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 Sat, 5/29 2:34PM  31:53

## SUMMARY KEYWORDS

woman, gs, strong, talk, man, life, feels, mountaintop, book, feminine, polarity, masculine, relationship, blueprint, weak, attracted, emotional, throw, clarity, emotionally

## SPEAKERS

Edroy Odem, Scot McKay, GS Youngblood



Edroy Odem 00:04

From the mist and shrouded mountaintop fortress that is x&y Communications Headquarters. You're listening to the World famous mountaintop podcast. And now here's your host Scot McKay



Scot McKay 00:17

Alright guys, Welcome again to yet another episode of the world famous mountaintop podcast. My name is Scot McKay at Scot McKay on Twitter and clubhouse. hope you'll join us on Monday nights at 830. Eastern Time. Cindy Olin and I are rolling out clubhouse clubs for you. And man, they've been on fire lately. So I hope you'll join us on YouTube. You can look up all the videos by searching my name SEO TMC k y I'm real Scot McKay on Instagram. The website is mountaintop podcast calm as always. And I also invite every one of you guys to join us on Facebook at the mountain top summit Facebook group. With me today is a returning guest. And last time we talked about something that was I don't know a little bit off topic for this cat. But now he's coming back for the attack. And what we're going to talk about is exactly what his best selling book is about. His name is GS Youngblood. And the book, of course, is called the masculine in relationship, a blueprint for inspiring the trust, lust and devotion of a strong woman Gs. welcome back to the program, man. Yeah. Thanks for having me back, Scott. Yeah, man, it's good to have you. I'll tell you what, back when I was a young ish man. I had a guy who was my boss, and he was probably about 6062 years old. And he gave me the best relationship advice I

have ever had to this day. He said, make sure you marry a strong woman. Oh, nice. How apropos. Now he had done that in his own life. Looking back, his wife was indeed the exact kind of strong woman he was talking about. But in my young, naive Tay, I neglected to ask him what exactly he meant by that. I didn't know if he meant marry a powerlifter. Or what? Okay. So, I married the wrong woman. Yes. She was not very strong emotionally. She was not very strong. With her self esteem. She was not very strong in terms of her psychological composition, and she ruined my life. Oh, and perhaps too little too late, right. But I suddenly figured out what it meant to marry a strong woman and to have a strong woman in my life. But you know what, I don't want to steal all your thunder. You wrote the book on this literally. So absolutely. Man, GS lay out for these guys what a strong woman actually means. Okay, well, let's, I'm here to update the advice from your old boss. You ready for it? Yeah, let's do this thing. Don't marry a strong woman. Really?

G

### GS Youngblood 02:56

I'm kidding, of course. But it's don't marry a strong woman. If you're a guy that doesn't want to grow. If you're a guy that doesn't really know how to bring it in relationship with a with a capable woman. If you want to be just unquestioned no matter what you do, no matter how close you are emotionally, or how unforgiving ungenerous you are emotionally, or in relationship that definitely don't marry a strong woman, then of course, I'm saying this a bit tongue in cheek, let's all roll back and answer the question that you asked. And then let's talk about why you would want to marry a strong woman, you know, strong woman is someone who is not going to tolerate you not bringing your leadership into the, into the equation in the relationship. And what that means is if you're a guy that tells himself, you know, like a lot of guys, you know, I'm just an easygoing, dude, you know, I don't have a lot of needs. And I'm good hear, you know, a lot of guys think that's a pleasing thing for a partner, but it actually drives them batty. And it actually really prevents them from having full respect from you, when you're one of those guys, that is possibly a little directionless in life, or even if you have a direction if you if you know what you're doing, say professionally, you're still pretty indecisive in the home life, you know. And so what needs to get fixed, where you go to dinner, how to discipline, the children, all of these things that are part of, you know, home life, at least for a family. A lot of guys don't often bring their own clarity. They don't know what they want in situations like that. And they're not very decisive, and they kind of go into this mode of, you know, I'll just figure out what she wants and give it to her and then she'll be happy. And to me, that's a guy that doesn't have a lot of clarity, direction and structure for himself and doesn't create it for others. And a strong woman is the kind of woman that's not going to put up with that she's not going to be satisfied with a man that isn't decisive, doesn't have his own clarity, doesn't have his own opinions doesn't have his own power. Trees, quite frankly. So a strong woman is somebody that's not going to put up with that a strong woman is

