

mtp392

Tue, Jan 23, 2024 3:45PM 48:01

SUMMARY KEYWORDS

women, date, men, relationship, girlfriend, people, part, interested, jim, give, talk, meet, scot, day, attracted, put, great, conversation, masterclass, years

SPEAKERS

Jim Wolfe, Scot McKay, Edroy Odem



Scot McKay 00:00

You know, lately I've noticed a disturbing trend among good men out there. We're clinging to outdated or even completely misguided tactics with women that flat out don't work. And when they don't we assume something's wrong with women, or even with ourselves. Gentlemen, it's time to cut all of the misinformation loose and get to what works. And that is the central topic of this month's masterclass for men. It's as straightforward and simple as it gets, what works and what doesn't. If you're listening to this episode right now, as it's released, this live event is coming at you this coming Wednesday, January 31 2024. We'll do away with the myths and worn out bad advice and reveal what is proven to be effective in attracting and keeping the kind of woman you really want. Join us this coming Wednesday for what works and what doesn't. No fluff. Just the truth. Grab your ticket at mountaintop podcast.com front slash masterclass?



Edroy Odem 01:14

From the mist and shrouded mountaintop fortress that is x&y Communications Headquarters, you're listening to the world-famous Mountain Top Podcast. And now here's your host Scot McKay.



Scot McKay 01:28

How's it going? Gentlemen, I want to welcome to another episode of the world-famous Mountain Top Podcast. My name is Scot McKay, I'm your host as always, you can find me all over social media usually at Scot McKay with the exception of Instagram where I'm at real Scot McKay. With me today is a returning guest I believe this is the third time he's been on the show and for good reason. He's really smart. And moreover, he and I tend to have reached common conclusions about how to succeed with women probably because he knows what he's doing and what works is pretty much universal. So without anything further, I want to welcome none other than Jim Wolf, back to the show. Jimbo. How's it going, man? Hey,



Jim Wolfe 02:10

great. Scott, thanks so much for having me on. Again. I do think this is my third time. So I really appreciate you having me here.



Scot McKay 02:16

Yeah. How's Yerevan, Armenia this evening?



Jim Wolfe 02:19

It's really great. You know, it's been unseasonably warm, but I think it's finally going to snow in the morning. So we'll see about that. How about where you're at? Well,



Scot McKay 02:27

it's been unseasonably cold, and I think it's going to snow in the morning. There you go. There you go. Well, a few days from now, according to the 10 day report, but you know, I believe that when I see it, exactly,



Jim Wolfe 02:37

that's how it is here, too. So things are good. Yeah.



Scot McKay 02:40

Speaking of I believe it when I see it, you know, our topic today is going from dating to girlfriend. And a lot of guys are probably already shaking their head gym going, you know, if only I could find someone to go from friendship or not even having met her yet to dating. I mean, first things first, you know, a lot of guys are still struggling with that, especially post COVID, with women kind of being a little aloof, and people's social muscles kind of having atrophied a little bit as we've documented a whole lot on this show. What's it like in Europe? Is it what it's like, over here are people kind of cold and aloof, and it's kind of hard to meet people in person, or are you guys pretty much over that.



Jim Wolfe 03:18

So I think it's pretty much the same everywhere that I've seen so far around the world, everywhere I've traveled, it seems similar. Of course, some places are warmer than others in terms of social interactions. And where I live, they actually don't really date at all, to be honest with you, they kind of still have that old school style of the mom tries to find someone for you. And they match up and they still meet each other and everything, but the families kind of still arrange it here, like back in the day in the US two long time ago now. But they still kind of have

that style here. So it's not really that much of a problem where I'm currently located. But I have travelled around Europe a little bit. And maybe there's more people outside in Europe in general than the US. But I wouldn't say it's too much more, I think the whole world has been affected by that. And it's not just from COVID I also think that the younger generations are just doing it less in general, because they're more online, they're more on their phone, and they don't have to, you know, you can press a button and get everything delivered to your house in three hours. So we kind of expect that sometimes from people too. And obviously, we're not like that. So I think that's gonna be a problem for those generations coming up. And I hope that we can start doing more in person stuff again, both all over the world and that the younger generations can get into that too because I think that's primal. You know, you kind of need to see people's body language when you laugh together and you can tap their arm you know, when you when you make when you tease a woman and then she can tap your arm to say like, Oh, stop it, you know, like those kinds of connections and the chemicals that you get from that. That's how we build relationships for hundreds of 1000s of years. And so we still need to do that at some level. So hopefully we can help People get out of the house and meet each other in person. And I think that's a good lead into the topic today of having a girlfriend, I think you should go out in person. That's that's one of the things obviously.



Scot McKay 05:09

Yeah, I think you're right on the money with all of the above. One of the things you mentioned is this assumption that because I have a smartphone, I don't have to go out and be social anymore. As if it was this big chore to go out and be social, the real mindset we should adopt, especially as guys who lead who make the first move with women is not that I don't have to do this, but I get to do it. You know, yeah, you were locked down during COVID. I was locked down during COVID. The whole world was I mean, what's up with that now, we're still kind of, by choice choosing to lock ourselves in rather than going out and see who's out there. See who we can socialize with. And while I'm making it happen, it's really strange. We need to get into this mindset, don't we, Jim, where, you know, this is something that's fun to do, again, if only the women would seem as eager to socialize with us, at least on the surface as we are with them, it would be a little easier, wouldn't it? But that's not always the case nowadays, right?



