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Wed, May 10, 2023 12:57PM 37:40

SUMMARY KEYWORDS

patriarch, men, women, family, mountaintop, respect, life, decisions, patriarchy, wisdom, wife, elliot, leader, talk, books, eliott, x&y, important, give, divorced

SPEAKERS

Edroy Odem, Scot McKay, Elliott Katz




Edroy Odem 00:05

From the mist and shrouded mountaintop fortress that is x&y Communications Headquarters. You're listening to the world famous mountaintop podcast. And now, here's your host, Scot McKay.



Scot McKay 00:18

All right, how's it going? Gentlemen, welcome to yet another episode of The World Famous mountaintop podcast. As always, I am your host Scot McKay at Scot McKay on just about every major social media platform, and on YouTube, where I'm at Scot McKay got some new stuff for you there. By the way, at real Scot McKay on Instagram, the website is mountaintop podcast.com. And if you haven't joined the Facebook group at mountaintop Summit, on Facebook, you are definitely invited. And we'd love to have you there and join our group of men who are becoming better men and becoming better with women. Now, gentlemen, today, we are going to cover a topic that you just don't hear covered. Well, and a whole lot of other men's dating advice outlets, for sure. And indeed, a whole lot of guys, you know, kind of beta type guys, if you want to use such a word, really don't even care. It doesn't even come up in their imagination. But as men who are leaders, men who want to excel with women and live their best life, and well leave the world a better place and who care about the people they love, and the future people they will love someday. It's a huge topic. It's right up there with leaving a legacy. What I'm talking about, of course, is how to be the patriarch of your family. And that's kind of a loaded term patriarchy nowadays, and I'm sure we'll talk about that a little bit along with the meat and potatoes as it were of the topic itself. With me today is a returning guest. His name is Elliott Katz. And he is an author on relationship issues among his books that you will be able to find on my Amazon influencer page right at the top of the queue, if you're listening to this episode, right after it's released, are being the strong man, a woman wants timeless wisdom on being a man. And another interesting book called How to Get Your man to wear the pants. So you don't have to. So you can see the former book is written for us as guys. And the latter book is actually for women. So Elliot covers all his bases here, Elliot, welcome back, man.

 Elliott Katz 02:26

Great to be here.

 Scot McKay 02:28

Now remind me where you're located. Toronto, Canada, Toronto, Canada. Now that there's any place where I hear the women are beautiful. And the men largely have no idea what to do with that it's got to be Toronto, Canada at least has the reputation.

 Elliott Katz 02:43

Well, I think there are beautiful women everywhere. You just gotta have your eye open to them.

 Scot McKay 02:47


Well, I suppose that's fair. But I will say maybe I'm spoiled and a bit biased, because here in San Antonio, man, we're just replete with beautiful women. I've been to some other metro areas, even right here in the states where well, you know what, I can't say exactly the same thing, at least to the same degree. But I do indeed hear that Toronto's got some wonderful urbane sweethearts up there who really know how to treat a guy and are easy on the eye too. And I think that's fantastic. Because, well, it means you probably have lots of experience to draw from when you're writing your books and talking about how men and women relate. Yeah,

 Elliott Katz 03:24

well, I think I think there's universal wisdom. It's not just how beautiful the women are in Toronto. But I think there's a lot of wisdom that men today need to learn. But first of all, a lot of reasons men today haven't learned and that's really my goal in writing these books and doing these podcasts is to share these insights that can really make a very positive difference in your relationship.

 Scot McKay 03:45

I think that's fair. So let's get to the heart of the matter here. When we're talking about being the patriarch of a family. What are we talking about there, Elliot? And why should a guy even care?

