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SPEAKERS

Edroy Odem, Scot McKay, Frank Minter



Scot McKay 00:01

Gentlemen, for years, the so called pickup community failed you. Too many men were led to believe it took tricks and games to make women want to get physical with you. But of course, the truth is that sexual attraction and acting on it is the most natural of human responses. So yes, women crave sex as much as you do. No tricks or game playing is ever required. And that means there has to be a way to move from a platonic relationship to a sexual one with a woman in a way that ignites that spark and respects both her and yourself. Well, finally, this month's masterclass for men will deliver all the secrets, not a bunch of random piecemeal tactics like you may be used to seeing elsewhere, but rather everything you need to know and do to go from having just met her or worse just friends to a whole lot more all in one place. So if you happen to be listening to this episode within five days of its release, grab your ticket to this important and highly anticipated masterclass for men, which will be called from platonic to sexual at mountaintop podcast.com front slash masterclass.



Edroy Odem 01:27

From the mist and shrouded mountaintop fortress that is x&y Communications Headquarters, you're listening to the world famous mountaintop podcast. And now here's your host, Scot McKay.



Scot McKay 01:42

How's it going? Gentlemen, welcome to yet again another episode of The World Famous mountaintop podcast. As always, I am your host Scot McKay, you can find me pretty much by searching my name Seo TMCKY on virtually all social media platforms. You can also reach us on the web at mountaintop podcast.com. Listen, gentlemen, I've just completely revamped that website. It's all new. And there are a lot of special goodies there for you, including new downloads for new books. So go there and get you some mountaintop podcast.com. And if you haven't joined our Facebook group guys definitely do that as well. It's the mountaintop summit on Facebook. With me today is a returning guests. And one of your favorites. He's a good dude.

He's all about living a masculine life of virtue. His name is Frank Minutter. And currently, he is the editor in chief of America's first freedom, which is the NRAS magazine, the National Rifle Association. So he talks a lot about masculinity. He talks about hunting. In some of his books, he's talked about being a better man. He's talked about Ernest Hemingway, and running with the bulls in Spain. So he's an interesting cat, as always, with a lot to say, on a variety of topics. Today, we're specifically going to talk about one that has been in my queue for quite a while and I just needed to connect with a guy like Frank to cover it with a big heavy hammer. So without anything further, we're going to talk about why men can't be passive. And Frank Minutter Welcome back, my friend.

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Frank Miniter 03:17

It's good. Good to be here.



Scot McKay 03:18

Yeah, man. As always, you and I have talked about a variety of interesting things in the past, and that guys have loved our conversations. And I'll tell you where this particular topic really landed on my radar screen. It just seems to me nowadays, Frank, that we talk a lot about, Oh, someone attacking our democracy here in the United States, and I think abroad, they're also wrestling with that. But it seems to me Frank, that, you know, democracy, our right to vote, democratically is really a subset of the greater topic of freedom. And especially during the well let's just call a spade a spade. During the pandemic, we were told to lock down, listen to what they told us to do on social media. And in return, they would send us money for nothing and our checks for free. You know, the first thanks to the governments, you know, in the subsidies for COVID and the ladder thanks to or no thanks to HD porn at our fingertips for free. And meanwhile, people were not being able to make their own decisions. They were being told, hey, you need to take this shot, stay at home don't go outside, things that are more like what China would say and do and demand of their citizens in an allegedly free country like the United States would we saw Canada and Australia do just jaw dropping things in the name of quote unquote, protecting their population from COVID. But really, it was an assault on their freedoms. And the interesting part Frank, and I want you to take it away with this is a lot of those freedoms haven't even really come back. And it doesn't seem people are arguing much about that because in their minds, hey, you know, the pain quotient went down, the pleasure quotient went up. So why complain? Why is freedom even a thing anymore?