Jim Wolfe 06:11

Yeah, absolutely. And I think there's two big parts of this, like, first of all, even if you personally don't suffer from some kind of anxiety disorder, or something like that, most of us have a little bit of social anxiety in different situations, of course, especially if like, you see a woman that you're attracted to, it kind of raises your Irish a little bit, for lack of a better term, you know, like, you're gonna feel something, you know what I mean? Like, it's a little bit uncomfortable, of course, to interact with strangers, that's part of being a human. And I think we want to avoid that sometimes, if we can. And the modern world lets us do that really easily for the most part. And so would you want to go check out at the grocery store with a person, sometimes I make myself do that just to keep that social muscle going? So that I'm interacting with a human sometime during the day, you know, but you don't have to anymore. So that's one side of it. And the other side of it is with dating, I mean, I don't know how it depends on the app and the website. But I think it's pretty difficult these days to actually match up with someone online and meet in person compared to 10 years ago, or five years ago, let's say. And you can get that dopamine rush just from matching with someone and it's like, okay, I got that. What's what

now? Like, what more do you need? And at the same time, people want more than that. But then you got to do something else, I think what you said is a really smart thing to talk about, which is being a leader. And what I think we should use technology for is to create in person opportunities. So that's kind of I think, your role now like, yeah, okay, you can start off on line, start chatting with someone. But why would you have a pen pal, you know, like, you can do that with an AI bot or something like that. If you don't want a pen pal, you want a girlfriend or you want to hook up with someone, you should find a way to leave your house and lead that woman that you're talking to and into an adventure in real life, you know what I'm saying? Like, so you can use technology to facilitate that, you can create an event for people to come to everyone's kind of bored, and not really wanting to do it. But if you create an opportunity, a woman will come meet you out for a date, if you do something fun, you have a good idea. And people will come friends will come and hang out, if you have a good idea to go do something people want to do it. They just don't want to necessarily get over that first hurdle. And on the other side of that, when you're wanting to date a woman, we have to be willing to be uncomfortable. Because that pressure that you feel equals opportunity. There was like a US Men's National Team coach that said that pressure equals opportunity. And so of course, it's uncomfortable sometimes to meet a stranger that might have a potential business connection for you or a woman that you're super attracted to. But that's good, that's actually your body telling you what you should be doing. And that it means something to you. And if we're not training ourselves to push through that sometimes we're not going to get anywhere in terms of the goals that we're talking about with, you know, having a girlfriend or, or hooking up with women or whatever it is, or even getting married to someone starting a family, all of those things require us to push through that discomfort at some level. And it's really easy not to ever do that nowadays, just like it's easy to eat all kinds of crappy food in our society. So you have to put yourself through that and make sure that you're kind of, I guess, working out your social muscles, for lack of a better way of saying it more than you ever had to before. And I think if you do that, then that's another way that you're instantly adding value to any community because again, like I said, I think people want to go out of their house sometimes and do something. It's just there's a little extra barrier. Now it's a lot easier not to and so if you create that for them, whether it's with women or your friends, you're already adding value to the community or to the woman that you're dating. Yeah, you



Scot McKay 09:54

know, we as men are hardwired to lead. And yet so few of us are doing it now. Days, why can't the women approach us? Why can't they support us? Why can't they go get a job and bring home the bacon? yada yada? You know, why can't it be her idea to give me a blowjob instead of me suggesting it? I saw, I mean, I saw a guy in a men's group, say, I'm not going to date another woman seriously until she volunteers to give me blow jobs. I'm like, well, good luck with that. Because I think most women aren't going to volunteer that because they're waiting on your lead to say, Hi, how are you doing? My name is hey, would you blow me? And then the women will go, oh, that's what my guy wants from me. It's just like a fundamental misunderstanding of women. And indeed, people want the easy button nowadays, don't they gym and they don't want to do any heavy lifting. They don't want to earn anything. I mean, you know, even at the highest levels of so called Higher Education, the president of Harvard is plagiarizing her way to the top. Come on now. I mean, talk about a pandemic of wanting the easy button. And you know, here's something you alluded to. We're all desensitized. You use that word. So few people even understand what it feels like to be alive anymore. So You're darn Skippy. When it comes time to go ask a woman out feel butterflies. nervous energy. Oh, nanananana. We don't do that anymore. I mean, don't you know what year it is? This is the

