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SPEAKERS

Edroy Odem, Jonathon Aslay, Scot McKay



Edroy Odem 00:05

From the mist and shrouded mountaintop fortress that is x&y Communications Headquarters. You're listening to the world famous mountaintop podcast. And now, here's your host, Scot McKay.



Scot McKay 00:18

Greetings, gentlemen, welcome yet again to another episode of The World Famous mountaintop podcast. I am your host Scot McKay. You can find me all over social media, usually by using my name always one word Scot McKay, Scot MC ky. Our website, as always is mountain top podcast.com. Guess what gentleman, I just recently revamped that website. And you can find a whole lot of new free goodies up there, including for the first time ever, my first book that usually goes for \$37, all day long on my website called deserve what you want. And also guys, if you haven't joined our Facebook group, yet, it's called the mountaintop Summit, you're invited, you're invited to join all of us, a group of guys who are getting better as men and getting better with women. It's a good group of guys. And it's a group unlike anything you've ever seen on Facebook before. Let's just leave it at that. Gentleman. Today, we're going to have a whole lot of fun. I've been wanting to do this show for a long time, I just needed the right guest to have this conversation with that guest comes in the form of my good friend Jonathan azulay. From Hollywood, California, as it turns out, he's out there in LA. And so he's right there in the thick of it socially, with all the Hollywood actors and actresses and directors. He sees them walking up and down the street all the time, I'm sure. And he's with us today to have what promises to be a very fun conversation about how Hollywood portrays men and women on the silver screen, and I guess on the small screen too. So without anything further, Jonathan azulay from California welcome, man. Hey, buddy, how you doing? Hey, it's great to have you here. You know, I just mentioned something in passing that I'd love to actually formally ask you about. You live out there in Los Angeles. Do you? Or do you not when you're walking around constantly see people you recognize from some TV show or movie somewhere?



Jonathon Aslay 02:11



Jonathon Aslay 02:11

You say? Yeah, no, no, no, it does happen frequently, especially when I'm out at restaurants and that sort of thing? Yeah. So



Scot McKay 02:18

yeah, yeah. My dad used to work in New York City all the time. And there's nobody better on Earth at spotting famous people that my dad, I mean, I would say half the famous people I've ever seen in my life. It happened to have been when my dad was with me to spot them. For me. He's just amazing at it. So he would work in New York when I was a kid and come home and tell us about the famous people he saw walking down the street and what they were doing. That was funny, you're silly, and true to form every time Emily and I go to Los Angeles, ourselves, or even New York, but we find ourselves in Los Angeles more often. We always see quote, unquote, that guy from that thing. If someone we know is famous, we just can't place their name. Oh,



Jonathon Aslay 02:58

yeah. It's interesting. I was at the Hollywood Bowl the other night. I'm going again tomorrow night. And you know, just I was driving through grumman's theater off of you know, Santa Monica Boulevard, which is famous. And I saw the TMZ tour bus truck. And I thought, you know, it might be fun thing to do my girlfriend I was just thinking, you know what to do that, you know, like the tour of the stars, homes, that sort of thing. And I was just telling her about I go we shouldn't do that just for fun.



Scot McKay 03:31

Isn't it interesting how you can live in a metro area and never do the tourist things? And yeah, town even though you've done the tourist things everywhere else on the entire planet, like our the Americas that big, you know, Space Needle tower. I've never been at the top of it. And I've lived here for 20 years. Yeah. So



Jonathon Aslay 03:47

anyway, so yeah, I was even at the ball the other night, and I saw a number of famous people sitting next to me. Thankfully, my best friend is rather wealthy, and he has the front box, literally on stage. So I'm kind of blessed in



Scot McKay 04:00

that way. Well, where can I find a friend like that?



Jonathon Aslay 04:04

25 years in the making him and I



Scot McKay 04:06

Very good, very good. Anyway, my good friend, we are indeed talking about dating and relationships, as portrayed in Hollywood, probably in Bollywood to the Indian movies, I suppose the Korean movies. Everybody who makes movies, filmmakers everywhere, loves to focus on the relationships between men and women. And two observations to kind of kick off this this whole conversation, Jonathan, is first of all, Hollywood filmmakers in general have an uncanny knack for properly representing how men and women interact. The Good, the Bad, and the ugly of it. They've got it figured out. Second of all, and this is fascinating to me, Jonathan is most of the guys listening to this have never seen most of the movies that are the best examples of exactly what we're We're talking about because those kinds of movies typically appeal to women, you know that the ROM,



Jonathon Aslay 05:05

I want to jump in, you believe that they accurately represent how men and women act because I have an observation that's completely different.



