

# mtp315

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## SPEAKERS

Edroy Odem, Dr. Joshua Estrin, Scot McKay

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Edroy Odem 00:05

From the mist and shrouded mountaintop fortress that is x&y Communications Headquarters. You're listening to the world famous mountaintop podcast. And now, here's your host Scot McKay.



Scot McKay 00:19


How's it going? Gentlemen? Welcome to yet again another episode of The World Famous mountaintop podcast. As always, I am your host Scot McKay. You can find me at Scot McKay on Twitter, on clubhouse and on truth social at real Scot McKay on Instagram. Look up the YouTube goodies by searching my name with one T please Scot McKay on YouTube. The website is match top podcast.com. And listen guys, more and more of you are joining the Facebook group, which is mountaintop Summit. And we're glad you did. It's a good discussion. We look at some pretty women up there we talk about some manly subjects, generally just a good time. Join us there by searching the mountaintop summit on Facebook. With me today is a new friend of mine. We were just getting acquainted earlier. He's a great guy. And we're going to talk about a topic that has really been of interest to me for some time, but like in many many cases for many years on this show. We just needed the right guest to discuss it with. His name is Dr. Joshua Estrin. You can call them Joshua, you can call him Josh, you can call him Dr. Josh. Just don't call him late for a boardwalk shot appointment. Apparently, he is an author and a celebrity science and a PhD in applied mathematics which I'm not even smart enough to know what that even means. Nevertheless, he's also the author of a book called shut up and listen to yourself 2.0 Which of course demands the question what was 1.0 about? And today's topic is one of those that sure to spark a healthy conversation and I have no idea where it goes. And as a matter of fact, I may have a few more butterflies in my stomach than usual about this one just because I honestly have no idea. But Dr. Joshua Estrin loves the topic of courts deciding your sex life, specifically that they shouldn't be doing so. And that's somewhere where we agree now if we disagree somewhere along the way about the minutia, maybe they're not minutia, maybe their major talking points associated with that. So be it but we're gonna have a lot of fun. We're getting along fine already. So I'm really looking forward to the show. Dr. Josh, welcome to the mountaintop, man. Hey, thanks,

 Dr. Joshua Estrin 02:34

you. I appreciate it. You know, I full disclosure, I'm kind of kind of like Fan Guy in you. So I'm super excited to be here. And you know, we discussed before the show that we're just going to take this in the direction it needs to go. And, you know, some people might not agree along the way. But isn't that why Baskin Robbins has like 30 Plus flavors.

 Scot McKay 02:54


Hey, I'll accept and appreciate you being a fan guy. Although I don't really know what that means. I'm assuming it doesn't have the same connotation as fanboy because sometimes that can be perceived as sort of a negative, you know?

 Dr. Joshua Estrin 03:07

I don't know. It's just it's just kind of like, you know, I don't want to sleep with you. But maybe we'll be in a bromance.

 Scot McKay 03:13


Well, that feeling's mutual. I don't want to be with you, either. Thank you very much full disclosure to the guys listening. Dr. Josh is a gay man.

 Dr. Joshua Estrin 03:21

Oh, you just lost half your listenership,

 Scot McKay 03:24

They're gonna have to cope. Okay. But I think that's terrific, specifically for the topic du jour because you're going to bring a whole different perspective. And I have a feeling that whether you're gay or straight, we're going to agree on a lot of these ways where the court is just overstepping. So that's really something I think is a cool angle that we're going to present on the show. So I'm actually looking forward to that.

 Dr. Joshua Estrin 03:46

Oh, my and, you know, full disclosure as a man who happens to be gay, for anyone that's listening. I don't want to sleep with any of you.

 Scot McKay 03:52



Scot McKay 03:52

That's fair enough.



Dr. Joshua Estrin 03:53

Okay. So don't Don't worry.



Scot McKay 03:55

Well, you know, the majority of this audience is straight, we're looking to date and relate to women on a romantic level. Some of these guys are married, but we also have some guys who are bisexual. I've also heard from guys who are trans. And if anything, they appreciate the honesty and the lack of judgment that we present on this show, even though we are what some would term hetero centrist.



Dr. Joshua Estrin 04:16

And that's fantastic. You know, despite the rumors, Kinsey had this scale, you know, back in the 70s, about where we all fell, you know, in our hetero and homosexuality, and, you know, I don't think women are gross and disgusting. They're, like, beautiful, and I just want to let all of you figure out how to navigate them. Yeah, that's



Scot McKay 04:35

exactly right. I mean, that's one thing I've noticed about gay men is it's not about hatred towards women. And it's not necessarily about hatred towards men on the part of lesbian women. It's simply a matter of sexual orientation, you know?



Dr. Joshua Estrin 04:50

Absolutely. So it's, you know, even in my own community, I take some people off because I identify as a man who happens to be gay, not a gay man. It's like a slice of the pie. There's so many other amazing things about me just ask my mama, you know, being gay is is actually not one of them?



Scot McKay 05:10

Well, you know, I think we're going to get to a point in this culture sooner than later where we've moved beyond LGBTQIA acceptance. And really, we stopped talking about it. It's kind of like how Morgan Freeman once talked about race. Well, no, we're not a racist nation anymore, when we stop talking about it all the time. And we're just humans, right?



Dr. Joshua Estrin 05:20



Dr. Joshua Estrin 05:29

You're absolutely. So welcome to the human race. I mean, I'm really looking forward to this.



