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SPEAKERS

Edroy Odem, Kenneth Play, Scot McKay



Scot McKay 00:01

Gentlemen, your masterclass for men this month is called Bold assertiveness earns respect. Now listen, the one key differentiator between men who experience a pattern of success and those who don't is they stand up and claim what's theirs rather than being passive. And men who know what they want and how to get it are more respected by both other men and women. And when you're respected women wants you and other men will propel your career. Now, in today's postmodern world, most men aren't respected enough. And the most valid respect is that which is earned, not commanded. The best news is you have full control over the amount of respect you gain. It's all up to you. And in this month's masterclass for men, you'll emerge into a whole new future where you'll get what you want. You're more assertive in the best way possible, and the woman in your life and those you love. Thank you for it. It all goes down this coming Wednesday, May 25. At 8pm Eastern Daylight Time, that's GMT minus four, go to mountain top podcast.com front slash masterclass to claim your ticket. And if you're listening to this show after the live event has taken place, no worries, the master class will be available in full HD video and or audio versions. And yes, you still get to ask your questions to me personally, that's all included for you. So I'll see you at the masterclass on Wednesday, May 25. plan on being a first string starter in a whole new world where most men only watch from the sidelines, mountaintop podcast.com front slash masterclass.



Edroy Odem 01:49

God from the mist and shrouded mountaintop fortress that is x&y Communications Headquarters. You're listening to the world famous mountaintop podcast. And now here's your host, Scot McKay.



Scot McKay 02:03

All right, gentlemen, welcome to yet another episode of The World Famous mountaintop podcast. My name is Scot McKay that's at Scot McKay on Twitter clubhouse, tick tock, and true social. You can also find me at real Scot McKay on Instagram. My name on YouTube is SEO T

MC K y to search that and you'll find all the videos including video representations of these episodes of this very podcast. The website is mountain top podcast.com. And gentlemen, if you have not signed up and gotten on board with the Facebook group just yet, what are you waiting for man, we're all there waiting for you. It's mountain top summit on Facebook. Today, a new friend of mine is joining me he's from New York City. His name is Kenneth play. And he has been described by GQ and other magazines as quote the world's greatest sex hacker. Now, I ran through a bunch of different potential topics with Kenneth before we hit play, no pun intended. On this particular episode, he's probably heard that a million times. And we've arrived at the topic of your sexual fantasies are too small. How I arrived at that topic, after a very brief discussion with Kenneth is Well, this guy is out there living these sexual fantasies in real life with the videos to prove it. If you're brave enough, I will post a link at great peril to my own domain on the show notes page for this, but we're going to talk about pretty much everything under the sun. That's amazing and incredible and beyond your wildest dreams related to sexual fantasies and like including those of women in particular, which is, you know, I'm betting a large part of the reason why you guys downloaded and listen to this show to begin with. KENNETH play the sex hacker from New York City. Welcome, man.



Kenneth Play 03:54

I'm so excited to be on today. Well, I



Scot McKay 03:57

tell you what, at even a visceral level, it's exciting to have you on because this is one of those subjects that doesn't get talked about enough. And I'm suspecting one of the reasons for that is well, I'm guessing the reasons for that, well, might be twofold. First of all, people don't know what to ask. Second of all, they're just not brave enough to say it. Is that kind of on the right track you think?



Kenneth Play 04:21

Yeah, I mean, there's so much stigma and shame when men want to improve their sexuality and their sexual performance. And it's not like other domains you could ask another guy Hey, you know, what is your workout? Like? What kind of protein powder you use never asked him that guy. So how do you fuck you know? So I love to change that culture. Because it's it's a totally a skill acquisition game.



Scot McKay 04:43

Yeah, it's interesting guys will brag about the chicks. They're bagging before they're married. And then once they get married, we don't ever want to talk about our sex lives with our wives. And no matter what our relationship status is, we don't talk about how we're doing it. We may talk about how well she responded to us or how many orgasms she had. But we don't like trade techniques like we would trade baseball cards or anything like that. That just feels sort of anti masculine for some unknown reason, right? Yep. Yep. Yeah. What's behind that? Why did? Why do we feel like that was the psychology Do you think?



