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## SPEAKERS

Edroy Odem, Will Hicks, Scot McKay




Edroy Odem 00:04


From the mist and shrouded mountaintop fortress that is x&y Communications Headquarters. You're listening to the World famous mountaintop podcast. And now, here's your host Scot McKay.





Scot McKay 00:18


How's it going? Gentlemen? Welcome again to yet another episode of the world famous mountaintop podcast. All Yeah, you can find me on Twitter and clubhouse at Scot McKay real Scot McKay on Instagram. Scot McKay on YouTube. The website is mountain top podcast calm. And I invite you to join our group of like minded men on Facebook at the mountaintop summit Facebook group with me today is a returning friend of mine. Have we ever got a topic for you? These conversations never fail to deliver in big and often entertaining ways. That's because, hey, the guest himself is big. It's big. Well, Hicks all the way from New York City, New York City. Well, man, welcome back, man. Let's go to Scott. Hey, man, I tell you what, it is a beautiful day here in Texas. I know you got postponed yesterday from recording this because of a torrential downpour where you live that was actually audible. So I'm glad we could come back today and talk about the topic du jour which is why we as men are often our own worst enemy. Why can't we get out of our own way? What's the deal with that? Well, I'm just gonna let you riff on that. Right here from the get go.


 Will Hicks 01:28  
I'll be I'll even know where they start to be


 Scot McKay 01:32  
a good start, right? Where we can't seem to relate to women without tripping all over ourselves or even talking to them at all. Often, we're our own worst enemy there, right?


 Will Hicks 01:42  
I mean, we've been our worst enemy since beginning of time.


 Scot McKay 01:45  
No doubt,

 Will Hicks 01:46  
there have been times where basically guys Oh, the girl literally throws herself at the guy always do is shut up, show up. And he's in there. And he will literally talk himself out the girl.

 Scot McKay 01:59  
How does that typically work? I agree with you by

 Will Hicks 02:01  
talks too damn much. You know, he says all the wrong things at the right times. She becomes drier than the Sahara Desert. And next thing you know, it's no mad time.

 Scot McKay 02:12  
I know bad is not a very good thing to be when you're trying to get with women, isn't

 Will Hicks 02:17  
it? No, that's not the time to work on your tribal status.



Scot McKay 02:23

After some time spent being a nomad, you'll be mad.



Will Hicks 02:27

Yeah, you know, here's another thing, right? Right. Especially in today's time, you know, guys, especially traditional guys, you feel like okay, well, in order to get the girl, we have to go out on a date. And that's usually dates and and you want to go all by yourself with some gratuitous self touching mad as hell that nothing happened. And a big sale. You don't? Exactly, you know, so you don't have to go on dates, but most guys think they do. And there's a lot of professional women daters out there who will basically date you for free meals, and a lot of free other things with no intention of doing anything with you.



Scot McKay 03:09

Now see, that reminds me of a specific situation. And a lot of guys, man, their heads are gonna nod when I bring this one up. Some of them are probably going to roll their eyes and cringe as well. But that's a different story. A lot of times a woman, a man will talk to a woman and finally get the gumption up, you know, grab a pair and ask her out and she'll go, is this a date? And they don't know what to say. And that's typically where they start well being their own worst enemy, isn't it?



Will Hicks 03:36

Yeah. I mean, if, if he or she has to ask, Is this a date? You've already started off rock? So



Scot McKay 03:43

why don't know, usually the answer is yes. I mean, why leave her guessing a lot of times, she's just trying to figure out what to wear, or how to act or what to expect. And the guy's thinking, Oh, God, if I say yes, then the jig is going to be up. And she's gonna know, I'm sexually attracted to her. And we wouldn't want that now, would we? And that's kind of what goes through.



Will Hicks 03:59

This is true. Well, actually, if you're going to go out on a quote, unquote, date, you need to give her instructions. You need to tell her what to wear, what time to be ready, where to show up. What you're going to be doing this way. This he won't say is this data now. Like, let's say, if you're gonna play mini golf, you say, Okay, I need you to wear jeans, sneakers, and a comfortable top, and I need to be ready at 715.



Scot McKay 04:29

That sounds like an excellent plan. Unfortunately, a lot of guys are their own worst enemy because they don't have a plan. And that goes for all areas of life, doesn't it?



