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SPEAKERS

Edroy Odem, Scot McKay, Cyndi Olin



Edroy Odem 00:05


From the mist and shrouded mountaintop fortress that is x&y Communications Headquarters. You're listening to the world famous mountaintop podcast. And now, here's your host, Scot McKay.



Scot McKay 00:18

All right, gentlemen, welcome to yet another episode of The World Famous mountaintop podcast. My name is Scot McKay. And as always, I'm your host, Scott McKay on YouTube, on Twitter on true social, on Tik Tok, and at real Scot McKay on Instagram. The website, also, as always, is not to top podcast.com. And I say this every time and I will say it again, if you're not part of our thriving group of men at the mountaintop summit on Facebook, go ahead and join up. Give it a shot, give it a chance, roll the dice. We're good group of guys, I think you'll like what you see, I think you'll like being a part of that community. And we will look forward to meeting you there. With me today as a returning guest. Her name, of course, is Cindy Alene. And although I think this is like her second or third time on this particular podcast, I feel like she and I have probably done about, I don't know, four or five dozen episodes. And that's actually not far off from the truth because here's the deal. Some of you guys who were on the app clubhouse, remember that man, they kind of fell off the map, which we're going to talk about. Remember that Cindy and I were kind of early adopters there. And we did a clubhouse room together. We co hosted it every week, calling it alternatively, dogs and cats living together or cats and dogs living together kind of a battle of the sexes kind of play on words there. And Cindy and I really enjoyed doing that. The guys who showed up those of you guys who showed up we had great conversations. And then one day literally, it just seemed like it happened overnight. from week to week, people just stopped using clubhouse. So I missed collaborating with Cindy now see, Cindy usually works with women. But I miss collaborating with her and she was gracious enough to come back and be on the show. And I kind of thought it'd be a good idea to pick up where we left off in terms of dogs and cats living together and talk about well, not only male female relationships in general, but the future of them where they're going


where men and women relating to each other is headed. So that I think further from Tucson, Arizona, which is actually in my estimation, one of the most underrated metros in the in the country. I just love Tucson sendio Lee, welcome back.

 C Cyndi Olin 02:36

Thank you so much for having me. Scott, I always love talking to you. You're such you're full of such great information. love being a part of your podcast, too.

 Scot McKay 02:49


Well, likewise, yeah, you and I agree on a whole lot of things. You work mostly with women, I work with men. Yeah, that's right. And that's not to say we won't have something special for the guys at the end of the show, which we will. But I really think it's a lot of fun to do shows with you to create content with you, as it were. Because unlike Emily, Oh, of course, it's my wife who I love and adore you and I don't live in the same house. We don't complete each other's sentences. We're not soulmates. You have one of your own. Thank you very much. Yes, thank you. But because we think like, we tend to come together and create this really killer, Gonzo new content that comes out of nowhere from a completely different from a completely different place. And it's always just been so much fun. So I think with that, I'd love to just have you take it away Sunday and kind of riff away, first person on where you think male female relationships are going. Because these guys hear from me first all the time around here. And a lot of times the guests come on, and they have something completely new to offer that we've never talked about before. But I think I would much rather have you drop a few golden nuggets on the table to get us rolling here. So let's have it go for it for


 C Cyndi Olin 04:02


sure. Yes, romance dating, you know, where's it headed? And I feel like, you know, especially with the time of the year and you know, everything, you know, after the first of the year, people tend to, you know, take stock of their personal life if they're single what they want. And I you know, we were we were talking about this a little bit before we hit record. And I feel like it's the desire, especially for women is the return of old school. You know, the man, you know, the woman dropping the proverbial handkerchief, and the man coming to her and asking her out on a date and her getting all giddy and excited and dressed up and the whole thing and really allowing real true courtship to unfold, rather than, you know, zero to 100 or sexting online, you know, this. I really feel like there's this desire for slow down and intimacy, and people truly getting to know one another to


 Scot McKay 05:21


Well, I agree with everything you just said. And we've seen that borne out time and again, wait for it. In my coaching calls with men, it isn't just like a pipe dream that women are supposing and it's like, yeah, right lady. Good luck getting guys to fall in line with that. The men are asking for this. Now, when you said drop the hanky. I'm thinking, okay, the new school old school would be dropping like a Clorox baby wipe.