Kenneth Play 05:20

I think when it comes to your sexual sexual ability, we only defer to how big your caucous how long you can last? And you know, how hard is your dick. We don't talk about how much pleasure we can give. And most of the time to bragging and boasting is not true. Like, I may work in this female pleasure or sexuality domain for a while. And orgasm and pleasure gap is so great. So most women are quite dissatisfied. And that's the reality. And then very few women have super satisfied with a very selected, maybe, you know, five to 10% of the population. So it's just such an advantage to be amazing in bed. And it's definitely a skill, like I said in the beginning is about learning how female eroticism work, how pleasure work, how orgasm work and once you understand that is like a Michael Jordan on a basketball court or being Gordon Ramsay in the kitchen. So it's just a domain expert see that you acquire?



Scot McKay 06:22

Yeah, well, for starters, I'm not really all that sure men talk about their penis size, or how many times they made her come anyway, even their own sexual performance at that visceral, almost banal level, I don't even think men talk about that. It's just something that we, if we have any interest in learning about it at all, it's a lot like porn usage, it'll happen behind closed doors, just like men don't go around sharing their favorite porn actresses with each other, because there's just so much shame and guilt surrounding it. And one of the fascinating thoughts that came to mind as you were saying what you just did, Kenneth is, it probably is that shame and guilt over not really satisfying women, that causes us to be over protective about talking about it. And if we do start talking about it, we overblow it and boast and it starts becoming sort of analogous to guys who are truly wealthy towards guys, players, you know, the guys who are truly wealthy don't talk about their money, they conceal that conversation. Because they know as soon as they start talking about their wealth, everybody's going to come for it, and everybody's going to lose respect for them. Whereas guys, were saying, Hey, look at my gold chain. And this, that, and the other. I used to know a guy who had a wallet, and he would open it and flash it to people. And he had six gold cards inside back in the 80s. And all I could think of was debt, not wealth. What's this guy doing with six of them, you know, and people who are flashy about that sort of thing, tend to be the ones who really aren't experiencing it in real life. And yet, just like you said, Kenneth, if you can actually really satisfy a woman. It's like a rare cataclysmic event to her she becomes almost, I'm not even sure almost is even necessary in the sentences forthcoming, she becomes addicted to you. She's like, Wow, you are. Yeah. And it's not even hard.



Kenneth Play 08:18

And it's also women talking about it. Men don't talk about it. Women talk to each other about their their sexual satisfaction and pledge, especially in a more hookup not a long term relationship. If they're really struggling in a long term relationship, sexually, they tell their best girlfriends but casually bragging, or it's just saying, Oh, he was terrible. That happens all the time. Yeah. So you're you do have a reputation if you have no sort of a friend social group.



Scot McKay 09:45



Scot McKay 08:43

Now, I have to tell you, Kenneth, usually around here, we don't go into a whole lot of backstory with our guests, because frankly, we don't care. You know, we just want to know, what's in it for us as listeners, what is it you're bringing to the table that's going to make us a better man, make us better in the bedroom, make us better with women, etc. But I think a lot of guys are probably asking, like I certainly did what makes you Kenneth play qualified to talk about something like this. And I think it would be beneficial for you to share a little bit about not only how you got here, but what you have going on right now. Help us dream a little Go ahead.



Kenneth Play 09:20

Get you I'll give you a shorter version of that. So I'm probably the world's most unlikely sex educator making adult content online, like a typical super awkward, shy Asian immigrant would have advertised COC and never thought he's going to be like, have much of a sexual worth. So I was deep in my sexual insecurity. Even though I learned to master my fitness and got super fit and got a superhero body. It didn't change their inner insecurity about my sexuality, and not to in my late 20s in my 30s I decided just kind of hack my sex life like I have fitness and holy Behold, I applied this Same sort of principle have a growth mindset and, like reading research paper, like sex party become the evidence based learning like the gym. And it just radically transformed my life. I mean, my own personal sex life, I have more sex that I could count in on that end, but it's not about the amount of sex. But about having really pleasurable mind blowing is actually experienced from, from giving people remarkable sexual experience. And from a career standpoint, I have just finished reading my book Beyond satisfy. And then I also have a very popular online course teaching people about everything about sexual technique from a nose or squirting Multiple Orgasm kink. And I just really treat it like that topic, like, how do you approach a diet? How do you approach you know, weightlifting? And how do you get results?