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Frank Miniter 05:09

Right? Right. I literally yesterday just got back from Canada. I was moose hunting in northern Alberta. And what surprised me on the first flight in Canada, there was this pilot who gets, he gets on the audio there, and he starts telling all the passengers, if you don't do everything we tell you to do, we will put you in jail, when he literally said that we will put you in jail, we will take you off in handcuffs, you have to obey our every command. And as he was going into this diatribe, I was looking around at the people on the plane is anybody protesting to at least have like a quizzical look on their face. And people were just struggling and acting like nothing was being said, I was just shaking my head and had my hands up and was looking around. And finally I did see one other woman saying nodding with me, like, What is with this pilot. So I go

into Canada and I, they're now in the process of taking away a lot of their firearms, which is a big part of their individual rights are of individual rights. So we put it that way, it's a very natural right to be able to defend your own life. And I asked a lot of the Canadians there. And they just kept telling me, why can't they just leave us alone. And this is Western Canadians, of course, who are dealing with what's coming out of Toronto and more eastern Canada. So the cultural divide that's taking place there is also taking place here as across the western hemisphere. But I just found it fascinating to walk into that if I was now standing in front of a group of men is a noun speaking to a group of men, I would ask them, Are you an individual? Or are you part of a collective? That is where they want you to be a part of a collective. If you're not an individual, I can't imagine why any decent woman would take you seriously. There may be some out there that would like a man who isn't very manly, he's not strong. But I don't think they'd like him very far, I don't think you're really going to find a strong relationship unless you have some individual strength unless you understand who you are as an individual. And you project that forward to them. I mean, I know that's what the way I see it when I talk with friends about their relationships, and spending so much time talking with you, Scott, I know that's what you talk about.



Scot McKay 07:12

Yeah, you know, it's hard for me to, to imagine Frank, a woman being attracted to a man who's a sheeple. He just does what he's told, without questioning anything. And the reason for that, of course, is, well, what good is a man if he's not a provider, a protector and or a leader. And that abdication of our masculine responsibility to be such a leader, a provider, and a protector, on the surface seems like a nothing burger to a lot of men out there who are perfectly content to live this comfortable life and kind of nestled themselves into a comfort familiarity zone, where they're being catered to. But these are also often the same men who are wondering why they can't get any girlfriends why they can't get anyone to be attracted to him. And they're also the same guys who end up drowning in porn, and blaming all the women for not being attracted to them. But it's fundamentally a thing, just like you said, Frank, that we've got to be independent thinkers, we've got to be able to think quickly on our feet. And you know, that's one of the reasons why humor is attractive to women. But we also have to be the kind of guy who can make decisions, and make those decisions in the best interest of our family and an act on those decisions. I'm appalled by what you heard, when flying into Canada, I gotta tell you, Frank, I've lost track of how many countries I've flown into. But I've been to 110 of them. And I have never heard anything. So draconian come over the PA system of a commercial flight as what you've heard. And I've gone to some pretty totalitarian countries. I mean, the closest I can think to that is, you know, if you bring drugs into our country, you'll be jailed immediately, or pain of death upon being a drug dealer or something like that. But even then it's written on the immigration card not spoken out loud by the pilot. I mean, at the very least, that's just bad marketing. But clearly, someone put them up to that, Frank, and it's because whoever the powers that be are that mandated that announcement think they can get away with it. And just like you noticed, and it's our planeload of people, including a lot of Americans, I presume, just passively agreed. That's dangerous,



Frank Minter 09:27

right? That kind of pilot is a part of a culture. And he's, he's riding that wave. And he thinks now he could say that it might be his personality, to be dictatorial, but in a different age, different time, different culture. He wouldn't have been emboldened to try to take that sort of action