 Cyndi Olin 05:45
Right? Baby, right. Whatever. I mean, your

 Scot McKay 05:52
kids right around Clorox. Where am I going? It's not made by Clorox Clorox wipes or flight your kitchen. Right?

 Cyndi Olin 05:58
Right. But maybe maybe more like your lipstick to birth something Jirachi

 Scot McKay 06:06
moisturizer, man dropping their tube of moisturizer for women to pick up? It's a turn of No, but you know what, we've seen the same thing. I mean, we had an episode not too long ago, where we talked about the state of online dating and as bullish as my co host was on online dating. And you know, he kind of won me over a little bit to being kind of back to being bullish myself. I mean, why shouldn't I be my wife and I met on online dating. I know the potential that's there. But I also know how difficult and fraught it's become for guys. And meanwhile, here we are post COVID. Yes, post COVID For sure, at this point. And people are just starving for real social outlets. And women are starving for a real man to come sweep them off their feet. And I'm gonna go all the way back to about four or five minutes ago, Sunday. I mean, wow. If it wasn't the very first word you said when kicking this whole thing off? It was in the first phrase, you said, Romans,

 Cyndi Olin 07:06
Romans Romance. Romance is not dead women are craving it. And I know men are too just like you said. It's that that feeling of that slowness? The savoring? You know, that's yes. Yeah, it's just, I feel like that is been a piece that has been skipped somewhat with culture, a lot of online dating culture. And a lot of times, you know, things are falling dead online, you know, you'll see, like, I look at my clients online dating, you know, communication, and I'll see where something is communication ends and whatnot, but people are moving things. And it's because it's, it's harder online to create that same amount of tension, you know, that men and women feel that, you know, they can do in person. And there's this, there's this craving for women to be asked out, and men to show up in that way that she can surrender in his arms. And it's, I love it.

 Scot McKay 08:27
dangerous phrase. Women surrendering?



Cyndi Olin 08:31

Yeah. And, and I feel like this is this goes across the board. I mean, I work with smart, highly successful women that are desiring this feeling. They want to feel like a man, you know, they don't necessarily need a man to provide for them, but they want to feel protected and provided for. And go ahead.



Scot McKay 08:58

Well, man, where do I even start with that one? You know, I know exactly where to start with that one. Let's go back to romance again. And I have to throw this on the table. I think romance is a term that most men can't define nowadays. And if they make an attempt to define it, they go well, that's sissy stuff. This is stuff that's gonna turn me into Mr. Nice Guy, or some sort of simp you know, and women are going to put me into just the friendzone for trying to be romantic. And I think that's symptomatic. symptomatic. Hmm, yeah. I mean, a snuggling Hall would be proud.



Cyndi Olin 09:33

No pun intended. Yeah, but



Scot McKay 09:35

he knows anymore. He was the father of making words smashing words together, and making what he called snagless. Like the aforementioned



Cyndi Olin 09:43


I love that. I didn't even Yeah, learn something new every day. Okay.





Scot McKay 09:48

Well, now you can be sympathetic towards it. So anyway, guys think okay, well, this is a trick. This is the personification of And so that we're going to be romance. This is sissy stuff. This is girly stuff. This is pansy ass stuff that turns me into, you know, her little dancing monkey. Well hold on a second. If women are saying they want romance, do we have so low a view of women that we're not ever going to take literally all of them at face value. I mean, after all, we've talked about it on this show before, Cindy, women want a man who listens, that doesn't mean they want a man who obeys. That means they want a man to at least take some notes about what women's loves hopes, fears and dreams are so that they can make decisions and lead accordingly so the women can follow. I mean, that's your SIP, that's gonna make you a genius, that's gonna make you attractive. Okay. That's how masculinity and femininity work. So when women talk about romance, obviously, they can't be talking about men turning into policies,

