it to both the women and the men. And I had women write to me back saying, This made me weep. Thank you, thank you, thank you for validating that being a mother is so hot and sexy. And I had other women of course, who wrote me when I'm never going to have any children and how dare you say that motherhood is what makes a woman sexy because I never gonna be a mother, blah, blah, blah, right? So you know, we can just let them have their opinion. But on the men side, I had a surprising number of guys agree with me. And I was saying things in the newsletter like, we don't mind stretch marks. We don't mind evidence that you've had children before. We don't mind that your hips filled out a little bit. A lot of I actually think that's very hot. And the actual idea that you know how to be a mother, that you know how to nurture and take care of children is actually very sexy,



Emily McKay 08:13

because we know how to nurture and take care of our men.



Scot McKay 08:15

Right? Exactly. motherhood. motherhood is actually a big part of being a woman from a feminine perspective. So it shouldn't be a big surprise to us as men when we find that aspect of a woman sexy. A guy wrote me one time he goes, my girlfriend has a very small child. And of course, you know, she puts the child to bed when I come to see her and then we have some alone time together. And sometimes she'll sing the baby or young child a lullaby. And I feel kind of sort of guilty because I find it very sexy. That's it. There's nothing wrong with that.



Emily McKay 08:55

No course not because she's demonstrating this really feminine loving Charming quality

that men like in women. He likes to know that she's going to be just as tender and compassionate and supportive of him as well. And she's displaying that attribute.



Scot McKay 09:12

Yeah, I think anytime men act like men, they demonstrate what I call masculinity as women define it. Those men are sexy to women. Oh, yeah, they perk up, they ignite that femininity. And I think the other side of the coin is true. Also, when women act like women, when they show that sign of being fun, and joyful, and nurturing, and indeed even playful, it turns us on. I think a lot of guys aren't as in tune to that idea of femininity, igniting our masculinity as much as women are about masculinity igniting them, but I think there is a fact based reality



Emily McKay 09:48

there. Absolutely. But you know, I think when it comes to men being sexy, in dads who are sexy, women tend to look beyond looks and for them, it's all about how he acts and behaves. I mean, a woman can bring a man to visit her family or her friends. And it may not be the most handsome, charming looking guy, but if he is absolutely amazing as a human being, she thinks the world of him and she's so proud and she brings him home and she's like, look at my man. He's wonderful.



Scot McKay 10:17

I'm living proof of that.



Emily McKay 10:20

Yeah, you're amazing. every way possible.



Scot McKay 10:23

Yeah, yeah. But anyway, what do you mean by look at this man? He's amazing. Right now, give me some practical evidence there. What does that look like?



Emily McKay 10:31

Well, for her, she's not seeing him for what he looks like his hair is or lack thereof. Okay,

that hair or no hair, you know, whatever he may look like it his weight for that matter. It's more about how he treats her how he makes her feel as a woman, and how he behaves as a man for that matter. When he does manly things, such as being kind of compassionate and being strong and protective in not that he's having to protect her against All these evil things coming at her, but just that she feels safe in his presence that nothing bad's gonna happen because he has it all under control. That's hot. He's a big Forman, exactly. When he has character and you know that he hasn't going to hurt you. That's wonderful, you can feel safe, and know that you can just relax and just enjoy life with him.



Scot McKay 11:20

Now you brought up the dad bod notwithstanding everything you just said, we do have to talk about the dad bod. Okay, because women sometimes say they find dad bod sexy. And that's hard for a lot of men to wrap their heads around, especially when we as guys really respect other guys who've been to the gym and kept themselves fit and healthy. I mean to us that represents that this guy has control over his own life. And he's a leader that you know, he has self respect. Indeed, we like women who have self respect also, that doesn't necessarily like I alluded to mean that we like skinny rail thin women because to us, a lot of them look like they need to eat frankly, they don't look healthy at all.



Emily McKay 12:00

True you want a woman who is healthy No matter if she's skinny, or you know a little, little plump, you want her nice and healthy. Right? So



Scot McKay 12:07

when women say that they find a dad bod sexy, elaborate a little bit on that, what are the parameters there and why?