over the rest of us, which would get me to the second point they would make on this kind of thing. With rights come responsibility. That's not taught today about our rights read our US Bill of Rights, for example. It isn't taught that in that they're basically a list of restrictions on government. That's what they are their negative liberties. Which sounds awful, right? But that's what they are designed to do to stop government from infringing upon our rights. But those rights that we've held from government that are still there in jeopardy, but are still somewhat held from government come with a responsibility for a populace for us to stand up as individuals and use them those rights properly. You know, it comes to First Amendment our speech, I mean, hate speech is, it's been abused in a way that it isn't really something that exists, maybe we're supposed to say something, you're allowed to say something until you reach a certain level of where your derogatory and you can be stopped by private means, but not by government means, you know, our freedom of religion and so on has been stepped on too much by the US government, though lately, the Supreme Court has made have had a couple of good decisions. Our second amendment, we're just in this massive battle right now. We just won we just a massive Supreme Court case here for the individual liberty, but then a lot of states have now pushed back, New York and California, leading the way to stop us from carrying our freedom wherever we go. So we can protect ourselves or our loved ones, and so on. But by protecting myself and I do carry, just to make it to grab that as an example. There's a lot of responsibility to that, you know, I can't carry in an unsafe way, I can't really even let it be seen, it's brandishing. If I ever had to use that weird, harmful situation, that gun and self defense, I'd have to do it in a very safe and appropriate way. And people. This is what's wonderful about that particular right, people largely do, it's actually very hard to find a case with a citizen carrying their firearm legally, who takes it out in order to stop the bad guy and uses it in an unsafe way. As I look, and I work for a magazine that writes about this, I'm having a hard time being finding a case where somebody tried to take down an active murderer, and wounded a good person in the process. It really, it doesn't happen. People do take that part of it, and a responsible way. But I don't see it. It across our culture, certainly out of Hollywood, it's tough preaching that these rights have responsibility. And as men, we have to stand up and use them appropriately.



Scot McKay 12:03

You know, Frank, and acknowledgement of the simple fact that you work for the NRA, these guys need to know that, of course, you're pro Second Amendment, you wouldn't be on the payroll with those guys. If you weren't, I would love for you. From your unique perspective, Frank, to describe to these guys, why the Second Amendment is there, why it's important, and maybe give a counter argument to those folks out there who legitimately have a very good point. I mean, there are a whole lot of guns in this country. And it seems to me, the low hanging fruit when it comes to stopping gun violence is to get rid of the tools that are allowing that to happen. I understand that point. But I also understand it to be a little short sighted visa vie what you were just starting to discuss, which is our basic fundamental right as humans, you know, it's not an American, right? It's a God given. Right. That's how the Constitution was written. Sure. But I'd like for you to riff on that a little bit and talk to us about why when people say we need to get rid of guns, they're talking about getting rid of freedoms, because I'm not sure that's clear to everybody anymore.



Frank Minitier 13:12

Oh, it should be it's there through history. I mean, look back across time and try to find a

culture for the people who are disarmed and still free, and still have any other part of their liberty left intact, and are left without the ability to defend themselves. It just simply doesn't exist, in look, and even in this nation's history. Without firearms, we wouldn't have been able to stand up as we did, or as the people before us did, and push out the British, it just wouldn't have happened. You know, if jumped forward to today and Ukraine, would they be able to fight back for their own liberty, their own freedom against this, this Russian assault, unless they had firearms unless they had some access to the ability to defend themselves. It's a basic human need. Talk to a woman whose home alone and there's suddenly someone trying to kick in their front door just rattling their windows, and they don't have a firearm they call the police. They have to wait minutes at best for a police officer to get there to save them from a calamity that they might only have seconds. So they do have to defend themselves. Your life. Can that is that quickly? On the line? Your your your liberty, your literal liberty is that tenuous that it's is it is there. We don't like to think that way. We're in a nation new, right. We're in a nation with 400 million guns, and over 100 million gun owners. And if you look at the statistics, you'll find that almost never does an armed citizen who legally has that firearm, use that firearm to commit any sort of crime. Almost all the crimes are committed by people who can't legally own that firearm have that firearm illegally in one form or fashion or another. It so if you disarm law abiding citizens if you pass those kinds of laws and somehow erase the Second Amendment out of the US Constitution, in order to disarm those people, you would still We'll have a criminal class armed, which has happened. It happened in Russia when they are the USSR. Even before that, where they banned firearms, the criminal class still has, you could find that even in today's UK, where they, the criminal class still has pistols still as firearms, certainly found that across Latin America and so on, you don't have to look far to find the examples of what happens to a disarmed people. But when it gets to that question, I like to look at the individual and especially the vulnerable classes in our society, and you know, a person who's handicapped, an elderly person, what have you, and they're home alone, it gives them autonomy, it gives them freedom, until police can arrive, you know, our heroes and blue can get there. But sometimes that takes a long time you look at even even something like the Pulse nightclub with that terrorist, as he walked around for hours, just killing people, just if he found someone who wasn't dead yet finishing them off, if just one person in that nightclub, had been carrying concealed, that could have changed everything we saw in Uvalde, where the police took so much time to go there, we do have to take some accountability is, as I said, responsibility for ourselves. And those rights do bring that responsibility to us. So you have to think about how would I protect myself and that worst case scenario?