Scot McKay 05:13

Well Do tell, tell me. So well, here's why. And I



Jonathon Aslay 05:17

was excited to talk to you about this. Because, you know, I think Hollywood actually does a poor representation of men and women. You Because oftentimes, like to some degree, you know, they have the Brad Pitt's of the world, the Angelina Jolie's that sort of thing, which, you know, from a, from a physical aesthetics perspective, they represent the small percentage of the population that actually happens to be attractive, the Ryan Gosling's that sort of thing out in the world. And well, they do sometimes, you know, suppose that the nerd if you will, and I'm only going to mention this movie, not that your audience has seen, they're not Revenge of the Nerds, the the nerdy guy will get the great looking cheerleader, you know, if he does everything, right, I think actually, Hollywood doesn't truly portray people in, you know, to some degree in their true humanity. And what I mean to say is, the average human being has childhood wounds and traumas and adult traumas that actually causes them to have poor emotional maturity and relationship skills. And I think Hollywood, you know, kind of portrays human beings at being good at communication skills and being good, you know, like, you know, like I flubbed my words on occasion. Well, Hollywood doesn't flub their words, because it's all scripted for them. So I don't believe it's a good representation of the way relationships are, there is one movie that comes close in my mind for the over 40 category. And again, I suspect your audience hasn't seen this, but it's called This is 40. With, I can't think of the actor's name, the guy who played the hitman in one of the Marvel movies, and I only mentioned this is it actually talks about the dysfunctionality of relationships, you kind of in real life, versus what I think we see in Hollywood. That's my perception of Hollywood anyway.



Scot McKay 07:12

Well, I'm not going to disagree with you that there are idealized human beings on the silver screen. And their relationships are also similarly idealized. And indeed, in lots of different movies, the storyline is so fantastic, in the true sense of the word that, you know, it couldn't possibly come to pass in real life. When you mentioned Brad Pitt, one of his movies that comes immediately to mind is World War Z, which is a fantasy zombie movie like none other. Yeah. And he has a very deep relationship with his wife. But the circumstances involving the heroism in that movie is literally science fiction. And I think that warps the sense of what the reality of their relationship is a man and woman who are in love with each other is compared to the storyline. And that could really mess with people's minds if they're trying to decode something like how Hollywood is representing male female relationships. Is that what you kind of mean? Yeah, well, there's



Jonathon Aslay 08:14


that but also no disrespect to anyone. But you know, and I love that movie by his wife, I guarantee Brad Pitt would have never married that woman that based on just purely you know, physical attraction basis, because she was considerably less attractive than him. So I got Brad Pitt with a marry that woman note again, and that's, that's a judgment on my part. But then if they casted a gorgeous woman, like Scarlett Johansson, or whatnot, it just would have been a little over the top, so I get it. But that's see I'm differentiating between reality and the way Hollywood portrays reality. And I honestly believe Hollywood has a skewed perspective on how they portray reality these days, especially and I don't I shouldn't say this. But even from a political perspective these days? Well, for sure.





Scot McKay 09:07


And I mean, that's Hollywood's job is to give us a fantasy representation. So I mean, not withstanding the crazy storylines, and what happens in the midst of them. I would say that despite the socio political messaging, surrounding masculinity and femininity, for example, masculinity is a social construct. The whole brouhaha about even defining what a woman is, etc. You can still go to the movies and see good old fashioned primal, masculine feminine attraction at work. And typically in Hollywood, regardless of the movie. And I mean, this goes for movies made in India, South Korea, et cetera, et cetera. masculine men attract feminine women and the sexual BARC is accurately portrayed. In other words, guys who don't have any game are typically not getting the women. Guys who know how to turn women on by igniting their femininity with natural masculinity typically are the ones my wife and I talked about this, by the way, are the ones the audience is rooting for to get the girl at the end. There are movies where you really want to throw rotten vegetables at the screen, because the wrong guy gets the girl. But a lot of times that's by design, because it's part of the plot, a movie that jumps out in my mind as being representative of that is an old movie from that 1997 called Reality Bites with Ethan Hawke and Winona Ryder Silla. Yeah, you know, that movie is not trying to portray something fantastic, but is actually attempting and it's very storyline to demonstrate, you know, the angst and the plight of generation xers in that particular era. And everybody who's watching that movie is rooting for cute sweet little Winona Ryder to end up with Ben Stiller because Ben Stiller is actually trying to do right by her. He's charming. He's gonna make

something of himself. And frankly, Ethan Hawke's character is a slacker and not a very nice guy. And at the end, you know, she rejects Ben Stiller ends up with Ethan Hawke, and they're making out in this, that and the other and everybody's just asking, why? Well, because the movie is about young people making bad decisions. That's what the whole movies about. So in that case, it accurately represents how women can fall for the bad boy, who's really not right for her because well, frankly, in this movie, specifically, she's suffering from a self esteem issue. I mean, that's kind of true.

 Jonathon Aslay 11:49
But let me jump in.

 Scot McKay 11:50
So even if perfectly scripted, By the way.