Will Hicks 04:38

Well, you know what, I'll share this with you guys. For those guys who have a hobby. This is where you can use that. And you don't have to worry about ever dating again. Like for me, I play basketball. So if a girl isn't into basketball, then I want them to do with it. Because there's gonna be knowing later on when I'm playing basketball like you're doing that again. You want I might even put myself through that. Or you say you play basketball, or essays, bowling or badminton or crochet, whatever you do.



Scot McKay 05:07

But guys assume women aren't sexual, that they're not going to be sexually attracted to them. that sex is like some incredible prize some jackpot, we're gonna win on an off chance, instead of just assuming women are sexual, and they're just as horny as we are. And you talk about guys talking themselves out of the bedroom man, that happens in such a myriad of ways, up to a not limited to assuming she doesn't want to do this without even getting her opinion ever. And second of all, as soon as the clothes start coming off him saying something stupid blurting out something like how many guys you get naked with this quickly. And the next thing you know, she's putting her clothes back on and snapping the top button this time and slamming the door behind her on the way out and the guys like, what could I done better? Where did I do? Why did I mess up? Why did that happen? And this happens a lot to a lot of guys, young and old. Some guys never outgrow it, do they will



Will Hicks 06:04

they be any get worse as time goes on. Because how so they know it all. And you can't you know, when you think you know it all. And you're above learning and tweaking and

adjusting, that's when you really start failing,



Scot McKay 06:17

you know, you bring up a good point. And this transcends women and sex. A lot of guys, if they don't know how to do something, not only will they not ask directions, but they'll feel so prideful about it, that they'll avoid those situations for the rest of their life. And to me, I've always said, well, the worst fault you can ever have is either to not recognize or not admit to the faults that you do have, because then you're stuck with them forever. True. And if I want to get better at something, what I need to do is humble myself a little bit as somebody who knows what they're doing to teach me how to do it, sit at their feet till I figure it out, then one day I can be a mentor to someone else. And that'll feel great. But you know, baby steps go learn how to take orders before you can learn how to give orders that sort of thing, right? But so few guys really seem to have the wherewithal to say, Yeah, I want to get better at this. And I'm going to have to learn and that's going to take some humility. And we're our own worst enemy. When we don't do that.



Will Hicks 07:17

Well, you know what, especially when it comes to women dating, being in the moment, I equate this with sports, where the best ability is availability, though, you had to be available to put yourself in these situations where the outcome will be the most successful.



Scot McKay 07:39

And the guy with the most talent is the guy who practices the most



Will Hicks 07:43

no question. Or he's already set up his life where he's the one that is receiving all the calls and not making a whole bunch of calls. He just decides what options he will or won't take. Ah, so



Scot McKay 07:56

you're talking about a guy who's a chooser instead of a chaser?



Will Hicks 07:59

Yeah, see, now you can put yourself in position women can choose you and show choosing signals. Most guys don't do that. You know, it means that you have to go where one the woman that you want is there in abundance. It's kind of like the salesperson who is mad at himself, because he's not selling anything. But then at the meeting as well. How many people did you talk to this week? Well, I really didn't get a chance to talk to anybody. But if you talk to anybody, he could make any sales. Okay, how good you are? Well, that's



Scot McKay 08:31

true for every area of life. Also, in harking back to women and dating. A lot of guys will tell me I'm sure you've heard this too. Well, I can't get any women to go out with me. None of these women want to go out with me. And we'll say to them, well, how many women have you talked to and asked out? And the answer is always, almost always a big fat zero, right? So we're our own worst enemy, because we've pre rejected ourselves without any woman's opinion, because we couldn't bear the thought of rejection. So we don't get to experience the reality of acceptance. Hmm, that's true. Well, I'll tell you what, just so these guys don't feel like they're perhaps the only one in the entire universe has ever had this happen to them. Let's drop some scenarios where guys? Well, the best way I know how to describe it is steal defeat from the jaws of victory. You know what I mean? I mean, that's kind of in line with being our own worst enemy. I mean, I've had guys, I've watched them walk up to women and go, I'm sorry to bother you. Which of course, you know, sets the frame early, doesn't it? I know you probably have a boyfriend and don't want to go out with me and don't give guys your number, right. And they'll go, Yeah, all the above. And they'll come back to me throw their hands up in the air and see, all these women can't stand me. They don't want to go out. You are your own worst enemy in that situation. But



Will Hicks 09:52

what you don't what I can even give guys a tweak to that, as far as what do you say when you first approached a woman especially in this whole meeting? error. I mean, if I were going to approach a woman, first of all, it had to be some type of indication that she even noticed me or, you know, she smile, something that had to be some indication for me to even walk up to her. Because when you walk up to a woman randomly, you're basically giving her all the powers they say. So there has to be some type of chooses. But let's say there is, and I walk up to this woman, the first thing on my mouth is, Are you single?