Scot McKay 16:17

Well, like even in Uvalde, which of course, every politician who is competing against a Republican out there is making hay from that was an issue where even having the police there wasn't enough. I mean, parents of the kids inside were the defacto first responders in a couple of cases. And they were being held back from going inside by the police who are out there sitting on their hands. And of course, this case is getting a lot of press nowadays. And nobody is denying that that was a poor excuse for a first response from that particular Police Department.



Frank Minter 16:52

Well, the police actually don't have to protect you, if they fail to save someone's life or to help someone in need. You can't sue them for that that's been tried. And it's failed a good reasons why it fails. I'm not saying that they should be sued for stopping every claim, but you're being

there on time, and so on. But if they show up two hours later, even though they answer your 911 call, until well, after everything takes place, you can't sue them for that they can't be held liable for that. So yeah, I get both sides of that one. But the individual still then has to be prepared to protect themselves. Well, it's



Scot McKay 17:25

like if you call an ambulance, or the fire department, you can't sue them if your house burns down before they get there either. So there's some level of personal responsibility for our personal safety. And you know, when you're talking about liberties, the right to life is fundamental to the Constitution. So if the government owns your very life, then you have fundamentally lost the foundation of all the rest of your freedoms. So, interestingly enough, to go back to what you were saying a few minutes ago, I took a concealed carry course here in Texas, I think we might have mentioned it the first or second time you were on Frank, and half the class were women, particularly attractive young women, who were looking to pack heat so they could protect themselves from guys who were bigger and stronger than they were. So first of all, it's a misnomer, that anything having to do with guns is reflective of what's commonly and erroneously know nowadays is, quote, unquote, toxic masculinity. It's a farce. And indeed, one of the ways we're getting, I don't know, mind controlled, is the widespread expectation that the logical fallacy of all or nothing is actually going to work and reining the masses in to do what the powers that be want them to do. In other words, all guns are owned by men who want to kill you who just want to be violent. There's no other reason to have a gun than if you want to be violent. Another one is, of course, with the overturning of Roe versus Wade, it's all men, particularly white men who are demanding women carry all babies full term. And all women want the right to abort their pregnancies. That's assumed. Well, that's a fallacy. And it's laughable because any man who's red blooded knows that when the girlfriend gets pregnant, who's pressuring the girl to get the abortion? Well, it's the boyfriend who doesn't want to pay child support, or have any responsibility. So it's a joke. And now that very same all or nothing mindsets coming home to roost, you know, with the guns, Beto O'Rourke, during his run for the presidency, said, Hell yeah, we're coming for your AR 15. And the presumption there the reason why he could just so glibly pronounced that is because the prevailing conventional wisdom is nobody needs an AR 15. And of course, they would love for you to mix up an AR 15 in your mind with an AK 47 Which of course isn't true at all, but they don't seem to correct those mistakes when they're made in print. and are out loud. Now you have Beto O'Rourke running for Governor of Texas and in the first debate and only debate they had he backpedaled. From the question of whether he still believes that everybody should have their AR fifteens confiscated. He changed the question, when asked it two different times? Well, you could argue that he's running for national office, from one pulpit, and now that he's dealing with a statewide office in Texas, it's a big deal that he ever said that. But here's the thing. When the conflict in Ukraine with the Russian started, nobody doubted it was a good thing, that Ukrainian citizens were armed with the best weapons they could get. No one doubted it, all of a sudden, we see in living color on our TV screen every night, why normal citizens should have the right to bear something like an AR 15. But back in the United States, we still want to play a double standard. And interestingly enough, politically speaking, if you're an independent thinker, like I am, in a lot of these guys listening, why are we funding Ukraine to the level of 40 \$50 billion in us funding, while at the same time denying that right to our citizens, it just doesn't make any sense. Or



