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SPEAKERS

Emily McKay, Scot McKay, Edroy Odem



Edroy Odem 00:05

From the mist and shrouded mountaintop fortress that is x&y Communications Headquarters, you're listening to the world-famous Mountain Top Podcast. And now, here's your host, Scot McKay.



Scot McKay 00:18

Greetings, everyone, and welcome to another episode of The Big Show. My name is Scot McKay.



Emily McKay 00:23

And I'm Emily McKay.



Scot McKay 00:24

And today we're going to discuss a topic. I don't know we've talked about it before briefly, on both x and y on the fly and The Mountain Top. I think this is the first time you and I have ever taken on the idea of why younger women often prefer older men as a full and complete topic as the central topic of the show.



Emily McKay 00:45

That's gonna be a really fun topic. I guess I'll have to reveal all my secrets. Yeah, well, you



Scot McKay 00:50

sort of went after an older guy. I mean, it's five years and older guy, it would be if you were 18. Oh, yes. Maybe not when you were 34? No. Well, you know, maybe that's a great place to start here. What does it mean to prefer an older guy? I mean, if you're a sophomore in high school, and you're dating a junior, you're dating an older guy, but I mean, we're, you know, grown us adults here,

E

Emily McKay 01:12

right? Or if you're 30 years old, and you're dating someone who's 45, that's 15 years difference, but doesn't feel that much of a difference. It doesn't 15 years? Well, when you're talking about in your 30s and 40s, compared to when you're 20 and dating someone who's 35? Well,



Scot McKay 01:28

there's a yardstick rule here. Maybe we should throw that on the table first, right? That's half your age plus seven, right? Yeah, is typically the quote unquote, acceptable age that an older guy can date if she's a younger woman, for example, if you're 40, then half your age is 27. To it now, you shouldn't go to younger than, say, 27. Do you think there's anything to that?

E

Emily McKay 01:51

Well, there could be but I think there's a lot of different things to consider when you're dating a younger woman. Or if a woman who's younger dating an older



Scot McKay 02:00

guy, well, clearly. And that's what we're going to talk about today. Which is why, let's dig into it. Well, but before we do that, I don't think we've actually answered the first question here, which is what counts as dating someone younger? I mean, when I was 3839, I looked a lot younger than I was. And I still had a very boyish countenance, right? So I was dating a 27 year olds and going to social events with them. And people thought we were the same age. But I was 12 years older, she was clearly dating an older guy. And I mean, on the other hand, a lot of times, a guy who's 40 years old will go, Hey, I'm dating a 24 year old and people are picturing this trophy model by side and they meet her and she looks 40 Even though she's 24 and x 50. You know, so things aren't always what they seem. So maybe the best place to start here would be by I don't know, expressing that there are no predictable patterns here. Really, some people seem younger, and they're dating someone who actually is a lot younger than they are who seems older, and vice versa. And our stereotypes, or at least our first impressions of what we're imagining might go right out the window.

E

Emily McKay 03:10

Well, not just in luck, but in physicality, for example, there's some people who are in their 50s, who are extremely athletic, and people in their 20s that can barely, you know, go three blocks without, you know, huffing and puffing,



Scot McKay 03:22

yeah, well, and also people in their 30s can either look and seem extremely youthful, energetic and vivacious. Or they can seem like they've been ridden hard and put away wet and just finished already. And they're only 35 Strange age group.



Emily McKay 03:41

So age can be a perception.



Scot McKay 03:43

Well, they say age is just a number, baby.



Emily McKay 03:48

I hope so.



Scot McKay 03:49

Well, there's a lot going on here. And I think that's an important place to start, is that when we're talking about someone younger dating someone older, the perception probably or at least might not be exactly what you think it is. You know, I mean, you and I have been on these trips overseas where we see some slimy, 70 year old guy with some 22 year old prostitute, and clearly that's what's up. But that isn't necessarily what's going on. If someone younger is dating someone older. I mean, a lot of younger guys are dating older women because of the sexual experience. Or maybe the women aren't so flighty. But I tell you what, yourself included. I mean, I'm in good company here. A lot of women are looking really, really good and having lots of energy and being very youthful, at a more advanced age than they did say 3040 years ago.