Scot McKay 10:28

The first thing out of your mouth?

W

Will Hicks 10:30

Yeah. Are you single? And you say this? Or are you single? They almost in an accusatory tone? Yes. Are you single? And the reason for that is she might not necessarily be single, per se. But her answer will be is she single for me? That's some deep stuff right there. Yeah. Because let's say I'm six, five, and she's in the five foot six guys. And obviously, I'm not her type. And she'll tell whether she's alone or not. She's like, no, I'm sorry. I'm not, you know, or whatever. But if she isn't, I mean, there's my guess I am single Why? And my response to that is because if this goes the way I know, it's gonna go, I don't want anybody getting upset, or me stepping on anybody's toes. If you want to doing something with me, like you should.



Scot McKay 11:21

Now see, I thought you were gonna say something like, because I'm doing a poll. Who lies more women or men?

W

Will Hicks 11:27

Yeah, that's not the poll.



Scot McKay 11:32

mean, that wouldn't be the next thing you say, man? How on QA like, have you? I mean, first of all, we have to level set here, will and I go way back, gentlemen, we go back to the days where we were both, you know, working with Eben Pagan when he was David DeAngelo, back on, you know, wave interviews with dating gurus and you were actually speaking on stage with him and on his tour with him and stuff like that. So we'll and I are, Oh, geez. from way back in the pickup artists there. Back in like,

W

Will Hicks 12:02

Oh, 50607 no question.



Scot McKay 12:04

We're starting to talk like a bunch of old men back in hot sex. I did this. Back in my day. Boy, next thing, you know, we're gonna tell each other to get off our lawn. Well, what's up with us? Anyway, the last show you and I did together was the old boy on the hill versus the young boy on the hill. And I'm sure to a lot of guys, this show has the same texture to it. But man, there's so much to talk about here, guys, our own worst enemy in how we eat in the activities we choose to partake in. I mean, on a very somber note, I mean, you and I both love to crack jokes. And we're both very funny, guys. But I don't know how many of your friends you've buried. But I'll tell you what, over the years, well, I've been to an exponentially greater number of funerals. For young folks who have died, who were male, instead of female. guys make a lot of dumb decisions that end up costing them their lives. I mean, you know, there are men who go to war, and they die in service of our country. And there are guys who die performing very heroic acts of bravery, saving people, fire law enforcement officers, even people who protect their own families, and it costs them their lives. But I'll tell you, what will us guys are notorious for making very bad decisions on motorcycles and cars with drugs. Hey, y'all watch this, hold my beer kind of things. And you know, we are our own worst enemy. When we do that. We're our own worst enemy. When we are having problems, and we don't reach out to someone to get the help. We need mental health professionals or even help. You know, I know I'm stacking a bunch of stuff here at once on Yeah, and I apologize for doing that. But the shoe kind of fits because it all kind of gets lumped together. Sometimes we don't even go to the doctor when we have symptoms. Why do we exhibit such reckless abandonment in certain parts of our lives? And such Uber conservatism to the detriment of ourselves and other areas?



Will Hicks 14:01

Because we're idiots?



Scot McKay 14:03

Is it true? Are we more idiotic than women? Are? Are women more sensible than men in general?



Will Hicks 14:09

Women are, well, it used to be women were more emotional than men were when we were growing up. Now, with these later generations, it's cool to be emotional. It's cool to cry at every movie is cool to be a male feminist. So the list goes on and on. And I, you know, it's cool. Let the women make all the decisions. And you know, and when we don't even like that,





Scot McKay 14:32

you know, I wonder if it's kind of the same general theme that falls in line with the only difference between boys and men is the size of their toys. I wonder if the only difference between the bad mistakes of grown men and grown women is the size of their consequences? That's an interesting thought, isn't it? Because women make lots of bad decisions. Sometimes women's bad decisions are in line with choosing the wrong guy. I mean, men and women both make bad decisions in that realm. But you don't see so many women getting killed on motorcycles or doing stupid stuff that cost them their lives, they make bad decisions, perhaps not being assertive in their careers, or staying in the wrong place too long or not taken advantage of an opportunity. I know I'm being stereotypical here. But it kind of goes back to the original point that I've buried more male friends than female friends when they died for too young. And that is absolutely us being our own worst enemy talk a little more well, to the guys who aren't getting the help they need, either mentally, physically or even doing better what they should be doing better at?