Emily McKay 12:14

Well, dad bod might have a little extra inches on him. He's enjoying a few extra meals that were those few extra inches in the midsection, usually in the gut. You know, he's enjoyed life a little bit. But usually a lot of times happy couples, couples will get together and they tend to eat a lot. You know, it's natural guys. They like to eat, they like to enjoy life, they sit back and relax, and he's going to bring her into his world and they're going to enjoy life together. And that is attractive in itself. Plus, he's spending time with his family. And he knows what to do to nurture and take care of the children and that's attractive in itself,

too. We're not always looking for a man who's at the gym, and spending all his time there. Besides, we don't want men looking better than us.



Scot McKay 12:59

Oh no. There is a point now to issue a caveat here. As these guys know, who listened to the mountaintop, I've just lost a whole lot of weight. You were loving me and thought I was terrific, even when I was way too chunky. But I'm sure you would agree. You're glad I lost the weight?



Emily McKay 13:15

Oh, yeah, of course I do. Because you're healthier, I know you're going to be with me longer. There's a lot of benefits to it, you know, what you look better to?



Scot McKay 13:22

Well see, there you go. I wouldn't say that I am completely out of the realm of dadbod yet, and at age 53, that would be one hell of an achievement to do so. But like you're saying, I'm not even sure it's in my best interest to go and try to look like a fitness model 53. Again, I'm not even sure that's what you or anybody else in my life would even want and if it really made me that much healthier than just being trim and good to myself, otherwise,



Emily McKay 13:48

when a guy is way too thin or way too fit, he's gone out of his way and spent way too much time at the gym, that we don't want to take second place to that and we don't want to Feeling like we're having to compete with his fitness regimen, when we don't feel like we should have to compete with anybody else that might come in and say, Hey, you know, he's pretty good looking, I want him for myself.



Scot McKay 14:11

Okay? So you don't want the man looking better than you. And you also really don't want him looking good enough where other women are gonna hit on him. Right? to an extreme to an extreme. Now, you're gratified a little bit by the fact that other women would find your guy desirable?



Emily McKay 14:26

Absolutely. Because then we know we got we got a good catch,



Scot McKay 14:30

right. And I think men would feel the same way. But it does get extremely tiring even to us as men, when the woman in our life is just being hit on sexually constantly, because she just exudes sexuality in a way that says, hey, I'm out there, take me,



Emily McKay 14:46

right and the guy could do the same thing. No, I'm losing all these muscles and I'm taking my shirt off and I'm going to exercise with you. I've seen guys in our neighborhood running without the shirt. I'm like, What are you trying to do?



Scot McKay 14:57

Meanwhile, I'm thinking I need to be on whatever program they're on.



Emily McKay 15:00

There you go. That's asking for attention.



Scot McKay 15:03

Right. Okay. So ultimately, we want to look good for each other. And of course, the stereotype with women is, you know, she gets married, and six months later, she's gained 100 pounds, because now he put a ring on it, and she doesn't have to take care of herself anymore. There's a whole website devoted to before and after Wedding Pics, by the way,



Emily McKay 15:21

I encountered one of those ones, six months after the marriage, we met a couple for the first time and we were at their house, and one of our friends were a bunch of us were there, but one of the guys at the party picked up the picture and go, Hey, who's this girl? It was his wife. It was the couples who live in that house. That's the man's wife from six months ago when they got married. Now I would purport that that's not fair



Scot McKay 15:43

at all. Why? Well, because the woman in that situation is likely going to say, well, you should love me for what's on the inside, not what's on the outside. Anyway,



Emily McKay 15:52

it was so extreme that in six months, you couldn't even recognize that the two people were the same.



Scot McKay 15:56

So I would say that the woman should have done more to take better care of herself. Not for herself, but you know, because her husband didn't marry someone who weighed 100 pounds more.



Emily McKay 16:04

Exactly. It's just something was wrong. That's just lacking respect,



Scot McKay 16:07

self respect and respect for



Emily McKay 16:09

him, right? It's like, Okay, I got him so I don't have to try anymore. That's a trick.



