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SPEAKERS

Edroy Odem, Delora Guignon, Scot McKay



Edroy Odem 00:05

From the mist and shrouded mountaintop fortress that is x&y Communications Headquarters. You're listening to the World famous mountaintop podcast. And now, here's your host, Scot McKay.



Scot McKay 00:18

Alright, how's it going? Gentlemen? Welcome again to yet another episode of the world famous mountaintop podcast. My name is Scot McKay at Scot McKay, on Twitter and on clubhouse. Real Scot McKay on Instagram, you can find me on youtube by searching Scot McKay. mountaintop podcast.com is the website URL. And the Facebook group is the mountain top summit where you'll find a whole dog pile of men who are interested in having better relationships with women and really just have a sense of humor and having a lot of fun up there. So you should join us on Facebook at the mountaintop summit. With me today is a new acquaintance of mine. And I'll tell you what, she has a very interesting gig that she's got going on. You and I are going to find out about it together. And it's called mind sex mastery. Her name is Dolores genome. She is from Ottawa, Canada, hence the Frenchie sounding last name, which I love. And we're going to talk all about mindsets. And I got to give you guys a fair warning up front is probably not going to be what you think it is. And like I said, we're going to figure all this out together courtesy of our expert guests. Laura, welcome to the show.



Delora Guignon 01:28

Thank you for having me. This is exciting.



Scot McKay 01:30

I'm not going to bore you with the weather today here in Texas in late January. But I got to know what's the temperature up in Ottawa today?



Delora Guignon 01:37

Well, I can only give it to you in Celsius, but it's minus 16 today.



Scot McKay 01:41

Oh, that's brutal.



Delora Guignon 01:43

It is pretty cold. Yeah. I moved out of my slides into actual shoes now. Sadly, yeah.



Scot McKay 01:49

I mean, I would probably be in carbon encasement until spring hibernating, like Han Solo.



Delora Guignon 01:57

That's funny. Yeah. We're pretty used to it up here. But



Scot McKay 02:00

yeah, I hear in climates like that the kids are still go out to the bus stop and ride their bikes on the street and whatever.



Delora Guignon 02:06

Oh, yeah. And we've barely had any snow this year. It's kind of odd, actually.



Scot McKay 02:11

Well, I'm thinking mind sex is a largely indoor activity anyway, less we get arrested in public indecency. Yeah.



Delora Guignon 02:19

Yeah, we try to avoid that. But you know, I understand sometimes you just got to do it.



Scot McKay 02:24

Oh, boy. Now I'm more intrigued than ever. What is this mindset thing, in terms of how you're presenting it, and how you're coaching people on it door?



Delora Guignon 02:34

Yeah. So this is something that I get asked a lot, but it is this combination of mindset and sexual energy. Now, what people don't really realize is that sexual energy is our most powerful physical energy. It's also our creative energy and our charismatic energy. But even more powerful than that, it's a how Elan musk became the richest man in the world.



Scot McKay 02:54

Because he's so sexy.



Delora Guignon 02:56

No, I know, you would think that's why he's sexy. Now a lot sexier now that he has all that money, I would say,



Scot McKay 03:02

you know, been worth \$200 billion. Makes you really sexually attractive to us. Yeah, no kidding.



Delora Guignon 03:07

Yeah. No, it's, it's about the more life energy so more life as in making babies, but quite literal way of looking at it. But it's also more ideas, more expansion, more experiences, it's

why we're never satisfied, which is a good thing. But you know, a lot of us have learned to suppress it or kill it or deny it's even there. Oh, man,



Scot McKay 03:29

you're gonna, you're gonna take off on a tangent. That's exactly the opposite of one of my recent guests. I mean, he was the author of a book called never enough itis. His theorem, which he found rather effectively and convincingly on this show, was to many men out there are never satisfied exactly what you just said. They're trying to reap more wealth, do bigger and better things more and more and more all the time. And now here, you come along to Laura, and you're saying, Hey, you know what, this whole idea of never being satisfied, if I'm understanding correctly, is a function of our natural sexual energy. That is precisely it.