 Elliott Katz 03:57

Well, a patriarch, what is the patriarchy you know, the word patriarchy sort of got some bad press because feminists would talk about patriarchy. And as a that's a bad things or the patriarchy. You know, when I see the word patriarchy, I think of the patriarchs in the Bible, Abraham, Isaac Jacob, by really what does a patriarch matriarch is, as a leader, the patriarch of

a family is the man that people respect as the leader of the family who go to him for advice, who just see him as a smart person who has wisdom who could, could really help them through difficulties. And, you know, it's interesting, you said, like, people don't really think it's not all that important. It's very important. You know, whatever. The most important thing, when I teach men about being a leader in a relationship in your family is to realize your wife wants you to be the leader. So not about being controlling. It's about taking responsibility for your family, and being a leader of your family and that makes your wife or your girlfriend feel safe and protected and she wants to feel safe and protected. And if you don't make her feel safe and protected, she loses respect for you. You know, there's so many men and I coach them and they say, you know, I try so hard to please my wife, I, I do everything she wants, whatever she asked me to do. I do. And she has no respect for me. She she, why does she have any respect for me? Because that's not what she wants. She wants a man who's a leader, who's the patriarch, that's really a key thing for a successful relationship. Yeah, sounds



Scot McKay 05:28

like a lot of guys are coming to you with another classic Canadian problem, which is being Mr. Nice Guy, which we've covered a lot around here. Simply giving your wife and by extension, your kids anything and everything they want, makes you a pushover, it makes you a doormat, it makes you not someone they can respect because you can't even stand up to them. Clearly, if people ask you for things that are no darn good for them, or maybe even harm you or god forbid the family writ large. And you actually grant those requests. It's not like the people who asked for them are going to realize, well, you know what, maybe I should stop asking this person for things that are perhaps a little greedy or self centered or not even good for me, they're gonna double down at the same time, even though they're willing to take twice or three times as much from you, they're going to respect you that much less, it's almost like the more you give them, there's an inverse correlation between the amount you do and the level of laissez faire or lenient decision making you make and how little they respect you for it. It's really kind of bizarre.



Elliott Katz 06:35

You know, what I tell men is in all men thing, they give and they give, and they give, you know, the other person will give back to them. But I tell them, when you give and you give and you give, you're teaching the other person to take, you're not teaching them to give, you teach a person to give by having them gift to you, even if you don't need anything. And I that's one of the things I coach men is that, you know, give your wife, your girlfriend opportunities to give to you. So that way her love will grow for you, you know, when when you give to another person, your feelings of love grow for them, when they just give and give and give to you. And you're just taking, you just become a taker, you just see them as a, you know, as someone to take from and you have no respect for them. So it's important. That's one of the things I teach men, you know, gift here, girlfriend gift to your wife, of course, you should, but give her opportunities to give to you not that you want to take from her, but that her feelings of love will grow for you, by giving to you.



Scot McKay 07:32

I think that's really important. Because first of all, if someone gives back to you, that's

reciprocation. And that provides much needed balance in any kind of relationship, not just a romantic one, but even a business relationship with your business partners, or even between businessmen and their clients, et cetera, et cetera. The other thing that comes to mind there, Eliot, and I think this is important, is a lot of guys are simply have the attitude, I don't need anything. If I accept something from someone else, then I'm weaker, I gotta be completely self reliant. So even my wife doesn't owe me anything. I don't need anything from her. I got this handled all by myself. And again, that's leadership. And your wife, your girlfriend will go, Alright, big guy, do all your own laundry to all your own cleaning to all your own cooking. I'll just keep taking from you. Because after all, that's how you lead. And the danger there is the guy feels really macho, but then the same weird result happens, doesn't it, Elliot, that she just doesn't respect him as much nobody does.

E

Elliott Katz 08:33

Absolutely, you know, men make this mistake, and I've made it is that you give and you give and you give to the other person. And you think, Well, I don't need anything right now from them. Because I've given so much. When I need something from them, they'll they'll do something for me. They'll return it. It doesn't work. It doesn't work. It's like they just see you as someone to take from and then when you ask for something from then at some point down the road, they just look at you Oh, like it's just not what they're used to doing. So it's very important that you give the example in business. You know, if you read books on negotiation, they always say, when your customer asked for a concession, ask for something in return, say, Okay, you want to lower price will then pay me in advance. You know, I'd like I know, some in the business. That's what he does. A person wants a lower price. I said well, pays up front, so we don't have to chase you for the money. Okay? They're getting something they want. You're getting something. But if you just give and give and give, they'll never stop asking. And when you ask them for something, they'll just look at you like, Oh, why is he asking me for something this is he's never done that before. And you know what the sad thing is, these people these men that you coach and I coach are good people. You know, when he gives any gifts and gifts he wants to give he wants to be a good person. He doesn't realize that, you know, if you're just being a pushover like that, if you're just being you know, pleaser, they won't respect you in return. So it's like, it's important that I ask for something asked for that. other persons do something for you. Not that you need to take from them, but they have to give the opportunity to give to you. Yeah, you