Scot McKay 16:13

It's an aggressive act to get someone committed to you long term and then not take care of yourself. Take care of your health anymore,



Emily McKay 16:20

right? So you're cheating everybody when that happens, because you're cheating the other person who who married somebody they thought had a certain personality, and you're also cheating yourself because you're cheating your health and feeling great and living a life living a long healthy life. Nothing your life.



Scot McKay 16:37

Now before I get hate mail, I'm going to go ahead and absolutely admit that I was in the wrong when I let myself gain weight. Now the difference is, you weren't really all that angry, or bitter about it. You love me anyway, but I woke up.



16:55

It wasn't six months after marriage either.



Scot McKay 16:57

Well, fair enough, but I felt like I was doing you wrong. I felt like I wasn't keeping my end of the bargain. Being the healthiest guy who indeed could celebrate the 15th or 16th anniversary with you someday. Or be there for my kids and dance with my daughter at her wedding and all that stuff that's stereotypically thought of when you think of why I should want to live a long life. And so that's a big reason why I got my act together.



Emily McKay 17:24

Plus, I was feeling like I was gonna get cheated out of those things eventually.



Scot McKay 17:28

Yeah, right. And I knew that even though you weren't chirping at me about it, you would rather me be 50 pounds less than I was.



Emily McKay 17:36

No, I think I tripped in my own way.



Scot McKay 17:39

Well, perhaps you did. But either way I took care of it. And I am going to absolutely not be shy about owning the fact that it was wrong for me to let myself get out of hand like that. So I'm not being sexist when I say this woman who gains 100 pounds eight months after her marriage is in the wrong because I'm going to admit that I had to, you know, whack myself upside the head with the two by fours. I'd like to say and get that handled in my

life. Now that we've got that covered. Let's talk about some heavy information. No, literally, hopefully it's a lot lighter now, right? With that taken care of, I want to go ahead and focus some more on actual motherhood and fatherhood and how those dynamics work in the context of dating and relating. Last week, on my Facebook page, I posted an article about this lady who won the Republican primary in the southwestern corner of Colorado, and she's very Republican. She's a gun toting mama who isn't offended by much and is a little rough around the edges in a very pretty lady. Right? If you want to look her up, her name is Lauren bovard, bo ebrt. And of course, I got a lot of people who don't vote a certain way saying, Oh, she's this horrible person and bla bla bla and hope she loses. Yeah, yeah, fine. I don't care which way you vote. My point was, she to me, is the quintessential example of what I would call a boy And when I said that, guys like, I don't even know what you mean. So I elaborated and what I said was, this is a woman who has sons. She's raising boys, so she's not offended by messy stuff probably not offended by profanity. She'll go out and play in the dirt she's expecting things will be a little rough and tumble around the house. She's not a girly mommy. She's a boy mom,



Emily McKay 19:23

but she's probably used to the toilet seat been up to



Scot McKay 19:26

Yeah, right. She probably stands up to pee herself by now but she's all woman all the time. And she is probably the kind of woman her husband just absolutely adores. Matter of fact, they have four sons together. No daughter's four sons. So now that she's a boy mom, right? Probably drives a full size SUV like you do probably four by fours and she's in Colorado. And I think women like that would make a great girlfriend or a great wife. You know, and other guys handle her. Right? Exactly.



Emily McKay 19:56

You know something to handle.



Scot McKay 19:58

Military women. Law enforcement officers, women who have been raised on a farm rodeo girls like the barrel racer chicks, like our daughter loves so much women who have competed in sports, women like that are stronger internally.



Emily McKay 20:14

Well, that's because we appreciate men we love you guys, especially if you have voice for sons, you know, we can truly appreciate and love our own sons. So we love the male gender. And of course, we're going to have a lot of respect for the men in their lives. I



Scot McKay 20:29

would also add, by the way in that group, women who had lots of brothers,



20:32

you Oh, no kidding, right?