 Jonathon Aslay 11:52
Yeah, so okay, so that's a movie from the 90s. Let's now fast forward, because I think today, we are in a completely different dynamic when it comes to male men and women connecting with each other. Because these days, most often we're meeting total strangers, unlike the past, where you actually met people organically, you know, that movie was prior to the internet dating, you know, phenomena that occurred today, what's happening with male and female interaction is it's most of the time happening through an online connection. So additionally, what's happening is if you're not representing yourself at your tip top best if you will, if you have a mediocre dating profile, whether you're a man or a woman, you are not going to get swiped these days, okay. And that's just the first step in connecting with someone, you know, we have to get, you know, then you have to interact with someone. And coincidentally, we human beings weren't designed to communicate with our thumbs, I know, the Gen Z's and such you know, they're used to flipping their thumbs a mile a minute, but they're not because communication 80% of communication is nonverbal. It's your facial gestures, it's your, your pheromones, it's your hand movements and such like that. So we're not really connecting in a healthy way, these days. And since we're meeting total strangers, it's even more difficult for and by the way, there's an article that came out recently in the Psychology Today, called the rise of lonely men, men in particular, aren't experiencing the same type of connection I know I did growing up in the 80s and 90s. Because we're not interacting face to face. So if you, as you said earlier, being at the top of your game, yeah, if you're, you know, no disrespect. But if you don't have the skill set to interact with people, if you don't have the looks, and you don't have the bank account, it's becoming increasingly harder to connect these days. You know,

 Scot McKay 14:01
that article that you're talking about, someone flagged that got my attention with it. And I actually put that on my Facebook group, and we talked about it at length. Yeah, that particular article, if it's the same one, assumes everybody's meeting online nowadays, it skews heavily towards online dating as really your only option out there to meet anybody, which is an

interesting dynamic post COVID Because we were all locked down for two years. And it's a well traveled point on this show, that people kind of got into the habit of being locked down and getting all their quote unquote, socialization from social media. And I think movies, if anything nowadays represent kind of an escape from that, and yet it's still vicarious and I can watch someone else have this adventure without having to actually risk anything like getting hurt or getting an STD or making someone pregnant or having to touch another human being and talk to them myself.



Jonathon Aslay 14:55


You said something earlier and just now the escape hatch. Hollywood is the escape the reality of life is we can't. Here's my thought is, by escaping life, you're setting yourself up for failure. And let me give you an example. You mentioned earlier the fantasy. Well, for the longest time, the fantasy used to be Cinderella. And what happens is if you buy into the fantasy and you are completely immersed in the fantasy as a human being, especially women in the Cinderella looking for the Prince Charming, the best of the best, the best family the most money, and the best looks, you're setting yourself up for failure. And what I mean to say is, you're less likely to get what you want, you'll feel like you've settled and then you'll even be more depressed over this the fantasy endless and I'm I love movies, I'm a big movie fan. And I could certainly recite a number of movies. And I can even use some examples of where I think Hollywood got it right, to some degree. Today. That's the past, I think today, Hollywood is not giving a real true representation. And by setting up for the escape for the fantasy, it's just going to cause even a greater rise of lonely men and women.



Scot McKay 16:11

All right, so let's go back in the past and then fast forward to the future, call by a play along. Okay, go back to the old school movies. You've got Humphrey Bogart and Katharine Hepburn stuck on a boat together somewhere in Africa. Yeah, no African Queen. The whole movie is a dynamic between these two people, a man and a woman who started off I don't know, in kind of a businesslike relationship, and it turns romantic by the time they're done floating down the river. And you know, fast forward about 1520 years, you've got gorgeous Liz Taylor in her prime, and probably an equally handsome, Paul Newman and his prime being completely dysfunctional as a couple for the entire movie *Cat on a Hot Tin Roof*. You know, you have Liz Taylor again, and the movie giant with Rock Hudson, and he just doesn't know how to treat a lady. And she goes from being a wimpy East Coast chick to basically being the matriarch of this ranch. And that's a movie where the woman really influences him to be a better man, despite himself. And juxtaposed alongside that, you have what I would argue to be James Dean's best performance ever, as a completely Borash sad excuse for a guy who knows how to treat a lady. And of course, it's an epic movie, and it shows everybody's evolution over the course of decades. So there are these examples in movies where there's dysfunction, but the masculine feminine dance is intact. And I think that's something people always look for and enjoy. And it sells tickets, especially to women. Now, if you go fast forward, indeed, you mentioned how people are meeting each other online. When that was a national curiosity. You had movies like you got mail, which is 1998 Okay, I mean, this is when they steal at http colon front slash front slash on the front of URLs and tell blah pages and everything else. Yeah. So you got cute, adorable little Meg Ryan and Tom Hanks and my god if they don't finally meet each other by the end of the movie, you're just going to you know commit Harry Carrie. And it's kind of a

romanticized view of online dating. Move forward. Oh man 16 years and you got to somewhat obscure ish Miles Teller movie now everybody loves Miles Teller nowadays because of the offer and because of Top Gun Maverick. But there's a wonderful movie that's very entertaining, called to nightstand which I bet 10% of the guys listening to this have ever seen. Were Miles Teller meets a Rando check online for a hookup like you know, for a booty call, and she just needs to get laid, and he's up for it. And all the modern complications exist in this movie, like he's actually got a girlfriend and he's cheating on her. And what happens is the beauty of this movie is they get snowed in overnight during their one night stand and she can't leave in the morning even though she's trying to sneak out. So they ended up being marooned together in his apartment for two days, and they can't stand each other socially. They just needed to get laid. And they have no idea who the other person is. And I think that movie does a fantastic job of demonstrating the dilemma that is two strangers meeting each other potentially. No thanks to the vapidness and superficiality of modern dating apps. Now, in all fairness, it's probably a bit unrealistic how they ended up falling in love in that movie, but see, that's the fantasy. That's the escape. That's what Hollywood knows. We want to see how happen. And it's very well acted, by the way.