Emily McKay 04:41


Yes, things have really changed over the years. People are more active. They're living longer and they're dating well into their older years. Yeah,





Scot McKay 04:49


we cringe that that new ad for the it's not our time, but it's another similar dating site for people over 50.





 Emily McKay 04:56
Yes. And I'm like, wait, we're not old. Exactly, but it


 Scot McKay 05:01
seemed like everybody on this particular commercial was a lot older than we are.


 Emily McKay 05:05
Yes. And that's not a bad thing. Well, I

 Scot McKay 05:09
guess so. But I mean, I don't know who they're trying to attract. I mean, especially if the 50 year old guys are gonna want the 28 year old women anyway.

 Emily McKay 05:15
Or if a woman wants an older guy, that would be the place to be. Yeah, but you still

 Scot McKay 05:20
have to be over 50. Maybe that's not such a good business model. After all, I mean, I haven't seen a whole lot of our time commercials lately.

 Emily McKay 05:27
No. And imagine a woman who wants an older guy. How is she supposed to find him if she's not allowed on the site? Well, the

 Scot McKay 05:34
guys who want a younger woman, probably just like everybody else who's out there doing online dating, aren't on that site. There's somewhere else trying to find the younger women. Right?

 Emily McKay 05:44
Right. So that is a drawback. Yeah, a lot of them are

—



Scot McKay 05:47

like sugar daddy sites, and arrangement sites, like, I'll give you, you know, a good time and you give me some money. But you know, that attitude to me, just seems like it's gonna be starcrossed from the get go.



Emily McKay 06:01

I know. Because there trust isn't there, because the woman is going to think that he's gonna want sex, and he's gonna think she only wants him for his money. And sometimes they just simply liked each other. But it's kind of hard to tell that.



Scot McKay 06:12

Yeah. But you know, in the case of the sugar, daddy sugar baby sites, you know, where the arrangements go on. I've had people we've had people call us men and women. And they're going well, I met this person on the sugar daddy site. And it really didn't turn out all that well. And we're like, Well, surprise, surprise, you know, because that's not gonna be a relationship built on any kind of firm foundation, it's literally going to be a transaction,



Emily McKay 06:35

right? Or if nothing else, and misunderstanding, right, so



Scot McKay 06:38

let's assume, moving into the meat and potatoes of what we're talking about tonight, that two people meet. And they're there for the right reasons, even though there might be well, what's commonly known as an age gap. What are some good, solid reasons why two people of two different ages might get together?



Emily McKay 06:55

Well, I think one is they have a lot in common. For example, they are both very vivacious and full of life and energy. And they get along great because of that. So they tend to be very active in going and running and doing where someone else another couple might be more of, let's sit down, and let's have wine. Let's watch a movie. They just get each other.



Scot McKay 07:17

Yeah. And they can be of different ages as well. A woman may be quote, unquote, an old soul and have a guy who gets her. But he's a little older.

—

E

Emily McKay 07:26

Right? And he could be an older guy, but he has he's young at heart. You know, I mean, after all, you know, the expression guys don't grow up. There are a lot of fun. Well,



Scot McKay 07:34

hold on a second. I think you just basically nailed down one of the big reasons why younger women do go after older men, it's because they have grown up. I mean, say it's 2528 year old woman, she's dating a bunch of guys who don't know how to treat her. They're very selfish, they don't have any ambition. They don't have any wisdom. They don't make very good decisions yet, et cetera, et cetera. I mean, they may be good looking and healthy. But the woman's just rolling her eyes, at all the stupidity that's coming out of this guy's mouth, and he doesn't know how to have sex. And he's generally just not carrying the mindset of a life well lived so far, like a man of wisdom and maturity would possess. So a lot of women just say no to immature guys, and guys who don't make good decisions, and where do they find the men who actually are like that? Well, there are guys who were well over 30, maybe over 35, even over 40, right?