they can't be. What they mean is they want a man who knows how to create an environment where she feels safe to be a woman. And then they can act like men and women. Together, they can do the things together that only men and women who are dancing the dance of attraction to, you know, I'm not going to go have a candlelit bubble bath with someone other than a woman I'm attracted to. Period and a story, right. It's a comical mental image. Otherwise, it's not even a mental image I want to partake of. So that's what women mean when they're talking about romance. So along come these guys. And they're like, alright, well, I just researched romance. Maybe I'll try to do this romance thing. Meanwhile, back at the whole Justice League, everybody is online. Everybody wants immediate gratification. And everything has to go from zero to 60. In you know, 3.4 seconds or I'm ghosting you and finding someone who will keep my attention Longer, lower attention spans than ever lower mortality than ever. You had. Well, when was the last time you heard the phrase hookup culture, Cindy, I mean, we're like in the post, hookup culture, culture at this point. I mean, it's like even beyond that. It's like, hey, just make some porn and send it to me mean women with only fans accounts so that they can vet man. Hey, pay me \$10 Go check out my only fans. And if you still want some after you see me naked, then we'll talk about going out on a date or something. I mean, it's just it's crazy.

 **Cyndi Olin** 12:31
It's crazy. It's crazy.

 **Scot McKay** 12:35
This guy's out there going? No, I Oh, yes. Oh, yes. So I mean, then you have the guys who even try getting shot down by the women who said they wanted romance or now confused in their own right. Yes, I said confused. We all are. And if we would only stop, relax, smell the roses, we might figure out the next time we tap the brakes with someone we find interesting and actually went out with them had the first time holding hands had the first time kissing had the first time simmering each other up with little flirty words we say to each other. We would go wow, this is freaking great. Who knew? Well, that's old school. I mean, you know, you don't have to wait 90 days to have first sex or wait until you're married or else we're gonna shun you from you know, the community or anything like that. I mean, we're not going to go back to puritanical times. I mean, maybe we should

 **Cyndi Olin** 13:31
I, I actually think we should to some degree. Yeah, yeah, I something I really impart with my women is taking your time in that area, like Wait 90 days to go there. And it may be longer. Because I want them to make sure they feel safe on all levels before going there. And they're in a committed relationship. Now commitment can show up before that. But it's rare that people are waiting past the fifth date to go there and you don't care if it takes five days. Yeah. And you don't you don't know somebody. And in 90 days, you know, the mask starts to come off a bit even before that, if you're dating and seeing that regularly. So I love the 90 days. I'm I'm all for that. Well, I'll





Scot McKay 14:43

tell you what, I'm not wanting to assign a specific number like wait three days after you get her number to call her or wait 90 days before you have sex or wait a year before you get engaged. I think everybody's an individual and it depends on how often you're seeing each other. How close to connect Question is where you're coming from in terms of those things. But I definitely think there's a lot to be said for savoring every bit of a relationship and not rushing anything. And here's Yeah, and here's the analogy I'm going to put forth. I believe I've mentioned it on this show before, but it's been several years. So and we've gained a lot of new listeners since then. Several years ago, we went to a wolf rescue place. And it became feeding time. And I said to the person who was like, you know, the zookeeper slash handler, I think I just learned firsthand where the phrase Wolfing it down came from. Like, oh my god, yeah, well throw. I'm like, five pounds of sirloin steak, and it's gone in eight seconds. I said, yeah, thank goodness, we as humans are a little bit more evolved. And the guy laughed. And I elaborated by saying, yeah, when we go out and get a nice steak, we don't just walk it down. We want to savor every bite and have some of the cream spinach and some mushrooms and a glass of wine because oh, man, you bet you these walls don't know what they're missing out on. And we both laughed. And I just think our culture has gotten to the point where we walk down sacks.



Cyndi Olin 16:12

Yeah, well, we've been it's, there's a phrase that I've used, it's like, Oh, were they raised by wolves? Allergy, right, same thing, same analogy. It's like, you know, whatever happened to moving slower?



Scot McKay 16:33

Have sex but I can only imagine. I have seen ostriches having sex. That was



Cyndi Olin 16:40

a sight. can't even imagine



Scot McKay 16:43

it was very feathery. completely threw you off track? Yes. Back in the clubhouse, right.