Scot McKay 05:36

And I've already invited you back to do another show on how gay men and straight men can finally peacefully coexist in this world. And even though that may be an uncomfortable topic, for some guys, I think it will be a welcome one and an honest one and a conversation that really needs to take place. But for now, on the table is what's near and dear to your heart, which is, will the courts decide your sex life? And it's a rhetorical question now, isn't it, Joshua, at least in terms of your opinion on the subject?



Dr. Joshua Estrin 06:06

Sure. Well, I certainly don't want them to be deciding anyone's sex life, including mine. I mean, besides the fact that at this point in my life is not nearly as interesting as I wish it was. In all seriousness, you know, the last place I want the courts is my bedroom.



Scot McKay 06:26

Well, I mean, from a libertarian perspective, do we really want the courts messing around in any area of our life that's allegedly private?



Dr. Joshua Estrin 06:34

And there in lies? The whole simplicity to the question, in my opinion, is it and for me, it's a resounding, you know, hell no, just like, get out of these areas of my life that are, as you said, personal. That's why they call it a personal life.



Scot McKay 06:52

Yeah, I mean, exactly. And, of course, the recent decision that has been kind of nicknamed Dobbs, yes, you know, which is short for the official title of it was all about overturning Roe versus Wade, and the judges who voted to do this, were saying, hey, you know what, this was not something the courts had any business deciding to begin with. This is something that should be left to the states to decide, and the voters to decide, the courts should stay out of this. And, of course, Clarence Thomas, perhaps infamously, at this point, added to his opinion, in siding with the majority on this ruling, that maybe we should look at other things that involve your personal privacy, like birth control, gay marriage, et cetera, et cetera. And, you know, kind of like joking at a funeral. I just think the timing was really, really bad for him to say anything. You know, we needed to let's, the ashes from this one fall back to Earth after the massive explosion before we went into any of those areas. But you know, a lot of political activists who are pro choice, we're like, oh, my god, now they're coming for your condoms. Now, they're going to break up your gay marriage, when, in my opinion, unfortunate as it came off, I think Thomas was really talking about, hey, you know, what, if we're going to talk about overturning

established precedents, in the court that affect your privacy, maybe we should look at all of them, not necessarily take those freedoms away from you, but to kind of return them to their rightful owners, which are the voters. So I know, your take may not match up with mine on it. So let the first fly.

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Dr. Joshua Estrin 08:38

No, absolutely. And I think, you know, we need to have these conversations about how much government we want in our lives. And I believe that we need to have them, but agree that we're not going to make them quote, political discussions, because I believe that there they can be separated. And you know, when it comes to, for instance, marriage for what people call gay marriage, you know, why is it even gay marriage? Is there anything different about my marriage to my husband, than your marriage to your wife? No. And so, do we want to revisit marriage as a social construct between heterosexuals as well? I mean, it seems, it seems to me absurd so I try not to go down the political rabbit hole too much because it takes the it takes the conversation in a direction that removes the humanity from it. And and and when we stop being compassionate and humane to one another, we stopped being able to have the kind of conversations that we need to do to really kind of engender the necessary social change that I think we all probably want. I mean, the world is complicated enough.



Scot McKay 09:43

That is such a brilliant points. No, that is such a brilliant set of points that you just made you really brought up several things we need to talk about. The first one is the political activism has become a lot like a religion in this country. And what happens when we become Really dogmatic is we become closed minded. And we don't think for ourselves anymore, we simply do what we're told, which is the very essence of losing our freedoms, which is a passionate topic in your mind also. And what has gone on is I believe a lot of people are sacrificing their personal freedoms, even what's important to them literally on the altar of this new god, which is politics. If the Democratic Party or the Republican Party tells me I should believe this or do this, then not only am I going to fall into lockstep with that, but you're an evil, horrible human being, who is basically Satan, or worse, a Nazi, for thinking differently from me. And that can become sanctioned hate. And that's what you see on Twitter nowadays, is I hate you, because I perceive you hate me. And that's really screwed up, isn't it? Josh?

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Dr. Joshua Estrin 10:54

I have to agree with you on that one. I think that, you know, anytime we we make decisions just to kind of toe the party line. It's completely illogical. And, you know, most of us want less government. And when we start making decisions, simply because we're red or blue, without thinking for ourselves, then it kind of is it's kind of counter intuitive to the whole discussion and argument and, and, you know, cluster muster, that so many of us get into when we have differing political views. I mean, what happened to the days when we could just say, That's a stupid idea, it was my party's idea. But that's a stupid idea. And, you know, move on with our lives instead of having to be right, be so committed to this this desire to, you know, just be right, rather than I mean, it's a cliché, but do I want to be right? Or do I want to be serene, and I

could tell you, you know, most of the time on on the vast majority of the topics that come flying by me, from all the major news outlets, I just want to be serene, I don't need to be right on a lot of things.



Scot McKay 12:01

Well, I don't think we need to go spilling our opinion to everybody who asks, because most of the time, we're so inundated with opinions to begin with that we don't even listen.