Scot McKay 10:07

know, you bring up a good point, everything that happens in business, everything that happens at home, if you are an entrepreneur, even in your career, really, even if you aren't an entrepreneur, a lot of what you bring to the table in that environment crosses over to what you bring to the table at home. So the dad who really can't control his family, and his family doesn't respect him, probably won't have a handle on his career. And his bosses or his customers won't respect him much either. There's definite carry over there.

E

Elliott Katz 10:37

You know, there's a carryover. But also the reverse is true, like somebody can be a strong leader at work. And then when he comes home, he's a beta. He just does whatever his wife

leader at work. And then when he comes home, he's a beta. He just does whatever his wife tells him to do. And when you say to him all, you know, you know how to take charge, you know how to be a leader, you're that way at work? Why aren't you that way at home? And they'll say, Well, I want to do it my wife's way, because I want to make her happy. Because he doesn't realize you're not making her happy. And he doesn't understand why. If you want to make her happy, take charge of the situations at home, stop leaving all this burden on her. You know that that's such an important thing, when you talk about being the leader of a family is a mental thing all just do it her way, that way, she'll be happy. But he doesn't realize she's not happy. Because all this work, just like taking charge of being a leader at work is hard work. Taking charge. And being a leader at home is also hard work. And when you leave it all on your wife or your girlfriend, she resents you, and she thinks, what do I need this guy for? If it just for the money, you know, if you're married with kids, you know, if she divorces you, she'll get money, don't worry. That's all she needs you to come home and set for it and see know what's going on at home, see a problem, you see a problem set for you come up with a solution, you don't know what to do look on the internet, it has solutions for virtually every problem in the world. You know, use your judgment decide, should I discuss this with my wife? Or should I just step forward and deal with it. And you know, when you start doing that she will be happy because she she does what she wants and she can't understand why you're not being the leader at home because to her, it is so obvious that that's what she wants. She wants a man who makes her feel safe and protected by stepping forward and dealing with problems and making decisions. You know, one of the things I tell men make a decision. If she calls you at work and says what do you want for supper, pizza or lasagna? And you say, oh, whatever you want is fine. I said banish those words from your vocabulary. Don't do not ever say whatever you want, you decide. What she wants is, is to know what you want you to know if she calls you and ask you. What should we do? What would you like? How do you think we should handle a situation? Don't say whatever you want. She's asking you because she wants your input?



Scot McKay 12:48

Yeah, there's a lot going on there. Obviously, it can be complicated, like the example we'd like to throw around here is if you're a military officer, and you are very effective at it, it can be somewhat fraught, to bring that attitude home with you. So a lot of times, it isn't that the guy didn't want to be a leader home, he just well felt like it could be a little dangerous to take the kind of leadership style he's used to and apply it to his family. So the next thing you know, he's a little confused. Yeah, there's a lot there. But definitely when a woman says hey, why don't you man up and make a decision, if you cast it right back to her, you're going to do a great job of well make it her less physically attracted to you less sexually attracted to you. Because women are really turned on when a guy knows how to step up lead. And as you said, Elliott's make decisions. The key that I would add there is when those decisions are in the best interest of the family, not just selfish decisions, like you know, you can all starve, I'm gonna go, you know, snort cocaine with the money this month, that wouldn't create much respect. But right now what I want to do is I want to get us back on track to this idea of being the patriarch of the family. When you brought up the word patriarchy, you mentioned in passing, that it's a word that's taken a hit in the press, you know, there are a whole lot of terms that have sort of been hijacked in the name of us socio political movements, or in terms of a certain area of activism. And I think that's one of them. Indeed, masculinity, in general, writ large, has taken a hit because of feminism and the agenda associated with it. But indeed, you know, patriarchs go back to the Bible, right? Right. And these are the men who were revered as leaders. And yet if you talk about the patriarchy, right, that is seen as a scenario where men are lording it over women and children and perhaps other people who are oppressed by being abusive, or being