Cyndi Olin 16:55


It is it is so true. Now this used to go? It did you would you throw in a little Zinger. And here we go. We're off to the races.



Scot McKay 17:07

Exactly. The clubhouse though is unlike this audience, they get to talk back at your real time,

you know, and add to the fun. So you know, you're onto something here. It sounds so painful to people to maybe slow down, maybe not wolf down human sexuality, male female sexuality. And I would love to talk for the next few minutes, Cindy, about how we got here and why that's okay with people. Because it isn't okay, when it comes to our skofja dinner or going to Ruth's Chris Steakhouse, although I prefer it isn't okay. You know, when we go to the movies, or go to the show, or, you know, we don't want to go to a sports game and just Alright, let's just play the last two minutes of the fourth quarter go home, nobody's like that. Nobody's like that. And then we get to the point where we're supposed to be developing relationships with another human being who were allegedly attracted to. And we will fit down what's happened there. Where have we cheap into this to that point?

 Cyndi Olin 18:13

Well, it's the evolvment of everything online. As you know, you know what, what most people do when they wake up in the morning, look at porn. They either look at porn, they look at, they look at porn. And they might do that men men might do that. Some women might do it too. But they open up their Instagram, their Facebook, they're they're checking. They're looking at social channels. Yeah. And, and they're getting fed all this information. And we've also been programmed to believe that we should be able to get it now. Of course, I mean, and all of a sudden, if you order something on Amazon, now you can't get it the same day. It's very rare. That used to be good. Remember that I used to get it so good. So great.

 Scot McKay 19:09

We can still get up here.

 Cyndi Olin 19:13

Yeah, yeah, not here. But anyway, it doesn't matter. But. But there are other ways that you can get it. You can Instacart Instacart something today, you need that. And God forbid you get in the car to drive up the street to get it.

 Scot McKay 19:29

Well, that's another whole side of that discussion. I see where you're going with this. But this is the whole you don't even have to leave your house anymore. Why be social? Right? I mean, I had this weird, twisted theory that during COVID Most people actually liked this lockdown stuff. They'd been hoping for their whole life. And now, with so few people actually going out there and being social, relatively speaking, that premise has unfortunately kind of been proven to be true. You're just DoorDash our way through life now.

 Cyndi Olin 19:57

Exactly. We can have You know, we could have the steak from any restaurant we could have just have it in our own dining room.



Scot McKay 20:06

And why go to the movie theater? You have one in your living room? I mean, que la television 600 600 bucks for the 70 inch one here in San Antonio Sam's mean, right? Really? I mean, you know, you got to crane, your neck to see that thing. And it's like in crystal clear, the picture is crystal clear. And unlike the movie theater, you don't have to like Miss 10 minutes of the movie and plow over three fat guys to go get some popcorn. Just hit pause. You don't even have to wear pants. I mean, you know,



Cyndi Olin 20:37

it's you can, you can watch. You can watch the three, three and a half hour avatar movie in your living room. And half



Scot McKay 20:45

of it today and half of it tomorrow. Exactly. Right. Now let's talk specifically about men and women. Yeah, I'll just leave it there. Go ahead.



Cyndi Olin 20:54

I mean, I feel like there's, you know, there's a lot of things going on. I feel like the women are craving, like what we were talking about before for a man to lead for him to ask her out for him to actually come to her. And they're trying to do this online. And people are point blank, choosing try, you know, choosing the lazy route. Well, I'm in this part of town, you're in this part of town, this isn't gonna work. We're 10 miles away from each other. Well, I'm



Scot McKay 21:31

more cynical than that. Sorry, but not sorry. It's gotten to the point where a guy's had been softened up. And you know, another whole episode we have coming up is how men have been socialized to be Mr. Nice Guy, without any explanation and keeping him in the dark about what that even means. Okay, that's where it gets really scary and complicated. So first of all, guys are too soft. Ask women out, especially in real life.




Cyndi Olin 21:58

Yeah. And then women hate that. Of course, thanks, driving them nuts.



Scot McKay 22:03


Men have cognitive dissonance regarding that. And maths.

