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SPEAKERS

Edroy Odem, Scot McKay, Adam Gamble



Scot McKay 00:01

Alright, gentlemen, fire up. Because here we go. If you're listening to this particular podcast within a few days of this release this coming Wednesday, February 28, is when we're going to have that master class for men, that a lot of you guys have been requesting for quite some time. Now, that of course, is the one on how to be interesting. Listen, gentlemen, you can be masculine, you can be confident. But if you are boring women to death, guess what, you're still not going to get anywhere with them. And I'll tell you, a lot of us as men, completely realize that we're not exciting. And in fact, we're boring. Heck, we even bore ourselves. We know it's time to level up in this department. We need to become more interesting, more intriguing to women so that they'll want more of us. And I'll tell you something, when you become this guy, you get more respect and admiration even from your fellow men. So let's get after gentlemen, how to be more interesting. this coming Wednesday, February 28, at 8pm Eastern Standard Time, that's GMT minus five for you guys all over the world. Grab your ticket at [mountaintop-podcast.com front slash masterclass](https://mountaintop-podcast.com/front-slash-masterclass). And finally, get your breakthrough to being the man who's intriguing, exciting and yes, interesting to women. Secure your seat at [mountaintop-podcast.com front slash masterclass](https://mountaintop-podcast.com/front-slash-masterclass)?



Edroy Odem 01:39

From the mist-enshrouded mountain top fortress that is x&y Communications Headquarters, you're listening to the world-famous Mountain Top Podcast. And now your host Scot McKay.



Scot McKay 01:52

Alright gentlemen, how's it going? Welcome to another episode of the world-famous Mountain Top Podcast. As always, I am your host Scot McKay at Scot McKay on X on YouTube just about everywhere except Instagram, where I'm at real Scot McKay, the website is mountaintop-podcast.com. And if you haven't joined the Facebook group just yet, it is The Mountain Top summit on Facebook, y'all come y'all join us a great group of guys. A lot of you guys should be part of a men's group. And if you're not doing that in real life, I suppose the next best thing.

And at least a good place to start would be to come on and be a member of this particular Facebook group, The Mountain Top summit where we all are talking about being more masculine men and more attractive to women. Speaking of which, I have a new friend on the phone today, he and I have been talking before we hit record on this particular podcast, he's a good guy. And he is the creator of children's books, millions of copies sold of children's books, check this out. I don't think he'll mind me calling him out as being exactly the same age as I am, which is 57. Right now, by the way, he is a new dad, he's got a baby, under a year old, which is directly related to the story we're gonna tell today. He's going to tell and I'm going to listen about how he went through a rough divorce. Started dating again even hired a dating coach. And one of the most important factors for him going from the devastation of divorce to finally meeting women being attractive to them, and being attracted to them of course. And finally meeting the woman of his dreams was having a best friend having a wing man not just to go out to bars and clubs, and kind of talk you up with the chicks are there. But someone who is kind of going through the same thing you are who you can talk to man to man about this. And we've never covered that subject on the show before. And frankly, the word I use to describe it is beautiful. I think it's a beautiful topic. And I think this episode in particular is going to inspire you. But I'm telling you much of the story already. Adam gamble from Cape Cod mass, which is a beautiful part of the world. Welcome to the show, man.

A

Adam Gamble 04:11

Hi, Scott. Thanks. It's tremendous to be here on The Mountain Top with you really appreciate your your podcast really appreciate the topics that you're that you're exploring and all these interviews that you've done and big, big admirer of your body of work, and grateful to be here. Well,



Scot McKay 04:32

thank you, sir. And back at you I am in awe of anybody who is responsible or who has succeeded to the point of millions of anything, let alone copies of books sold. That's just remarkable. And so you've written lots of children's books. How has that affected your outlook as a man towards the world to be a writer of children's books? I think that's a good place to start.

A

Adam Gamble 04:57

I think I got into writing in a search for spirituality that I had from a young age, but really the focus on children's books, was probably in some level dealing with my own childhood. But the big thing for me was having, as you were talking about a male friendship with my buddy Michael togas, and at the time that we first started being friends is we were both also at the beginning of our careers, as want to be writers. And this friendship, based around our shared passion for sports fishing, created a space for us to meet regularly, year after year, and stick together, spending high quality time together, and then encouraging one another in our careers. Then, what happened was, Michael went through a divorce after we had been friends for many years. And one year later, to my surprise, I found myself going through my own divorce. So you know, that's really what led us to be able to support one another through that difficult time. Well, that's very



Scot McKay 06:09

interesting. You all were friends for quite some time before this whole idea of divorce and getting back out there and dating again, happened and like most men, you became friends through a shared interest through a shared activity. And fishing, there's a lot of downtime. It's the two of you guys on a boat, and you get lots of time to talk about life get to know each other. And over the course of decades like that you become pretty much best friends. Right?