too controlling. And we're told that has to come to an end yet. At the same time, we're told our masculinity is all about fighting and wars and being violent. But the truth of the matter is There is virtuous masculinity, which is leading in the best interest of those we love. I mean, that's a key component of it, and making decisions that are wise decisions. And let's face it, in the context of a group of blood relatives, there is going to be someone who rises to the top. Now there are certain cultures where matriarchy is more common than patriarchy in the context of a family unit. And I will say this, if you have a strong woman who is capable of being the matriarch of the family, that is exactly what happens sometimes. But I think in a scenario where there is a man who is capable of being the patriarch of the family, then that guy will be the go to leader for everybody in the family, perhaps going down to cousins and nephews and nieces. Now, there are lots of examples, right? Not only in the Bible, but also in popular culture. Anybody who's following the whole Yellowstone saga, even back to 1883, and 1923. And, of course, the Yellowstone series itself, is familiar with there being a man who is the head of this family. I mean, it goes back to what the Waltons and practically even every sitcom out there, for better or worse, right? I mean, the ironic humor of a guy being the patriarch of a family, who's incompetent, I don't think is lost on a whole lot of people. And there's certainly examples of that. But when you have a gentleman who was a patriarch, there are several traits that come to mind. And I'm gonna go ahead and throw them on the table, Elliot, and just let you comment on them as you choose. First of all, He is respected, He's respected probably because he's wise. Wisdom, to me is the ability to live life skillfully. That's based on experience, a lot of trial and error. And it culminates in making good decisions. So not only is the typical patriarch of the family, a little older, he's wiser. He makes good decisions. He also makes benevolent decisions on behalf of the family, that's selfish guy who's snorting all the money up his nose, probably will not be the patriarch of the family, even if he's great grandpa. And I think there's almost always a bit of charisma to the patriarch of the family. He's no weakling, he'll stand up to whoever he has to stand up to. He's courageous, which is another word I could throw on the table. But I think he's also beloved by his family. So it seems like a tall order to land at the top of the heap being patriarch of your family. But I would add that it's worth it. And second of all, there are plenty of families who have no patriarch or matriarch. And they probably where we go after you comment on some of the traits that I just threw on the table is why it would even be important to have a Patriarch in the family. But I don't want to load you down with too many questions just yet. Let's let's talk about those traits first.

E

Elliott Katz 18:07

Well, obviously I agree with you. And it's interesting. You know, today we talk about we hear so much about toxic masculinity. For me, I mean, so my own journey, I learned what it means to be manly, my looking it up in the dictionary. And the actual meaning of the word manliness is the virtues of a man, a mature character has noble qualities. And these are the noble qualities exactly that you talk about, that every man should be working on developing, not just someone who wants to be the patriarch of the family, he's that He's respected, that to be respected. You have to be respectful to other people, your family has to feel that you respect them. And that makes you respectful, that you have courage that you will step forward and deal with difficult situations. That's courage, right. And you make good decisions. I mean, that's, that's wisdom. And it usually comes from experience, wisdom, learned the hard way. I know, in my family, there was I had an uncle who I felt was the patriarch of the family. And he had a lot of challenges, a lot of failures. But he learned a lot and he was able to share his wisdom, with, with everyone he he took over raising supporting his family when his father died suddenly at 16 when he was 16. It wasn't easy. And when you have challenges and you overcome them, it gives you wisdom. And that's it makes it makes a patriarch, I think you're absolutely right. And,

and it's not just like someone who's the leader of the family, these are traits of men, all men should be working on developing. And that's why you know, my book, that's really what I'm trying to tell people. It's it's I sign on my own experience, where I've worked on developing these traits that makes all the difference in the world.