Scot McKay 20:34

Right. like four brothers one says, they like men, just like you said, and they're also not so fragile. They're not so easily offended. They're not like, Oh my gosh, this guy's gonna hurt me and I'm I don't understand man. And I just think they're a lot easier to have a relationship with and once women have had a child or two, it's almost like, dare I say, the halo has come off. There's not this anymore. credibly idealistic sense that, oh, I need to look this perfect way, act this perfect way. And I'm going to have the stereotypically Pollyanna ish relationship. I mean, you know, there's a kid around, now you have another responsibility. If you're dating, sometimes the child's gonna get sick and you're not going to be able to go out on the date or the kids are gonna come first, and the guys gonna have to wait. And I think a lot of times, that's a very good thing because what it does is it allows not only the woman but any guy who's going to date or just to relax, and be genuine and be real with each other without having to put up this front that I am this incredible, perfect person you've been looking for. You know, now it's just getting real around here.



Emily McKay 21:42

Get into a routine and real life. Right. And I think



Scot McKay 21:45

that's why contrary to what I've read elsewhere, from a lot of guys say, Hey, don't date single moms because you don't want to raise someone else's son and they're already you

know, they've already been knocked up and ruined and their bodies been ravaged by pregnancy. Almost all the time, the guys who are saying that aren't fathers yet. Now see, when I was dating again, I had a daughter and I had custody of her. And I was dating both single moms and women who had never had children yet. And I found that this whole idea of men being a little impatient when they haven't been fathers yet, with women who are moms wasn't necessarily a gender specific thing. The single women, I was dating the younger ones, usually who had never had children, yet, they were a little impatient with my fatherhood, and not coming first. And they didn't understand what to do about my daughter, or even how to act around her if they had the opportunity to meet her, which wasn't often, et cetera, et cetera. So if you are a parent, if you're a single dad, or you're a single mom, there's something about meeting someone else who is a parent. That is like you're in the club together, you can relate to each other, hey, I fully get that if your child is sick, or that you know, you've got something that the child has to do, or there's some kind of commitment that you've got to keep with that child that's going to come before you seeing me. Because that's life, life happens. But as a dad, when I was meeting women who are also parents, we had that mutual respect for each other's obligations, and Parenthood, but we also understood each other. We understood those interesting little nuances that came up because of parenthood. Now, example, Dad jokes, single women who've never had kids before, when I start cracking silly jokes, they roll their eyes and go, Oh, please.



Emily McKay 23:31

Right. Whereas as a mom, we get it. We're like, Oh, that's funny, because



Scot McKay 23:35

he understands kids. Yeah, right. You know, I tell silly, I'm late and, you know, taking care of them while they're sick all night long. And the little funny things that happened during all those episodes, right, just how to make the most out of life when life gives you lemons how to make lemonade out of that. It seems like parents are better at that. Not everything is this existential crisis like an MTV reality show. Someone drank my last doctor. Pepper oh my god they should be banished from the house you know, that's just not what people who have been through parenthood think like anymore imagine banishing your two year old Oh God, the two year old would get banished 54,000 times a day. I mean, there's a banishment for every second of every day



Emily McKay 24:14

who left this trash here. Oh, you



Scot McKay 24:16

knew would turn into a bundle of crazy nerves, you know, drive yourself nuts. But you know, the dad joke thing is one thing that relating to each other's reality is another.



Emily McKay 24:28

And I think that that's a turn on when you can relate.



Scot McKay 24:30

Yes, right. And there's that peaceful existence. That Hey, you know, we have other obligations, but we're in this together, we understand each other. We can just let our guard down and see if we honestly really get along. And you and I when we met we both had one child.



Emily McKay 24:47

Yep. You had a daughter and I had a son one of eight.



Scot McKay 24:50

I'll do right except we have two more little bundles of joy.



Emily McKay 24:53

Whenever again,



Scot McKay 24:54

exactly. And that was enough for us to see Acknowledge the parenthood in each other, almost like a nama state of parenthood, right. And I think that's something that the people who are cranky about dating a single mom because they haven't been through parenthood yet. That's their blind spot. They don't exactly see or understand how that works. But it's an almost intangible, secret code between parents when they're dating that makes it a better relationship because they understand each other's needs more.