 Jonathon Aslay 20:02

Well, here's the reality of life, or at least the way I perceive it, is, if you put two people together, and they're actually genuine with one another, you know, the reality is two people can connect at a heart center level when they're in that incubator, where they're being their authentic self. The reality the way I see it reminds me of the Chris Rock comment, he goes, in the dating process, people show up as their ambassador of their best selves, exactly what I need to say they're putting on a mask, they're putting on an air to try to get someone to like them, instead of being their authentic self. So why that movie probably does resonate. Because when you're just being who you really are on an authentic level, meaning you're, you're vulnerable, you're authentic, you're transparent, and you're in that pressure cooker together, that's an opportunity where two hearts can actually connect with one another. Going back to the traditional, you know, Hollywood, it's the man is the man, you know, and the woman is the feminine, and she's even a bit more subservient to some degree or overly agreeable to the guy, you know, making them jump through a few hoops, you know, that's the way Hollywood is, is they make a guy jump through a few hoops, you know, ultimately, what we don't see. And this is where my perspective comes in. It's one thing to to get the girl or to get the guy that stage one is can these two people carry a relationship long term? Because if we look back to, you know, Hollywood, or if we look back to relationships up until about, you know, the 60s or the 70s, we've seen a huge rise in divorce. Well, why is that? Well, maybe people don't know how to actually get along with one another. They don't have the skills, the emotional maturity, and the relationship skills to actually sustain a relationship past the getting period. So in a lot of Hollywood movies, it's just stage one. Well, that's great for the fantasy, but what about keeping a relationship? And since we see well over a 50%, there's roughly a 50% divorce rate these days for people who've gotten married. And also, I bet you the other half that are still married, half of those people are miserable. So what does that say? It's okay, it's easy. Maybe it's Hollywood makes it easy to get the girl or guy but what about keeping the relationship and that's where I, as a coach, focus my attention to be aware of that, in the process of who you're going to choose?

 Scot McKay 22:40


Well, for sure, you and I are both coaches who have good heads on our shoulders about relationships mean, we're coaching men and women to find true love. And to have something that lasts not have a revolving door of women we're notching our bedpost with fair enough, okay. I would argue, however, that there's a movie in Hollywood for every occasion. I mean, nowadays was so many movies having been made, it is a struggle for a Hollywood producer, to come up with an original storyline. So basically, we've seen it all at this point. While I would agree 1,000% that there are more than our fair share of movies, which are all about early stage meet cute relationship stuff, you know, dating stuff. There are also movies that are beloved out there, even Oscar winners that talk about long term relationship. The two that come to mind are On Golden Pond, right? With two obviously Legendary Silver Screen Actors, Katharine Hepburn again, and Henry Fonda who very, very wonderfully and emotionally portray an older couple, and he's getting dementia, and she's standing by her man. And, you know, everybody comes up to the cabin in the woods in the Adirondacks, and, and is moved by their relationship. The shining example, that is almost biblical canon in the minds of most women is the notebook. Yeah, where James Garner stands by his sweetheart till the end, even though she doesn't even know who he is anymore. And of course, the lion's share that movie is a flashback to how they finally got together after being stupid during their younger years about all that. And you know, that's a movie that's beloved, particularly among women. And of course, you guys can bear to watch it. Alright, well,

 Jonathon Aslay 24:30

I'm a big fan of that movie. I wonder, though, because it's Hollywood. In real life. Would she have abandoned her rich, good looking guy for him? That's I, I wonder about I really have

 Scot McKay 24:44


a cynical view on the good looks and the and the wealth.

 Jonathon Aslay 24:48

Well, no, I don't have a cynical view.

 Scot McKay 24:50

I mean, do you think that's what we're going for first? Well, I

 Jonathon Aslay 24:53

would, I would say that, no, not necessarily, but I would say there's a lot of conversation out there particular fluidly by men, the red pill community of men that are saying, This is what these men are experiencing in the dating process. So I'm just reporting what I hear from other men. This isn't my point of view. This is what I've just observed. In fact, in the in the Tinder, for example, said that women on average only swipe on 4% of the profiles, they view while men swipe 60% of their profiles they view well, then we have to look at that and examine why is

that the case? Why do women swipe so few less people then met? I'm not I'm just reporting what I've observed. I'm not saying this is the way it should be. Or the way it actually is, per se. I'm just reporting what I've heard.