somebody that's not going to put up with your unevolved emotional capacity. So if you're the kind of guy that gets butthurt, when she gets upset and withdraws, if you're the kind of guy that gets defensive, every time that she's upset with something, if you're the kind of guy that really just loses it every time, she has an emotional, emotional breakdown, you know, that's the kind of guy that these women with strong wind is not going to feel safe with. Because they really don't have the emotional capacities that she needs to fully let her guard down to fully be herself and all of her emotional expressions across the, the range. So a strong woman is somebody that's not going to tolerate your emotional dysfunction, your lack of emotional generosity and an emotional capacity. So I could go on and on. But it's the kind of woman that really expects you to step up in your life in your emotional life in your professional life, and be the kind of grounded man that has structure that makes her feel safe, that she feels like she deserves. And so anyway, I don't want to just go on a monologue about all the qualities of a strong woman. But those are some of the characteristics that I found in some of the strong women that I've encountered.



Scot McKay 06:21

Well, you know, that sounds to me, like the blueprint for how to attract a woman with natural masculinity in general. I mean, women want a man who can provide protect, preside Exactly. And when you don't know how to do that you don't make her feel safe. And you mentioned that safe word, literal, safe word safety. And when that isn't present, no woman feels attracted, because that's the primal element of how masculinity and femininity, polarize each other. So you're talking about a woman who will stand up and say what she wants, who knows what she wants, you can perhaps articulate this, and won't have that low self esteem, or that lack of grit whereby she won't tolerate a guy who's any less than that. Another thing you mentioned, kind of in your tongue and cheek mode there, when you first started rolling with this is that maybe you don't want to marry a strong woman. And indeed, if you're the kind of guy who was a controlling jerk, and you want a woman under your thumb, then you're going to want this shrinking violets of a Chica who kind of doesn't really say out loud what she wants. But ultimately, even if you do get into a relationship like that, because you're a dysfunctional guy, and you find your dysfunctional honey, how healthy relationship, is that really going to be anyway? Wouldn't you rather be a strong guy with a strong, gritty woman? Hmm,



GS Youngblood 07:46

yeah, I'll roll back to what you said. It's like, do you actually want a strong woman and it could be that sort of uninvolved jerk that you describe, or it could be a guy who's not necessarily a jerk, but he just hasn't learned to really rest in his own power, just to have his

own clarity, his own opinions, his own boundaries. And there's, there's a lot of guys like that. And unfortunately, what we find is that sometimes the strong women and a weak man will sometimes gravitate toward each other. It's, it sounds a little perverse. But sometimes a lot of these guys are honestly, they're out there looking for Mommy, they don't know it. But subconsciously, they're looking for somebody who will just kind of take charge for them. In some of these strong women, you know, there's they have to be so assertive often in their business life, sometimes at first, these guys who are a little more easygoing, seem attractive to them, it's, again, this is a little twisted. But what it really what they realize is that very soon, they get very, very tired of this man's lack of backbone. And so guys, you know, if you're the kind of guy that's, that really doesn't rest in his own power, but you're, you know, attracted to that type a woman that you've, you know, somehow met, be careful, because after a while, the shine can wear off and it can get very hard if you don't bring the qualities to be with a woman like that. And those qualities, you know, Scott, as you correctly pointed out, are the are written in the blueprint, which is the masculine blueprint in the book that I wrote.



Scot McKay 09:13

Yeah, absolutely. You know, you're talking about kind of, as if it's going to be a longer term when those two don't get along the strong woman who's in her masculine and the guy who's just flat out weak. Some people may purport that oh, you know, the guy can carry the feminine traits and the woman can carry the masculine as long as there's that polarity but if someone's strong and the other person's weak that relationship is going to be short lived moment.



GS Youngblood 09:39

Yeah, cuz that's not a strong and weak or not a polarity. Exactly. Yeah. masculine feminine or polarity risk responsive and directive is a polarity but I like how you put that strong and weak is not polarity that's dysfunction.



Scot McKay 09:52

Exactly. And weak and weak. Yeah, are dysfunctional.