 Cyndi Olin 22:06

So and women are just getting honestly spat, they're getting angrier and angrier. Right. And, and they're, they're, they're trying to figure out what the hell is going on. And part of it, you know, I coach them to help open up the men to say it's okay to come to me and ask me on a day, go figure. I would love that. And their energy is open and welcoming. And then all of a sudden, the men do start showing up because it's so rare that a woman is this open and welcoming and communicative that yes, this is what she this is what she wants. And she's setting him up to win.

 Scot McKay 22:54


Well, Cindy, I completely understand why women would be frustrated. Yeah, I mean, men going their own way. And the red pill guys get so angry at me when I take the woman side on things like I'm some kind of hypocrite or a trader or something. Look, I am all about men and women being in partnership. And look, guys, if you've been socialized to stop being masculine in the way women define it, and you're not asking them out, what do you want them to do not be frustrated, of course, they're frustrated, and they're wearing it on their sleeves, because they want you to stop look and listen, ask me out, do I have to throw myself at you? The answer is going to be well, no, because when women throw themselves at a guy, that guy goes, Oh, well, she just must be a cheap, stupid slaughter makes bad decisions. And when they go, ah, they get even more frustrated. So you have this situation where people I don't know are left to their own devices, Cindy to kind of figure out how the entire other gender is. And it's usually driven by people who are loud angry complainers. And then guys go, Well, women aren't worth it. And then women look around and go, Well, these guys aren't worth it.

 Cyndi Olin 23:58

Yeah. Or they think they create a story in their head and they go, none of these men want commitment. They, you know, they don't want me or they don't want commitment. And that's why they're not showing up.

 Scot McKay 24:11

Look. Let me throw it on the table with a mic drop. Do it Scott, neither men nor women, nobody knows what they want. Period.

 Cyndi Olin 24:21

And that's, that's part of the problem.

 Scot McKay 24:24

They don't even know who they are. They don't even have an identity. They haven't figured out


They don't even know who they are. They don't even have an identity. They haven't figured out what their core belief system is. And you want them to figure out the kind of woman they want. Ain't gonna happen, not Misko.

 Cyndi Olin 24:34

Well, well, that can be enhanced more through dating, but that would mean people would need to leave their homes, go out, beat each other. Stay open to what they like about that person and get curious about them and allow it to grow.

 Scot McKay 24:57

And notice that it's fun and enjoyable.


 Cyndi Olin 24:59

Right? and have fun with it and receive.

 Scot McKay 25:02

Now, the elephant in the room here is the porn. Cindy. Let's talk about porn, broadband porn free. Listen, here's the best way I know to really talk about how poignant this issue is. Okay. I don't have the same complaints against porn that some other militant people do. I understand how damaging it can be. I also understand that it's not so damaging for other people to consume it. But here's the thing, okay. And this was years ago, the first time a guy came to me, and I said to him, Okay, what seems to be the problem? He says, Well, you know, I'm attracting women. And these women are really like, I go, Well, so far. So good. He goes, but no, because three weeks or a month into the relationship, I'm done. I'm just sick of them. I ready to break up. I said, Wow, that's really fascinating. I said, I got an exercise for you. And he said, What's that? I said, Well, what are your views on porn? Are you gonna you know, there's two kinds of guys, there's guys who watch it and guys who lie and say they don't. It's like one percent in the ace community. We acknowledge this, folks, of course. But he goes, Well, I you know, I said, this is a safe space. Because yeah, watch porn. Alright, so here's what I want you to do. And remember, this was like, 1012 years ago, I want you to go to one of those sites where they show you like, a whole page full of thumbnails of cute girls. And then when you click on one, they show you all the photos and all the movies that that little gal has ever done. He goes, Okay, I think I can handle that. And I go, Okay, now here's, here's the exercise. I want you to measure in minutes and seconds. Okay, ready, you know where this is going. I want you to measure in minutes and seconds, how much of her you allow yourself to tolerate before you've just got to go get some strange, you need a different one. You see it enough for her? It's time for another. He goes, I'm not even sure I need to do this exercise. I think I'm already crystal clear. I go well do the exercise. Anyway, he came back and he said, I really, really, really try it. I found the women who really do it for me that are really my type. It was under seven minutes every time. I said okay, now when you put that in context, wow, three weeks to a month with one woman. That's amazing. By comparison, he goes, Well, it isn't so amazing, or I wouldn't have heard you I said, Ah, alright, so what do we have going on here? What it all came down