Will Hicks 15:39

Well, the first thing I would say to those guys is, do you have a passion. Because once you find something that you're passionate about, whether it's your job, whether it's your hobby, or something that you're is a skill that you're really good at, and you pursue that everything else starts to fall into place. And if you if the woman is the thing that you wake up and do everything for, you'll never find your happiness, because she could change in the blink of blink of an eye, and then where you left you back at square one. But if you have a passion that drives you, that gets you up, and this is what you're about. Women will follow your passion. And you'll want you'll never have to worry about getting a woman ever again. Women will follow guys that are driven, because they want to join the leaders. They like a guy who knows where he's going. And they know that, Okay, I need to do my part to fit into his life and what he's about and where he's going. And then he'll take care of the rest. Women naturally do this. Most guys don't take this initiative, because they don't know where they're going.



Scot McKay 16:51

Yeah, you know, it's an old story. And a lot of guys really fall prey to this. But when you make a woman your purpose, she's going to view you as having no purpose. And she's not going to be very attracted to you. Because what's going to happen is she's going to, in a way be carrying the masculine torch there. I mean, she is the purpose at that point, instead of you having a purpose. And her being invited into your reality, which is kind of what you were just saying, I love that phrase, by the way, inviting a woman into your

reality, women will typically gladly follow for many reasons, one of which they're hard wired to in terms of attraction. I mean, men who lead are leading because they're providers, protectors, providers, like we talked about around here, and that makes women feel safe and secure. And when they trust your decision making, there's that term again. they'll follow along, you know, even if they're very strong willed woman, they love the man being the man when that man is acting in a woman's best interest. But when basically she's his God, and he worships her that doesn't feel very masculine to that woman and she doesn't feel attracted to it. So yeah, this whole idea of inviting a woman into our reality is a place where many of us are our own worst enemy, not only because we're making that woman the center of our reality, but probably more poignantly, well, we don't have a reality, we don't know who the hell we are. We don't know what we're about. We don't have that passion, therefore, we don't have that ambition. So it's just a house of cards, and it inevitably falls apart.



Will Hicks 18:21

True. Um, basically, I was brought up, you know, the guys that told me about the game where, you know, my uncles and my grandfather, and he basically was like, you got to do one of two things, son, you got to lead or leave. There's



Scot McKay 18:40

a lot of people left. But somehow they're still around, which is the troubling part



Will Hicks 18:45

here. But they left a long time ago mentally checked out on its



Scot McKay 18:52

way to left the



Will Hicks 18:53

building. Yeah. Orly, he also told me that when it comes to women, you can do one or two things. You can either love them or understand them, but you can't do both.



Scot McKay 19:07

Now, how does that work? Because I think a lot of guys assume women cannot be understood that there this Enigma wrapped in a quandary surrounded by a problem. But you know, women really just want to feel safe. And when they do, and they know that you're there for them and making good decisions on their behalf, they tend to do wonderful things for you in return. And to me that kind of seems like the secret of the universe. It doesn't matter how much I love her or how hot she is or how sexy she is. Matter of fact, sometimes women with better developed personalities and bodies are the easiest ones to get along with as long as you're not afraid of them. And that's another place where guys can't get out of their own way. We're so damn afraid of women. And these are guys who are like combat veterans guys who are like soldiers and captains of industry and are hugely productive under pressure they get in front of a woman and they're so afraid of rejection, aka getting beat by a girl that They just flat out whether they don't have any courage at all. And, you know, guys are our own worst enemies because we over analyze everything, including, you know what it's going to take to talk to this woman. I mean, they're just mammals like we are. They're horny. They like men just like we like them. And you know what if you give them a chance, they'll probably like us back.



Will Hicks 20:20

Right? No question. And everything you said, goes into understanding the woman.