Scot McKay 10:52

Now, just to kind of back what you're saying, first of all, we're going to put a link to your course, in the show notes, it'll be now to top podcast.com front slash Kenneth with two ends at the end. But I am looking at your Pornhub channel right now. You're in the top 2200 on the whole site, which in the world were sexy girls rule is pretty impressive. 16 and a half million video views 23 and a half 1000 subscribers. And yes, that is absolutely you playing with a bunch of girls. Now there are guys listening to this who weren't so big on porn, don't think real men use porn, et cetera, et cetera. We're not going to be judgmental on the show about anything like that. Because the point of this show was sexual fantasy. And my entire purpose and bringing all of this up is a you're doing what you say you're doing. And B, you're doing things a lot of guys can really only dream about, and you have the videos to prove it. So that gives you the street cred you need, and you're teaching it. So that's all very good. You mentioned being Asian, and having an average sized COC. And you've really talked about some of the stereotypes that really lots of different men experience. Shorter Guys, guys, different races, but definitely asian guys sometimes have insecurities that other guys may not. I have found one of the key ones Kenneth, and you can comment on this to be much like Russian guys. It's frustrating to most Asian men, that Asian and Russian women are typically sexually desirable to the point of being fetishized. Meanwhile, Russian men are seen as the enemy by Western women and Asian men are typically very much underestimated sexually. And you have conquered that so what are your words of wisdom to guys who may be feeling insecure be they Asian or anybody else?

K**Kenneth Play 12:50**

Being good in bed is the proof is in her experience. So if you're really good that she's having actually mind blowing orgasm peak sexual experience, that that changes everything and and I think their insecurity come from if you know a lot of guys don't even know if their partner have all guys up there surely hope so. And they don't even want to check right? In. Sexual communication is difficult. Most women don't want to share with you Rather, they're satisfied or not. And sometimes they when they do is pretty ugly, right. And also, for most heterosexual women, it's not a turn on to teach you how to fucker just like is not a turn on to teach a man how to be masculine. Because it leads to purpose. Yes, so. So I think guys need to teach other guys how to be really good at that. That's That's why I do what I do. Because I wish that another man would teach me all the things I know today about sex and pleasure.

**Scot McKay 13:42**

Once again, you're yet another guest who's come on this show, and corroborated things that we've talked about in other episodes, without ever having the benefit of knowing we have talked about that. And I just stand up and cheer inside my head, sometimes literally may be on the show to when ever some of the core teachings we have around here are independently corroborated because it just shows how primal they are, and how universal they are. And if we get out of our own way as men and just acknowledge the truth of things, whether we like it or not, we start doing so much better with women in general. And, you know, kind of getting to our main point today about our sexual fantasies and how, I don't know we don't let them develop enough. We don't believe they could possibly come true for us, et cetera, et cetera. I think a good place to start would be way back with Nancy Friday's book, you know your secret garden, which changed the world relative to the topic today back in the early 70s. Because she went and anonymously interviewed women about their sexual fantasies and they're just dirty and horny man. I mean, inside the female brain are just some of the sluttiest dirtiest. horniest most depressing If naughty thoughts, and it seems to me that you've mastered getting over the shame and guilt, and helping women free themselves from that shame and guilt, and as a man, giving women this safe space where they can play the way they really primally want to play in their deepest imagination. What are your tips for men, first of all, to get over themselves. And second of all, to help invite that part of a woman's sexuality out?