Scot McKay 25:48

Okay, well, two things there. First of all, the red pill men go in their own way guys can't stand me. They need me not to exist. Because I'm a short little schlub, who's got the most amazing, beautiful, adorable woman who's been faithful to me, and has loved me for 16 years, and they dated a bunch of women who were probably in their estimation way out of my league, before I even got to her. My comeback to all those red pill guys who are bitching and complaining about all the women is we as men are supposed to lead and you're leading by not trusting, not liking women, and showing up with a preconceived notion that nothing good is going to come from any of your relationships with any woman. So why in the world would any woman who responds powerfully to a masculine lead and sees a man as a provider and protector and defender of her ability to be feminine to begin with? Why would she saddle herself up with any guy who has that mindset to begin with, because she's going to feel very insecure in that environment, and it's not going to turn her on sexually. So in my opinion, those guys are their own worst enemy. Therefore, they're really no different than an angry feminist woman who thinks all men are horrible, lying, cheating jerks and can't understand why she doesn't find a good boyfriend. And then he got she does find just has sex with her and kicks her to the curb. Well, I think these are all self fulfilling prophecies. Second of all, here, by the



Jonathon Aslay 27:02

way, by the way, I'm in full agreement with you. Okay, fair enough. Okay, right on board. Yeah,



Scot McKay 27:06

those guys are their own worst enemy. And yet, there's this deep, visceral satisfaction, kind of like pounding down junk food expecting to become healthy from it, and have it where they can find their little echo chamber and pitching complain to each other and feel like Yeah, we really got those checks. You know, we nailed it to them, but they're not nailing any checks, literally or figuratively, nobody's here and listening. And the thing about the men going their own way that I find particularly amusing, and I'm sorry to use that word, but it's the fact is that they haven't gone their own way. They're still obsessed with talking about women all the time. That you tell them that they really are the masculine reactive position against angry feminists, and they'll squeal and tell you oh, now we're completely different. No, you're exactly the same. That's human nature, what you're feeling, how you're reacting, how your following how you're capitalizing upon the victimization, you feel at the hands of the other gender by blaming an entire other gender is human nature. And it's no different than what women who are angry feminists do when they're angry, and men. Now, let's talk like they don't have by the way,



Jonathon Aslay 28:15

I want to be clear about something, my point of view, so you don't have to be an angry feminist to have experienced. I and by the way, my demographic that I work with is the over 40 group of

to have experienced. And by the way, my demographic that I work with is the over 40 group of people. Why I'm bringing this up is there's a significant percentage of the population, what I've observed with women, is that they've been heard a number of times in their past relationships, and they actually carry that hurt going forward in the dating process. And they show up slightly bitter slightly jaded. And I'm not saying that this is, you know, a feminist point of view, this is actually a human behavior that occurs for a significant percentage of women out there. And what's happening is they're carrying that hurt, going forward. And then they either make poor choices on who they choose to date or to enter in a relationship, or they sabotage relationships. This is why I am such a big proponent of personal development, self help, spiritual work for both men and women alike, to actually shore their emotional, like a their emotional IQ. So they're actually prepared to handle the conflicts and differences that occur in relationships, because one of the fundamentals for a successful relationship is your ability to navigate your differences between each other good conflict resolution skills, because the fantasy is that it's all going to be perfect is not the reality of life. So I apologize. I didn't mean to criticize that. I just don't think it's angry feminist and it's not always angry MiG tau guys that are at actually struggling in meeting someone. And quite frankly, when all you have is your device to meet someone that in and of itself is the huge problem, because you're meeting total strangers more often than not?



Scot McKay 30:14

Well, 100%. I mean, we're certainly not going in an absolutist direction here, which I know is Derrick air on social media nowadays, it's got to be all or nothing. There's no gray area, anywhere, any subject. But surely, most people in general struggle to find the love of their life. And most people in general struggled even get a date. I mean, that's why we're here. That doesn't mean every one of those people is necessarily struggling because they're angry and bitter and blaming an entire gender. No, I want the 100% I think it really comes down to angry feminists and MiG tau guys wallowing in victimhood, and thinking, that's great, whereas people who have been hurt, maybe feel a little jaded, a little bitter, maybe they don't like that state of mind, maybe they want out of it, maybe the victimhood sucks to them, and they want to take back control of their lives. Oh, that's why the



Jonathon Aslay 31:09

book, like I'll tell you a book I recommend my clients is why men love bitches. And I always say bitch stands for a baby in total control of herself. And what I appreciate that book for women, is that it's an empowerment book, not to compromise who you are as a person. Because the one thing that what I think Hollywood used to portray is somewhat not always a submissive role for women. I'm not an advocate for that, that doesn't work long term, it might work in the short term, what I'm advocating is that you have healthy standards, and have healthy boundaries, not just in the dating process in the relationship process, because the one thing man or woman, you should never compromise who you are to actually hope that that will create a successful relationship show up in your empowerment, because that's far more attractive in the long run than then, you know, being a submissive or being an overly masculine man, and not actually have emotional maturity to lean into a long term relationship.