year 2024. I sit around basically in Walley world, you know, the Pixar version, lounging around floating around doing nothing but eating Cheetos and watching porn, me and my AI girlfriend of all things. So I mean, the very premise of this particular episode is going to come off as flawed to a whole lot of people, you know, dating? I mean, who does that anymore? Right? I mean, dating coaching is an obsolete term. You know, I've had these talks and mastermind meetings, you probably have to with our peers, like should we even call ourselves dating coaches anymore? Me? What are we? And someone goes, well, I guess we're dating strategists, or whatever. And then someone else chimes in, but no one even dates anymore. Everybody just hooks up, or they just somehow find themselves together. And so this idea of asking a woman out going on a date to see how it goes, and then actually intentionally moving from? Well, just talking, you know, that's where they used to use it 20 years ago, or seeing each other to okay, we're in a committed relationship. The lines have really been blurred, haven't they? I mean, I've talked to couples, I'm sure you have to Jim, who don't even know what they're doing. Are we exclusive? Have you been seeing other people? Well, I didn't want to bring it up, because I didn't want to hurt your feelings. It's matter of fact, I didn't even bring up with you whether you want to have kids or not. Because I mean, obviously you don't, right. I mean, who has kids anymore? I mean, this is how people roll nowadays, it's real loosey goosey. So maybe one of the things we should address here, as part of this episode is being intentional about this whole idea to begin with. As unbelievable as that sounds, what do you think?

J

Jim Wolfe 13:08

I absolutely agree with that. And I think that the thing is, I know for a fact that men and women to some level, not everyone, but a lot of men and women out there want to be in an actual relationship, and they have this idea that of what they want. But they're not necessarily taking that step, even if they want to. And I think that's what we're getting to. And I think the society that we live in now, not just in the United States, but around the world. For us to some degree. It's, there's two sides of this. So I think it's the most fake kind of time where things happen a lot online, and they're not really kind of like viscerally real to us. And so we kind of lose that in person experience that we're talking about. But everyone still wants that. And so ironically, like, we have an infinite number of choices, and I know, you've probably heard of the paradox of choice that can make it hard to actually take action. But the good part of that is, you can be anything you want, almost more than ever before. In modern Western society, it just takes a lot more self control done before, you know, if you got two options, you can pick one, it's not that hard. If you can only afford 2000 calories a day, you're gonna be thin, you know what I'm saying? Like now, self control is an even more important part of people's lives. And I would argue that it's even more important for a man. And that's one of the main things that actually attracts a woman to a man for a long term relationship is self control. So this is a huge opportunity if you have any self control at this point. And like you were talking about leadership, if you have both sides of that, where you're leading things forward in a systematic way, like actually creating opportunities to go have fun in person, like, Hey, let's go Axe Throwing, let's go have a coffee, whatever it is, it doesn't have to be a five star dinner or something like that. You're just creating some opportunities to go out Have some fun in person. That's one side of it. And then if you have the self control, to relax and kind of realize that it generally takes women a little bit longer to fall in love than you. So your feelings for her probably going to be higher at first for a while, we gotta let that catch up over time, and just kind of chill out in the background and actually control ourselves, work on ourselves, work out, put that energy somewhere else, and then ask her out on the next date when it's time, not

right away. So if you have that leadership plus that self control, I mean, it was always effective in every area of human history. And I think right now, I mean, like, it's almost like fishing with dynamite because nobody's doing it at this point. fishing



Scot McKay 15:44

with dynamite. Hmm, that's a heck of a mental image. So we'll have an image. I haven't heard that one. I have. Yeah, but I hadn't heard it in a while long enough that it made me chuckle. You know, What an irony that women are so amazingly attracted to a man who has self control and who can lead. And meanwhile, everybody on Earth seems to be running away from responsibility, and from being even self aware, right? Let alone having this ability to be in control of self and therefore have leadership and control over a specific situation. So as much as we as guys think we want to attract women, we're going in the opposite direction, in terms of our own character development as quickly as we possibly can. And then guys are still wondering what happened when women aren't well responsive to them sexually anymore. And women are wondering where all the men went. And starting to feel like these are a bunch of mama's boys, maybe I need to find something more artificial to take care of me, just like men are taking care of themselves artificially. You know, what a mess. We're in, you know, almost a quarter of the way through the 21st century. But there's a particular dimension of what you're talking about, Jim, that I think is incredibly relevant to today's conversation that nobody talks about. And that's okay, are we on a date? I mean, what is this, you and I are hanging out? Were throwing axes, whatever we're doing, then nobody wants to talk about what does this mean? Was this a date? And then nobody wants to talk about well, what is our relationship like, because you know, that would involve vulnerability that would involve a nervous energy moment, and people really just want to avoid that. Also, people Jim, you know, you can comment on this, really are just trying to get what's best for themselves out of a relationship, the idea of giving, and being best friends in a relationship, a man and a woman. I mean, God forbid friends, right? Because every time we think of that word, we envision being put in the just be friendzone. But the problem there is the word friends, it's just, that's the problem. And so men not even understanding that masculinity ignites femininity, and that's how sexual attraction happens. We end up with a guy and a girl who become like, this gendered, disjointed roommates. I mean, they may not even feel the need to be sexual with each other. I mean, who knows? I mean, they both can be non binary. It's so strange to even consider that what has become normative right here. And right now, as we speak, isn't always boy meets girl, they get hot for each other, they go on a couple dates decide they actually like each other and try to make a relationship of it. That seems almost quaint, doesn't it?



Jim Wolfe 18:36

You know, that's a really complex topic. Maybe I should write a book about that.