K**Kenneth Play 15:28**

I think there is a difference between what really arouse us and what turns us on to our day to day value. You know what I mean? Just like I don't know how many women that I came across that have gangbang fantasy, right like things that is a rousing for her to think about right but in their like Madonna whore complex, that'd be like super slut shaming because taboo towards us odd because it's all the things that we inhibit ourselves to have. So we start having this relationship with sugar, right? Like, Oh, sugar, and fat tastes good. Ice cream tastes good, but I feel bad eat and it goes, I'm gonna get fat. But it's not exactly work like that in sexuality if you create a place where you could have those fantasy Aktau just like guys like playing video games, where they could be a super badass soldier on a video game because it's fun and arousing. But we treat it with such seriousness that we don't allow ourselves to enjoy some you

know, being playful in a video game setting. And sexuality could be a place where you get to play out your fantasy and have fun. I mean, that's the whole point. Is not like That's why woke porn would never turn anybody on.



Scot McKay 16:32

can't even imagine such a thing. exist?



Kenneth Play 16:37

No, it's not going to work. I just don't see how that will work. What being more inhibited does not turn you on. I mean, like is actual neuroscience and brain signs. Like that's an excitatory system, right? That we go after or desire. And there's a hidden inhibitory as of now shouldn't do that. That's bad. So when you ever you try to eat while you're on a diet, thinking, I shouldn't eat this, it doesn't taste very good until you release yourself and you gorge and binge on it. I'm just talking about the actual experience. So when insects is that you have to in the moment that you choose to have sex, right that you choose and enthusiastically to do this, then you have to allow yourself to enjoy the experience. Otherwise, it's not that enjoyable.



Scot McKay 17:18

Well, there are two trains of thought going on right here. And I want to address both of them helped me make sure we stay on track here. All right, because there's a lot to talk about here. The first one is the shame and guilt. All right, yeah. The second one is the nature of our fantasies relative to what's available to us in reality. Okay, so the first one is about the shame and guilt. Listen, a lot of that surrounds porn. And that's exactly the trail we're going to go down in the second point, which is why this is a related pair of topics. Most of the guys who come to me who struggle with sexual fantasy, and indeed with porn usage are men of faith. And I went to a very well traveled men's group on Facebook, where a guy had started a thread saying, Hey, we're going to teach high school boys in Sunday school this weekend, how to avoid porn, and I've got a great idea. I'm going to show them a video of a man eating a steak. 30 seconds, you noticed him eating a T bone. And at the end, I'm gonna go Hey, guys, do you feel satisfied? Are you still hungry? Was that really fulfilling to you? And I'm thinking to myself Wowzers, right. And I come from a Judeo Christian background. I've taught Sunday school. I've been in the Sunday School quote, unquote, classes where they tell girls hey, here's a penis, stay away from it. I've been there. I've seen it. I've heard about it. It's always the same. The kids are all excited about it. And then of course, it isn't very exciting. It stigmatizes the shame and guilt more than anything else. So back to the men's group here on Facebook, all the guys who are in this Opie's echo chamber or like yeah, right on show those guys and I'm like, Oh, you guys and sliders as if you've never been a teenager before, or you're all demisexual or asexual and the sounds reasonable to you. And, you know, I've been at this a long time, I've decided what I believe and I can defend it. So against my better judgment, I responded to the thread very, very politely I said, Hey, just make sure you prepare yourself. For the smart ask you to raises his hand and goes so what you're trying to tell me is instead of watching a guy eat the steak, I should go out and bang as many chicks as I can right now, so that I can actually be full and satisfied, right? Either that or do you want me to starve until I'm married someday? And of course, nobody wanted to approach my point and deal with it. But I'm exactly right on the