Scot McKay 19:40

You know, you mentioned several times now this idea of women making all the decisions, calling all the shots, and men being sort of passive about that. years ago, we had a guest on this show who talked about why men don't go to church anymore. And one of the reasons he cited was that it's typical. Goal of the male psyche, to let women be in charge of things, once they have it handled, in other words that the women got this covered, I'm going to move on to a bigger, better challenge. The example I believe he gave was okay, if you have kids in school and mom's writing, heard on the PTA meetings and making sure that kids are getting good grades and their lunches made in the morning, then the dad will happily Let the woman do that, and move on to something else. And what typically happens in a church setting is the women have everything covered in church. So men feel like well, I'll just come on Sunday at best and kind of be a spectator and go home, I'm not I have no need to be directly involved. And the other thing he said is men are typically providers as well as protectors. And in the first world 20th And 21st century men had less a sensible, obvious need to protect anything, you know, there's no warring tribesmen, there are no wild animals that are going to come ravage your cave or anything like that. So men can sort of just sleepwalk through life. And if the women had things taken care of, they got to take care of, well, I think sometimes, to your point, Elliott, men get a little lost there. They let women take care of everything. But then that part of them going on to something bigger, having a little bit of ambition, mixing in some growth mode in there, they just let slide. And the next thing you know, the women got everything covered. They're already planning the vacations, your whole social life is planned for you. Because the women are more social. And next thing, you know, you're literally along for the ride. And those guys shouldn't wake up some day when their wife respects them less and are attracted less and wonder what happened, because I just described exactly what happened. You got to man up in some way. You've got to make decisions that are in the best interest of your family. I talk all the time about what I call the suburban sleep walk around here, Elliott, which is where we get in a mode, we get our setup all dialed in. And then we set it and forget it. Because nothing's gonna come require me to change anything. And what ends up happening is guys get to be 4045 years old, and they've got everything. Okay. Not great. But passable, and the pain is just never enough to want to change it. Because you know, life's Okay, I got a wife, couple kids, I go to a job in the morning, pick up a paycheck, we take two weeks of vacation every year at the beach. You know, we Gucci, and then next thing you know, they die. They're, I mean, that is the end of their life story. And I just don't think that turns women on. I don't think it gains respect. And I don't think that's how the patriarch of a family ever acts passively.



Elliott Katz 22:46

Obviously, you're absolutely right. And the interesting thing is you're talking about the man who's 45. And you know, things are okay, well, it could be any age, really, if you think okay, but you know, what usually happens? Well, after the age of 40, this is what I've seen. But what happens is, then the woman says, I've had enough of this, and she decides she wants a divorce. And that's when he's in so much pain that he realizes what did I do wrong? What do I

need to learn? And what do I need to do differently? And that's when they turn to like my books. And I've had you know, if you look on Amazon, you see these so many comments, if I hadn't owned this when I was married, I probably wouldn't be divorced. Why didn't someone teach me this when I was still married? You know, she she just doesn't want to have to plan the vacations to do to have a husband who just leaves everything to her. You know, it's just it's it's and by men don't realize that men think it's okay. It's not so bad. Like you're saying, until she decided I've had enough I'm getting divorced. And that's when he the pain sort of forced him to say, I been married 20 years, 25 years, and I didn't know how to be a man in the family. I thought I brought him the money. And I prayed for our house, that I'm being a good husband and father. He doesn't realize he's not being a patriarchy not being a leader not being decisive. All these things that you said, that most important thing that men have to learn is that this is what women want. They really want this. And so much we hear in the media says, Well, don't be controlling, don't be toxic, don't make decision, let her decide everything. I was over the psychologists on another subject, but he says Why does marriage counseling I tell men just do whatever your wife tells you to do. But I've had women say to me, when I have to tell a man what to do all the time, it makes me feel like he's a child and I'm his mother. And I don't want to be his mother and I don't want to be intimate with a child. Well, yes,