Adam Gamble 06:36

Absolutely, absolutely. And Michael, is a New York Times best selling author. So after, you know, 20 years, 25 years of our fishing friendship, I think we've just hit 25. Now, so about 24 years, he really had been pestering me to co author, this book, The Power of Positive fishing, because it was so transformational in his life, and in my life, that friendship. And right now, for example, you know, last year, the Surgeon General, the United States came out with a statement that there is a national epidemic of loneliness in our country. And also, you know, an article from The Washington Post I know was manna loss. So there's, I think, right now in our country's coming out of COVID, a real need for men to have that male friendship. And Michael wanted to tap into that by telling our story on how friendship between two guys made a difference for us.



Scot McKay 07:33

It's a hot topic around here, Adam, most men are finding it very difficult to connect with other men and build meaningful friendships with other guys. It feels even weird and possibly even homosexual to a lot of guys to approach another dude and say, hey, you know what I want to be friends. Especially if that guy isn't involved, you know, in a bowling league, or a softball, Parks and Rec kind of thing where he can meet with other guys and have that shared experience together. I mean, guys who've been in the same fraternity guys who are in the same platoon in the military together, those guys have buddies for life. Those guys may not be local to them, but at least they can connect with them and talk to them. But for a whole lot of men in this day and age, what you're talking about is exactly correct. There was some kind of unfortunate study out there that I've cited time and again, on this show, that demonstrated that the average number of close friends most American men have is zero. That's the average. So it's closer to none than one for you know, all men combined. So this is huge. Yeah. And so what happened is both of you ended up finding yourself single again. And the term wing man is bandied about, you know, we go to a bar and we bring a buddy with us and we both help each other hook up with chicks by talking each other up, I'll take her you take her here's two of them was talked to him together, that sort of thing is what we think of in terms of having a wing man. But when you have a guy you can talk to about your relationships with women, suddenly, you don't feel all alone. When you're quote unquote, back out there again, how did that look for you? And for Mike?



Adam Gamble 09:19

It was it was huge, having that friendship. And I also appreciate your having male, male groups, male groups that you engage and that you encourage people to be the part of whatever way

men's groups that you sponsor, and that you encourage people to be the part or whatever way that men can commit to finding friends and to keeping friends and being friends to other guys, I think is, is huge. So from Mike and I, you know, and we try to dramatize this in the power of positive fishing. When Mike first started thinking about his divorce, he, you know, brought it up to me on the boat, and we talked about it and by then I had known his wife and known him and one thing we developed immediately was is an ability to be not mean to each other, but definitely brutally honest. So we try to be, you know, be kind and our advice to one another, but we also never pull a punch with one another. So he immediately came to me and was like, you know, I don't know if my marriage is gonna last. And he was talking about how that might unfold for him, et cetera. And when you go fishing with another man, you know, we rarely went out for three or four hours, it was usually six or 10 hours. So you know, activities like hiking activities like these men's group camping, golf, which is a good half a day, you know of golfing, those kinds of activities, or even going to a football game regularly, when you go hours in advance for the tailgating, those can be really great activities to develop those male friendships where you can open up and share. So I kind of served as a sounding board for Mike during that time. And then, to my surprise, based on, you know, my own culpability, largely to the end of my marriage, suddenly, I found myself and year after Michaels had begun, in the same situation as his losing a long term marriage in which we both had children. I had been married 20 years, Mike had been married more than 20 years, so many of your listeners may know how emotionally distraught you can be to have an end of a relationship that long and that deep, but to have each other somebody else who had gone through it was absolutely just the best thing for both of us. And then we both also soon found out after our after we got into our divorce our separations, you know, it's a process, it takes a year or two to get divorce. But as we were going through those processes, I wound up helping take photographs from Mike's internet dating website for him, we, when I when I started doing that he reviewed, you know, my profile, and we started comparing notes about first dates, that kind of thing. And we weren't really wingman for each other in the sense of going out dating together. But we would meet primarily on the boat sometimes on the phone, and give each other blunt, honest, feedback, while at the same time providing non judgmental listening as well, where we just provided space for the other one to talk about. A lot of times you hurt the other person in dating, a lot of times they break your heart, you know, it's not an easy thing to go through. Even though it is exciting, even though it is wonderful. It's a mixed bag. So having that that friendship, as we describe it in the power positive fishing really changed both our lives. So