Scot McKay 32:15

Well, this just seems to not into it with even about the idea of responsibility being associated with

well, I'm not going to get into it with you about the idea of masculinity being synonymous with toxicity because I believe, masculinity. Yeah, but less we go down to the rabbit holes in the midst of one conversation here. I will agree with you that women in movies in the past have taken a submissive role. One of the tropes that I wanted to talk about and I know that kind of is a word with negative connotation attached. It's a, it's an emotionally loaded word. But one of the Hollywood stock characters, if you will, is the Manic pixie dream girl. Yeah, men love this chick. She's cute, fun, lives in the moment, and basically will sacrifice her own goals to help the man who's the object of her esteem in any particular movie reaches. And he's great know, they live happily ever after. And she's sweet and fun, and lightens him up when he's feeling down. Yeah, I married one of those women that was happy to be one of those women. I would also argue that the nature of masculinity and femininity, you know, I would put forward the opinion, I have people argue with me about this, but I know it's worked for me forever. Masculinity protects and provides and leads, we take care of the necessities towards the base of the mass lobby and hierarchy of needs. So that when women have fear lifted from their being, when they feel safe, when they feel provided for it again, this isn't excusing or even tolerating some kind of toxic feminine reaction from a woman when's the last time you heard the phrase toxic femininity, right? You haven't. But when a woman expects a man to give her millions, and it's never enough, and he just needs to keep giving, and she's a gold digger, and she's selfish, well, that's broken. But when a man has provided a safe sandbox, where a woman doesn't feel threatened anymore, where she feels safe, then all of a sudden, the beautiful feminine gifts that we all live for, which make life wonderful and joyous and fun, playfulness, fun, joy, comfort, all of those things come through. And I've noticed that when a man isn't selfish when he makes decisions in the best interest of those he loves, and women feel more comfortable than it doesn't feel like this patriarchal, abusive relationship anymore that we hear so famously talked about in the media. It's what's going on by design. It's what's supposed to happen. Now there are plenty of women who want to make their own decisions. There are plenty of women who are captains of industry. And that's all well and good. I mean, my wife has her own agency in this family. She makes wonderful decisions. She has wonderful ideas. And I am all about those ideas a lot of the time, but at a primal attraction level. She loves the fact Could I make her feel safe? Now? Yeah, Hollywood, like I said, has a script for all occasions, there are movies where this comes off in a horribly, toxic way, you know, where the woman is abused and, you know, beaten up. And you know, there's a lot of movies like that. And a lot of women can resonate with those movies, or also a lot of movies where it's demonstrated in a way that if guys had the lights on and paid attention, you would be a lot better at attracting a lot more women if you played along. But, alas, if there are no plot complications in a movie, it makes for a very boring movie. Fair enough, which is why we're here. I do want to briefly circle back and comment on what you talked about in terms of online dating. Yeah. The way online dating is designed nowadays, is for women to collect all the love from all the men who will literally swipe right on anything that walks men or making the first move. Even Bumble is a lot like playing Jeopardy, you know, the stick there. The gimmick, if you will, is that women make the first move once there's a match. And on paper that sounds really empowering for women. Yet, what the guy is telling me is every woman goes high, or what are you looking for? The ladder, of course, elicits the Homer Simpson reaction. Don't you know, like, I guess I'm looking for a relationship now. Well, she wants you to tell her the kind of woman you're looking for to see if she matches up with it or not. Women are famously tight lipped about what they're like what they're looking for, because they don't want guys rising up to meet that description of who she is like, Oh, sure, I love you know, shoe shopping and putting on lipstick on weekends just so he can get in her pants. So women are going to shut up about it. So it's part of the natural masculine feminine dance, in my estimation, that men are doing all the swiping, and women are doing all the, you know, getting swiped on. Now, the problem with online dating is a woman gets 200 likes and thinks all of those men have uniquely chosen her. Like she's some kind of Disney Princess, even

though she's very average in every way. Then she selects her three Disney princesses from those 200 guys. And meanwhile, she's the 10th or 11th, or 50th choice on the part of all 11 of those guys who have long since moved on to someone they actually liked better. And nobody ever meets. And even if they do meet in real life, they look at each other like the Spider Man meme and like pointing at each other going, you're not who you said you were, you don't look like your pictures, you know, and you and I just aren't getting along. Kind of like back to that movie. The two nights stand where these two people meet each other, and they don't even know who they're meeting. That's the problem with online dating nowadays. Which is why, regardless of what's put forth in those articles, like the one we mentioned earlier, I think people should get back out there meet people in real life. Again, no old school wants, I'm