E

Emily McKay 08:27

Correct. They've, you know, live life, they've finally come up along the ranks in their business and in their employment. So they are usually established financially, as well as, like you said, they've matured, and so they're less flaky, and they're more reliable and dependable,



Scot McKay 08:42

right? And they're looking for a woman who isn't jaded, and angry at men, and maybe still young and playful. And that's why he would go after the younger woman, it isn't always necessarily because they want a little sex toy. I mean, a lot of times it is.

E

Emily McKay 08:59

Well, that would make sense. I mean, a woman who is jaded isn't a lot of fun. And let's face it, the more years that we have behind us, the more bad experiences that we've had. And you know, it's easy to get jaded in this day and age. Yeah,



Scot McKay 09:12

nobody gets out of this alive and we've talked a couple after couple who are 3540 years old and expecting the person they've just met not to have any skeletons in their closet. And possible is it gonna happen captain? You

E

Emily McKay 09:25

know, everybody has it and whoever says they don't isn't being honest. Right exactly.



Scot McKay 09:30

So here we have this young woman she's vivacious She's full of life she probably wants to have kids. So a lot of times when these guys come to me and you know they've as harsh as it sounds, gotten out of a divorce with a woman they've been married to for 2025 years and they want to quote unquote trade in on a younger model. They're not taking into consideration any needs other than their own often. Hey, you know, she's hot. She's sweet. Hey, you know what? I got some Honey, you know, she doesn't have to work. But you know what? She's gonna want babies? Isn't she Emily? Oh,



Emily McKay 10:05

yes. And that's a that's an interesting concept or interesting topic all in itself because she, like you said she's gonna want kids, even if she doesn't want them right now, at some point, she may change her mind because her clock is gonna start ticking. And then she's like, well, you've had your kids are all grown. It's my turn to have kids, then what?



Scot McKay 10:23

Well, then the guy says I can talk her out of it. But that's so selfish,



Emily McKay 10:27

because that's not considering her. Let's face it, children are the extension of us. And so that would be so selfish to rob somebody of that opportunity of joy and contentment that comes with having children. Well,



Scot McKay 10:40

you know, we just had a guest on The Mountain Top, who met a wonderful woman who was younger than he is. And for all the good reasons they got together, and they adore each other. But she wanted another child. So at age 57, he became a father again, because she wanted a



Emily McKay 11:01

child. That's not uncommon. That happens more and more down days. Yeah, right. Exactly. And times it's more fun the second time around, because we've had the practice. Well,



Scot McKay 11:10

I'll tell you what you know I thought I was for lack of a better way to put it in old dad because

I'll tell you what, you know, I thought I was, for lack of a better way to put it in old ad because Sarah was born when I was 45. This guy is my age now with a newborn, and I looked him in the eye over video. I said, Dude, I couldn't do it. Yeah, exactly. He said, Yeah, you probably could if you had a new woman in your life, and that's what she wanted, you could make it happen. I said, Well, I really appreciate that you too, are looking out for each other's needs. And he was like, Yeah, you know, we're a team. We're doing it right. And you know that that kind of was heartwarming to me.

 Emily McKay 11:43

Yeah. Sometimes we're willing to do that a second time around. Yeah, exactly. But

 Scot McKay 11:47

anytime someone's getting into any kind of relationship, Emily, with purely selfish motives, as if that doesn't happen nowadays, right? Everybody's ever coming up with only purely selfish motives to get in any kind of relationship, this person is going to do this for me, et cetera, et cetera. All these people complaining that the other person in the relationship is such a narcissist, you know, the funny

 Emily McKay 12:12

thing is, he may think he'll talk her out of having babies. And she's thinking she's going to talk him to having babies Exactly.