Delora Guignon 04:05

Now, that doesn't mean you get full license to go all out on everything. Like, you know, we want to keep it inside where we can,



Scot McKay 04:13

you might get arrested for that otherwise,



Delora Guignon 04:16

not be exactly. You know, what happens is when you know what he's talking about there is you're staying at the superficial level of the sexual energy. But if I'm sure you've heard of the book thinking Grow Rich by Napoleon Hill, the famous business book from 1937, he interviewed 500 businessmen, and one of the chapters is called the mystery of sexual transmutation. So what I do is I help people take that chapter, but to an actual level that



Scot McKay 04:40

just removes all horniness from the conversation when he turns 1813 of them.



Delora Guignon 04:47

What Yeah, no, right. And he couldn't even the way if you read the chapter two, it would

make you less funny too, because it tells it like it sounds like you have to repress it, and it's not polite Nana, it's just because he didn't want to be putting the porn section. So really He was a horny man, too, don't worry.



Scot McKay 05:02

Yeah, I think a lot of people nowadays think that sex was something that was invented around 1969. Well, for that it just didn't exist, you know? Yes.



05:11

Yeah, exactly.



Scot McKay 05:13

Woodstock was the big unveiling, you know? Yeah. All right. So or before my time to and I'm not even a spring chicken anymore. So yeah, what a great, wonderful turn of events that you and I have both been able to live our lives after sex was invented.



Delora Guignon 05:29

Yeah, I probably would have been burned at the stake. I'm sure of it. So



Scot McKay 05:32

I'm glad you're here unscathed. For us to continue this conversation aloud. In our out loud voices. Yeah. I may yet be canceled for other things that, according to the news, media nowadays are even worse than sex. But I digress. We're not going to cover any of that on today's show. All right. So I'd love this concept of how our sexual energy really kind of governs the rest of our being. And you know, it makes sense, because without sex, there aren't any babies. And without any babies, there isn't a human race 100 years from now, or less. So sex really is this all powerful, universal phenomenon. And, you know, one of the things that I get, I don't know, it brings some controversy, I kind of get ribbed a little bit for is talking at times about how I think there's something afoot that's causing us to have less sex, make fewer babies and lower the birth rate, you know? And yet, no matter how you slice it, if you're trying to say that heterosexuality is something that is either wrong, or should be suppressed, or is it going to happen anymore, you are fighting a tidal wave of exactly that force you're talking about that is directly responsible for the continuation of

the human race. So it's just never going to go away. And here you come along to war, saying, Hey, why don't we embrace it, see it for what it is not only just, you know, doing the wild thing, the obvious bits and pieces of it, right? No pun intended. The naughty bits and pieces of it,



07:08

that delicious bits and pieces of as they say, in the UK, right?



Scot McKay 07:11

And look at how it's a more psycho sexual phenomenon, how it's affecting how we do business, how we relate with other people, even our very well being itself. So tell me more about this relationship between our sexual energy. And frankly, the rest of our psychology, especially as you like to talk about so much I noticed the psychology of success in business. Yeah, I think it's amazing how that's all interrelated. So just go ahead and riff on it or,



Delora Guignon 07:40

yeah, for sure. Well, I mean, this is, you know, I could talk about this all day. So I'm so glad to be here to share this with you guys. But, you know, it's really, if you think about it, if you strip back the word sex from it, and just look at it from a pure energy perspective, which I know is not as sexy as keeping the word sex there.



Scot McKay 07:56

But it's the driving storing part was enough to carry this conversation right there.



Delora Guignon 08:02

Yeah, okay, good. So it's the driving force, and it's gonna make you want to go for more. It's where the big crazy ideas that people get, it's where Tesla came from, he had this crazy idea. And even though he was told that there was an 80% chance of not succeeding musk went ahead anyway, and he did it. And he keeps innovating and coming up with different ideas. It's from this sexual energy. If you just Google Elon Musk Rolling Stones interview, it's from a few years ago, and he talks about a breakup with his girlfriend at the time and how he almost Tesla almost didn't get launched because he was so upset about the breakout, it directly impacted him being able to get on stage with charisma, which is

part of the energy and to sell his investors or however those things work, and bring in more people into the Tesla world and launch the Tesla to he talks about it in the interview. So this energy when it's affected when it's suppressed when it's out of control, like if you're sabotaging your you know, either your current relationship and or your business or your job because you're sneaking out to have sex with I don't know the girl that you met on the coffee shop this morning. Then it is driving you so there's you know, you can have too much and it can be out of control or you can have a completely suppressed and you know, be like a limp noodle walking around.