to? And you know, I don't like it's not your fault marketing, but I understand the onslaught of influence. Okay, in this direction. He had gotten to the point where he had such little interaction with real women and had been poisoned to think that all women are terrible and gold diggers and solipsistic and blah, blah, blah, that they were only good for sex. So wow, the two week three week relationship, the one month relationship is a quest to get sex started. And then when he knows his way around her body three or four or five times, there's nothing left. There's no reason to stick around. So unwinding that sex focus and helping him rediscover how wonderful women can be to have in your life for reasons other than sex, put him on the fast track to getting over it. And I mean, I don't want to Doc's him, because he didn't really allow me to. But he ended up becoming a bit of a relationship coach himself and publishing books on his own journey. So it was transformative for him. But I think that sort of thing goes on nowadays, women are only good for sex. And on top of that, they don't even like sex. So I might as well just give up and watch porn, because we tell ourselves all these fables and I know women do the same thing. We got to unwire that we got to start giving ourselves the benefit of the doubt, and giving women the benefit of the doubt, then we can go explore the real world again, right?

 Cyndi Olin 28:54

Yes, yes. I mean, I was basically saying that in a different way without the porn is look at the best in that person and get to explore who they are. And some people, there's not going to work for you. Right? It's fine. But we're all good. I mean, this is part of the fun and the journey of dating and getting to know one another and building that true soulmate connection. I mean, so many people, when they start to run into problems, or they feel disconnected in some capacity, whether it be in their relationship or marriage, what happens? They might, you know, I've heard so many stories, and I know you have to we've been around the block a few times, like, oh, but it's easier to go. Go start up another relationship because that's more exciting and the dopamine and the oxytocin, that's being exerted and, and this is going to be better And we, we kid ourselves into believing that rather than slowing down and savoring and getting to explore one another to and start building up all these walls and resentment, and stories that men are bad or women are bad, or this person is bad because of XYZ,

 Scot McKay 30:25

which once we get out in the real world and stop door dashing our way through life, we realize not everybody's as bad as the angry people made them all out to be. Now if we have a pattern of attracting the wrong people in our lives, that's another whole podcast episode. And Cindy and I are both at your service, gentlemen. But I think that is a different story. What I love about what you're saying is, is this message of empowering the guys who are listening to get out of that comfort familiarity zone that isn't even really serving us all that well, that really feels empty, that's driving us back to porn that's keeping us from real women. And get back out there take a chance and so many guys won't. And gentlemen, once you start unraveling that bird's nest of how we got socialized to be Mr. Nice Guy, you'll get upset about it. You'll get angry enough to want to go out there and take a risk and the best way possible. And Cindy back me up on this. I know you will. And I'm not going out on a limb here.

 Cyndi Olin 31:27

Women respond positively they



Scot McKay 31:29

do not even need me to compete the phrase or the thought Yes.



Cyndi Olin 31:33

They they love it. I mean, they are begging for it.



Scot McKay 31:38

They'll be friendly, even if they're taken unavailable, not even your you're not their type. None of that will matter because at least you're if you're being respectful. What I tell guys all the time, Cindy, and you've heard me say this on clubhouse, you're not creepy, weird or pushy, unless you're creepy, weird or pushy. If you give her some space, act like a normal human being, you don't even have to be quote unquote, impressive. just present the show up. And and you're right. I mean, you took off with that notion because it's obvious to you and me. But gentlemen, just go out there and talk to people in general. At first, they're gonna look at you like you have three heads for the first two seconds. Maybe Yeah, because they're in shock.



Cyndi Olin 32:22

Right. And I promise you if you are online, if you are on an online dating platform, and you see a woman that seems interesting to you, somewhat attractive, get it off line as quickly as you can and ask her out on a date. She will likely say Yes, amen. Amen. She will likely say yes, you're welcome, guys. And



Scot McKay 32:45

don't write something wimpy and don't write something douchey just write something that proves you're a normal person. Hey, I saw that you have a picture of this. I mean, I'm advocating not even trying to be cutesy anymore, because you have so little competition at being human. And you let's just go back to the very beginning. Let's bring it full circle Cindy. People are starving for humanity. That's what people are starving for. This is someone to show up and be human with them.