 Frank Miniter 21:10


even look at the facts. So there's really do debates between what's a semi automatic firearm and a full auto, they like to conflate those two terms, and a semi automatic firearm that we've had these since the late 19 century. That's how long we've been able to buy them. Since that technology was first developed, they were sold to civilians, even the air 15. In the same year that the military, the US military began to contract for the similar M 60. And the full auto, the air 15 was being sold to the public, there were ads running in American rifle magazine, and so on in 1963 1964, at that same time period of the cold was making some for civilians, and some for another version, the M 16. A different rifle for the military. But a similar looking to someone who doesn't know the difference between semi automatic and fully automatic. We've had these firearms forever, statistically, they are trying to make the point that there are more mass murder events than ever. That's even a hard point to make once you've really started going back and counting them and seeing what has happened throughout history of not just United States but of the world. That's not exactly true. But I think we should all come together just on that basic issue and say, Don't we want to keep guns out of the hands of bad guys? Yes, we certainly do. So let's work together and find ways to do that, and do it better. Let's actually save this bail reform policies we have now let's actually go in and lock these people up if they use a firearm inappropriately, and so on. Instead, we're finding ourselves in this weird place where the bad guys are not being prosecuted, and the good guys are being called bad guys.

 Scot McKay 22:37

Frank, what are the ramifications of the state of the world relative to everything you're talking about right now, as it concerns our freedoms in your mind, because you're right there letting criminals out of jail, and criminalizing decent behavior by people who simply don't agree politically with the prevailing political party? That's troublesome? Talk to us about that.

 Frank Miniter 23:00

Right? If you turn everything on its head and say, the bad guy is just a victim, and the victims he's attacking or somehow would be wrong for being there, or just discounted altogether. And we flipped the whole thing upside down. And they're using that too often as a way to further erode our freedom, because they know if they can take away they could, they could cancel somebody on social media, they can take away First Amendment freedoms via Twitter and Facebook and so on the government coercing them, they can take away our Second Amendment, thereby weaken us. So we can actually defend ourselves, protect ourselves be individual and autonomous, and so on right down the line through the Bill of Rights. If they can weaken the individual to that extent, then they can turn us into sheep, then they can do this, as they will, you know, the the far left tends to be very authoritarian, whereas their conservative, right tends to say, hey, why don't you just leave me alone? And it started this by talking about Canada. And that's what I heard in Western Canada. Why can't you just just leave us alone? Let us go on with our lives and be peaceable, good people, if we, if we break some law, then then punish us because the individual should be punished individually. That's how the justice system is supposed to work. We're not guilty because we happen to be men.

 Scot McKay 24:12

You know the counter argument to everything that you just said Frank from the left is no it's

You know, the counter argument to everything that you just said, Frank from the left is no, it's the Republicans. It's the Magga extremists who are the biggest threat to our country. And they're the ones who are the fascists. They're the ones who are trying to take away a woman's right to choose. They're the ones who are trying to install Donald Trump as dictator and the people who are coming from that political mindset, believe it. Meanwhile, when you watch Fox News, or you know, whichever media outlet certainly daytime talk radio is ruled by conservatives. They believe that it's the Democrats who are the fascists, and the recurring theme to bring this full circle. Frank is always there a threat to democracy, but it seems to me Frank, that there's an assault on our freedoms quietly under the surface. And it's almost like a deflection to talk mostly about free and equal voting systems at the expense of everything else that's being taken away from us in terms of our freedom. And it's kind of like a mind trick. What's your take on both the left and the right thinking the other side is the most fascist threat to our democracy? What do we say to that? How do we even have a conversation?