Scot McKay 18:40

Before it have that. I don't have the time. Well, I



Jim Wolfe 18:43

mean, I did. I did. I'm talking about books that I wrote. It's all it's all about this, of course. So I think we'll talk more about it, then, man,



Scot McKay 18:49

go for it. Yeah,



Jim Wolfe 18:50

I mean, in my opinion, this is just my opinion. You don't have to do this, of course. But I think it's better if you already have your end result that you want in mind. So do you want a relationship? Or are you just want to have fun right now? Because I think your ideal actions are different in either case. And so I think you don't have to say it with your mouth. But it should be pretty clear that you're going on a date. If you want a relationship with a woman. Like this is our first date. You don't have to say it or anything. It's just like both people know, this is a date.



Scot McKay 19:20

They don't didn't hide it. They don't always and that's



Jim Wolfe 19:23

fine. It's actually it's not that big of a deal if you know or not at first. So like, well,



Scot McKay 19:27

that's what I'm getting. Yet. Nobody gives us whether it's a big deal or not anymore. They're like, Okay, hang out. What are we doing when he asked them but



Jim Wolfe 19:33

this applies in the 70s. It applies in the 50s. I think this is just the way it is like you can ask for a woman's number. Wait a couple days, ask her out on a date, and you're just saying let's meet for coffee. That's a date. Whether she knows it's a date or you know it's a date or not doesn't matter because what you're going to do is you're going to go have fun with her relax. Even if your goal is to be in a relationship with her you realize she's not going to fall in love with you in 45 minutes at a coffee shop. Okay, she's she might lie Get a little more by the end, hopefully that's what we're going for. And then wait a little while you ask her out on the next date. And by the end of the second date, you're gonna go for a kiss. And of course, there's other things you should do to kind of set that up. So it's not awkward for you or for her, but you're gonna go for a kiss. And that's that moment of truth where you're going to find out if there's that attraction and chemistry or not. And that's how you do it nonverbally without just saying, like,

Oh, we're on a date, right now what you can do, if you want it, there's no point like, you should never deny that you're on a date. If she's like, Hey, are you hitting on me? Your answer should always be like, Yeah, of course. And if she's like, are we on a date? You're like, yeah, of course we are. You know what I mean, you should never deny that you're on a date. But you don't have to, like, verbalize that you're on a date on the first date. You know what I'm saying? So you're gonna, she's gonna know, you're both gonna know it's a date, when you go for that kiss by the end of the second day.



Scot McKay 20:51

Okay, well, I'm glad you inserted that last part, because I was bracing myself to disagree with you pretty hardcore here. I don't think people know it all. Whether they're on a date anymore. I think women can be absolutely flighty about it, they have absolutely no idea. And what will happen sometimes is guys get caught flat for the gym. If the woman proactively says, Is this a date? Because if he doesn't have the confidence with women he should have, he's going to make all these excuses like, oh, no, it doesn't have to be. And he's gonna kind of try to sneak under the radar and stealth mode. When really, the woman wasn't trying to find a reason to reject him. She was just trying to figure out whether she should get her hopes up or not. I mean, should she wear a cute little black dress and come ready to flirt? Are we going to talk about real estate opportunities together, or biz op or something? She wants to know a lot of times, I think it really is extremely helpful and very conducive to something good happening if we get out of Prince Charming mode, where we think we have to romantically Wow her every second of every moment when we're first getting to meet her and give her some darn logistics. So she knows what to expect. I mean, it's all about safety and security. And that's a big part of masculinity. And I think it's perfectly okay to say to a woman, hey, you know what, this is a date. I'm interested in you, we're gonna see how this goes. I mean, that's a little different than saying, Oh, my God, I think you're so beautiful. I can't live without you being a simp. You're absolutely. Okay. So we're on the same page there. Yeah, I



Jim Wolfe 22:21

just think that a lot of guys are too much on that other side. And so that's why we focus on this other part. But what you're saying is, I mean, if she brings it up, never deny anything. Of course, I'm flirting with you. Why wouldn't I? I mean, she'll say, Hey, are



Scot McKay 22:35

you hitting on me? And of course, you should respond. You wouldn't have it any other way. You love me already, you know, something straight out David DeAngelo. Like that, for example.



Jim Wolfe 22:43

Yeah, there's lots of ways to respond. You should never deny it. Of course. Yeah. It's all about



Scot McKay 22:47



Scot McKay 22:17

confidence. So anytime we're backpedaling, our attraction for a woman, they're gonna get their hackles up about it.



Jim Wolfe 22:53

This is a really interesting thing that just came up from this conversation, which is the idea that somehow going on a date is bad isn't the only reason like you would only think that if you're trying to get something from her, and you're not offering her anything? Or if you lack



Scot McKay 23:07

confidence, yeah, no woman could possibly be attracted to me, I'm gonna have to run some game on her that tricks her. And kind of, I don't know, visually attracts her, right?



Jim Wolfe 23:20

It's all based on if she's interested in you or not. So you're offering her something. It's like those guys that drive around and give out free Red Bulls, right? Like, most people are gonna say yes. And that, like, if somebody doesn't want it, it's fine. So just going on a date doesn't really mean that you're trying to get something, you're offering her something and she can take it or not. And she's offering you something if she's interested in you can take it or not. It's a two way street. And I just don't know why we have this hanging up about it being a bad thing at all.