Jonathon Aslay 37:49


in full agreement with that, you know that it would be great if we actually met on an organic level. You know, before I met my beloved, we actually met through a dating site match.com, as did we, but years ago. And so what I've observed is I lived Coincidentally, I lived in a condo complex at that time with, you know, 600 units, I barely knew any of my neighbors. I barely I mean the most it the perfect woman could have been at the balcony across from me, and I didn't even know she existed. So one of the challenges is to actually be seen and connect with single eligible people. And this is becoming increasingly more difficult. And certainly the pandemic hype, you know, made that even more difficult. There's no doubt about it. So what's happened is, and I'm not an advocate for this, because I'm truly an advocate for meeting organically. The online world happens to be where most people are meeting and I just wanted to comment on Bumble for a second because I'm in full agreement with you when two people connect and and the best she can say is Hi. You know, I like the concept of Bumble only in the sense that it was a woman dropping the hanky, so to speak by her making the initial move kind of thing because you're right, she's got, you know, she's got 20 or 200 likes, you know, then she drops the hanky. I would prefer if human beings men and women alike, because men can be just as bad at this is they actually could put together a sentence or two when their first communication instead of just Hi, I would wish that would occur but sadly it does not. Secondly, with online dating, and this is something I see habitually, is that most people put a terrible representation of themselves. I can't stand the women who have the Snapchat filters as half of their photographs or sunglasses or a picture of them with 20 people in the room and you can't figure out who the person is. What I think the real need is that you actually have to think about marketing yourself and then I don't mean this in some sales perspective, you know, or an advertising perspective. But if you were going to go and get the job of your dreams, you would put together the best resume and you'd buy the best outfit for that. That's the way I would prefer every human being approach. The online dating process is the way you would if you are going to try to get your dream job. Sadly, most people don't do that.



Scot McKay 40:22

Well, you know, I used to be extremely bullish on online dating my wife and I met online. I believed in it. Nowadays not so much. Because I've been by the way, me too. Yeah, too. And what I universally recommend to both men and women is to resist the pull of the apps, you know, that vapidly? The swipe right, swipe left. That's a good one. Yeah, a split second decision, and go to the long form sites, go to match.com. And actually look at women who took the time to put several pictures up there, and who wrote a profile, and let your gut tell you who

you might get along with and actually write a real email to those people. Because the people who are looking for an actual connection, instead of just looking to have their dopamine receptors packed to the gills with more likes, are on those sites still. Scott,

 Jonathon Aslay 41:17

I wanted to share something with you, you said something so critically important to this conversation. I believe the app, the mobile app, dating sites have bastardize the actual connected process, I do believe when you I think AOL personals in Yahoo Personals were the first two big sites that came out there, and then match.com, check them over. I appreciate what you just said, because it's actually writing a more established essay, filling out way more boxes about who you are, can help determine if two people are a better fit for one another by having more details. And by actually having more quality photographs and that sort of thing. I am because you met, you met your wife, through an online dating site, I met my beloved through an online dating site. In fact, most of my circle of friends are in relationship and they're all in their 40s Plus, have met through an online connection. This is their second go around what I mean is a lot of divorce people. I think the apps because of that dopamine hit you mentioned, has actually bastardize the process. And we I think what's occurring is a true lack of of what's the word I'm thinking of? Not sensitivity, but you know, well, well, there's not Yeah, but I think it's more about, you know, genuine respect for another human being. That's what I think the swipe apps have eliminated. And it's caused human beings to even be less respectful. I'm not saying always I'm just noticing a drop in actual care and respect for another human being.

 Scot McKay 43:01

Well, the trend online is pure selfishness. And we got a bunch of men watching HD online porn, where certainly the chick on the screen isn't owed anything from you. You're getting your rocks off. It's pure gratification. Yeah, women are getting on Instagram and collecting likes. Women are getting only fans accounts and putting themselves out there pornographic. Ly, and then wondering why they can't go on a date and have any guy respect them. I mean, you and I both read those articles before. And you're like, well, Honey, wake up, you know, garbage in, garbage out. So you have a bunch of people living a fantasy world. And then they present themselves on an online dating app. Well, for lack of a better word, fictitiously. They don't represent who they are. They don't even want to represent who they are. They just want to get what they want. And the way they perceive themselves as having their best chance of getting that is to trick everybody else, or rope them in. Or, you know, let's just throw it on the table again, Do I even want to meet a real person, I really just want to feel good about myself. It's all pure Self absorption. Now, when someone actually wants to meet someone, and they get it in terms of what a relationship looks like, they represent themselves accurately because if you don't, you're gonna get exactly what you asked for, which is someone who wanted someone different than who you really are. I mean, it seems almost obvious, laughably. So when you put it in plain English, but what happens is the people who want a relationship, the people who understand I'd like to have another person to share my life with. You have to almost look hard for those people. You have to almost dare yourself to even walk up to them and meet them in public. I don't know about where you live, but I can go to the grocery store on a Saturday

afternoon, and I will see two dozen attractive women dressed in yoga clothes. Not one of them has sweated in the last hour and a half. They're there because they know they look cute. They would like someone who is of their liking to approach and meet them yet nobody does.