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Frank Miniter 25:25

Well, I think both are traps, I think we talked about CNN, or Fox News on the left and the right, we're gonna get stuck in to their narratives. And to not that I'm against everything, either one of them does actually watch both. Yeah, me. So what we have to do is look at the common ground that we're supposed to have. And the common ground that is historically almost always been there, there are different periods when it became difficult. And right from the beginning, you know, it became John Adams, the beginning had the Alien and Sedition Act, which took away a lot of freedoms right in the beginning, and he didn't get a second term in office because of that. And that's, that's he was the it was right at the beginning of our republic. So it's this has been going on for a long time, we have to agree that the we have individual rights and that the individual is above the state. That's the basic premise within our Constitution. It certainly within the first 10 amendments was there our Bill of Rights, that we have to agree that we have free speech, it shouldn't be canceled, for example, by the left by a woke warrior, because you say something they find uncomfortable or in politic, your religion shouldn't be impacted in the same regard. And that that battles been ongoing and go right through the Bill of Rights with that same argument that the Second Amendment is an individual basic, right. And you you have to understand what that is. And it is regulated, and it must be regulated in a certain way. But there's a common ground that has to happen there, you have to agree that yes, the individual does have the right to defend their own life. That's a basic premise. It's a natural, right. It's before Republic, it's Locky. In theory, it's what our founders drew upon, as they gave us this awesome experiment that became the American Republic became this constitutional republic. So you have to have that common ground, that is the Bill of Rights. That is that the individual is autonomous, that is above the state, each individual then if you do something wrong, it has to be prosecuted as an individual equal justice before law needs to mean something. And that equal justice has nothing to do with your ethnicity with your gender, how you look in any way shape or form, it only has to do with how you behave, what you've done. That's what you're you should be punished for. That's equal justice before the law. And if we start to lose those basic ideas, of property rights, even if there's to say it can be taken for for any public purpose, which the far leftist has done before in this country, it starts to erode property rights. No, it couldn't be taken for an actual public use. This is in the Bill of Rights, you start to disagree on those basic fundamentals of, of these are protecting us from the infringement from our government, then you can have any other conversation and you can develop those as we had. And you have common ground and you can really talk to people, which is where we were in America for a very long time, you could talk because you had that common ground, that classical liberal, believed all that. And there's still there's still Bill Maher is still one of them out

 Frank Minitier 32:16

know, if you look at the Constitution, and it's been amended over and over, it is a document that we can change. And it should be hard to change, and it is hard to change. But we have changed it. Once we had to fight a civil war before we were able to change it, to do away with slavery and to give equal protection and so on. We fought and purified it and it taken us American experiment all along way we can go a lot lot farther. If we don't fight each other while giving up our foundational ideals. Like that. I wouldn't advise someone to try to only listen to the the major cable networks and read some of the major papers to come to an informed opinion. It's gotten really difficult anymore to do that. Because the the narratives they're giving you and the simplicity of their arguments too often. With notable exceptions, of course, I would ask people, like you said, to read the Constitution, read the founding documents, and and go a little deeper with podcasts with an interesting person who has time just as never three minutes segment, but as actual time to get into a topic. And and listen and listen to both sides as you start to go into the intellectual side of it. And you'll pretty quickly be able to weigh what's right and what's wrong, where you are, who you are. And your beliefs then will evolve. And you'll find yourself more well rounded as you if you aren't a conversation, as you should be now and then with someone you're dating or your spouse or what have you a good friend, or even at a dinner table with people you don't really deeply know, you'll find that you're much more informed and able to accept their opinion, to see their opinion, to ask them questions, which is so key to draw them into the conversation. And then the question then based on what they've said, so that both of you can learn and have this deeper experience because you have a shared system of respect and values and understanding.

 Scot McKay 33:58

Yeah, there's an idea for you to turn off the electronics and go back out and socialize in the real world again, now that we can and talk to real people. The first thing you guys are going to figure out like Frank and I already have, gentlemen, is that nobody wants a civil war. Nobody's as angry about what you're reading, as political topics, and fodder for primetime news channel content, in real life as they are on Twitter and on Facebook, nobody's as angry. Everybody wants to get along. Everybody wants to continue being an American and living by our American values. And once someone does what you just suggested Frank, which is get back out there and actually talk to people and hear what they have to say and discuss this, anything. First of all, you'll soon find out that people really don't want to talk about politics, at least not here in Texas. They don't and you know, we got an election coming up and I still don't get in embroiled conversations with people about it. Every I just wants to talk about what they're interested in. People want to date they want to relate. I mean, I talked to people I've never met before of all races, genders, colors, Creed's, and we all really just want to be human with each other. And that's the way it should be. So I'll tell you what, Frank, if a guy's listening to this, and it speaks to him, and it's resonating with him, and he's saying to himself, hey, you know what, I do need to be more of an independent thinker, I need to really be a lot more vigilant of doing what I'm doing simply because I'm told to do it. What are the first places he should start?