Scot McKay 24:33

exactly. A woman can't be your mommy and your lover at the same time. Absolutely a well traveled fact of life. Let's visit upon this fact that a lot of men will happily over the long term, lead women into a vortex of boredom and lack of fulfillment. And what that does is it makes a woman insecure insecure, not only about the present but the future. Yet women will stay silent bottle it up and follow their man and until someone else comes along who leads in a different direction and sparks them a little bit where they haven't felt that spark in years. And the next thing you know, she wants to lead the guy. And too many guys, Elliott start blaming women for this. Oh my goodness, see, women are all solipsistic and they're all just waiting to trade me up to a more handsome, richer guy. Well, listen, I can tell you firsthand, I was in a marriage with a woman who was crazy, very manipulative. And the day the music died, as I call it in my marriage, and these guys have heard this from me before. But for your benefit, I'll repeat it quickly. I told her one day, hey, you know what, from now on, I give up, you can have anything you want. I'll do whatever it takes to keep this family together. Don't take our little daughter from us. She respected me less treated me worse, and ended up serving me papers sooner than later. Well, now I'm married to a woman who isn't crazy or manipulative. And I have the wisdom, there's that word gained from making the mistakes the first time around, probably, you know, definitely. And a few other incidences of being kicked around the block a few times in my adult life, I now know I have to put my foot down and wear the pants in this family, I have to read the room, I have to know what the needs of the woman in my life and my kids are. So when a woman says I need a man who listens. It's not I need a man who obeys. It's I need a man who is willing to sit with me and know what the needs, wants, fears, dreams, etc, of me as his wife and our kids are so he can be the man put on his big boy pants, and make decisions that are in the best interest of this family. Because that's just how women are wired. They want a man to do that. And then they get turned on as a result. So if you want a woman who's turned on for years and years and years and doesn't go leave you for some other guy, well, that's how you do it is you step up and you care about your family enough to listen first, make decisions that are right decisions. And you know, in the event, you make a bad decision while you go fix it.

E

Elliott Katz 27:02

Absolutely, Scott, you're absolutely right. That's exactly what I say my book, know what's going on, and listen to people take an interest in their lives. So you know what, when you need to step forward and be a leader, and that's what it means to be the patriarch. And you know what's interesting, you know, women will leave you, but not necessarily for another man. They're just fed up with you. And they'll just leave you and I mean, a lot of divorce women, older women 50s 60s. They're divorced. They've been divorced a long time. And they haven't found anybody else. But they just cannot take being with a man who they felt was like a child.



Scot McKay 27:37

They felt locked into whatever that mundane but now lifestyle was

E

Elliott Katz 27:41

while they were locked in. But they left. I mean, I know one woman told me, you know, when they'd be in a difficult situation, and she expected him to be the man and step forward and take charge. He left it to her. He says, I felt like I was married to a six year old.



Scot McKay 27:54

Yeah, absolutely. So, you know, I'm going to add a couple things to that when we finally get up off of our asses and go volunteer to do good by someone else. Go do volunteer work. You know, we go work with Special Olympics, Habitat for Humanity or anything like that we get involved with a cause that helps people who are less fortunate or underserved. It isn't until we actually go do that, that we realize how much we get out of it, how much better we feel, and leaving the world a better place. And I think that psychological dynamic translates over to us doing things that are manly, doing things that earn respect, I think relatively few guys who haven't been in that position before, understand how deeply satisfying it is to be respected and revered. And be the one people come to for advice. Maybe not to the level that you would see like you know, Marlon Brando in The Godfather that was a little manipulative, right? But because they want to not because they're afraid of you, but because they love you and they respect you. Respect can either be commanded or earned. And it seems to be patriarchs who command respect are more feared than they are actually loved. But the deeper satisfaction has got to be when your family willingly places you in that position of being the leader of the family. Yeah, more people will come to you. They'll care about your wisdom when the chips are down in a family situation. Like grandma's on life support, what should we do? We have been robbed. We've been pillaged. The tornado came through our city where we all live, you are going to be the one in control of how that situation is handled. When you're the patriarch of the family. It's like the Rudyard Kipling poem over again. The patriarch is the guy who doesn't lose his head when everybody else about him is losing theirs. Why? Because he's a man and because As he's got wisdom, and he's got maturity, he doesn't overreact. He pro acts, and he acts accordingly. Now, the other thing that goes along with the need to really explain the deep satisfaction that few guys may even see coming of being a patriarch of a family, that power that comes with it, is that if you're 30 years old, and let's say your grandpa's at peak condition in his running marathons, you're thinking to yourself, my goodness, this is 60 years away from me. I'm never going to be the

patriarch of this family. This is an irrelevant conversation. Well, you see, when you're 30 years old, and you have a young wife and a couple kids, or you're 35 years old, wherever you guys are, right now, if you're acting like you're a member of the future patriarchs of America, your wife is going to grant to you, your kids are going to credit to you that same level of respect as if you already are, she sees that potential, your kids see that potential. It's almost like a royal family structure. And just because there is a patriarch doesn't mean we get to lollygag and be completely irresponsible until one day, we have to pick up that mantle. There's a process where we earn it that's lifelong. And I think that's important to punctuate this conversation with, don't you think?