money. If you tell a bunch of kids, hey, don't watch porn because you're just not supposed to. It's not going to fulfill you it's not going to do anything else. They're gonna say well, what is fulfilling and then they're gonna say abstinence and you don't even need to masturbate you know, the sin of owning or whatever. It's just unreasonable. And the fact of the matter is, not only did that same, all powerful, omniscient God create our sexuality, and make us horny that sexuality is the secret to our procreation, therefore, we actually are sex. I heard another sex experts say that one time and was very convincing about it. And yet somehow we think we're supposed to fight this urge, or we're less of a man or we have a big problem. And here is what I think is the real problem. If you say to yourself, my sexual fantasies are unique unto me making me extra depraved, and extra unworthy of God's love, etc, etc, what we do is we start feeling shame and guilt, and it wrecks our self esteem, wrecks our confidence. And then what happens is, when we can't have those women were horny for, we start disliking and resenting those women. And that's where you get the red pill, guys, that's where you get the MiG tau guys, this division between men and women, which they'll blame on porn. But really, it's on our shame and guilt where the blame falls. And then ultimately, what ends up happening is we start feeling resentment and probably deep disdain and whatever negative emotion you want to ascribe to it towards the God of the universe himself or putting us in this position and creating us this way. And I just don't see anything good that comes from it. Now, no, in our world we live in today, Adolescence is prolonged. And indeed, We have people who are deciding they aren't going to get married anymore. A lot of people are shunning the idea of a higher power and religious ethics and this, that and the other. So I know it leaves us in a place where I'm not sure there are easy answers. But let's get to the second part of this discussion. You get on the aforementioned porn, and you look at what's really, really popular, and contrary to the angry women and other people who are against porn, having never watched it before. It's not really injuring women raping women, gagging them with a blow job until their mascara runs or watching women have sex with a donkey that turns us on. It's male strippers getting blowjobs from 20 Women at once, a guy in the Czech Republic, hiring 20 prostitutes who just service him at the same time, or things like my stepsister and I, you know, finally disclosed to each other, we're horny as hell for each other, and do this really naughty thing and hope we don't get caught, or the poor boy or the pizza delivery guy. It's all these things that we would really kind of be ashamed to admit we want to do in real life. And yet, they're really, really popular. So if you're a person who comes from a very dogmatic image regarding the sex, you're not allowed to have, not even ever, I mean, the only sex you're going to be limited to for the rest of your life apparently is a monogamous relationship with one wife, or else God doesn't like you anymore. You know, whether you believe that's the gospel truth or not, that's what's ingrained in a lot of us. And that not only foments the shame and guilt within us, what makes it fester is when we are doing that which we find to be sinful. You know, watching people have sex, lusting after women, or whatever the way our imaginations spin, and the direction our imagination goes in, just heaped shame and guilt back onto it. Now, here's the punchline, universally, these are the most popular genres, and more and more women are starting to watch it. You know, it used to be more women would read romance novels, then watch porn, and then they get angry at men for wanting to see naked chicks. And now based on the latest studies I've seen in the year 2022, more women are watching porn than reading romance novels. I mean, you know, 50 Shades of Grey, the star rose and the star faded, right? I mean, you know, that was a phenomenon. And there's also more quote unquote, woman friendly porn, which is still depraved a lot of times. But isn't it time we really, at the very least, and this is independent of our religious views, really our worldview in general? Isn't it really time to stop sweeping our sexual fantasies under the carpet and at least come to grips with the fact that we're not twisted, weird, crazy, unique or perverted? We're just part of the human condition together. Is that unreasonable to to head in that direction? Kenneth?

 Kenneth Play 24:47

I think they're, they're completely conflicting interests that people have is that you know, we have a desire for long term security having a life partner or having the mother of your child desire and we also have a bunch of sexual desire one thing to have a lot of novelty, which is a drive so you have a security drive and a novelty drive, they always kind of coexist in most people. Now the baseline on how high those novelty drive and how high the security needs are, is there's an individual difference, we're talking about a scientifically, but you will have two conflicting meat just like a woman would you know, traditional heterosexual, whoever wants to secure a man of man who's going to be invested in her, it's gonna protect her, it's gonna take care of her, it's gonna be a great father and she also want to bang the rock star that you can, you can't breed that out of human. So different religious institution and different culture have tried different ways to manage this thing. Right. So on one hand that you could really suppress it on one hand is that we just want to favor a family value over sexual desire. Now you don't a monkey wrench in modern technology and science. So you have unlimited access to hardcore porn, you have birth control, you have safer sex protocol that people can't have. And now you got to make different choices because the world has changed so much. So I think this is like a confusing time.

 Scot McKay 26:09

HIV doesn't kill people anymore. Yep. Yep.