 Frank Minitier 35:36

That's a good question, I would say, to start reading foundational documents. And if you have the time, to begin reading good biographies on the Founding Fathers and see why they were debating what they're debating if you can even wade into it, the Federalist Papers, that

philosophical discussion of why we are, where we are, is profound. What they were able to articulate there and how they did it in that very public forum, really gave us the foundation for where we are in this nation. Talking to men, I don't think a lot of are going to go into that deep reading kind of kind of thing. But as you talk to people just find shared shared values with them and listen to them, and bring them out. I learned the most from discussions when it's somebody who has a very different life experience, and often very different philosophy on things. For example, I was in a discussion with a professor from one of the New York University's one of the SUNY universities here in New York State, not that long ago. And it was a wonderful lively, 45 minute discussion about various things we could tell we had different politics, but it didn't really matter, as we talked literature and went into different philosophies. But near the end of the discussion, he looks at me and goes, you know, I can tell you're a conservative, and I just have to ask you a question. I said, What's that? And he said, Well, why is it you think you have to keep reading, you know, professors like me, have already taught you what you need to know. And he was actually baffled by a person who was willing to go out there and continue to learn, again, to challenge things filter to grow themselves. He thought I'd already been indoctrinated when I went to college. So why did I have to keep thinking? It just I was so baffled and appalled and amused by that comment, and I started laughing. And actually, at that point, we were able to take the discussion even deeper, as I started to question him in a very nice way. And we stayed in touch since then. And it's it's been, I don't think I bought him very far philosophically. I mean, he teaches a course called Marx's aesthetics, you know, that the beauty of Karl Marx, so we have very different views on the world and views of people and of individuality. But we were able to find that common ground, and I appreciate it. And I learned a lot from that discussion, too.



Scot McKay 37:40

Yeah, it is baffling that someone who is a professor in the higher education system would be nonplussed by someone who wants to continue to study and learn and think that just doesn't make any sense



Frank Minitier 37:51

that but that's become a norm. Unfortunately, I can Oh, yeah. My wife teaches in one of those esteemed universities, I am around that culture a lot. And they're used to speaking to 18 to 22 year olds, who, you know, are still developing, and they can kind of lead them some way. But they're not used to being challenged by someone older than that, who has a lot of life experiences, perhaps has read a lot and thought a lot, and then could challenge them on some of their presumptions. They're, they're shocked, and they're uncomfortable. Very quickly, unfortunately.



Scot McKay 38:22

Yeah, it seems like there's a bit of a zombie apocalypse going on out there where people have a very dogmatic opinion, yeah, they need to be right about it, they need you to be wrong about yours. And if you disagree with them, you're the bad person and the fascist, but they don't know why they can't defend their position, you're just an idiot. And I don't have a whole lot of respect for people like that. But I'll tell you, you may disagree with me on any issue. As long as

you can defend your position, I will respect you. I will respect you for being a thinking person. Different people have different personality types. You may make decisions based on your feelings towards an issue, someone else may make decisions based on thought process and logic. And you know, basically, I've just described the difference between the democratic Liberal Party and the conservative Republicans right there. That's really the extent of it. But the reason why I like talking to other people, I think it comes down to the teachings of two different people that I think are right on the money. The first is Stephen Covey, I mean his blockbuster book in the 80s, Seven Habits of Highly Effective People. One of those seven central habits was seek first to understand before seeking to be understood, that's powerful, you know, and what's wrong with that? What the heck's wrong with people nowadays? The other one is Jordan Peterson's rules for life. One of them is take the position that everyone you meet has something to teach you. If we're all so busy trying to prove other people wrong, and the quest to be right is in full force. Then what we're going to do is we're going to judge others And we're gonna miss out on growth opportunities where we could evolve our thinking potentially, simply because we're closed minded. So anything you're someone



Frank Minter 40:10

knows something you don't know, which is one of his rules is, is so fundamentally important. My second favorite one of his rules is treat yourself like somebody you have to help.