Scot McKay 23:45

Well, let me take a stab at it. I think because guys have become ashamed of their own masculinity and therefore, they become ashamed of their own sexual desire. *visa vie* what we've been taught by the media about how masculinity is toxic and women aren't horny and women have it up and they put out and men get lucky and men score and our whole narrative around sexual attraction. *visa vie* how women view it. Yeah, is completely skewed. I mean, what's a heterosexual woman to do? Unless they're heterosexual men to give it to her good and hard and deep and give her multiple orgasms? It's just that women for their part are so afraid of being slut shamed, even nowadays. And men are often well so eager to slut shame them, ironically enough, that you know, a lot of times they hold their cards close. But absolutely. I am interested in you. I like you better than the other women I've talked to today or tonight or the last couple of weeks. What in the world is so wrong with actually choosing a woman? And although I think the root cause of it is what I just expressed in terms of the narrative around masculine Unity and sexuality. I do think a lot of guys are just still afraid of rejection and they're afraid of bothering women, the bothering women part harkens back to they're not interested in men anyway. Right. But the rejection, I mean, what's wrong with a woman deciding for herself whether she likes us or not? It's certainly better than us pre rejecting ourselves and not giving it a shot at all. And I think most guys, if we're put together reasonably well and have some confidence and aren't creepy, and actually like women, which is huge, right? I think they'll find they'll get more success than they ever dreamed they would. Except men just aren't doing it. Well, I can't get any women to go out with me. A guy comes to

me and says, and I'll go, Well, how many women? Have you actually asked out? Now? Look at me ago? No one? Well, I mean, there's problem number one, step one, get over yourself and talk to women. I mean, we don't find every woman attractive, who all our buddies find attractive. Guess why she probably doesn't care. Maybe she does care, because she's insecure, like some of us. But what if she doesn't? What if you don't? What if you trust that if a woman is interested in you, it's because you're connecting with her? In a way she's connecting with you. And it's mutual? What's wrong with mutual? And indeed, I think it gets dead simple. Jim, when we have our ducks in order in the way I've been speaking for the last couple minutes, what's so wrong with talking to a woman and at some point going, You know what, I like you? Why is that so difficult?

 Jim Wolfe 26:35

Absolutely. You know, as long as it's not like, I love you on the first date, there's nothing wrong with saying I like you. And then hey, let's let's go out again and see if we, you know, see where it goes.

 Scot McKay 26:43

Even before you ask her out. You know, I find you interesting. Yeah, I like you. You're cool.

 Jim Wolfe 26:48

I like you. I

 Scot McKay 26:49

want to talk to you some more. I

 Jim Wolfe 26:50

mean, little more about you. Yeah. Yeah, be

 Scot McKay 26:53

courageous and take a risk. And she may go, Oh, I like you too. And then you're being transparent and honest. And you can stop worrying. Oh, did she just give me a fake number? Is she just doing this because she's nice, you know, etc. A little vulnerability, followed by a little transparency, I would argue, Jim is even more powerful than it has ever been visa vie, so many people being so darn scared of it. And people being so isolated and being so out of practice, socially, the guy who steps up first wins. Yes,

 Jim Wolfe 27:07



JIM WOITE 21:21

absolutely. And you can communicate that verbally and or non verbally, depending on your own personal style and who you are. And on a related note, here's what I've learned. If a woman is open to you, or interested in you, then she wants you to come talk to her. And she wants you to ask for a number. And she wants you eventually, after you talk for a little bit to go for a kiss at some point. She wants all that stuff. She wants to go on a date with you. She wants that. It's just if she's not interested, then she doesn't. And so that's what you said, you know, like, that's the main concern, like she might not be interested. But guess what? You can't look at a woman walking down the street and know if she's interested in you and available or not. You got to find out, you don't know. Like, let's say you're looking at three women. And you think they're all attractive. And you think one's a little bit more attractive and one's medium and one's a little bit but you like them all, they're all attractive enough for you? You don't know that just because like maybe the most attractive one is interested in you. And the other two? Aren't, you have no idea just by looking at people from across the room. If they're officially actually interested in you or not. You have to go find out. And so we can read all the signs like, Oh, she made eye contact with me. Maybe that means something, maybe it doesn't. That gives you an invitation to go talk to her and you should. But that doesn't mean she's necessarily interested. And if she doesn't look at you, maybe she was distracted by something else. So my point is, find out if she's interested or not take these actions, start a conversation. And here's the key to this. It's awesome to find out if she's interested in you or not. That's your job. That's a big part of dating, you know, like you go find out if you're interested, let's see if she is or not, you're not going there. Like oh my god, like you're the only thing that can make my life better note, that's the bad approach. You're trying to get something from her. You're just trying to see if she's also interested and take it from there. And if you go and you do that first step, and she blows you off, okay? Now we don't keep going. We don't keep pressing it. We don't harass her anything. Now we move on. And as long as you're cool about her reaction to you, I have found that that women are fine with with all of this stuff, for the most part. Well really do something really, really crazy. Yeah,