 Scot McKay 12:20


Either way, someone's trying to get what they want at the emotional or even lifestyle expensive. Someone else. So maybe, it's worth talking about here that you have to go the extra mile if you're dating someone who's different in age from you to make sure you're literally on the same page. Because I'll tell you one thing, you're not going to be on the same page culturally. I mean, you are five years younger than me, and I can't believe the things from the 70s and 80s. You have no recollection of I know, yours make a difference. Five years, a mere five years, I've heard guys who are married to women three years younger than they are who say the same thing. It's like, oh, she's never heard of this. She's never heard of that. I'm like, That's really weird. That's

 Emily McKay 13:01

because our consciousness starts at a different time period. Yeah, exactly.

 Scot McKay 13:05


It's almost like everything that happened before the year we were born is ancient. And everything that's happened since we were alive is yeah, you know, kind of modern. Well, you

 Emily McKay 13:15

know, even you can take that one step further. Anything that started from the time you were five years old? And before that you have no recollection of anyway. Yeah.

 Scot McKay 13:24


So there's that. And I'm sure that contributes to exactly the issue we're talking about right here. You know, I remember seeing things on TV because you know, after all, kids watch a lot of TV from when I was like, six or seven. And you were one or two. Right? So I

 Emily McKay 13:40

have no way I have no way of remembering that. Exactly, exactly. I'm like who?

 Scot McKay 13:44

What never heard of that. So imagine how much this gets exacerbated when the people are 20 years apart. I mean, you're from a different planet at that point. I mean, that's like the difference between what my parents know about and what I don't. And I can tell you from playing Trivial Pursuit with them back when that came out, like in the 80s, every time the pink pies would come up, which were arts and entertainment, they would just smoke us. And they would know everything they would know every answer to everybody who was the lead on every TV show or movie or who's saying what song and we the siblings were just like,

 Emily McKay 14:21

that makes that game not fun. No, it wasn't.

 Scot McKay 14:23

I mean, I was just hoping not to get pink. Well, you

 Emily McKay 14:26

know, another thing I was thinking about when it comes to the differences in age, especially when you're talking about 20 years to 10 years apart, as as you grow older together, health issues start to come up.

 Scot McKay 14:38



You know what else came up just now while you were thinking about that? A bunch of people 35 years old, listening to the show going What the hell is trivial pursuit. We'll see at least you're of the milieu with me that you know what I'm talking about. Right? But health issues. My goodness, yeah. What about the woman who thinks this guy is so suave and so Oh charming, like the most interesting man in the world from the dos 80s commercials, and she's taking care of a guy and changing his diapers and giving him a bath 20 years from now, 20 years from now when she's 40. And widowed by the time she's 45. And she's out there again. Exactly. Did she think about that? I mean, if she counted the cost great, but I think a lot of times women especially kind of live in the moment, don't they, Emily?



Emily McKay 15:24

Well, I know of a very recent divorce that happened between a couple for that very reason. You know, she she somehow woke up and realize, Wait, I didn't sign up for this. Not realizing she signed up for this



Scot McKay 15:36

pool. Exactly. She signed up for the whole thing. Yeah. But



Emily McKay 15:40

he got sick, and he had back issues and having to go through physical therapy and all kinds of health issues. They're about 20 years apart. And she's 40 something years old.



Scot McKay 15:50

And now he's 60 something years old,



Emily McKay 15:52

right? And so she's like, I'm out of here.



Scot McKay 15:55

Well, that isn't exactly for rich, or poor, or sickness and health. No.



Emily McKay 15:59

But when there's that much of an age difference, that's something to consider that at such a young age, you're going to be doing the things that older people do when, as you approach those years.