 Kenneth Play 26:12

I mean, there's no STI that is so fatal for anyone, like they're most stigmatized, it's herpes, right. So now you got a lot of decision, you got to meet more people than ever you got more people are desiring to have more casual sex and you still want to have a for most people, they still will have a great life having a loving, committed relationship in whatever form that they choose to. So with all those type of different needs, I think each person needs to design in the different in the different age group, what they truly would thrive in. And when men have more options or have more sex with more people, too. So and like if you look at if I'm like an like, you just observing like this is human as a specie. Women love sex, believe me, like if it's more insatiable than any man could handle it, my view. And the Bible is even more more remarkable is that when women are having more orgasm, they are more charged as in like, builds up sexual energy. They're like, in happier mood when guys are coming too much. They are like a little bit, you know, sedated? Those are they the word they use it with? I hate that term. But that new, it lowers your sexual desire, right? It's set you back down. But it doesn't usually doesn't work exactly the same way with female orgasm and pleasure. So you got a lot of interesting problem to tackle in 2022. That is different than the time period where a lot of their belief was created at that time. That's not possible back in the day, right? Because if you go out and have a lot of casual sex, you're probably gonna get pregnant.

 Scot McKay 27:49

Yeah, you know, those are all very good points. We've had women come on this show and talk about reclaiming the word slut, and how women should be more free to have more casual sex.

We just had that show a few episodes ago with Leah Holmgren, of course. Still, I think the nexus of this for a lot of guys, Kenneth is I'm watching all this porn with all these, you know, kind of naughty themes, and I'm shocking myself at what turns me on, you know, banging my best friend's mother seems really hot. But I know myself well enough to know that there was just no way when I was 16 years old, I was going to approach my friend's mom and say, Hey, we're gonna do the wild thing. Even if she would have been like, well, sure, let's do it. And I can only imagine anybody who's ever grown up with a stepsister really felt weird thinking I'd like to bang my stepsister. I knew in school, two girls in my class, who introduced their single mother and father respectively, to each other and suddenly became stepsisters themselves. The two girls, you know, they both moved into the same house, and they turn the basement into their bedroom together. And we used to fantasize at the lunch table about breaking into their bedroom at night and having both of them, you know, but they were two stepsisters. They weren't our stepsister. And, you know, I'm thinking one of us probably did. He just was real quiet about us. That's how you get a lot of sex in high school as you shut up. But probably where the rubber meets the road here is, it seems really amazing that we would go to the Czech Republic, hire 20 prostitutes and have them all services. But if we were ever in that position in real life, we'd probably freak out and not even be able to get hard on. We probably

 Kenneth Play 29:47

just, I see it all over. Well, yeah,

 Scot McKay 29:51

sure. Yeah, I've heard about that. Porn. You know, every guy wants to be a porn star till he actually tries it and realizes this is what everybody watching it's rather like how you can sit at home armchair quarterbacking on a Sunday afternoon and watch your favorite quarterback throw an interception and go. You bombed my grandma could have made that throw. But yeah, you get on the field with the offensive line of the Houston Texans ready to kill you like a pack of wolves and you'll drop the ball and run screaming and whimpering the other ways which exact so talk to us, all of us about the common sexual fantasies men have, or maybe even the not so common ones, and how to actually prepare our minds and our bodies and our social lives, you know, all of them right? To actually make it happen.

 Kenneth Play 30:42

I think first of all, their idea to have shame over your sexual desire well rouse issue is a lost cause. Because it just like, you know, when you're looking you thinking about that Haagen Dazs, and your refrigerator, the whole pie, you know, there's no nutritional value to it. But you still want to eat it. So I think we put goodness into the formula, then is that's not how our arousal work. We want calorie, fat and sugar. That's how we are genetically code. It's not a decision. You're not a decision. You want what you want and what arouses you and unfortunately, like you know, when you study sex scions of exploitability is a turn on, it's a browsing to human to see someone tied up, like rather you whatever value moral judgment you put on top of it, it is arousing. Now, I'm not saying people should act in a way that is against their principal or moral and everything. I think ethics are extremely important. But that's why people have sexual fantasy. So they kind of outlet to play outdoors, arousing, it's like having