GS Youngblood 09:57

Yeah, but we can weak. We'll just being like a quiet death, it's kind of like being an animal locked in the zoo until you die. You just living this quiet death every day of turning the

crank and with this person that you're just not attracted to, or they'll just both be immature and uninvolved with each other, and just be at each other's throats. And children until they destroy each other.



Scot McKay 10:20

It's one or the other. Both of Yeah.



GS Youngblood 10:24

Both of them are horrible divorces infinitely preferable in my book, to that kind of outcome.



Scot McKay 10:30

Yeah. Preferably before you've brought children into the world to be subject to this.



GS Youngblood 10:34

Yeah, and I'm glad you brought that up, because that is one of my motivations. You know, I'm one of those guys that had to sit his children down and say, children, I'm sorry, mommy and daddy aren't staying together. And I can tell you with absolute clarity, that was the worst day of my life. And if I can help other guys realize that things can be different, and maybe one less kid in the worlds got to hear that speech, I'll be very happy about the work I do. And that's a core message that I have for these guys, guys, things can be different. Even if you've been getting steamrolled by your woman for years, because for whatever reason, you're not able to stand up to her. It can be different, you don't have to be taller, richer, smarter, etc. You know, embody the blueprint. That's why I wrote it in body the blueprint, and I guarantee Some things are going to get better.



Scot McKay 11:26

You and I have that in common. First time around, it didn't work so well for us. Yeah. And my ex was clinically psychotic. She was ultimately under the care of a psychiatrist got sent away for a while. So when I say I have a crazy axe, it's not just a euphemism. Yeah. And I, I use the word euphemism, euphemistically. I had a legitimately crazy ex. And everybody told me as these guys know, GS that you know, you couldn't have been a better father, you couldn't have been a better husband. It was all her, not you. But I tell you what, yes, I did not like feeling like a victim. And I said to myself, How can I be a stronger man? How

can I find out what it takes to attract a good woman? How can I start taking that advice I was given so many years before and maybe attract a stronger woman next time? And what do you know, I did better, because I worked harder. I did the self work, and it paid off. Now, I want you to talk to these guys a little bit



### GS Youngblood 12:28

about the difference between a strong woman and a woman who's not feminine, they don't have to be mutually exclusive. So a woman who is now if she stays at her mascot, if she only has masculine energy, then yeah, you can very easily say that, you know, she's a strong woman, but in a different way. I'm talking about a woman that's got both a feminine and a masculine. And, you know, we're really almost talking about the strong feminine, I'm not even talking about her strong masculine characteristics for the moment, but her strong feminine have demanding that you be emotionally available. Like that's one of the biggest ones I hear from, from men about their wife's dissatisfaction. You know, he brings home the bacon, he doesn't cheat on her. He's a pretty good father. And she's still leaving, she's still walking out the door because they don't feel emotionally connected to us. And so a strong woman in her strong feminine is going to be somebody who doesn't tolerate that, you know, she's not going to tolerate the man that stays shut down isn't emotionally available. And she's going to say, I don't like this. I can't live with this, I'm in pain. And she's going to express that to you. And she's not going to back down from that need. So, you know, that's the that's one, I think one element of how a strong feminine would operate, which is different than her masculine characteristics of being able to have a job where she gets shit done, or even even in a family where she's getting shit done and shepherding the kids through the growing years. That's her in her strong feminine, where she's demanding your emotional availability and not settling for less, which could be different from her and her masculine energy that she might take to the job or getting shit done running the household.



### Scot McKay 14:08

Yeah, absolutely, man. And I'll tell you what, when you started talking about what a strong woman actually is, you threw you throw me for a loop a little bit, and I in turn, am going to return serve by throwing a wrench in the works. When I think of a strong woman, I'm not only thinking of what is she going to demand of me, but also what is she going to bring to the table? What good is she going to bring to me in my life. And I expected you to say, well, a strong woman isn't easily offended. She's not weak willed. She's not easily led away by some guy flirting with her. She's not going to embarrass you in front of her friends, or have these immature tendencies where she embarrasses you in public or gets drunk or

doesn't do anything other than bring you A sense of great pride and is a crown on your head like it says in the book of Proverbs. And that's strong now, isn't it? That's a woman who is just replete with a beautiful, strong, good, solid character. She does what is right even when nobody is looking, even when it's not convenient when it's not easy. And she brings you joy, she brings you feminine gifts of comfort, fun, playfulness, she recharges your batteries after a long day of work. She treats you like the king, you are an intern, she expects to be treated like a queen. That's what I think of when I think of a strong woman and man, that just sounds like, you know, you use the word blueprint to me, man, if there's a blueprint that's even perhaps divinely inspired. That's it. And my comment on that.