Scot McKay 09:22

Man, we wouldn't want that. No, I



Delora Guignon 09:24

and if you have a limp noodle, I can help that.



Scot McKay 09:28

There you go. I mean, that's a whole nother podcast for another day, I believe. Yeah, for sure. Alright, so, man, the sexual innuendos are going to abound here, you know. Yeah. And I'm not even going to try to avoid them. How's that? But as I've said on this show, before, when we had such topics with guests of the female persuasion, I'm just going to ignore them as they come up. I'll let you chuckle to yourselves over there on the other side of podcast land freely, okay. So this energy that you're talking about. First of all, if you met a woman on the coffee shop, instead of in the coffee shop that already sounds kinky,



10:08

right?



Scot McKay 10:09

Good cat in and of itself. Yeah, you know? Alright, so Elan Musk, I think if any of us knew his secrets to that we'd all be worth \$200 billion. You know, so obviously, he's got a secret sauce there.



Delora Guignion 10:22

Here. Yeah, for sure.



Scot McKay 10:24

Yeah, I would love for you to elaborate a little bit about what this specific power looks like the sexual energy, because a lot of guys, you know, are here along with me wondering aloud. After you just described what this phenomenon is, you know, what's the difference between this and just being pissed off? Or being preoccupied? or? Yeah, you know, I went through a breakup, my girlfriend said something that really disturbed me. And of course, I'm going to be a little distracted and well off for the rest of the day. Or, you know, if I'm feeling masculine, and I'm feeling powerful, maybe I'll speak with more confidence to that roomful of potential investors today, et cetera, et cetera. But how do I recognize the sexual angle here? In terms of what that energy looks like?



Delora Guignion 11:09

Yeah, so if you're talking about in a relationship, or even in a room, you want to polarization, right, you need people to listen to what you're saying. And if you're just, you know, in a monotone voice, like this, nobody gives a shit, you're gonna say they're gonna tune out, they're gonna yawn, they're gonna wish they had got the coffee instead of the chick at the coffee shop, so that they can stay awake through your presentation. But it's, even if you're in a room full of men, it's not that you're trying to turn them on, so to speak, but you want to capture their imagination, which is their creative energy, their sexual energy, and you want to get them you know, like, think about when you're going to go to a football game, if you go, if you're going with a bunch of buddies, you guys are all pumped up about the team. Well, that is like pumping up that energy, you're going to get excited about it. And you guys are going to come up with some pretty wild ideas. If you talk about, you know, money, or business or life at all, that is all part of that energy. It's the same as when a music artist locks himself or herself into, you know, in a music studio and doesn't come out for a few days, they're scared to lose the flow of that energy. Well, that's the same energy they're using. And the sexual side is about being able to stoke that in yourself. So it doesn't mean you have to go around and have a bunch of sex, so to speak. But you may need to, you may need to look at you know, what is it When was the last time I was turned on? You know, when was the last time that I connected with my partner, and if you don't have a partner, when was the last time I you know, when after one when I you know, flirted and had a conversation with it, it just kind of Stokes it a little bit.



Scot McKay 12:36

So let me throw a wrench in the works here. Can I then therefore extrapolate that say Ferris Bueller's teacher was bad in bed? Know that your monotone guy below? Is that guy bad in bed? Is that how this relationship between outward energy socially, you know, when presenting oneself and sexual energy is literally joined at the hip?



Delora Guignon 13:01

Yeah, my honor. Yeah, you absolutely are. And it's not always like, you know, line for line, there are times where you're gonna find complete opposites. Now, that's not very often sit



Scot McKay 13:11

down.