calorie free ice cream, when you get to act out those things. In a way that is like between two consenting adult, that's the ultimate, you know, key to having those sexual fantasy and having those outlets. And it's like, you know, just a if a woman who has been faithful all her life, I'm a heterosexual context. And then they're the hot boyfriend, like I don't hide hottest guy in the high school pass by and she's in her 40s. And he's still looking hot as fuck her desire to want to fuck him has nothing to do with her. Her, her commitment to our family, like it's not something she could control. Like, rather, she act on it based on the relationship agreement is a whole nother thing. Right. But if we want to live in a world that we want to only favor, one aspect of our needs are human, like human needs is so complex, right? You have family, you have love, you have intimacy of devotion, you have that pair bonding needs, and then you have your novelty drive as in wanting different things wanting to spread your genes everywhere, like so those are some what people used to think of as conflicting need. I think in 2022, we have more opportunity to solve them in a healthier way, where this conflict doesn't feel so much of a trade off. And I think for me personally, people could choose what they value and that's that's your prerogative. But it doesn't mean that you decided to be a vegan bacon go stop smelling good to you, you know,



Scot McKay 33:10

so let's say for example, I'm a guy who's been sexually conservative. The sex I've had so far, even with my wife perhaps, has been really vanilla. We do it missionary style. Everybody has an orgasm, goodnight, honey kiss on the lips. And I would like to start acknowledging my sexual fantasies, and perhaps discovering how they may play out in real life. I mean, I guess there's a side question here. Are there certain sexual fantasies that should be better off left alone? Like, you know, banging 20 Check prostitutes? Well, perhaps,



Kenneth Play 33:45

that doesn't happen in actual you know, like Pornhub post data, the fantasies, usually more men and less women. Not usually 20. Guys, one girl that's like very rare, and those video doesn't do that. Well. So we're not really genetic. Like, that's the idea. But when it comes down to it, like when you outnumber by so many women, it doesn't work as well, for most heterosexual. You're saying



Scot McKay 34:09

most men would have the fantasy of five guys gang banging one chick and having her yeah, enjoy



Kenneth Play 34:13

it. Those videos do far better. I'm just talking about Data, Data Wise.



Scot McKay 34:18

Okay, well, clearly, my sexual fantasies are too small. But anyway, what I'm saying is perhaps

Okay, well, clearly, my sexual fantasies are too small. But anyway, what I'm saying is perhaps we could put the training wheels on first before on a 200 horsepower Moto GP sport bike. Most women I've ever met. Right, and I don't have Evil Knievel Wilt Chamberlain experience with women sexually. But most women I've met, actually like being spanked and like having their hair pulled. If you bring it up, they'd be like, Oh, yes. It's not an uncommon fantasy. As a matter of fact, it is an extremely common fantasy for women to



Kenneth Play 34:54

have one of the most common Absolutely, yeah. Oh, yeah, for sure.



Scot McKay 34:58

So you know, I'm not here doing enumerate number one, number two, number three, I can't do that. Plus everybody's an individual. But I have met surprisingly few women who don't want to be spanked and have their hair pulled. So perhaps that would be a great place for a guy to stick his toe in the proverbial swimming pool here of sexual fantasy before maybe diving into dressing like a priest and a nun or, you know, biting her on the deltoid till she bleeds like a vampire or inviting her best friend to come in and give you a joint blowjob or anything that would be a little bit more adventurous. A great, yep. Yeah. So how does that process work? I mean, give us some other ideas practically that guys can do to start moving down this trail.