Scot McKay 29:38

I mean, you know, all right, let's at least acknowledge that possibility. If you're a creepy guy, and you have Yeah, isms and you're socially non standard, and you're crowding her space, right? And all you want is to get laid and you're saying inappropriate things that make her feel uneasy with you. Well, you know, it's garbage in garbage out, but I don't think most of the guys in this audience are anything close to resembling that. They're just a bunch of guys who are fearing bothering Women and fearing rejection and fearing all sorts of stuff. The key is to put this into practice a couple times, and shock yourself at how easy it is. Now you're talking about women being not interested in you. And maybe there's this feeling I have to endure that I'm going to have to shake this off. You know, one of the guys on this podcast several episodes ago was talking about how he used to take guys in field and go your job is to get rejected 100 times today. I don't know as much as I think it's cool at all to desensitize yourself and use adversity as a motivator. I've done enough infield work with guys during 10 Plus lives to know that if I give women space, I actually like women. I'm warm, I'm polite, I set the tone for the conversation. I don't see a whole lot of rejection, per se. Yeah, I get a whole lot of women who are married. A lot of women who already have a boyfriend hold on to women who well are lesbians and they don't Oh, you dive into their sexual orientation. Most of the time, it isn't about me. It isn't about the guy, I'm with being unattractive or worthy of some sort of scorn from women. It's not what we fear. And women are generally very sweet, very nice, unless they're psycho. And if they're psycho, they're not even in our reality with this. So what are we

going to do hold that against ourselves? Well, it's just silly. You start putting two and two together. And you got to ask yourself, Jim, what are we afraid of? Because women are wondering, you know, yeah.

 Jim Wolfe 31:38

And to even add on to that, you know, I've been in a relationship for a few years now. But when I was single and talking to a lot of people, there's been a few times, because I actually do like women, that I maybe took a step or like, tried something out or you know, shot my shot with her. And it didn't work out because she wasn't interested or she wasn't available. But then I became really good friends with her. And I loved it. And she loved it. And they're really cool people, but it just wasn't the right typing or whatever. She wasn't interested, it's fine. But what I noticed about that is these women never forget that you went for it, they respect you a lot. And sometimes they can introduce you to their friends. They can be really cool people to hang out with, you can bounce stuff off them and just have fun with them. And I think like, that's a really awesome experience that everyone should have like when you actually go for it with a woman that you're interested in. She knows how hard it is for guys to some level, maybe not as much as we do. But she understands that it's not easy. And if you do it in a cool way, it doesn't work out. And then you handle that well. Well, now she's going to at least respect you. And you're going to respect yourself. And I think that can lead to some good things as well.

 Scot McKay 32:46

Yeah, you know, you have to be casual, you can't be so inside your head and take yourself so seriously. And you got to be a little playful about this and kind of see the sense of humor behind everything. I'll give you a breathtaking example of how true it is that situations change. I took a woman out for coffee one time, and she was writing a whole bunch of people and I was writing a whole bunch of people and we had fun. We played kissy face and she was really sexy and cute. And I wasn't necessarily jonesing to have a girlfriend, a steady exclusive girlfriend by tomorrow morning. And she called me up sometime shortly after our first coffee date that went pretty well and progressed a little and said, I think I've decided to pursue something with another guy because he seems like he's really relationship oriented. I'm like, Okay, I completely understand. And she said to me, but you're so cute and so adorable. I want to introduce you to my friend, because you and she are gonna get along great. And she's just precious and sexy. Tell you're gonna love her. And I'm like, great. Give me her number. So I call her up. This is before you could just get on Zoom and see each other. Right. This was 2003 2004 I guess. And we're getting along great. And, you know, I'll call you tomorrow and we'll make plans maybe see each other this weekend. You know, I would like to meet you. She goes yeah, I think I would do. Meanwhile, the first girl calls me up later that night and goes well. He was really a jerk. You know, he was a wolf in sheep's clothing. My goodness. I'm glad he showed his colors. We're early there. So we'll just go out again. I'll make it up to you. There you go. 36 hours it goes from I like you to you know what I chose some other guy over you but I have a cute friend want to meet cute friend. Sure a cute friend likes me, too. She comes back and goes up. You know what? I made a huge mistake. You're better I want to make it up to you. I mean, it's it's enough to make your head spin. That's how fast people can get together break up their relationships can change. You know, just because a woman a girl you see at work has a boyfriend doesn't mean you just give up on her and treat her terribly and get angry at her. I mean You know, keep doing what you do be authentically masculine, be authentically playful and fun.