Delora Guignon 13:14

Yeah, you could pound for pound, not everybody can take a pounding. But for those that can, yes, it's a pound for pound. It is something that if you are not showing up with any kind of, you know, excitement or charisma, the chances are you don't have that at home, either. Or you don't have that in the bedroom. He'll even have that with your buddies or, you know, that's just how you're living. But you have to get that kind of polarity in your life somehow. And, you know, even when I studied Einstein, like he was a funny guy, he, you know, used to crack jokes. He wasn't all serious. And people only know Well, I guess they don't only know but you know, you we think of him as a pure brains. But he had a really great sense of humor. That's all part of that. That's the creative energy part of



Scot McKay 13:57

it. Oh, boy, are you going down a dangerous path right now? Do you know how many people who are political partisans have absolutely no sense of humor and are so easily offended and everything is so gunfighter serious all the time? Are you saying all those people just really need to get in touch with their sexual energy?



Delora Guignon 14:17

I'm saying they need to get laid.



Scot McKay 14:18

Oh my goodness gracious. You're like my new best friend.



Delora Guignon 14:25

Yeah, no, I, you know, I can say it with humor. But like, we're tonically of course. Yeah, of course. But they they absolutely get laid I can. I have this party trick where I can go in a room and I can observe who's having great sex and who's not Now, obviously, unless I go talk to everybody that I make that joke about. I've never been proven wrong yet. But within three questions, I can assess whether someone's having good sex or not. And it's usually I'm usually, well, I'm 100% right now and I've done it probably, I don't know, 100 150 times. It's a fun time. fun party trick that I do, but it's easy to tell, you just have to observe body language, you can just like I feel it through energy because I'm an empath, but that's a different discussion altogether.



Scot McKay 15:10

Well, hold on a second. Okay, before we go into something else here, because I sent you shifting gears on me. Is this something you just observe and kind of Intuit or what's up with the three questions? Well, the



Delora Guignon 15:23

three questions just helps me to get more precise on what it is. So for example, God



Scot McKay 15:27

asked me these three questions in advance.



Delora Guignon 15:29

Well, it depends. Yeah, it



Scot McKay 15:30

depends on the conversation. So there's not three set questions.



Delora Guignon 15:33

No, no, it's uh, it all depends on what we're talking about. And, you know, if you, sometimes I'll go towards the business, and you can tell me about your business, and I can tell you, you know, how good your sex life is, or I get people, the, my favorite thing to do is to help people and anybody listening, you guys can do that. If you have a favorite sexual experience, even if it's not with your current partner, think about that favorite sexual experience. Think about all the details you can and write down three words to describe it. And then ask yourself why was that your favorite sexual experience? From those three words, that's how you can improve your business and or your job performance or even your personal life. So it was things like it was exciting, it was fulfilling, I got off right away, like whatever those words are, you need to have some element of that in your business or your job. And if you don't, then you're going to be bored as fuck.



Scot McKay 16:26

I'm sorry. You still here? I was just off daydreaming? No, I got off really fast is one real long word like supercalifragilistic? expialidocious. Right?



Delora Guignon 16:38

Well, you know, fast.



Scot McKay 16:38

It's like, yeah, you sound it.



Delora Guignon 16:42

Yeah, we have to make it maybe a little less complicated for your partner.



Scot McKay 16:45

Yeah, like horny Chihuahuas and jack rabbits are both decidedly lacking in exactly the kind of energy you're talking about. Hmm.



Delora Guignon 16:55

Exactly.



Scot McKay 16:56

Yeah. As the most interesting man in the world. And the dose Aikido commercials once commented, with regard to speed dating is most women wouldn't consider speed of virtue. Right?



Delora Guignon 17:06

That is exactly it.



Scot McKay 17:08

Does that have anything to do with what you're talking about? I mean, if guys are like trying to get rich quick, you know, like Homer Simpson all the time? Yeah, that's a lack of sexual energy.