### GS Youngblood 15:52

Yeah, do you know what you just described? Tell me, the subtitle of the book trust, lust and devotion. You know, a lot of the things that you talked about were elements of devotion. When a woman feels met, she feels understood she feels provided for she feels protected, she feels your groundedness in general, and I can't say for 100% of cases, but let's just make a generalization for discussion purposes. In general, that is going to evoke a deep devotion in her where she does many of the things that are on your list. And I would, I would posit that the rest of the things on your list, most of them fit in somewhere in trust or lust. And so the kind of woman that you just described, Yes, she's very, she's very, what I heard was emotionally mature, in what you describe that was, but I really heard she trusts you, she's still sexually attracted to you. And she's devoted to you where she gives herself to you and doesn't embarrass you and doesn't betray you and etc, etc. If you come in and you're grounded, and you create clarity and structure, and you create safety for her, which we as we've talked about is the blueprint, you're going to get that's going to evoke the kind of qualities that you just described, and your words earlier on this. So that's, that's my take. That's how I match those two up.



### Scot McKay 17:05

Well, you've LED, you've been a leader does that and the women rise up to meet it, it's like if any of you guys are car guys, or motorcycle guys. And you've got the skills to drive a car or ride a motorcycle at high speed with great skill and dexterity. You know that the machine responds to your input. And that's the mark of a good machine. You know, when you can feel the front end and feel the tires and the suspension is dialed, you are the driver, you drive that machine and the machine just responds. If you've ever played baseball, and you know when you've just hit a homerun, like, you know, you see, like one of the greats, you know, the homerun hitters in Major League Baseball, especially back in the day, they would hit that home run to stay in there. Watch it leave the park, you know, or the NBA player who takes that three pointer and doesn't even have to watch it go with

Steph Curry will do that, you know, yeah, exactly. The guy who throws a 60 yard touchdown in the Super Bowl, and he's already pumping his arm before the guys even caught it. Because there's a sweet spot there. It just feels right. And I got to tell you something Gs. This is trustworthy. As long as you're dealing with a woman who has been raised right, or mommy and daddy loved her. She cares about character, and she loves being a woman. She hasn't been influenced by this negativity and the man hating bias. You know, we've had guests on this show, male and female talk about that at length. But the truth of the matter is if you're a man who loves women, okay, and we talked about that in the show, guys, if you didn't listen to that particular episode was Sam Perry on go revisit that because man, was that an excellent prerequisite for what we're talking about right here now. And what happens though, is a lot of guys think you know what, first of all, I can fake it till I make it, I don't have to do what I call GS deserving what I want, you know, I'll just look into it, I can be a slob, I can really not have a whole lot of ambition, or even really a whole lot of character. And someday, my own private supermodel will show up and just accept me as I am. And there are a lot of women out there thinking the same thing. And we're all collectively dreaming. Meanwhile, at the same time, there are a lot of guys who haven't done the self work. And they haven't really done what it takes to become attractive to women. And they've grown jaded in their own right. They'll sit there and be mad and throw rocks at all the angry man bashing feminists, but then they'll label themselves men going their own way. red pill manosphere women are just no darn good. Yeah, well, you know what garbage in garbage out? Yeah, and a lot of those guys will make an excuse when these women are beautiful, hot and sexy. They think they can just have the world by the tail. expect that men will kowtow to them, give them whatever they want. And all those women are selfish, they have their own special vernacular to talk about how selfish they are, you know, they're solid cystic, right? They're high pergamus. And yet what those guys are blind to Gs. And I would love to hear your take on this, when they've been jaded into thinking that, hey, this is all women's fault, instead of a direct product of my own lack of leadership are leading in the wrong direction is probably a better way to put it. What they're realizing is, Hey, you know what, all the women out there who are hot, sexy, gorgeous, fantastic, and were raised, right, you know, they're Daddy's little girl, they, they have faith, they have character, they want to do the right thing, regardless of what they look like on the outside, because they realize you know what they have a life to live, that's going to go far beyond the expiration date on their outward looks. Women who think like that are treasures. But you know what they're not doing. They're not going out with guys who don't like or respect women at the very core, just like you guys out there who are big for men aren't going to even touch with a 10 foot pole. Any woman out there who doesn't like men who doesn't respect men, you're not going to be caught dead in that relationship. And you know it.