Things have a way of coming around. And as far as going from simply enjoying each other's company and perhaps being flirty with each other, to having an exclusive relationship. You know, we got to cover that before we close here. I mean, I think that becomes where you have to have a conversation, I believe, because women in a vacuum, where that conversation isn't taking place will assume the exclusivity, especially if you're having sex, whereas men typically won't you know what I mean? That's the

J Jim Wolfe 35:37

model that our society kind of sets up. Yeah. It's really interesting, because now like in the modern times, there's a lot of women actually, like a study that I looked at a few years ago said that more men than women actually want relationships. How about that? Yeah. And so that's something that was surprising that I learned when I was in graduate school. But that doesn't surprise me. Because now with the hookup culture, you know, there's a lot of times where a guy will swipe right on a woman, and then they go hook up, and now he wants the relationship. And she thinks like, Okay, this is great. Now, it's not gonna be awkward, he's gonna get the hell out of here. And we're gonna be going our separate ways, and it's awesome for everyone. But he's not wanting it and she gets annoyed with him, that also happens nowadays. So I think what you're saying, like, yeah, in my opinion, if you want an exclusive relationship, you should hold off on hooking up a little bit longer than you would if you're just going for hookups. And so what I think you should do is take her out for a fun time, wait a little while, take her out, again, have a really good time, make sure you go for a kiss by the end of that second date. So it's for sure a romantic relationship, you're not just trying to be friends with her. And then here's the thing, like, the problem with a man side of things in terms of a rural relationship is that we don't know when it's the right time for her to be in that commitment. And you're right, it might be right after you sleep with her, maybe she's ready. It might be when you first meet her that first day, there's love at first sight, that's very rare. But there are some cases where a woman's already ready to be your girlfriend or marry you right away, that can happen. It's just really rare. Usually, it takes a lot longer. And usually it takes longer than it does for you. You have one great conversation with an attractive woman, you're ready to get married already, or be her boyfriend, you know, like a lot of us want that really fast. Or on the second date, you're ready to go for like, What do you mean, we already know each other really, it's not usually like that, for women, women tend to fall in love slower than us. So what you should do is just keep leading the process forward, create these opportunities to meet up in person, take her out on dates, and just let that relationship pressure out, you don't want to put any pressure on getting into a relationship, and you want to let her interest in, you continue to grow, by continuing to have a fun time with her with no pressure and continuing you know, you go for a kiss on the second day, you go for a kiss again, you know, you keep doing that so that there's still that male, female dynamic. And what will happen is, if she's actually interested in you romantically, after you do that a few times, then she's gonna mention it, she's gonna say something like, Hey, where's this relationship headed anyway? You know, like, Oh, what are we, you know, like, she's gonna bring it up. And that's when you know, it's the right time for you. And that doesn't mean that you have to ask her to be your girlfriend in that exact conversation, you can wait to the next day or the next date or the next week or whatever. It's just that that's when you know, now it's okay for you to ask her to be your girlfriend. And you can do it before that, it's just you might do it too early. And if you do it too early, that can damage her interest in you or lower it. And so you got to be really careful with that. But if you keep leading that process forward, that's pretty rare. And that's gonna keep raising her interest over time, assuming she's interested in you genuinely when she meets you. So that's, that's what I got to say about that.



Scot McKay 38:54

Well, I would argue, as always around here, that he or she who has the most options, is the one in control of those situations as far as where this is going. Because if I have more options, I'm only going to be spending time with people I really want to be spending time with and therefore I'm going to want to buy myself more time to explore set options than if say, I had hit a dry spell for six months. And finally, I have the first cute girl in three years in front of me. You know, I want to lock her down. Yeah, I think it can be surprising how quickly women want to lock a guy down when they perceive he's put together. Right? So I mean, like I



Jim Wolfe 39:34

said, it could happen on the third date. It just doesn't always like we have to be very patient because we don't want to do it too soon, either. Yeah,



Scot McKay 39:41

no, no, I mean, I see that you're pointing there to signs of desperation on the man's part, which renders us a lot less attractive because then all of a sudden, she feels like she's carrying us instead of us carrying her and she's got to babysit our poor widow feelings and all kinds of stuff like that. I completely understand that. What I've always said is, I think even in the year 20 24 if we are interested and having sex with a woman, and she seems to be a little bit more tender hearted than the kind of chick who just goes after one night stands and is really horny because she just got divorced or whatever, I think we do well to have a conversation on the second or third date, I used to say second date, now I'm thinking more third date, okay, about what she's looking for from her dating life. And perhaps how that applies to both of you, since you're obviously attracted, because there are mercy dates that are third dates, mercy, dates, or second dates, you know, when our right, give it another shot, my girlfriend's put me up to it. First Date, of course, let's just see if we get along for God's sakes. Before we started seeing how our checkboxes match up. Before we start check boxing each other, which is the term I came up with recently, which I kind of like, accidentally, I just stumbled across that I said it one day in a podcast. But, you know, if we have options, we're gonna make more informed choices, just like anybody else, she could do that he could do that. But regardless, the best case scenario is when a woman's popular with the guys and a guy has options with the women. And together, they realize, hey, we're connecting, this could lead somewhere, let's explore it without the pressure without one person wanting it more than the other. That's right now, if a woman's very horny, and obviously she's dragging you by the hair into her lair, and just wants to get off. I mean, that would be a dirty little trick on her part to assume exclusivity afterwards. And that would be a little psychotic. But certainly there are guys among us who are guilty of kind of reeling in the basket, they take this woman out who's relationship minded, and really, they just want to get in her pants. So you know, they say, Oh, I just love you. You're my one and only Sure, let's see where this could go. I want a girlfriend. And then once they get some they kick her to the curb. I mean, that is obviously to both of us a bad situation. But I agree with a whole lot of what you're saying. I think the timeline of where is this going? What are the sex expectations should be handled before you do the wall thing together? If that's not

abundantly clear, both to you and to her. And of course, you know, like you said it could be nonverbal. I mean, if you get the Tiger Eyes for each other at a bar, and you go at it in the men's room, and

 Jim Wolfe 42:16

I also think there's, there's a big difference between showing up for your third date and having a conversation that go like you're kind of relaxed, you're having fun, and you just ask her, you know, like, what are you looking for in a partner? What kind of relationship? Are you looking for a relationship? You know, you can ask her dating life right now. That's, that's different. That's a lot different. Yeah, exactly. I think that's a lot different than showing up on the third date with flowers and asking her to marry. You know, for which I think it could easily be confusing for a guy like, in that case. Yeah, yeah. Yeah. Understood.