Delora Guignon 17:19

Yeah, that's the superficial level of it, you know, you can get rich quick, and you can convince, it's the snake oil salesman. So it's the one that's a little bit out of control with his sex energy. So you'll get a lot of money, you'll get a lot of attention when you go in a room, but people are gonna be like, oh, for some reason, I don't trust him. And he might seem like the popular guy, but he always has a new woman. And that's not really the kind of satisfaction that you can, that you can get. Now, some people don't want to be in one relationship. So I'm not suggesting you have to be. But if you don't own the energy, it owns you. Okay, now, that is hugely significant to this audience. Because you just caught lightning in a bottle. Essentially, you just described the entire pickup artist movement



Scot McKay 18:02

for the arts. Mm hmm. You hear get laid quick. Yeah, kind of in the same context, you'd hear get rich quick, right. And that's a perversion of that energy is purposed. in exactly the same way in both contexts now, isn't it? I mean, they're basically the same thing. The guys who would want to get rich quick are pretty much the same guys who probably would like to get laid quick, and you kind of wag your finger and go, No, no, that's not how that works. That's where you come in, right?



Delora Guignon 18:31

Yes, exactly. That's what



Scot McKay 18:32

I see how well this is working out already. Tell me.



Delora Guignon 18:36

Yeah, exactly. You know, anything. That's, you know, I love a quickie. I really do. But that's not the right context.



Scot McKay 18:44

I mean, yeah, it is how it all starts.



Delora Guignon 18:47

Yeah, exactly, especially if it's on the coffee shop, but it's not going to be the truly satisfying connection that even a man needs like you know, sometimes people say well you know, guys it's just about getting off for many men it's not actually they have a lot of pressure on them first of all to perform and it's obvious when you're not able to but it's also about you know, as many men as I've worked with, they all want the satisfaction of the partner but how many people have been taught how to do that not many and then when we talk about the get rich is because they're looking at the superficial level of what that money is going to give them. Same thing as you know, it feels good to pump like two pump chump It feels good in the moment but then afterwards you're like to speak for yourself. Yeah,



Scot McKay 19:34

it feels like you don't want to be a two pump chump. I want you know a little bit of lasting



Delora Guignon 19:38

lasting Yes. And I'll tell you the men that put the the effort in you're talking about like a legit like it's not the get quick guy you know, it's it's like oh my god, he was so good. And he you know,



Scot McKay 19:51

got your door.



19:52

Yeah, exactly. Exactly.



Scot McKay 19:56

Yeah, that that was a conversation killer now, wasn't it anyway. I love what you're talking about in all seriousness or pathway seriousness has just too much fun, have a conversation to make serious, I will do that to you. nor would I do that to anybody who wrote books about how to get rich in the 30s. I wouldn't impose any of that on anybody. But this whole idea of men wanting to get rich because they want a new car, they want to buy more or just compile massive amounts of personal gain. Again, there's a sexual parallel there. Yeah, I just wanted to bang chicks and get off, are not going to get a whole lot of satisfaction. Right? When you have a guy who understands foreplay, and mental foreplay, making a woman really want him. Yeah. How you use the word delicious. You know, you remind me of Alanna Pratt, she loves that. I don't know if you know, Alanna. She's precious. I don't have to introduce you. But yeah, Alanna loves to talk about sex and dating in terms of just this divine energy, you know, so she's just a blast. This delicious anticipation of just making a woman wet all day long and making her wait for it being a man and leading and, you know, having her just be so into you, by the time it happens, is just anathema to these pickup artists get laid quick guys who talk about compliance in a woman, I mean, out loud, and they're out loud voice, okay, for everyone to hear they betray how bad they are with women, and even teach other guys how to be terrible with women in the exact same way by saying, Hey, here's how to build compliance. And I can't count how many times I've ever been on stage or on a podcast or on some kind of online panel with a bunch of other dating coaches. And I'll say, you know, I don't know about all this compliance stuff I want to willing, yes. And then Okay, you come along with this increasingly apparently brilliant thing about my sex mastery. By the way, I'm really getting into this, you're winning me over. And you talk about how guys feel this way towards their job and their purpose and their wealth, and money and stuff, too. And so the money sex thing, and I would assume personal power thing probably is also in a related to this, I mean, guys, you know, tangentially guys who want to be powerful, so they can be a big shot, are very different than guys who want to be powerful, because they'd like to really, honestly leave the world a better place by using that power effectively. Guys who are trying to get rich quick for their own gain, so they can buy cars and press the chicks or get