Dr. Joshua Estrin 12:10

And we know opinions are like, you know, so everyone



Scot McKay 12:13

has hassles, everyone has one. And they all stake. Keeping the cord out of your life isn't only for one side of the political divide, then, you know, you just can't cherry pick these issues and say the court should codify Roe versus Wade, but the court shouldn't do anything about this other when it should stand in my way. And be honest with yourself, you know, you have to be willing to realize that fairness is fairness. And of course, we're supposed to be fair, that's what it's allegedly all about. So what it comes down to Josh's vilifying the other side really is hate regardless of the position, otherwise, we're kidding ourselves. And you know, I've always said, and I think I'm right about this, but I want to float it by you anyway, hate stems from a perceived difference between ourselves and someone else. And when someone is different, or something is different, we don't understand it. And when we don't understand it, we fear it. And when we fear it, we start really disliking it. And that's what turns into the systemic hate that we see in so many areas in this country. And what happens is when a group of people or even an individual has been marginalized, or let's just call it as it is hated too much, it can cause backlash and kind I mean, which is understandable from human condition perspective, but it's certainly not productive. For example, if you're pro choice, all right, these folks have really pivoted to where they just have a deep hate towards dogmatic Christians, because they think the Christians are doing this to them. And you know, we're going to talk about abortion, I'm sure, but I think that point stands alone. And really addressing the psychology of how this hysteria over politically charged legal and judicial issues really has just reached a fever pitch in this culture. What's up with that?



Dr. Joshua Estrin 14:10

You know, clearly I love throwing degrees around so my, my master's in clinical therapy, so I hold a license in in clinical therapy and human behavior. And what I've found is that when we understand to the best of our ability, people who are different than us, which is completely different than agreeing or accepting, simply understanding, it really drives your point home, it's very hard to hate someone who you understand. That's right. And so it really is just a personal commitment to saying, I want to wrap my gray matter around who you are, Scott, and how you fit into your world so that I can better wrap my head around how we can both navigate this big

blue marble and that doesn't mean that we have to sit around you know, being besties it just means that we don't have to beat the crap Out of one another verbally or physically, simply because we disagree. Well, sometimes



Scot McKay 15:06

disagreements are healthy, because you can learn from someone else. I mean, that's one of Jordan Peterson's 12 rules for life, right is always assume that the person you're talking to can teach you something. That's an essence of power.



Dr. Joshua Estrin 15:19

Absolutely. And imagine a world that was made up of me and my two best friends, what a boring existence. And so I think that it is our diversity. And it is, and the things that we commit to engage in to disagree on. But understand, that makes being a human being so unbelievably interesting. You know, I've been on the planet, like, we've talked about this a little more than half a century. And, you know, I don't ever want to stop learning, I don't ever want to stop challenging myself, I don't ever want to stop being passionate, and I'm passionate about things that I understand but don't agree with because, you know, if this is it, if I have reached the pinnacle of my understanding of the human race as a human nugget, like, I'm just going to wade out into the water and call it a day,



Scot McKay 16:08

you know, and what goes along with that is, if any of us who've walked this earth for a certain amount of years, which both you and I have, we'll just leave it at that. We we have to acknowledge that right now, at this very moment, we don't necessarily have the same opinions we had when we were younger. And that may be because of societal shifts, it may be because of evolution of ourselves as a human being. And our thought processes, a lot of people young people go from being really idealistic to not so much later on in life. A lot of people go from being really uptight and worried about everything, to being a lot more laid back and making decisions differently when they get a little bit older. You know, anybody who watches old episodes of the real world on MTV realizes, Oh, my God, these things these 22 year old kids are concerned about, I have absolutely no bearing on anything having to do with my real world as a 35 year old, and you can kind of laugh about it and go man, such Greenhorns, they'll figure this out one day, right. But the one thing I want to address with you relative to this is the idea that once I feel like, I am not as marginalized as I used to be, that the world really is to use a term that has been in and of itself vilified, waking up to this, you know, people are getting woke, which only people who are not woke use that word anymore, that was a term that really went out of the frying pan and into the fire in my estimation. But you know, the root idea there was people are waking up to the fact that racism is wrong, that you know, vilifying LGBTQIA folks is wrong. What happens is, if we start getting a little more equality, if we have a greater voice, in culture, we have a seat at the table. It's really easy for for human nature, to go from trying to get its own piece of the pie to trying to make people pay for not having given it to me before. And that's really just hate redirected in the opposite direction. For example, if conversion therapy is wrong to impose upon gays and lesbians, then it's also wrong to come back to me as a straight man and tell me that I'm wrong are horrible or transphobic. Because I don't want to

date trans women who still have penises. I mean, I should be allowed to have my sexual preferences in line with my sexual orientation, which I acknowledged by the way are two different concepts related. Thank you. Yeah, you're welcome, man. I had a woman on my show whose sexual orientation was spanking.

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Dr. Joshua Estrin 18:57

Hey, listen, that's right. Shut up. And listen, by the way, there you go. 1.0. For, for lack of a better phrase, you Oh, man.



Scot McKay 19:06

Boy, God help us all if that's the case. But I am a free thinker. And I am an evolved thinker. And that's why if someone comes up to me, and tries to impose homosexuality on me, I will remind them that I am not imposing heterosexuality on them, because I believe it is our human right, to decide who we're going to sleep with.

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Dr. Joshua Estrin 19:31

You know, absolutely. And, you know, even to just roll it back a little bit to something that is supercharged as you know, someone making an an improper sexual advance on you. If you know, your, your orientation differs, you know, you're not going to go up to a woman at a bar and and, you know, do your best to to introduce yourself and have her say, Hey, thanks, but no thanks. And then, you know, impose yourself on her and I think I think that whole holds true, you know, man, it's boundaries. It's like, just common sense, respect whatever the topic is, if someone says, Thank you for sharing, or Thanks, but no thanks, you just step back and move on with your life, right? Well, one would think one would think, right.