Cyndi Olin 33:14

It could even be what's your favorite restaurants in the city? You




Scot McKay 33:22


You have no competition. If you keep it that simple. Guys are out there shaking their darn

heads going, there's not a chance. Oh, there is a chance. Give it a shot.


 C Cyndi Olin 33:30


There's a big chance women are begging for it. And I mean, I coach my I coach my women around getting getting the men off line and there are some that just aren't going to do that line. Yeah, men will run you know, men won't get off line. And I have this whole theory and I you know joke around about it. It's like oh, yeah, those are the guys that are sitting in their basements at their mom's house. You know, afraid they're afraid that they'll you know, they're still they're

 Scot McKay 34:07
fearing loss


 C Cyndi Olin 34:08

in right and and I feel like that is part of the the phobia and then women have the opposite phobia that they think the guy just isn't going to show up for them because he doesn't really want commitment on some level. So you've got these both polar sides fighting each other

 Scot McKay 34:33
by a false narrative. It's a zombie apocalypse, I tell you,

 C Cyndi Olin 34:36

it really is so literally ask her a simple question or even just the hey, you know, I really like to get to know you. Can we grab a coffee or take a walk or lunch?

 Scot McKay 34:50
I mean, that's not perfect. I would it is out of those phrases, but it would be enough right now.


 C Cyndi Olin 34:55


Right? Yeah, I mean, I I might too, but I'm saying keep it simple because women will respond.


 Scot McKay 35:05


Now I'm gonna issue a caveat, guys if you do this stuff and come back with torches and pitchforks saying yeah you know just be myself great advice you to look there's something


premonitions saying yeah, you know, just be myself great advice you to look there's something creepy going on there's something you have a blind spot about. We'll fix it for you. We'll shake it. Yeah, the books the videos will never help you. But we can we can shake that out for you. And it won't break your bank. We can do that for you pretty quickly. I can easily take one zoom call with a guy unless you guys I'm the biggest dork in the world. Okay, I have no shame. The best part about me being a dating coach was how far I've come. Okay, so I have respect for all of you don't even give that a second thought. I'm still a huge dork. Emily and I are soulmates? Because we're both huge dorks I mean, we

 C Cyndi Olin 35:47
Yeah, I get it.

 Scot McKay 35:51
Yes. You know, the bottom line here. Crystal clear, we understand. Exactly. So anyway, the bottom line here, though, guys, the point where it was they desperately because it makes us look like well Simps. But we're vehemently driving home the point that you have less competition at being a normal human being than ever. So I mean, what do you have to lose by not even being all that creative, you know, get yourself some built in confidence, then work on the cute creative stuff, I can help you with that, too. I could turn you into a genius. But I'm telling you to get you off a top dead center and get this thing cranking. Just I mean, start with Hello. And notice something from her profile and actually spell it correctly. Mixing a thesaurus. And I mean, you're off to the races. It's not going to be difficult. And say It all brings it back full circle. New School is old school, we're gonna go back to basics because the world is starving for Well, what it is we're actually wired to be not this first SATs fake electronic version. Boom. Yeah, yeah, I

 C Cyndi Olin 37:08
It's so true. And getting yourself out there doing some things that you find interesting.

 Scot McKay 37:17
Not in your living room

 C Cyndi Olin 37:18
with not in your control in your hands. Right. Right, people. Yeah. And I feel like people, the people that want to connect, are attempting to do that. And if you're, if you're listening to this, you know, you're, you're clearly somebody that's growth oriented, and want a great partnership want to get to that next level. Then get out there connect, say hello to her women smile at them, they will light up. I mean, I have little exercises I give my women sometimes and they'll go oh my gosh, I have literally been approached by five men just by doing this. Yeah, because they felt permission to do that. Yeah, they felt welcomed,



Scot McKay 38:11

throwing themselves at me welcoming them.