Scot McKay 16:10

Now, as a caveat, there are probably people listening to this who know our story. And we didn't exactly stick with our spouses through for better or worse in sickness and in health. But you know, at least in my case, and the years to what happened was that mental illness was so profound that it ruined our marriages, with or without us. They had nothing to do with us. Yeah. Right. So if you're actually getting into a marriage, realizing, hey, you know what, this person is 20 years older than me. And he's a guy, right? And the guys die younger than women anyway, right? You know, which sucks? Typically, at least, right? And you're right now 38. And he's 58. You know, by the time he's 78, he's not going to be who he is, right now. And at age 58, you could be vibrant and playing tennis twice a day. Something to consider. You got to at least think about it right? That's right. But I don't think that's why younger women go after older guys. No,



Emily McKay 17:10

it's mostly because they're stable, and they're mature. And you know, life is so much better when you're not dealing with the child. Well,



Scot McKay 17:18

not dealing with their children. And the baby mamas. Well, there's that anything can happen. You know, we live in a different world nowadays. But where I'm going with this, Emily is I don't think any younger woman goes out with an older man or gets in relationship or even married to an older man because he's old. It's like, oh, I just love gray hair. You know, I just love a ball sack that hangs down about 12 inches below his knees. I love all that stuff. Give me this old guy. They don't date the guy cuz he's old. They date him because he's charming. They did him because of who he is not what he looks like. Right? Right. So what I always tell men, Emily, when they're still 28 or 30, or even 20 to 25 years. If you could figure out why women your age, go out with the older guys and become that guy. All these women would love you. They will choose you. You know what I mean? Exactly.



Emily McKay 18:14

Why not? Because then you got the best of both worlds. You have a younger guy and you have a guy who's who's financially set who has his emotional baggage under control who doesn't have baby mamas and baby dramas, and he doesn't have all kinds of problems that come with older guys, sometimes, there's a lot of advantages to date a younger guy who is mature. Now,



Scot McKay 18:36

I will say it may be unreasonable, it is unreasonable to expect a 23 year old guy to have the career success already raked into the barn, that a guy who's 45 or 50 might have, okay, but he can be all about compiling wisdom, slowing down, learning how to respect women not being so sexually needy, right and pushy. make better decisions, be more intentional about that he can

start building that mindset that makes a woman feel safe, because that's what this is really all about. Isn't that Emily? Older men have this way of making younger women feel safe and protected. And that's what's irresistible. And when younger men figure out how to stop being knuckleheads and make women feel emotionally safe and physically safe. Then a woman might even be able to credit this guy's ambition and his success financially, that stability you're talking about as a potential future and still fall in love with him anyway?

E

Emily McKay 19:41

Well, that's right, because you take a guy who has who has ambition, who has a good head on his shoulders. And because of those things, he's able to accomplish a lot. And when he has all that handled, he feels as if he's the type of person that can handle a relationship, and so we feel safe and secure with that. And now he can take us out and he has things under control. He is suave and sophisticated and a lot of fun. Yeah,



Scot McKay 20:08

at the same time now, being suave and sophisticated, and a whole lot of fun is very important. Yes. Okay. For the record, a lot of the guys who graduate from military academies, you know, like West Point, or Annapolis, come out as this kind of guy. And the strange dichotomy there is they also have had, have had very few women's data at their respective institutions while they're in school, and don't have a whole lot of confidence that these younger women are going to adore them, like they would an older guy. And a lot of times when I meet those guys, and talk to them, and even coach them, that's the first thing that I want to impress upon them is that women are going to adore you, because of the man you've become through this process. Because those guys are making better decisions. They're calmer, cooler and more collected. They're doing a lot of these things that older men do, because it's been trained into them already. And they just simply need to go out and see the effect that has on women. You know what I mean?

E

Emily McKay 21:07

Well, it's very, it's very sexually alluring to find a guy like that. Because men who haven't quite figured out how to handle things under pressure, and they freak out. And then a woman has to come and rescue him is not something that makes us feel warm and fuzzy,



Scot McKay 21:24

no, then you have to be his mommy instead of his lover. And that turns off the sexual attraction factor.