Scot McKay 20:16

But a couple years ago, OKCupid made a grand broad brushstroke announcement that hey, all you straight guys, we're going to show you trans women, when you do your searches, whether you like it or not. And we don't feel like we have to tell you the difference,

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Dr. Joshua Estrin 20:29

which is where we have to start holding some of these platforms and communities. Look, I'm going to say it and this is going to make me hugely unpopular with my own community is that, you know, there's a lot of work to be done within the LGBTQ A plus community as well. It's not like we have it all figured out. Because if we're asking for equality, and inclusivity, and acceptance or understanding, we need to understand ourselves first and boundaries. And so when you're on a site, or when you're on a platform, or even when you're in, dare I say the real world, and you make a decision, as you said, you know that that there are certain people places and things that just aren't, you know, your cause, celebrate the kind of things that you want to get involved in, you shouldn't be vilified for it and made to to be the Antichrist, if you happen to



be heterosexual, and you're not open to a trans person who has not fully undergone their, their gender reassignment that doesn't make you a bad person. It's just like, some people like blondes, and again, the trans community is going to probably come after me for this one, because I'm now comparing gender identity to the color of your hair. But we've all just gotten so hyphenated about these issues. And I think that it's fair to say that we all have a right to to like what we like to ask for what we need to do it in a respectful manner. And as long as it's not illegal, and not hurting anyone, including ourselves, then can we just move on and find some love, find some happiness? And and, you know, do some course correcting that we need to on this planet that needs to be around for my kids and grandkids? Thank you very much.



Scot McKay 22:18

Yeah, well, you know, you're talking about the courts deciding your sex life, and your life in general. Obviously, we're going to talk about I don't know if it's obvious or not. But nevertheless, we are going to broach the subject of adjudicating codifying laws that affect our privacy's, our sex lives or personal lives. Even your employers nowadays, are taking these political stances and imposing it upon the people who work for them. Or they're taking political stances just to avoid the mob mentality that would be coming for them. And that's no bueno either, because no matter who it is, who's trying to weasel their way into your personal life, it's just not a good thing. So I'm right there with you on all of this stuff. One of the things you said was, you know, someone else is not the Antichrist, because they disagree with you. I can't help but note that religion seems to be at the heart of a lot of this decision making. And there's a lot of anguish and a lot of vitriol being directed at each other by both sides, as to whether this is a quote unquote, Christian country or not. And of course, the country may have been founded on Christian values, but the way I look at it is, regardless of what my faith is, I can't be pro or anti any particular religious belief, and be consistent with the Constitution. Because the Constitution clearly says we have freedom of religion in this country. So if it's going to be American courts, and it's going to be American laws, then they need to stay the heck out of our bedrooms out of our personal lives, on the basis of a particular set of religious beliefs. And you know, we'll return to the example we were just discussing marriage to a Christian is different than marriage to the United States legal system. And if you're an American, and I'm an American, and I get certain legal rights and privileges by being married, for example, tax breaks, then I shouldn't be discriminated against now, this is my opinion, okay. I shouldn't be discriminated against because of my sexual orientation or you shouldn't be discriminated against because of your sexual orientation, simply because you're wishing to be with someone of another gender. To me, that's the separation of church and state, yet, I am of a Judeo Christian background. And I personally believe that the Bible is clear about the behaviors associated with homosexuality. But that has nothing to do with the government and our rights. Now, before we get too excited about that, I know you want to riff on this, but I want to acknowledge something. And recently a movie was made about this that won Oscars, Tammy Faye Baker was the wife of conservative Christian television evangelist. After her husband died, she had an epiphany of sorts, famously, where she really found she related to gay male culture very closely. And she publicly said, you know, I love you guys. I relate to you guys. I really like you guys. And even though I may disagree with what you do in the bedroom, I'm going to love you as a human being, I'm going to accept you as a human being. And she did that later in her life, and basically became a gay icon. Because much though, yeah. So why is it so freaking hard for people to separate the fact that, hey, I may have religious beliefs, but you're still a human being you're you're allowed to disagree with me. I mean, Jesus himself loved sinners. I mean, why is it so hard? Because I

think the religious political partisans find this idea of a competing religion to be either quaint, archaic, or flat out straight up, at worst a threat. And it's just so messed up. And it's really not constitutional, is it?

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Dr. Joshua Estrin 26:27

For me it is. And again, you know, I'm not the sharpest knife in the drawer. So I try to keep it simple for myself as much as I can every day. And, you know, there are a lot of different religions in the world. And each of them has their own rulebook, no disrespect to what some people call the Bible, or the Koran. And I say, Whoever you are, if you have a specific rulebook, live your life by it. In fact, I will vehemently protect your right to your rulebook. But if you don't want to get married, or don't believe that marriage is between, you know, anyone, but a man and a woman, then if you're male, don't get married to a guy. And if you're female, don't get married to a woman, and I'm not trying to be, you know, trite or flip about it. It's very clear cut for me, live your life according to your rulebook to the best of your ability. And I'll live my life. And there's going to be intersections that occur, where we're like, oh, our rule books, they're, they're, you know, they're, they're kind of living in the upside down of Stranger Things. And, and we're not going to, we're not going to swim in that same pool, but there's so many other pools that we can swim in. And so I don't, I don't understand why it has to be this cluster of muster, when it would be very easy if we all lived by whatever rulebook we do within the boundaries of our own lives. And I want to understand your rulebook. Because my, my bet is that there are things some takeaways in there, you know, like 12, step recovery says, take what works and leave the rest behind. You know, the teachings of Jesus Christ, even if I don't see him as my Savior, are about love and compassion and understanding and forgiveness. I mean, why wouldn't I want to embrace that? And so I want to understand your rulebook so that I can incorporate it into the fabric of my life. And if some things just don't quite jive, well, I'm gonna let you live those things.