Cyndi Olin 38:15

No, and it's simple. It's simple, guys, I'll tell you my simple not so secret secret that I that I will give to some of my women as a little exercise. Smile. Look in a man's eyes for three Mississippi Scott, three Mississippi's because that can be long, right? So just smile the whole time. And literally. Yeah, and men will approach you. And even if they're taken, they will say how low they will smile. They might complement you what's



Scot McKay 38:57

wrong with that? Nothing, even if it turns it to nothing other than that, that's a



Cyndi Olin 39:04

connection. And that's the thing that we've been missing for so long as you know, more people than ever work from home. So you don't even have to leave their house. Right? Oh, my Lord. So you know, that's another issue.



Scot McKay 39:23


And another whole podcast for another whole time. You know what's funny, I actually have that episode in the works. The whole idea of being a man in a remote world is coming. What a great guest one of our favorites, but I'm not gonna I'm not going to let that cat out of the bag just yet. But that's coming up. You know, that's pression of you to think of that because that's, that's something that's on people's minds. I have to say this before I send them to your website because you already have sent them there anyway, you've already piqued their interest enough to go there. I have more men than ever before coming to me saying they don't understand the concept have connection explained to me. That's part of my job nowadays. These are grown ass men with social skill. But that's how far we are removed from this old school stuff that needs to be the new school. Her name is Cindy Elaine, she's from Tucson, Arizona. Hey, you guys know how much I respect her dating coaching abilities. She's the real deal you already know she loves us as men too. And we love her back. So I want to send you to sendio liens website, which is create your own luck and love.com. But what I'm going to do as per always, is send you to mountaintop podcast.com front slash create si r e a te. And you know, if you want to be a fly on the wall and check into what Cindy's telling the women to do, go for it. You might want to hire Cindy for an hour or two to pick her brain and get a woman's opinion on things. And also, here's a cool pro tip. If you have a woman in your life, who is feeling a little out of sorts, and she maybe mentioned something aloud about maybe needing a coach sunder Cindy's way and you will not go wrong. She'll thank you for it. So Cindy as always, man, this is like all times I feel like we picked up right where we left off from clubhouse. What a party to Yeah, thank you. Thank you.

 Cyndi Olin 41:19

It was so fun to be here. I appreciate you I appreciate all you do for the men and women are thanking you as well. So it's fun to cheering for both of us. Back at you for us. I know. I know there's so many so many more directions we could go moving forward to but there

 Scot McKay 41:41


has to have you back.

 Cyndi Olin 41:42

Yeah, same same,

 Scot McKay 41:44

same same. Very very good. What a great show this was a lot of fun. And guys there's even more fun waiting for you at Mount to top podcast.com Heroes soap keyport.com Jocko willings company origin domain all sponsor this show and have been for almost three years now. So there's good relationships built there. And I'll tell you what's driving that not only do those guys love you as an audience, I want to be in front of you because you're the right guys for them to talk to but I love all their products. I do not align myself or this podcast with anybody who I don't believe in personally and whose products I don't believe in personally. So anytime you partake of the goods from any of those three sponsors, which are once again, Jocko willings company origin and main heroes soap and or key port, you'll know you're working with the good folks and you'll know you're getting the good stuff. Use mountain 10 as a coupon code anytime you partake of those products, please. When you go to mountaintop podcast.com I haven't talked about my newest program unsettled lately. unsettled is a program about well, making your new school something completely different than sitting around the house watching everybody else have fun on TV. Okay, that's what's causing me to bring it up right now. Guys if you want to disrupt your life and the best way possible, and I know that sounds mildly terrifying. It will be the best thing that ever happened to you check out unsettled using the Lincoln mountaintop podcast.com. And guys absolutely the invitation is open for you to talk to me about where you are with the women in your life right now where you want to be if you indeed want to talk to me over zoom and see if there are any blind spots that can help revolutionize your success with women that you may never have figured out on your own. Sometimes that 25 minute introductory call which won't cost you a dime is all it takes to do that. Get on my schedule you can do so at Mountain Top podcast.com Sign up at a time that's right for you and until I talk to you again real soon this is Scott McKay from x&y communications in San Antonio Texas be good out there

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