E

Emily McKay 21:30

Oh, instantly. I mean, there's nothing that stops the attraction faster than that. We want a guy who has grace under pressure. In other words, the house is on fire or this tragic situation is going on. But you know what? No problem, deal. I got it, you just relax. This is going to be

going on. But you know what? No problem, dear, I got it, you just relax. This is going to be okay.



Scot McKay 21:46

And not from a perspective of Hey, y'all watch this? What was what was some measure about him, you know, some calculation to his actions? Right.



Emily McKay 21:57

And I'm like a young, you know, they always say young and downright doing things that put yourself or others in danger, both either financially or physically. It's, it's unnerving.



Scot McKay 22:10

It doesn't make the woman feel safe. It does the opposite. Exactly.



Emily McKay 22:12

It makes us want to run because it's like, why, why do this to us? Now,



Scot McKay 22:17

on the other hand, Emily, this has to be said, I get some people who come to me who male or female, they're in their 40s, or their 50s. And they have not grown up, they still make bad decisions, they still have no direction in life, the woman may have gotten jaded. Or she may still be a little girl in there who's still very selfish. And in her mind, she's like, for Ruka assault, buy me this, do this for me take care of me. And she's wanting to be a damsel in distress. When, you know, men are over that they want a partner, they want someone who's in life to win life with them, rather than someone who they have to babysit. Otherwise, they would go and date younger woman,



Emily McKay 23:02

right? Right when I was 21, barely able to drink,



Scot McKay 23:05

right? If I want to babysit, you know, I'll deal with a younger woman and have that younger, tighter, you know, piece of asked to go out and date that men are so criticized for wanting, right. But what happens is, I often get these guys who have never had success with women in their entire lives. And now that they're 4550, and they maybe were afraid to ask women out or they have this jaded outlook on women in general, or something that kept them from being

successful with women in the past. Now, they decide they want to get over it. But they don't really want to do anything about it, they just want the right line or the right easy button. So they can go get a 21 year old woman, or God forbid, an 18 year old girl, right. And that's where she is when they're 50. To make up for lost time or something. And that is really suspect. Because if you've never been attractive to 1820 year old women when you're 18, or 20, and nothing has changed, and you haven't built these life skills, and these habits and this maturity that makes you the kind of guy who's attractive to a younger woman. You can't just clap your hands and go be attractive to younger women because you're older and it kind of harks back to what we said, younger women just don't want older, more wrinkled, sickly guys. That's not what they want.

 Emily McKay 24:32

They want a guy with the whole package. So it's not about her age, or by his age. It's about what he represents.

 Scot McKay 24:38

Yeah. And they also don't want an older guy who tries to act like a younger guy. No, that's not what happens. And I've seen that before too. And it's pretty scary. Yeah, not genuine and it's short term. Right? And it's just beside the point. Because if a woman wanted a guy who acts like a younger guy wearing younger guy clothes and saying younger guy words and doing young Guy irresponsible, like you said young, dumb and full of some things. I don't know if he's full of crap anymore. He's just young. He's just old and dumb at that point, right? That's bad combination. He's just barking up the wrong tree when it comes to well, really attracting any kind of woman at all, let alone a younger one.

 Emily McKay 25:17

Well, understanding what women really want, especially in an older guy would be important.

 Scot McKay 25:22

Yeah, so you're talking to older guys, who don't understand what younger women are looking for trying to act younger. And that's kind of the opposite situation of a guy who's younger, figuring out why older men get younger women, which we've covered pretty good. And then obviously, they're gonna get the opposite results for having the opposite mindset, right.

 Emily McKay 25:44

And for the guys who are older, wanting to, you know, go out there and date, realize that you may already have a lot handled.