Scot McKay 28:31

I think that's a good word. And I think you're thinking very clearly on it. Perhaps coincidentally, or not. Another recent Supreme Court ruling allows coaches, for example, football coaches, to lead their teams in Christian prayer on the field. And this was seen by the religious right as this huge victory. But then someone who was a proponent of the satanic church said, hey, I want to go and lead a satanic prayer on the field of play. The next time we play football here at my school, and the Christian right went, Oh, no, you can't do that. Well, wait a minute, dude. You can't have your cake and eat it too around here. Either the government is going to stay out of this, or the government's not going to stay out of this. This wasn't a victory for Christians. Rather, it was a victory for religious freedom, which is what was supposed to happen. But it seems to me you know, bringing this full circle that a lot of people make this to be all about religion, when nothing in government should be about religion, and be they want their side to win and the other side that they disagree with not to have those same rights and privileges, either allowed by the quarter at the very least not imposed upon them. Along the same lines of religion being at the heart of all this abortion. Anyone who's pro choice seems to latch on some sort of Christian dogma, ultra conservative Bible thumping theology as the route of the entire pro life movement. And if you're gonna say pro life, you need to say pro choice, okay? Or it's either anti abortion or anti life, you know, pro and anti are loaded prefixes. Yes, I'm being fair there or attempting to. It is a fallacy that all pro life argument is based on Christian dogma. It's

just not true. It's a lie. It's not honest. A lot of people who believe that abortion shouldn't happen, believe that way, because they've seen videos of fetuses at six weeks old and go, Dude, that's a human being to me. Some other people look at the admittedly racist roots of Planned Parenthood, and to say this whole thing stinks from the head. Some people say, hey, look, if a woman is allowed to terminate her pregnancy, because she doesn't want to be a mother, then what's up with men still having to pay court ordered child support? If they choose not to be a father, are we going to be pro choice for everybody here or just for a quote unquote, birthing people. All of that is very important to me, the crown jewel of the argument is a species that trivializes its own life is going in a bad direction.

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Dr. Joshua Estrin 31:14

A bad direction, very bad direction.



Scot McKay 31:17

We've seen evidence of that, since Roe vs. Wade in 1973. I don't think it's about to reverse itself. But there's just something about human beings, cheapening the life of their own offspring to the point where we can just kill them because we feel like it. That just feels like it doesn't bode very well, for the human race. That's actually the linchpin for me. Now, the other thing that a lot of people do, I'm sure you'll want to talk about this is they engage in logical fallacy like a big dog. I mean, there's the all or nothing logical fallacy everywhere, just like to be fair to people on the left and the right. A lot of people in the right will knee jerk when they're trying to ban bump stocks, for example, which actually enable a semi automatic weapon to act a lot more like a fully automatic weapon. People who are second amendment advocates, you know, to an extreme, say, hey, you know what, this is only the first step, when they come after your bump stocks. The next thing you know, they're gonna come after your hunting rifles and your BB guns, and then your water pistols. Oh, my God, you know. And I think a lot of that's going on right now, based on what Clarence Thomas said, and perhaps what some of the state legislatures are looking at, including Texas, someone's turning over this rock creating a stake and I think it's really just for political expediency. But just because we're revisiting Roe versus Wade, doesn't mean they're going to come after your condoms anytime soon. That's just fear mongering. So what about that? What about the fear mongering aspect of this? Isn't that really just mind control, which is what we're actually really trying to defeat here?

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Dr. Joshua Estrin 32:53

You know, it's an, it's a complicated topic. And when, when it's this big, what I usually do is, you know, I start with myself, because at the end of the day, where else can I start? And, you know, some people find it fascinating that I'm, personally, personally to make this very clear, pro life insofar as if I had a uterus and became pregnant, I don't think that I could make the decision to have an abortion, yet at the same time, and I know, I'm not the only one who have expressed it this way. I don't believe that, because of that, I have a right to impose that no one else should get an abortion. And having said that, I begin to then expand it kind of like a dartboard, you know, that's my bullseye. I believe this yet I want to give people the space to appropriately Express and believe and have the right to do something other than than I believe in. And there are so many different layers here. You know, you and I talked about it briefly before the show, if

we're going to take the right to contraception away, just condoms, for instance, you know, how are we going to navigate STDs and STIs? I mean, there would there's, it's not? Exactly there are so many other issues and reasons why people use quote, condoms, aka birth control, other than controlling birth. And subsequently, we need to be ready to to have those discussions or just say, as you said, Now, many times during the course of the show that the question on the table or the issue on the table isn't always what it is. And when we peel back that thin veneer, it stinks of politics.