Scot McKay 12:43

you guys were there for each other. And you've kind of expressed a little bit about what that looked like. You guys were honest with each other. You guys told each other the way it was you reviewed each other's online dating profiles. i For the record how long ago and history was this? It



Adam Gamble 12:58

was 2011 through 2018, for me. And for Mike it was around, you know, 2010 to 2012. Before he found himself in a good relationship. It took me quite a while longer. But then during COVID. Michael had been about it almost 10 years, whatever it was better part of 10 years with a very committed girlfriend relationship. And then during COVID, their relationship ended. That was a really straining time for everyone. So Michael went back out into the dating world, post COVID. And again, I got to be a sounding board for him. And I should say that when Michael did his

dating, he had a very different approach than me. He was very, we were both very determined to find new partners. I think that was one thing that was also good. It's a we we weren't guys that wanted to play the field for the rest of our lives. We were both guys that wanted to have partners again. So Michael, you know, he laughs about it. But he's he can be a very determined person. So he went on about between 70 and 80 dates in a body a year and a half of meeting women before he found his special person and he had a very clear cut way of being efficient. He actually uses the term in the power positive fishing about his interviewing women and trying to find the right one for him. Me on the other hand, it took me about seven years, and I had about 100 dates, which sounds like a crazy number I know But seven years times 12 months, you know you're going to 84 months. So having a data month over a seven or eight year period is not as crazy as it might first sound and I can't like just even getting coffee with a woman as a day, you know. So we both kind of had different experiences. But they were also both very successful in the long run both of Michael's two times out he's found really Special women in his life. And as you pointed out, you know, I have the woman of my dreams now Millbrae as my wife for five years now, and we have a wonderful surprise baby boy now so, you know, they did work out even though we had very different approaches.



Scot McKay 15:16

How about that? You said your wife? You miss meal, Dre? Yeah,



Adam Gamble 15:19

yeah. And she's Cuban, wonderful. woman, she's younger than me. She's 40. And I'm 57. But it just feels right. What's this? But stuff? The one?



Scot McKay 15:34

Why put a button there. A bite? Yeah, she's 17 years younger than me and great. I'm all in on that. Yeah, my friends.



Adam Gamble 15:44

And you know, we fit together. And, you know, I had a couple of long term relationships during my dating period after my divorce, and really cared for those longer term relationships that lasted up to a year. But you know, when you fall in love, you fall in love. And I hadn't fallen in love yet until I did.



Scot McKay 16:06

And all the dating roles and all the dating advice goes, whoosh, straight out the window. You don't need it. Just get real.



Adam Gamble 16:12



Adam Gamble 10:12

Right? Yep, you're absolutely right. And you did point out to Scott, and I think it's great that you do it, which is, you know, Michael did not, to my knowledge, read any books or seek any outside help in his except for friends like me, in his dating when he going back reentering the dating world after being off the market for more than 20 years. Whereas what happened with me is, I was you know, newly separated, I wasn't quite divorced yet. And I found myself in the post office, waiting in line and had a little interaction with a really pretty woman. She gave me a really nice smile and seemed really open to talking to me. And I did not know what to do Scot I was like, tongue tied. And next thing, you know, she's walking out of the post office and out of my life forever. And I was like, What do I do? So I, you know, in the power of positive fishing, one of the stories we tell is that the best thing that we ever did, Mike and I, even though we had been seasoned fisherman is at one point, we hired a guide together. And we learned more in that one day of fishing than all the articles, all the books combined in our lives, about how to fish, it just transformed everything for us. And so I went home after that post office, non encounter, and remembered, oh, the fishing guide changed everything. I wonder if they're dating guides, I didn't even know if there was such a thing as you know, people like yourself, who can coach you. So I went online, and I eventually found a guy who I called got him on the phone pretty quick. And what I really liked about him, which I know is your MO, which is wasn't a memorize a bunch of lines, just go out there and try to get laid kind of person he was, I could tell immediately that he was a man of character like yourself. And he was about principle based dating. And he had some general concepts about being about me being a better me, that he presented to me in our in our short discussion, which was a free discussion. And I noticed, you haven't asked me to do this. But I'm gonna go ahead and plug on your website, I know that you given an initial conversation with people for free. It was the same with me with this guy. And I just connected with him and wound up hiring him a number of times over a year, and going out with him to bars to art openings to parties, and learning how to relax being mean, and learning how to it was one of the best things that ever happened to me as a human being was learning what I learned from him. Well, I