E

Elliott Katz 31:20

Oh, absolutely, absolutely. being unpatriotic is an earned position. You have to have, you know, if, if you're irresponsible, if you're, you know, you want to lead people down the wrong way. You're not the patriarch, people don't respect you. People respect you, when they see you how you live your life. And when they go to you and ask for advice. And you say, oh, you know, I mean, I'm sure we've all experienced, I remember asking Mike father questions about business. He had his own business, I asked him questions, and he gave me exactly the right answer. I said, Wow. That's amazing.



Scot McKay 31:53

So basically, this is something you train and prepare for for life.

E

Elliott Katz 31:56

It's your life. It's worth it. It's your life wisdom. And you know, I tell I coach men, like what does your child need the most from you, he doesn't need your money. He needs your life wisdom, He wants you to teach him your wisdom about life. And that's what a patriarch does. And you know what, one other thing I just want to say, is take responsibility. So many men when they're passive, and they just let their wives decide everything. And when something goes wrong, they blamers he I you know, we did it your way and it turned out to be disaster, just like I thought it would. Don't ever do that.



Scot McKay 32:27

Well, that's like the anti patriarchy,

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Elliott Katz 32:29

anti patriarchy. People, your your wife will have no respect for you, it will damage your relationship. So my point is a patriarch takes responsibility. If he went along with something, he doesn't blame. He takes responsibilities. Okay, this didn't turn out right. Let's fix it. And 100% Blame especially to your wife, because it will just damage your marriage



Scot McKay 32:51

100% His name is Elliott Katz. He's a relationship author out of Toronto, Canada. His books include how to get your man to wear the pants so you don't have to and being the strong man a woman was obviously that ladder title is for you guys as a man, but I'd recommend you pick up both books so you can be a fly on the wall seeing what he tells the woman in your life about you as well. Both of those books are currently at the top of my Amazon influencer queue, which you can find at Mountain Top podcast.com front slash Amazon. And also when you go to mountain top a podcast that conference slash cats K tz you will be magically teleported to Elliot cats.com. Elliott, what will they find when they go they're



Elliott Katz 33:37

just information about the two books and just some of the wisdom and links to articles I've written. i My goal is to like yours where I'm trying to change the men of the world. So there's fewer divorces and fewer children from broken homes. That's That's my goal.



Scot McKay 33:51

Right on man. Great mission, isn't it? Absolutely. So yeah, definitely go to mountain top podcast.com front slash cats. And check out everything Elliott cats has there for you, Elliot, thank you for returning this has been well an essential conversation in my estimation. And thank you so much for coming and sharing your wisdom on it. I appreciate you, man.



Elliott Katz 34:13

Thank you very much for having me, Scott. It's great to be here. Yeah, man. And gentlemen,



Scot McKay 34:17

head on over to mountaintop podcast.com If you do not have a copy of my program, unsettled yet. That's where we talk about being a man who's willing to grow to mature to effect positive change in his life and something we haven't talked about on this episode, but we've talked about before letting your dark side out a little bit. Most guys are Mr. Nice Guy. And they think well my goodness, dark. That sounds really evil and I don't want to be a bad guy. But what patriarchs of the family have to do and anybody who's a male in a position of power and leadership has to do is the unpleasant sometimes, not everything you do in life that's the right thing is going to be easy, fun or pray The and all of that and more is talked about in detail in the unsettled program, you can click the button that mountaintop podcast.com Get your copy of that. Also, we're doing master classes for men every month. These are wildly popular. What we do is we pick a topic and we cover it every way possible. So when you leave that master class, you're fully prepared to meet that topic in this life and hit it over the head with a big heavy hammer and emerge victorious. You can get in on not only the current masterclass but all the past catalogue of master classes that are available to you on demand and mountaintop podcast.com as well while you're there visit origin and main heroes soap and key port all three

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