Scot McKay 20:27

Yeah. So what's the deal with if I love her? I can't understand her. Why is that mutually exclusive?



Will Hicks 20:32

No, no, I said you can choose do one or the other. I say you couldn't have love for her. I just said, the main focus. When it comes to women. Most guys will fall head over heels in love. They'll never get to know the woman and wonder why she does this, why she does that. But if you know female nature, and you're a woman, and how she react to certain things you do as a man, that changes the game. Okay, now I understand where you're going with that.



Scot McKay 20:57

So this kind of becomes getting clouded by beauty vision. I am so hot for her. I adore her so much. That anything logical or anything having to do with building that relationship, understanding her relating to her, kind of plays second fiddle, and maybe it never even happens, right? Because certainly a lot of guys end up with crazy psychotic, evil women simply because she has a nice ass. And boy, are we ever our own worst enemy. When that happens. Not only are we our own worst enemy, she's going to become our second worst enemy.



Will Hicks 21:30

Yes. See, though, those are the women you can't wife you just experienced with them. But a lot of guys, because you know, they're never by the sex copies, you know, they feel that, you know, they can't get anything else. So they want a wife, this woman, you know, some women to just for the streets.



Scot McKay 21:49

That's harsh. I suppose it's reality, though, isn't it? Some women just aren't wife material.



Will Hicks 21:55

Some women are just for the streets, you know, and you have to acknowledge that just let them go.



Scot McKay 22:00

You know, perhaps sometimes we as guys are thinking we're either not father material or husband material, or that we are ready to be one half of a relationship. And we're just not. And when we let someone or something other than our own hearts and minds tell us what our destiny is in that regard. Either in the near term or the long term. We get in trouble and we're our own worst enemy then to write. No, I agree. Yeah, yeah, absolutely. Man.



Will Hicks 22:28

I mean, most guys, they don't, they don't they don't have a game plan. They don't know where to go. They don't know who to talk to. They don't want to say they just basically wing it and they hang out with a bunch of guys we have no plan and it is winging it together. And then they expect to get good results.



Scot McKay 22:45

Well you know what, that sounds like a pretty good place to end this particular episode. Big well what are you doing nowadays? Where are we going to point these guys to when I send them to WWW dot mountaintop podcast calm front slash big we'll where's that going to take them?



Will Hicks 23:02

Well there's there's two passions that I have. One is helping guys with women you can definitely reach me as CEO at security by will calm when I say security, that means all aspects of self security, you know, security for you and your loved ones. I know going out there in the world. And my other passion is helping people fix their credit. And I was a victim of that. And it took me a long time to get back on the horse. And I'm glad I did. And you can go check out my promo for that at www dot 90 day credit suite COMM And what



Scot McKay 23:42

I'll do like I said is I go ahead and take 90 day credit suite comm and point to it from mountain top podcast.com front slash big wheel so guys are sure to remember it. Always a pleasure big wheel man love having you on the show. And this was a great episode with lots of good information for these guys. And hopefully gentlemen we can all stop getting in our own way and become our own best friend instead of our own worst enemy. So thanks once again big will always a pleasure, baby. All right, yeah, man likewise. And guys, if you have not been to mountaintop podcast calm just yet, go there checkout origin in Maine and heroes soap calm. Both are proud sponsors of this show. And we're proud to have them. When you click on either link at our website to go to origin in Maine or heroes soap company, use the coupon code Mountain 10 to get an extra 10% off the checkout. Now listen, a lot of you guys are your own worst enemies and you're not doing anything about it. Big will and I have both gotten into trouble in the past. We'll just talk to you about his credit problems. You guys know I had a disastrous first marriage in many ways because I was my own worst enemy. And I didn't see the warning signs that were blaring at me before I got into that first marriage because I was naive and I was thinking now you know what, I can fix this when they were things that were outside of my circle of influence. I don't want you to make As mistakes guys I want you to get this right the first time attract beautiful sexy sweet women who are of sound mind into your life pick the right one and go about leaving a legacy with her have children you actually like live a future you actually want to live. Go ahead and sign up to talk to me for 25 minutes for free. That's the first step at mountaintop podcast comm you'll see the button in the upper right hand corner it's red, you click on it, you get on my calendar for 25 minutes won't cost you a

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Edroy Odem 26:03

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