 Scot McKay 42:50

I think we've covered it pretty well. Yeah. His name is Jim Wolf. And when you go to [www dot mountaintop, podcast.com front slash wolf with an E W. O LFE](http://www.mountaintoppodcast.com/front-slash-wolf-with-an-E-W-O-LFE). What are they going to find you, they're

 Jim Wolfe 43:04

going to find my main website, which is [dating advice for men who love women.com](http://datingadviceformenwholovewomen.com). And on our website, we have some actual free programs and ebooks that you can download if you want. We have lots of articles, there are YouTube channels featured there. So there's tons of free content about pretty much any topic you can think of on our website, and we're more than happy to give that value to you guys. So please check that out. There's a lot of great stuff there. And Scott, I don't know if you're still offering it or not. But I wanted to mention that you're for mature audiences only. Yeah, your masterclass for mature audiences only is excellent. I listened to it myself. And my guys gave me great feedback from it. So I just wanted to plug that I don't know if you're still selling it. But man, if you guys get a chance, grab that for sure, too. It's great. Yeah, and you're

 Scot McKay 43:51

not even that old. And you know, the masterclasses every month we put on a new masterclass for guys, of which for mature audiences only was one. Okay. And last Wednesday of every month, right before payday. Great. No, no. ill advised it is for me to run them on the last Wednesday of the month. Who knows? But yeah, feedback is almost universally positive that anything guys say man, you cover too much. And I had to go over the notes three or four times because it was just a whole lot. But you know, I like to make sure these guys are well prepared. So thanks for the good word there. And definitely guys go to [mountain top podcast dot conference slash Wolf, W O LFE](http://mountain-top-podcast-dot-conference-slash-Wolf-W-O-LFE). And see what Jim's about. And by the way while you're at it, go talk to some women go out on a few Yes, dates, and they could be called dates. And maybe you might even decide you want to get a girlfriend, right? Yeah, absolutely.



Jim Wolfe 44:44

I think we said it on the podcast. That's great. Oh, my



Scot McKay 44:47

trop. Thanks so much, man. I'm sure we'll have you back to talk about another juicy conversation much like we did today. Thanks a million.



Jim Wolfe 44:55

Yeah, thanks so much again for having me on. Scot is great. Appreciate it. Of course it's



Scot McKay 44:59

always a lot Have fun, and take care of that beautiful woman of yours by the way, I'll do my best and on her view, you know, Armenian women in general are extremely underrated. You don't hear Armenia come up on the list of where the most beautiful women in the world are. But I have



Jim Wolfe 45:15

to agree. Yeah, I have to agree. And they're, you know, they're from a traditional culture. So they're tend they tend to treat you well. And if you appreciate that, then they don't tend to get that either. So it's a really good match for people.



Scot McKay 45:27

Yeah, yeah. Fantastic. Republic of Georgia, just north of Armenia also has gorgeous, sweet women and a different culture. Absolutely. That that part of the world is often overlooked. People don't know whether to think of it as Europe or Asia, even though it's absolutely Asia, but it's one of those little places in the world that not a lot of people have been to on vacation, and kind of gets overlooked. People kind of think of okay, well Greece kind of turns into Turkey and Turkey kind of turns into Iran and et cetera, et cetera. But that's not really true. Yeah. Fantastic. Once again, thank you to Jim Wolf and gentlemen, if you have not been The Mountain Top podcast.com Check out our sponsors Jocko willings, company origin and main, the heroes soap guys and the key ports. Please check out what those find sponsors have to offer and use the code mountain 10 with each purchase to get yourself 10% off, guys, hey, just like Jim said the master classes are where I put my heart and soul into a particular topic to fully prepare you guys to master that area of success with women. I've even had Emily on to talk about how women think very recently and that was hugely popular. You can check out all of the master classes every one we've ever done is going on two years worth now at mountaintop podcast.com front slash master class. And yes, not only can you get your ticket for the upcoming one, you can get in on all the previous ones with immediate gratification. No wait

necessary. All that is there for you and more at mountaintop podcast.com And until I talk to you again real soon. This is Scot McKay from X & Y Communications in San Antonio Texas. Be good out there

E

Edroy Odem 47:16

The Mountain Top podcast is produced by x&y communications all rights reserved worldwide. Be sure to visit www dot The Mountain Top podcast.com For show notes. And while you're there sign up for the free x&y communications newsletter for men. This is Ed royal them speaking for The Mountain Top