Emily McKay 25:29

Right? And now it's understandable if you never had kids and you can't relate or don't understand the dynamics of all of that and trying to meet her the patience. And you know, at what point is it too much to handle? You know, being real and honest about how much you can handle of that is really important.



Scot McKay 25:46

Remember that one time we met that couple and he didn't have any kids and she had four already, but he had been there swimming coach and like the kids, but he said he just doesn't like babies and changing diapers. Right? So this is the perfect situation. Apparently the dad the actual dad was out of the pack. And they were the cutest couple. And the kids love the guy. And he had been their swimming coach and now he was gonna marry their mommy and they were gonna be a family. And he's like, this is great because I love these kids and they've already long since outgrown diapers. Perfect instant family. Yeah, exactly. And I think a lot of people think that once I'm a parent, I'm going to be undateable you know, now that I've had a kid, or another eight or five, four or five, yeah, no man's gonna want me No Man's gonna love me. And you know what I want everyone listening to understand whether you're a parent or not listening to this. Is everybody sensibilities are unique. You know? Sure. There may be someone out there who says you're a parent, you've had a kid already. I don't want anything to do with you. And that may be very painful in the moment.



Emily McKay 26:47

Yeah. But in reality, that's a good thing to know it now because you don't want to be in a relationship and the guy is or woman is way too impatient with your children and life is really stressful.



Scot McKay 26:58

Absolutely. I concur. Hundred percent. And the other side of that coin is that once you do meet a man who matches up much better with who you are and what you're about, not only can you enjoy that relationship, the more you can enjoy that relationship, especially because of your circumstances not in spite of it. It's not like hey, this guy loves me even though I have three kids. This guy is the perfect guy for me because I have three kids. It just worked even better that way. Right?



Emily McKay 27:29

Yeah, if he has three of them, then you got a you got a bunch of them. Yeah, exactly. I didn't know a family that way once. Really? Yeah. That she had two kids. He had three they got married and they had one more almost like a Brady Bunch. three girls three boys. Yes. One that you know, plus one. The extra one was the girl so yes.



Scot McKay 27:47

Yeah, there you go. Well, this has been a great conversation. And for all of you single moms and single dads out there are indeed married couples with kids. And you know what, let's go ahead and roll in all All those people out there who don't have kids yet, but who are dating and wondering, hey, should I date a single mom or dad? Do I even want kids of my own someday, respect to all of you, you have a right to know who you're looking for what circumstances and you're getting in relationships you're looking for. And be true to it.



Emily McKay 28:18

Well, you know, the women who are single if they're teachers, or there is some sort of career that lends itself to being very nurturing, you know that to turn on that even though they're not moms, they are acting in place of a mom at certain parts of the day.



Scot McKay 28:33

Absolutely. And if you would like to talk to us for free for 25 minutes, about maybe getting some coaching so that you can find the right person in your life or develop the kind of relationship you want. Emily, they can go to the show notes page, which are either mountaintop podcast calm or Scott and Emily conference slash podcast, click on the upper right hand corner and schedule that 25 Minutes with Us. We'll talk about where you are right now where you want to be and maybe Plan of Action together to get you the right man or right woman in your life and get you on the path of getting what you want.



Emily McKay 29:07

We'd love to hear from you.



Scot McKay 29:09

And if you're on social media, you can find both Emily and I on Twitter. I'm at Scot McKay, Emily is at Emily McKay. I am now on parler, which is the new social media platform that believes in free speech. And you can go to power p AR le AR and find me at Scot McKay SEO ci MC k y. And that's all we got for this week.



Emily McKay 29:29

I think that's a lot.



Scot McKay 29:30

Yeah, good show. Until we talk to you again real soon. This is Scott



Emily McKay 29:34

and this is Emily. Be good and have fun.



Edroy Odem 29:44

mountaintop podcast is produced by x&y communications. All Rights Reserved worldwide, be sure to visit WWW dot mountaintop podcast.com for show notes. And while you're there, sign up for the free x&y communications newsletter for men. This is Ed royal. Speaking for the mountaintop