Scot McKay 34:35

Of course it does. This is why when we start talking about parental rights, there's a lot of talk about gender affirming treatment for minors, or abortion being granted to minors without parental consent, when virtually any other medical procedure requires it and nobody's arguing otherwise. So when someone says As a you know, shouldn't kids be at least post puberty before making permanent gender decisions? Isn't this really something that parents should have at least the right to know, is being talked about with their kids? I mean, my wife put it kind of succinctly, I bet they're stuck with the bill afterwards, regardless of what happens. And it really does smack of politics, doesn't it? That's why when this political agenda starts superseding, really rights we consider to be extremely basically the right to raise our kids as we see fit. It becomes a huge political talking point with the upcoming elections. And really, I think this deep leverage, which really, again, Josh feels a lot like turning activism into revenge based hate. I think these are going to become huge issues. And I don't think they're going to stick ultimately,



Dr. Joshua Estrin 35:51

it's an interesting point, you know, there was a time in my professional career where I was practicing as, as a as a clinical therapist. And, you know, I had the responsibility if if an underage child came to me and expressed suicidal ideations, to talk to their parents about it, but there was, there was, right, there was a caveat to that, that, if there was a situation where it would put the child at risk, I had to navigate a very, very precarious and slippery slope. And so for me, again, it's about understanding one of the responsibilities and priorities about being a parent is again, understanding. And so we have a responsibility to educate parents and have what I call those difficult discussions about uncomfortable topics. And the vast majority of parents will never have to navigate this gender identity issue. But enough parents will that what kind of discussions do we have to have with the parents and future parents so that this isn't jarring and alarming to the point of, you know, children being at risk, and not only because they're going through this period, where they, they really are questioning who they are, and how they fit into the world, and parents can be supportive. And again, they don't need to be accepting right off the bat, but at least or at the very least, understand that this is real, this is what your child is going through? And what can you do to the best of your ability to be the most supportive loving parent, because, you know, none of us signed on as parents to understand or have a crystal ball as to what was coming down the pike, so to speak, you know, God forbid, your your, your child goes to the doctor, and you're told they have cancer? Did you? Did you go into having kids thinking, you know, my kid is going to have a terminal illness, there's a learning curve. And and there's so much that as parents, we have a responsibility to, to step up to the plate and learn and this is just another one of those things. And do I want the government to be stepping in and deciding what my child is told or not told? I don't, I don't. And yet, at the same time, if we're going to have sex education in the school, we can't cherry pick,

as you said, only those issues that are, you know, heteronormative, so to speak. And so, you know, this is where we have to get real with ourselves, right, Scott, and as you said, we can't say, you know, government needs to, you know, tell these people that they can't get abortions, but you know, I can't basically have a semi automatic, you know, in my living room, and and that's where we don't have the luxury to dig in our heels and just bring the conversation to a hard stop. Because this is not the end of the discussion. It's not the end of our lives. This is not the end of of what America is going to look like. And if it is, if we're if we're at the end of our our evolution and revolution as a country. Wow, I'm going to walk into the water again, and just take me because there's, there's distance to travel. And that's both concerning and exciting, to be honest with you.



Scot McKay 39:12

Yeah, two things there. First of all, common sense, should be common. It should be something we can all agree make sense. Yet, it seems to me when things get politically loaded, common sense is leveraged for political expediency to the point of not making any sense anymore, let alone common sense. So there's that. Second of all, you bring up a fantastic point that I want to underscore here, which is parental rights, properly granting parental rights back to the parents. Absolutely doesn't mean that we've abolished parental ignorance.



Dr. Joshua Estrin 39:48

Can you say that louder for the people in the back of the room?



Scot McKay 39:52

You know, you need a license to get everything except a kid. Exactly. It was a Steve Martin movie where they said that wasn't there. And why is that the case, I don't know, the training goes a long way little resource here little resource there. Why not?



Dr. Joshua Estrin 40:04

And you know, Can we all just admit that it's really hard to be a parent? I mean, puberty is the universe's joke. It's just, you know, anyone in a parent or is a, you know, is a guardian or who has ever had to navigate puberty with it with a young one. It's just like, holy cow. They're, they're like, aliens that have just where's the pod? I don't know. And exactly, you know, my heart goes out to my fellow brothers and sisters who happen to be procreating are who have adopted or who are taking that parental role, because, you know, I've got kids now in their 30s. And they're just starting to look at me with that glint in their eye that says, you know, what, maybe you know, a thing or two about a thing or two, but wow, that whole adolescence, pre adolescence, pre puberty, puberty, parents out there, it's brutal. You're you're really doing the best you can and the more knowledge you have, I guarantee you, the easier it will be,



Scot McKay 41:06

you know, I call that the knowledge stage, at least as far as boys are concerned, from about

you know, I call that the knucklehead stage, at least as far as boys are concerned, from about 10 to 13. Men, my sons were just knuckleheads. I mean, no responsibility. Teenagers are selectively death. Yeah. Yeah, right. Exactly. When you ask any teenage boy a question he's going to answer with what you like Brett from Pulp Fiction. And yet something sort of magically happens, at least we hope so. And trust. So around 14 or 15 years old, where they start acting a little bit more like young men, and you can actually see the light at the end of the tunnel. That's what's going on with my younger son right now. Fantastic. Fantastic. I think they would come at me with torches and pitchforks. Josh, if we didn't at least talk about the Florida quote, unquote, don't say gay bill. And that sort of hits it right down the fairway here. That bill is a five minute read. And based on Twitter, I don't think anybody's actually read it. They're just once again, wait for it, doing what they're told by their political side, there are pining as they've been told to a pine. The bill does not say does not even mention the word gay and correct. So it's sort of dishonest to say it's a don't say gay bill, because it doesn't say Don't say gay, it just simply doesn't say gay. The gist of the bill is, if my kid is from K to three, kindergarten to third grade here, I mean, none of us have hair on our crotch is in third grade.