 Scot McKay 25:52



Scot McKay 25:52

Now, I'm about to throw a wrench in the works. Okay, kind of close out this podcast episode with a little fun twist. Okay, we talked to woman after woman who's 50 or 60. And they do not want to date men their own age anymore. The trend, like I said, I'm throwing a wrench in the works here, right? The trend is very quickly becoming older women wanting younger men 15 years younger than they are because these women 60-70 years old, are saying, men my age are old fat sick, they're sticking the mud, they're no fun. I want a guy who's going to help me live the sunset years of my life. Now, that may or may not be unreasonable. But I also know that a lot of guys, you know, who were 22-23 are attracted to the milk situation, too. But a lot of times, that's because there's women are a lot more sexually available and sexually gifted. Right? What say you about these situations where younger men are dating older women? I mean, is it reasonable for the older woman to expect to get a 40 year old guy when she's 60? Because all the guys were on age are sick? Or does she just need to find someone who's more like her and agrees with her? And what about the younger guys going after the MILFs? What's up with all of that?



Emily McKay 27:07

Well, I think it goes back to what we what we said when we first started this podcast, age is relative. So for example, she may be let's say, 60, or 70. But she looks much younger, she acts much younger. She internally is a younger person, not to



Scot McKay 27:23

be confused with dating your relatives.



Emily McKay 27:26

But, you know, an older guy, or I'm sorry, a younger guy may be feeling you know, he's an old soul. And he tends to get somebody who understands someone who's older. And so they they get along great together. So there's nothing wrong with that. Yeah,



Scot McKay 27:41

we met couples who we find out weeks or months later, are actually 10 years apart. The woman being older, and we thought they were around the same age. Right can happen. Yeah, yeah, definitely.



Emily McKay 27:52

I mean, there's TV sitcoms that do that. Yeah.



Scot McKay 27:55

And a lot of times because it's comedy, it's meant to be ironic comedy, but

And a lot of times because it's comedy, it's meant to be ironic comedy, but

 Emily McKay 27:59

they look the same age and they're like 20 years apart. Oh, I know what you're talking about. Like




Scot McKay 28:03

they just cast people who look good together. And then when you go read the bios of the actors and actresses, you realize that they're hugely different. Yeah. And age. Good Times was like that Jeffersons? Was that the case too? Yes, the role was a good 20 years older than the man she was opposite of in that show exactly. What happens. Yeah. Well, this has been a fantastic conversation. And if you're new to the show, please know that if you're a guy, you can go listen to The Mountain Top podcast, which is specifically for men. Every 10th episode of The Mountain Top podcast features Emily and I are doing this show together. And that show is also put onto the X and Y on the fly feed, which you may be listening to right now. And if you're lady and want to be a fly on the wall, listening to the show for men, hey, we won't be mad at you. Come join. Come listen to what men are talking about. And what men are feeling in terms of y'all y'all ladies, and we have nothing to hide. We love you. Lots of good information. Yes, definitely. And if you're not on our mailing list, please go to either Scot and emily.com front slash podcast or mountaintop podcast.com and get on our mailing list member Scot only has one T and Lilia's one M and one L and one why? And only one me one you. Boy, we're really silly. That's another thing you're gonna figure out about us. And while you're at either of the website, Scot and Emily dot conference slash podcast, or mountaintop podcast.com. Please get on our calendar and talk to us for free for 25 or 30 minutes about what you got going on. That helps us keep our finger on the pulse of the kind of topics we should be talking to you about. And if you would like to put a plan together to be better in the relationship you're in currently, or to get that right relationship with a significant other who may be 15 years younger or older than you We don't care. We'll be there to help you plan that out too. It's all there for you at Scot and emily.com front slash podcast or mountaintop podcast.com. And until we talk to you again, my name is Scot McKay and I'm Emily McKay and we're from X & Y Communications in San Antonio, Texas until the next show, be good out there

 Emily McKay 30:21

and have fun

 Edroy Odem 30:29

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