Scot McKay 40:18

Both Perfect. Oh, yeah, sure. And that comes back full circle, to what, you know, you apparently adopted as such a radical way of thinking, which is I should keep learning and I should keep growing and evolving. Yeah, you know, I wrote a blog post, and I'm gonna put it in the show notes for these guys. And I simply titled it free. And it was kind of a little bit of a Jedi mind trick to name it that because the first line of it is, I bet you're expecting to get something for nothing based on the simple one word title of this post. And I don't disappoint those guys, I give them a free download to the same things you can download for free from mountaintop podcast.com. Frankly, I'm giving those away. But the point is, just because something is free of charge, and it makes your life easier, doesn't mean it's enhancing your freedoms. It may be taking them away. You know, this is such a crude example. But it's so right on the money in my mind. Frank is I think of the movie Slumdog Millionaire, where the little poor kids are drawn in when the guy who looks like a good guy and giving them an opportunity just gives them a Coca Cola. He just dangles a Coca Cola in front of them. And they're all in and then the next thing you know, couple scenes later, abominable things are happening to these little kids, you know, don't want to drop a whole lot of spoiler alerts there. And then along came Daniel Ortega. In Nicaragua, who yes, the Sandinistas are back in charge down there. Did you even know that same guy. And when we visited Nicaragua, you know as tourists it's beautiful country punny to do it's like Costa Rica only less expensive, just a wonderful place with wonderful people. I asked them how the Sandinistas managed to get in power again. And he said, Well, simply, he promised everybody a check for 25 or 30 US dollars if he got elected. And it was enough. And that's what I thought of was Slumdog Millionaire, he just dangled a Coca Cola in front of everybody. And they were desperate enough that they took it. And then in the 2020 election, what happened? Vote for me, and I'll make sure you get your \$2,500 stimulus check. Well, Americans, were still being bought off, it just took a little bit more cashola to do it, it's still the same thing. I will give you something and make you feel good. So vote for me. And the central point of that blog post,

which of course, he read and commented on. I appreciate that, Frank, is that free isn't freedom, you know, a lot of guys who have fought for our country, you know, and seen people die for our country around them. Like to say, hey, freedom isn't free. Well, why not reverse that turn of phrase and say free isn't freedom. Because if you're being given something, and you're being lulled to sleep in this comfort, familiarity zone, and you're comfortable, nothing's wrong, you're not in pain. And it seems ostensibly on the surface that your life is being made better by aforementioned stimulus checks or whatever hack you don't even have to go to work anymore, then why shouldn't I vote for those guys. But see, that's your ability to make your own decisions on many levels being eroded away. So I'm so glad we had this conversation today, Frank. And what I want to do is I want to, I want to send these guys to your website, which is indeed Frank minutter.com. But if you guys go to mountaintop podcast.com, Ford slash Frank, that will also take you there. So you only have to remember the word Frank. And at the top of my Amazon influencer queue, I'm going to put at least two of Frank's books for you. One of them is called the ultimate man Survival Guide. And the other one, as we talked about in the last show, is this will make a man of you. And you guys will know immediately that Frank's on your side. He's on the side of all virtuous men. We're talking about virtuous masculinity here, not the toxic variety. And that's why I respect and appreciate you, my friend, and Frank minutter. Thanks so much for coming on our show today.

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Frank Minter 44:14

Thanks, God, it was good to be here. Good to listen to your show. It's always insightful always learn a lot. And even better to speak with you.



Scot McKay 44:20

Yeah, man. Likewise, I'm so glad we got to know each other several years ago and that we're keeping that friendship alive and staying in touch. It's, it's powerful. I really appreciate you too, man. And guys, if you haven't been to mountaintop podcast.com lately, I said at the outset of the show, I've revamped it. A lot of new stuff there. You can download a free book called sticking point solved another free book called dealing with breakups and another free book called deserve what you want, which is actually my first book I ever published, and usually goes for \$37 All day long in the x&y communication store. It's yours for free. One thing that hasn't changed is you can still get on the phone with me and talk for free. 25 minutes about where you are right now and what you want to accomplish in terms of your success with women guys I'm not the coach for basket cases. I'm the coach for guys who are doing good already but just aren't quite satisfied with the level of women they're getting in their life and they know that they deserve more hence the title of my book deserve what you want right? Sign up for free you'll find out that I'm the same guy you think I'm gonna be and all of that and more is there for you at mountaintop podcast.com And until I talk to you again real soon this is Scott McKay from x&y communications in San Antonio Texas be good out there

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