### GS Youngblood 21:16

Yeah. Yeah. And you you're bringing up the notion of the word I put to it is competition. And what I mean, what I mean by that is we, we compete in sports, we compete at work, and then we forget that we have to compete for a good woman. And in let me qualify, what I mean by that is, I'm a believer that the kind of woman you want is the one that will exhibit the traits that you laid out, then I talked about those matching up with trust less than devotion. So when I come as a strong, good man, you know, I'm grounded, I have clarity. I make her feel safe. When I come with that the kind of woman I want gives me everything in terms of devotion, and all the other things that we talked about. And the one the one that I that I've decided that I want, calls me out when I don't, and she won't let me settle for less. Like to me that it's actually the kind of relationship I'm in now. You know, my woman, she's got a strong side to her, and she's got a very strong, feminine, and when I bring it, she is dazzling. And when I don't bring it when I play small when I don't make myself available when I don't have my own clarity, and groundedness. She lets me Not, not in a punitive way at all, but she lets me know the pain in her heart, when I'm not playing my biggest game. And that's the kind of woman I want. And I take on the responsibility. This is for me, this is my personal philosophy, one that I that I share with my clients is earn it every day. And a good one will give you everything, everything that you ever wanted a good one will give it to you when you earn it every day. And you live in the blueprint.



### Scot McKay 22:54

I don't think it's an accident. That football is a metaphor for masculine endeavor. And the cheerleaders are all the girls. All right, usually, yeah, right. Man, my wife is my biggest cheerleader. And she expects me to frickin go out there and throw a touchdown. Yeah, she believes in my quarterbacking skills even when I do not. Yeah. And it makes me want to be a better man like jack nicholson once said in the movies right now as good as it gets. Yeah, as good as it gets. Yeah. Why is that? Why is it that when women bring that feminine energy we want to be better men? What is it? Is it supernatural? Is it God's dirty little trick? Is



### GS Youngblood 23:40

it legit. here's here's my take. I drawn a guy named Sam Kean. I don't know if you've ever heard of him, Scott. He's he wrote a book. He wrote several books, but the one that I liked the most is called fire in the belly. And you know, what he talks about is look, we were raised by Mommy, the first damn thing you see, for the most part in your life is mommy. Not true for everybody but for 99% of people and you grow up looking into mother's eyes

and at a biological level that creates an imprint on you that's the feminine that you know when she's smiling present and happy you're smiling president happy baby. And when mom's absent you know then baby whales movie, anybody's got kids understands that. So the the feminine, first embodied as our mother is really imprinted pretty deeply within us so that when we get into a relationship with a feminine being it holds that importance for us. You know, even if you're not a pander, you don't pander to women. So this doesn't suggest that this happens to every guy. The woman's approval, her feeling good about us, smiling and being an approving energy. It unfortunately affects all of us at a very deep level on mean picture when your woman frowns on you. And when your woman smiles at you, it's a very different, you know, inner experience for the man. And so there's a there's like a biological amplifier to how our woman feels about us. And when she sees us being in our fullness and then radiates that back to us, it feels fucking good. Feels really fucking good. And quite frankly, guys are not very robust to a woman's disappointment. I would posit that anybody's listened to us. You don't have to be a pander for this to be true. We're all susceptible to our woman's disappointment. I think that's the word I was looking for, to her disappointment.