a big house or whatever, you know, what they do is they get a big house, get a big car, get a new stereo system, and sit inside the house and go, Oh, my God, I'm lonely. Yeah. You know, meanwhile, the guys who understand purpose, and legacy, and being a provider and a protector, say, you know, I'm going to not only make a good living, but I'm going to build wealth so that my family and my kids and the people around me are taken care of. And so the charitable causes that are near and dear to my heart are funded, I'm going to be a force for greater good in this world, because I have the ability to generate wealth. What an obviously different mindset, from the selfishness from the internal thinking, of just simply being greedy, frankly, and then go ahead and reflect that back onto sexual relationship. And here you have a man who indeed is wealthy in the bedroom, because he understands that if he titillates a woman first, mentally, sexually, physically, emotionally, and satisfies her in every sense, that woman will be incredibly pleased to return the favor to put it in the shortest number of words possible. That's powerful. How can we not talk about this stuff more, Delora? I'm glad you came.



24:02

Thank you. Well, I'm glad I'm here. You know, that's exactly what it is. And it you know, it's great to want to get rich quick, and it's money is fabulous.



Scot McKay 24:12

But and so sacks,



24:14

so it's well, sex is really fabulous. And it was not well, you need to work on that. But why isn't



Scot McKay 24:20

fabulous need to work on that?



24:22

Yeah. You know, it sounds good in the bank account, it looks it's fun to see a bunch of zeros after whatever number right. And it's great to say, Well, you know, I had, I had that really great looking woman the other night. But if she's not wanting to see you again, or

you have to go do that all over again, and you have no true satisfaction like a woman that really gets off with you. And I mean, gets off in all the ways you were describing like mental, physical, emotional, that is a different level of energy. And that's the same thing you would have with your clients if you're not looking for compliant customers or compliance in your employees. If you're a boss at work, but you want to really build an actual team and like build excitement about whatever it is that you're working towards, you're going to build in loyalty, you're going to build in a true connection with them, they're going to, they're not going to look for a bigger paycheck necessarily from you, they're going to be excited to go the extra mile for you. And that's kind of what we've kind of lost in this whole shuffle of whatever we're aiming for. Now, I don't even I can't even tell you that we have a similar moral compass around, you know, North America right now. But, you know, that's what the temperature needs to come back to.



Scot McKay 25:34

That's amazing. I'm drinking in everything you're talking about. And it makes so much sense. And I'm drawing several parallels First of all, yes, this whole country needs to get laid. Yeah. I mean, we've been bundled up with COVID a lot of lonely people, a lot of porn consumption, which of course, phony. I mean, one of the things I'm thinking about is I'm wondering if a gambling addiction, and a porn addiction is a corruption of the same exact energy just in two different forms. That may be a conversation for a different day. But yeah, I mean, obviously, we all need to get laid. I'm never gonna look at political Twitter the same way ever again, after I've talked to you. I'm just gonna laugh at what these people need to get some. Yeah. And I'm a way that wasn't staring me in the face the whole time. But it's absolutely true. The more important point here to Laura is people who run their businesses well run their sexual relationships. Well, yeah, people who are deficient in their ability to run a business, hold a job, etc, may possibly be deficient in their ability to satisfy a woman, you know, talking to men here who are heterosexual mostly. But of course, you know, regardless of your gender and your sexual orientation, all of this, you know, it doesn't matter either way. Right? It's all the same conversation, correct?



Delora Guignon 26:51

Yeah, absolutely.



Scot McKay 26:53

So am I right on the money here that I read you correctly here? That there's a correlation between the vibe with which you run your business dealings and the vibe with which you

run your sexual dealings?



27:04

Yes, absolutely. And if you don't see that it's a direct correlation. It could be that you've mastered one area, and then we just leverage that to help the other.