 Jonathon Aslay 45:08

well, and I'll be candid with you because not not that this sounds like a brag, but I'm six foot two full head of hair, you know, I'm in the baby boom age bracket. And I only say that my hair isn't even, I haven't even gone great yet. Okay, so I would be considered in that top percentile of men that women are attracted to, when I'm at the grocery store, I don't walk up to a stranger, not because I'm afraid to walk up to a stranger. But most of the time, a, if I'm looking at them purely based on looks, then you know, I get that's our natural instinct to approach someone we feel physical attraction. I don't know their status. I don't know, if they're married, I don't know if they're in a relationship with someone. So unless there's actually, you know, like some sort of socialized aspect that allows for conversation. And again, I'm not fearful to walk up to someone and say, Hi, I just don't do it, because I don't know what their status is. And I'm just saying this as a man, you know, in the over 45 category, versus in my 20s, I've walked up to every random woman, because I just assumed that they were single, I'm just giving you some perspective of someone who's a bit older, that probably doesn't approach women.

 Scot McKay 46:22

Well, I'm a married man, happily. Yeah. And I approach everybody. I coach my guys to talk to women, whether you were attracted to him or not, and not have an agenda tied to it. And the next thing, you know, as you get better at talking to real women in the real world, then on the occasion, one of those women is actually available. It'll be a natural segue to talking about that aspect of it. Yeah. Now, I would also love to interject into this conversation that men who are seeing women, as visual representations of a sexual conquest are already stacking the deck against themselves. And let's go back to movie so I would totally agree. Yeah, let's go back to movies. The movies that I believe do the best job of accurately portraying healthy male female attraction. Accurate, legitimate male female attraction are the ones where there's an acknowledgement of the other person's energy and who they are some depth to them. There's a connection there. You know, I use the word serendipity. Earlier, there's a great John Gussak movie called serendipity. It's got some silly, it's got some silly plot complications, which of course they have to, but all of these rom coms every Jennifer Lopez rom com ever, all of them come down to. I'm a good looking person. You're a good looking person. We're attracted to each other, but we also connect to each other. There may be a severe disconnect somewhere, but they repair it, and they move on from it. You know, every John Hughes movie with Molly Ringwald, and it is about class warfare. And you know, James Spader is in it. And he's always a douchebag James Spader is such a wonderful actor, by the way. But you know, all these movies like, you know, all these John Hughes movies, there's an unexpected twist to who is actually attractive in that movie. And why remember, Ally Sheedy in the Breakfast Club has got no sense of style or social skill at all. And they turn her into a beauty queen by the end. And there's another John Hughes movie a little bit more obscure, called some kind of wonderful, where the main male protagonist is in love with, you know, thinks he's in love with this beauty queen. And meanwhile, his female friend who's played by a young Mary Stuart Masterson, who I had the hugest crush on. I mean, this whole movie, I'm telling this guy, open your eyes, Dude, she's so much kinder and sweeter and better than this other woman. And at the end, you know,


he finally does have his eyes opened. And this woman, this girl, who he's always had this connection with, has always been right before his very eyes. And yet, you know, because she wasn't strange. He wasn't interested enough to him for the entire movie. I mean, these things happen in movies. And it's about the connection, and it's about the depth, and it's about finally sensing someone's energy. And I think you can do that in real life. I think if you're going to a grocery store and you see a woman, you can say, Oh, well, she's good looking. I'd like to bend her over and have a piece of that. But sometimes, there's just the way she carries herself the way she's moving. The way she the way you overhear her talking to someone else, just her facial expressions. And you get this inkling that's a woman who might be one of me. She might be on my team. I think she and I could get along. Sometimes there's fashion cues. Well, we could

 Jonathon Aslay 49:51

go on and on and on about this. And there's no doubt that a woman who has that energy of, of invitation that Energy have, you know, it's okay to connect with me, then certainly, that's great to experience that I'm just observing that it's becoming increasingly more difficult, which requires probably more skills to actually either have the confidence to walk up to someone, or at least the communication skills to engage in a conversation with a total stranger. Again, I'm not disdissing Hollywood, when I when we began this podcast, I'm just believe that Hollywood could do a much better representation of what's really out there, versus the escape or fantasy of what's out there. That's just my opinion on this.

 Scot McKay 50:46

Well, I think that's fair enough. I also think probably a lot of us guys would do well to watch some older movies and see how real interaction with real women goes. I mean, even if it's a fantastic version of it, there's enough in there about how to attract a woman by being charming. And by being masculine, where it would be better than the complete dearth of skills most men are exhibiting now. So that's, so that's my last no doubt. Anyway, this has been a fantastic conversation time is running short here. So gentlemen, I want to send you to Jonathan SLAs YouTube channel, which you can reach by searching his name on YouTube Jonathan SLA on YouTube, or you can simply go to mountaintop podcast.com front slash s a s lay, and get magically teleported over to that YouTube channel, Jonathan, what a great wide ranging conversation man we covered. So thank you so much for joining us.

 Jonathon Aslay 51:44

Thank you so much. I really appreciate it, buddy.

 Scot McKay 51:47

Yeah, 100% man, come on back anytime you're a smart guy, and you know a lot about this stuff. And that always makes for great conversation. Gentlemen, if you have not headed to mountaintop podcast.com lately, you can now get a free copy of my first book deserve what you want, which is been selling for \$37 All day long on my website for years and years now. it's

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