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Dr. Joshua Estrin 42:39

Now, that's great. Well, that I can never unsee.



Scot McKay 42:42


Yeah, well, I'm just saying I didn't. And the stipulation, again, I think it's this fear mongering is being made. Any of the stipulation is please don't talk to our kids, in school, as teachers, as administrators, as janitors, about anything having to do with sexuality, or procreation. It doesn't even mention sexual orientation at all. In other words, if you're an activist teacher, and you want to teach my first grader, that sex is of the devil, because you're a Christian bible thumper, and they should they should abstain from sex all the way to adulthood until they get married. You're still in violation of what this bill is talking about. Yet the fear mongers out there are saying, hey, because this is Ron DeSantis, because this is being proffered by Republicans, what they're really trying to do you know, the old argument about dog whistling to your base, you know, which brilliant, by the way, allows you to put words in other people's mouth that they never really said, this is all dog whistling to say, hey, if you're LGBTQIA, we don't want you talking to our kids. And they give all these examples. And of course, the people who are the loudest voices in opposition to this are LGBTQIA folks and allies. But at the baseline of this bill, I really don't think I want teachers talking to my kindergartner, and my first grader, second grader, third grader about these issues, they should get up there and teach. They should teach arithmetic they should teach reading. Just recently, the Vice President of the United States was giving a presentation where she said teachers should be allowed to express their views freely to kids and and tell the kids what their values are. And I'm thinking like, really? I mean, should I be able to go sit at my kids teacher's kitchen table and express my values to her and her family over dinner tonight? I don't think that's the place of teachers. I don't think it's the place of the collective village ala Hillary Clinton to raise my child. I think this is up to the parents who birth those children pay the bills and are raising them who they come home to at night. And yet again, politics may have driven the Florida legislature's goals here. I'm not saying they weren't thinking about that at all. But the bill becoming law can really only enforce what it says it enforces. And, you know, I really think again, people have to return to common sense and think for themselves rebills for themselves and stop the fear mongering, you know?

 Dr. Joshua Estrin 45:16

You know, I can't say that I wholly disagree with you that the thing about that bill that concerns me the most, and I actually, you know, hail from the state of Florida is that it's ambiguity. There are some some areas that again, become slippery slopes. So for instance, what do we do with the child in kindergarten or first grade who comes in and starts talking about their two mommies or two daddies? In some places like Miami Dade or Fort Lauderdale, Broward County, Palm Beach probably wouldn't be an issue. You go a little more north. And it might be what do we do with the school district? I believe it was in Orange County, Florida, that has asked teachers to not have their same sex partners photo displayed in the classroom. As a result of this, quote, don't say gay bill.

 Scot McKay 46:10


We'll see. I think that's the other side. Being heavy handed from a dogmatic perspective, trying to enforce things that aren't specifically talked about in that bill. I think that's equally fallacious.

 Dr. Joshua Estrin 46:21

Exactly. And so I've really tried to synthesize and understand again, both sides of the argument and, you know, if I was a parent, I wouldn't want my my kindergartener to be taught about the birds and the bees anywhere else. But home, you know, hetero or otherwise, there's just no, there's no place for it. But I would want a space where the books that they're read, reflect the world that they're entering into. And the reality is that in this world, as it was in the past, just probably not so much out there, so to speak in front of you. There are kindergarteners with two mommies or two daddies. And so why wouldn't they be read books where that's reflected much like they would see books where mommy and daddy aren't of the same race. And so this is the problem when we bring politics in. The intention should be that our children have an education, especially at that young age at that foundation that can be built upon so that they become productive citizens of the world.

 Scot McKay 47:30

Political activism versus education,

 Dr. Joshua Estrin 47:34

exactly, exactly exists, but

 Scot McKay 47:36

it needs you to become one of them, because I am.

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Dr. Joshua Estrin 47:38

And you know, I will say I believe with you very strongly that number one, you know, I think teachers are superheroes. I mean, they take care of other people's children for like, eight hours a day, what is that



Scot McKay 47:49

I've been a teacher before. Far be it for me to say otherwise. So thank

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Dr. Joshua Estrin 47:52

you. Yet at the same time, teachers also have a responsibility to teach and sharing your personal political views in the classroom. To me, I just don't understand it. You know, that's for your personal life. That's why they're called personal views.