Scot McKay 27:13

How do we do that? Give me practical steps there.



27:15

Yeah. So I'll give you an example. It helps sometimes when it's in the story. So it was a guy that I worked with, he was on his third marriage, and he had lost his he was on his way to losing his third fortune. And he came to me originally, because he wanted to have his wife allow him to perform oral sex on her sit on his face, basically. And I didn't have access to her image. I



Scot McKay 27:37

appreciate that. You know,



27:40

I didn't drink again. Yeah, that's okay. Well, you know, what you need to do after this show is really okay. So when we started working together, he wasn't making any money at the time. He had money, though. And he was living off his savings and stuff, but he wanted to bring in more money again. And so I didn't focus on the bedroom, I didn't have direct access to her anyway. And you can only control yourself, you can't control another human. And if you do, then that's a bigger conversation. Well, that's



Scot McKay 28:09

a very true statement about coaching in general, I can't coach a third party through someone



28:14

know exactly, and I wouldn't even try. So what I could do is focus on him. And I knew that if he started to make money again and unraveled why he kept losing the money, because that was a key thing. Then I could help him in the bedroom. Now, he didn't know I was doing this. I just worked on the business part. He made \$70,000 in two business meetings came home, said to his wife, pull down your pants and sit on my face. She pulled out her pants, sat on his face, they'd been married 10 years, she had never allowed that before, had the best orgasms. And she's like, Oh my god, like, Can you do that again? And he's like, I've been trying for 10 years. So he, he sends me a message. He goes, What Voodoo trick? did you just do? But I said, Well, how did you show up in those business meetings? You walked in there, like you had nothing to lose? You listen to what they needed, you offered a solution to what they had to offer something that they had never considered before? Gave you \$70,000 then you walked in with that same confidence. She wasn't gonna say no to you. That's the same thing.



Scot McKay 29:11

Is it dominant competence?



29:13


It is. Yeah, it's it's self worth is really what it boils down to. It's just that a lot of people that I work with think they're confident, think that they have self worth figured out, but they actually don't. So it's, you know, the people that keep losing money or keep losing relationships, there's a self worth issue at the core, but you might not recognize it as that because most of us, you know, that's not something that most of us get talked about, or what is that and what do you do with it, you know, it's kind of like a foreign concept. So I just approach it at, you know, what is working, what isn't and then let me help you find ways to build the confidence outside of the bedroom if that's, you know, where you need to go or sometimes it's in reverse. For women, I often get them to build the confidence in the bedroom and then they go out. It works in business for them





Scot McKay 29:58


or maybe at the top of the coffee shop. Top of the coffee shop like I need to go find a top coffee shop now honestly, maybe not in Canada. You know, my wife now on our honeymoon in Italy screwed each other's brains out on the roof of the hotel. We thought we were so naughty.


 Delora Guignon 30:13
That's probably what most Italians do. I hear


 Scot McKay 30:15
until a couple days later when we found a co Ed family bathroom in the Vatican. Oh, it's even not here.

 Delora Guignon 30:23
That is not a year. I love it.

 Scot McKay 30:25
Who's had sex at the Vatican before? I mean, you know, when he played the game two truths and one lie, you know? Yeah, it was a icebreaker when you're in groups. I should use that one. That's a great one. That's it's a church group that I'll find another couple of them. Well, we're family friendly once.

 Delora Guignon 30:42
Actually, I would even say that a lot of church, people sometimes need to admit that they need more sex. And that's okay. No,

 Scot McKay 30:49
I'm not gonna deny that statement. I think that's probably pretty real. All right. So let me ask you one practical question. Let's say a guy gets a woman naked. Or let's say a guy gets a woman naked in the bedroom? Yes. And she has the most appetizing vagina of all time. And he just can't wait to bury his face in that ass. Right? And she goes, wait a minute, that does nothing for me. Don't do that. Obviously, you're not going to do something she didn't consent to. Right. But what's up with that?