Kenneth Play 35:38

Let me give you some real life scenario. I coach a lot of couples and I coach a lot of couples live, like where they struggle, because I'm a personal trainer. Like why would I teach you how to do the things like, if I'm teaching you how to cook, I'm gonna be in the kitchen. That's how I look at it. So I totally believe experiential learning. So I would meet so many couples, they are not having great sex, they've been in their 40s. And their 50s and the wife stop having sex with a guy and they just don't know what's going on. And I coach a lot of those couples, and usually, both of them will have similar fantasies, they just never expressed it, and then never figure out that's the stuff that really turns them on. So they always fuck like the things that they should be doing. So like the eating the salad, they think is healthy for them, but they don't crave it. So as soon as I told them, it's okay to crave what you crave. They end up eating the food they enjoy, and voila, their sex is amazing again. So, you know, when it comes to sexuality and what's pleasurable, you have to go towards what arouse you and what not what you think is good or bad and right or wrong. Because that is the inhibitory system is like being on a diet. So it's like, you know, vegan that love the smell of bacon and the taste of bacon by God Damn, he has an ethic of our killing animal. Is it really complicated like that? It probably not be that pleasurable. So I'm not the I'm the guy go like, I don't care what you believe. But if you like eating bacon, right, you crave bake and you'd like the taste of it, you probably going to enjoy it. It's what I preach, and you should talk about it. Yeah, and you should have healthy ways to express it between two consenting adults. Very good. You got you got to play with Yeah, you got to play with a game that you actually enjoy playing is like Teller and got to love being an accountant when he hates it.



Scot McKay 37:00



SCOT MCKAY 31:22

I think that's all very good advice. His name is Kenneth play, he goes by the online moniker of the sex hacker. He's been called the world's greatest sex hacker by several media outlets. He's from New York City. And the name of his book is beyond satisfied. You can get a copy of his book by going to my Amazon influencer page, which is mountaintop podcast.com front slash Amazon. I'll put that at the top of the queue for you. If you want to find out about all things kind of play, go to a special URL that I have set up for you which is mountaintop podcast.com front slash Kenneth ke nn E th just like we mentioned earlier in the show, there you will find his beyond satisfied book you will find his sex hacker pro video course that will help you be better in bed with the woman of your dreams, and all other sorts of things that he will have for you that are nice surprises at that particular website. Kenneth, thank you so much for joining us today and having this very essential discussion. Hopefully a lot of guys are feeling a little more freed up to be who they are sexually with the kind of women they really want to be with. Thank you. Thank you. And gentlemen, if you have not yet been to mountaintop podcast.com We got a few new things up there for you. Listen, the guys from key port are back in full force. They just sent me a key port pivot 2.0 It is anodized red with all the goodies on it. This is not your grandfather's swiss army knife. It does all sorts of things including open mic garage door you guys are gonna love this thing. Go to mountaintop podcast that conference slash key port and check it all out. Also Jocko willings company origin in Maine is still sponsoring the show of course, I wear those fantastic bison boots and the origin factory jeans regularly made in the USA and some of the highest quality product you will ever clothed yourself with I think the jeans and the boots will outlast me. We mentioned protein powder earlier in this show. The vanilla Mulk protein powder from origin Labs is the best you will ever try. If you're working out type of guy if you're interested in Brazilian Jujitsu, they have the coolest, most stylish GIS. If you are interested in BJJ you've probably already seen origin GIS everywhere it's time to get your very own go to mountaintop podcast.com front slash origin to check all of that out and more finally, if you have not yet gotten yourself some of the heroes soap bath gel, one of the fantasies you really Need to act on it really isn't all that difficult is to a get yourself some of that really amazing smelling amazing filling, slick, slippery heroes soap bath gel and be find a woman who looks incredibly sexy naked especially when she's wet and take a shower with her. I promise you this is an experience you need to add to your lifestyle. You can get 10% off your order when you go to mountaintop podcast dot conference less heroes soap by using the coupon code mountain 10 as you can when you visit origin and key port and guys listen, we're almost halfway done 2020 To some of you guys still don't have the right woman in your life to share all of your wonderful reality with okay, you need to invite a great woman into your realm and introduce her to your world. It is time to do that. How long are you going to wait how long is it going to take for you to be the man you need to be to attract the kind of woman you've always deserved? Let's get on the phone and talk about it. Let's put a plan together. You can get on my calendar talk to me for free for 25 minutes or indeed however long it takes by clicking the red button in the upper right hand corner at mountaintop podcast.com And until I talk to you again real soon this is Scott McKay from x&y communications in San Antonio Texas be good out there



Edroy Odem 41:29

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