Scot McKay 25:35

Well, you know what, I think when you're dealing with a couple who are trying to do right for each other. I think when we are disappointing, we understand that before we're before it's ever even brought to our attention by it just kind of an affirmative roll our partner takes and saying, Yeah, you know what, that was pretty blasted disappointing. Let's do better. You know, and it's not hate. It's not an insult. It's partnership. It's like, Hey, you know what, we're a team here. We need to be in this to win it. And we need to do that together. And I love everything that you're saying. Because the bottom line here GS is that men and women were designed to be in partnership, dammit. We're not designed to be adversaries, if anybody ever invites me to come on their show, or on their radio station, or whatever, and talk about the war between the sexes. I'm like, either you're gonna reframe that, or I'm not in, because I just don't want any part of it. I don't want to talk about a war between the sexes. Someone had me on their podcast and ended up talking about masculinity and femininity and polarity with me like we're doing so wonderfully here, frankly. And they titled that episode is such and I was kind of a little indignant about it, but they didn't want to change it. But under normal circumstances, and if I had anything to do with it, obviously, that wasn't my show. This is there will never be a title of this particular podcast that approaches anything close to a war between the sexes, because I'm all about men and women being in partnership together. I have this saying GS men are from Earth and women are from Earth. Yeah, right on. His name is GS Youngblood. He is the author of the fantastic book that you should get your hands on, called the masculine in relationship, a blueprint for inspiring the trust, lust and devotion of a strong woman. And what I'm going

to do guys, is I'm going to go ahead and give it its rightful place at the top of the queue on my Amazon influencer page. Right now, GS has been on the show before, but I'm going to go ahead and boost that to the top for you guys. You should grab a copy. It's a great book. It's very highly acclaimed. And what I'm going to do when you go to [mountain top podcast.com](http://mountain top podcast.com), front slash strong str o n g, is I'm going to point you to GSS website which you know, organically speaking is GS Youngblood calm, but you know, got to keep the decorum around here, put a pointer on it from [mountaintop podcast calm](http://mountaintop podcast calm), hey, what's the elevator pitch, what they're going to find when they get there. Gs.

G

### GS Youngblood 28:17

What you'll find is a little bit of information on the book, so you know what you're getting into, as well as some videos. But the most important thing is to get on the mailing list, because you're going to get announcements about my upcoming embodiment course, which I'm putting out on video, and the dark sexual energy workshop that I'll be putting together over the summer. So you want to get first in line to get notified when those things are ready.



### Scot McKay 28:40

Oh, both of those programs that you have upcoming sound fascinating. And frankly, they sound like fuel for the next time you come on the show. There's a lot to discuss there. I'm sure Awesome, man. Love it. Let's do it again. Yeah, man. Absolutely. Thank you for joining us today. Gs. It's great to have you back and what a great and fervent conversation I really appreciate that. Yeah, thanks to you, Scott. It was a lot of fun. Yeah, man. Likewise, and gentlemen, if you have not yet visited [mountaintop podcast comm](http://mountaintop podcast comm), you can definitely find a link to GSS website. You can also download a copy of *sticking points solved*, which is my free book for you. And when you get that book, you'll also be subscribed to my daily fluff free newsletter. You can also talk to me for free for 25 minutes about what's on your mind. Maybe put together a plan of action to take you from where you are right now to where you want to be with women in your career and the adventures you've been trying to have for your whole life but just haven't yet. And frankly guys on that note, a lot of you have been on the fence for quite some time now and it's time to kick yourself off that fence onto the right side talk to me for free for 25 minutes you can sign up get on my calendar on the spot electronically there at [mountain top podcast calm](http://mountain top podcast calm). Also once again want to thank my sponsors which are origin in Maine Jocko willings company the best boots the best jeans you will ever wear and absolutely the best protein powder you have ever tried in your entire life. If you're into that sort of thing you work out, man, there is none better than shakos mulk it's great stuff. And if you haven't yet partaken of the goods

from heroes soap, calm, man, these are the best bars of soap you'll ever have. They won't feminize you no parabens, no phthalates. And listen I've said it before and I'll say it again if you do not have some of their body wash hidden away for when a woman by chance will take a shower with you boy, are you missing out on one of the great joys of life. Both origin and main and heroes soap can be reached by special links I've set up at Mountain Top podcast.com when you visit either one of our sponsors please use the code Mountain 10 to get an extra 10% off and until I talk to you again real soon This is Scott McKay from x&y communications in San Antonio Texas be good out there.



Edroy Odem 31:09

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