Scot McKay 48:11

Yeah. Well, I mean, everybody should be respected kids, teachers, adults from both sides. And when it becomes a partisan battle, and kind of bring in this full circle, Dr. Josh, it becomes his quest to be right. And if you don't agree with me, you're not only wrong, you're flat out evil. I mean, that's what led to Rwanda. Right. And the irony there is, the only reason we probably think Rwanda could never happen here is, ironically enough because of racism. And what I'm saying there, just to be completely point blank about it is plenty of the same people who are so quick to blame others and fear and pronounce others who are different from themselves as evil Nazis or whatever, are the same ones who were too ignorant, frankly, to understand. That's exactly where we're headed nowadays. I mean, it only requires a cursory knowledge of the Rwandan massacre, to know that it was the people who were told they were the oppressed ones, the Hutus, who were riled up by the media, he asked, that's exactly what happened to go and make a violent preemptive strike against the Tutsis who were perceived as the quote unquote, privileged ones, and their oppressors, you know, get them before they get you. And that's exactly the mentality we're seeing here in Western culture nowadays, and it's scary, and the media is certainly doing nothing to help solve the problem. And I am including both the left leaning and the right leaning media in that pronouncement. And history simply cannot repeat itself here, or in Africa or in Asia or anywhere else, frankly. So here it is, regardless of your My or anybody else's perception of someone else's culture, and how quote unquote, developed their country is the simple fact If human nature remains the same, there are humans, we're humans. And we start villainizing entire social groups of people just because they're different than we are or disagree with them, or we're afraid of them, which is what happened in Rwanda. Not only may we end up having a civil war, we may end up packing each other to death. And I don't think that's an overstatement.

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Dr. Joshua Estrin 50:22

I don't think it is either. It's it's a brilliant point. And it's why you do what you do is that we simply need to understand that part of what makes us so deliciously human, is that we're different and different, does not mean a wrong, different does not mean better. Different just



means different. And we have so many examples in history of genocides that were started out of this need to be right. And fueled by their differences. Exactly. And so you know, again, trying to bring, bring it full circle. If I understand you, it's very hard for me to be afraid of you, I don't have to like you. I don't have to agree with you. I don't have to hang out with you. But if I understand you, then the fear isn't there. And if the fear isn't there, then then we don't react out of a place of again fear which oftentimes leads to violence, which then escalates. And so I am a I am a an activist for only one thing understanding



Scot McKay 51:25

Amen, man. We're on the same page there. This has been a fantastic discussion. Dr. Joshua Estrin, and there are so many other rabbit holes, we could have gone down here, so many things. I feel like we've left on the table that I think it'll warrant further discussion. But what I know about these guys is when these shows get over an hour, fewer people download them. Call it chalk that one up to our 21st century short attention spans, I guess. But again, this has been a fantastic show on a topic that I've been wanting to address for quite some time and I think you know, you hit it out of the park, man, I think it's fantastic



Dr. Joshua Estrin 52:00

it it's been my pleasure. I would love to come back and you know, give your listeners some dating advice because the ladies out there they tell their gays everything.



Scot McKay 52:10

Oh man, I have the inside track topic has your name written all over it?



Dr. Joshua Estrin 52:15

Yes, but every girl needs her gay so like they talk the trash about what all your men friends are doing wrong and you know, I can help them course correct.



Scot McKay 52:24

I think that's a fantastic idea. We'll be there for that. His name is Dr. Joshua Estrin. He is currently in Mexico, but he hails from Florida, just like you said, the difference between you and me is you hail from Florida and here in Texas, it just hails. I've had my roof replaced twice. He is the author of shut up and listen to yourself. 2.0 which I put at the top of my Amazon influencer queue, which you can reach by going to [mountaintoppodcast.com](http://mountaintoppodcast.com) And I will also put that book behind this link [www dot mountaintop. podcast.com](http://www.dot.mountaintop.podcast.com) front slash estrogen which is E S T R I N [mountaintop podcast.com](http://mountaintop.podcast.com) front slash estrogen where you can grab a copy of Dr. Joshua estrogens book once again, man, thank you so much for a great show today. I really appreciate it and I can't wait to have you back.



Dr. Joshua Estrin 53:17

It'd be my pleasure. Thank you.



Scot McKay 53:19

Yeah, man, for sure. And meanwhile, over at [mountaintop podcast.com](http://mountaintoppodcast.com) You can check out the latest master classes where we are indeed freethinkers and talk about things in a way that will hopefully increase understanding not only of yourself, but of the women you're trying to attract and the world around you. The latest master class was fantastic lives were changed. Check it all out. See what's going on. See what the latest is at [mountaintop podcast.com](http://mountaintoppodcast.com) front slash masterclass when you go to [mountaintop podcast.com](http://mountaintoppodcast.com) Please visit our sponsors Jocko willings. Company origin in Maine has the best vanilla protein powder you've ever tried in your entire life. It's truly effective. It tastes great. Also the best boots and jeans you already know come from Jocko willings company so use the code mountain 10 with any purchase at origin in Maine when you go to [mountaintop podcast dot conference slash origin](http://mountaintoppodcast.com) hero soap as the best body wash you've ever tried in your entire life. If you have not yet taken a shower with a sexy woman using this slick stuff, you're missing out on one of the great joys of this life. Last but certainly not least the guys over at Keyport are always coming up with new and interesting ideas. See all the gadgets that you can put together piece by piece to make your version of an RV day carry device that is not your grandfather's swiss army knife, new and interesting face plates so you can dress them up. All of that and more is there for you at [mountaintop podcast.com](http://mountaintoppodcast.com) front slash keyboard. Some of you guys have not talked to me yet for 25 minutes. I'm exactly who you think I'm going to be. I'm a normal guy. I put my pants legs on one at a time. And you will find that when we get on the phone and talk for free that you will emerge with real actionable ways to improve your life not only as a man but also with regard to your fortunes with women. Go ahead and sign up check out all the goodies and so much more at [mountaintop podcast.com](http://mountaintoppodcast.com) And until I talk to you again real soon this is Scott McKay from x&y communications in San Antonio Texas. Be good out there



Edroy Odem 55:30

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