 Delora Guignon 31:21
Well, that is a lot of times is her own self judgment. It's what she thinks about her body, she probably worried about smell, she probably can't let go of control to give into the sensation of that. It's probably a woman that you know, is switched on and in control all

the time. So you're going to have to, you know, I wouldn't go directly for it, go feast other places, and then come back to that or work at it, you know, in different ways, like fingers, use fingers and other things. Don't go directly for it. And you know, you can also have a conversation not not in that moment, obviously. But afterwards, get her to tell you why it is that she's not comfortable with that and listen to the words that she's using. She'll tell you things without realizing she is you have to be kind of perceptive, and in the kinds of things she's telling you. But I just It's never happened. It's never worked for me before. That was true for me, honestly, until about five years ago, maybe. And then the first time I was like, why have I been missing. But it's just for a woman, we have not been taught to appreciate our bodies and every pleasure that we can get from it. I mean, there's at least seven different ways that women can orgasm for goodness sakes. And I would even say, I can give you more than seven. I've tested them out. But not all women know that. And so to have a man and for the other thing that goes through our head, some woman's head, most of them that I've interviewed about this is, well, I'm worried it's going to take too long, or they're natural givers. So they want to give the pleasure receiving is so hard for women. So a lot of it has to do with that. So if a man is really in his masculine energy, and like really confident and knows what he's doing, he can usually get her to let go of control enough that he can work up to that, but I wouldn't go directly for it.



Scot McKay 33:07

I think that's a fantastic answer. All around. It also serves as a reminder that everything you're talking about really isn't gender specific women can kind of corrupt their sexual energy and let work get in the way. And there's that interaction between these extensively different kinds of energies that are actually interrelated. Whether your man woman, gay or straight or otherwise, good stuff. Good stuff. Yeah. Her name is deloria geaney on and she is the head honcho over at mindsets. mastery. How do you say honcho in French?



Delora Guignon 33:41

I don't even know. That's a great question. Not



Scot McKay 33:43

a corollary is there. Now I don't know if there is she is the CEO, the leader, the founder, etc. of mindsets, mastery. And when you go to mountaintop podcast.com front slash mind sex, am i n d sex? I know you're intrigued gentlemen. You're going to find out all about to Laura and what she's got going on. Thank you so much for a fun, interesting, and actually, startlingly original conversation. I really appreciated this show and enjoyed it immensely.

Thank you so much to Laura.



Delora Guignon 34:15

Well, thank you, Scott. This has been a pleasure and I hope you all listening, go have some pleasure.



Scot McKay 34:21

Yeah, at work and at play.



Delora Guignon 34:22

Yes, please.



Scot McKay 34:26

Yeah, and after you're done with all that, guys, obviously priorities right? Be sure to go to mountaintop-podcast.com and get on the phone with me to talk about how 2021 can be your year to get the right woman in your life how you can take your sexual energy and your manly energy and turn it into a 100% fantastic relationship with the right woman. We can talk about your career we can talk about adventure we can talk about up leveling life in general for you. Go to mountaintop-podcast.com click on the button that is colored red and The upper right hand corner I promise results in advance every time you talk to me, you're going to emerge from that conversation with something you can actually use today right now something tangible. And while you're there, be sure to visit the guys from heroes-soap.com if you do not have the body wash yet, let me tell you something, if you ever in your entire life would like to take a shower with a female human being have this stuff on hand, you'll thank me later. That's all I'm gonna say on the subject. You can find that and the great soap each bar lasts for like a month and smells great, doesn't have anything that's going to emasculate, you know, fake stuff in there. You can go to mountaintop-podcast.com/conference/hero-soap and find out all about that. Also, be sure to go to mountaintop-podcast.com/origin. And by the way, there are links to both of those guys from mountaintop-podcast.com itself too, but when you go to origin, check out all the different types of supplements they offer because they're engineered specifically for men for better health for us, and I'll tell you what, I've been using Jacko supplements of all various kinds of varieties for over a year now and I've never felt better. The d3 is all natural and acts as a prophylactic against COVID if you haven't heard already guys, so check all that out and more when you go to mountaintop-podcast.com

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Edroy Odem 36:34

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