Scot McKay 19:00

appreciate that very much. And as I'm listening to you talk several things come to mind, you know, as the aforementioned professional dating coach, first of all, the detail with which you remember that situation in the US Post Office are this gorgeous angel of a creature who I'm sure is exactly who you like, you saw her and went Oh, okay, there's one. Exactly. Yep. If you're like me, I'm the kind of guy who can appreciate beautiful women everywhere, but it's like once every three weeks or a month where I see one and go. Okay, you are exactly what I like. Right? Yep. And here's the interesting thing. A lot of guys talk about fear of rejection, like she's not going to like me or she's gonna say something mean to me. If I talk to her, or fear of bothering women's you don't want to talk to me. Anyway, she's got her, you know, headphones on she's in another place. When I talk to guy after guy and my experience also reflects this, but I don't think I'm projecting I think this is something a lot of guys can relate. too, when we think about the times where we just cringe in our history with pretty women, it's almost exactly the situations you talked about. Not anything having to do with a real world, quote, unquote, harsh rejection, or she didn't like me. It's those times when we see a woman, and we know we should talk to her, what the hell's wrong with this? Why don't we just go up and start a conversation? And then it doesn't happen. And just like you said, the tell was, she walked out of my life forever. I could still see the faces of at least three or four women who I should have talked to and didn't, I remember everything about the situation. And if I go back in history, I know there were women who were like, Get away from me a little twit, I don't want to talk to you. But I

don't remember them. I don't dwell on them. It's when I didn't give myself that chance. It's when I rejected myself visa vie, a woman who's given me all the right signals. That's what I really kicked myself. And I've heard this story time and time again, from guys just like you and me. And it's what got you off top dead center, isn't it?

A

Adam Gamble 21:01

Yes. Yeah. You know, the dating coach that I hired, he said, there's a half life, when you made eyes with a woman, that for a woman to send you the signal that she's actually going to look you in the eye from across the room, and even go further than to smile at you. Your chances go down, you know, he said, If a woman looks at you, you've probably got a 90% chance of being able to strike up a nice conversation with her, because she's not going to look at you in the eye very often, unless she's actually, you know, somewhat curious. And if she smiles at you, he said, You have about a 98% chance of being able to strike up and have a friendly conversation with her.



Scot McKay 21:40

If you images. Yeah, yeah,

A

Adam Gamble 21:42

I mean, they're random numbers that just kind of like, you know, rules of thumb kind of thing.



Scot McKay 21:47

I'm not disagreeing with that. But yeah, okay.

A

Adam Gamble 21:49

But if you wait, he said to me, he said, If you wait a minute, before you make your approach, it's cut in half, you're probably down to 45% chance now, because you kind of rejected her, she's put the signal out, and you're rejecting if you wait two minutes, cut it in half again, you know, so the idea of like, going over fairly rapidly, you know, was kind of drilled into me at that point. He also explained to me a radical idea that I didn't understand, which is that most women who aren't with another man at a bar or single are there because they would like to talk to a man, the majority, you know, that it's much cheaper to stay at home, if they want to drink and buy a bottle. And it's much easier not to get dressed up and put on makeup and nice clothing. So the most women are there, because they actually would like somebody to come up to them and talk to them. And that to me was like, really? Why did I not know something as obvious as this, you know, so but the key point was, though, that I needed to be well camped, at least presumably dressed, you know, for the appropriately for the atmosphere, and I needed to be clean with fresh breath, and smiling and friendly, you know,



Scot McKay 22:59

I think the women would say, that's a man who's well put together. Yeah, so



Adam Gamble 23:03

if I put myself together decently, most women are going to be have a perfectly fine with my coming up to talk to them. And what a little story that happened to me was, I had a guy come up to me at a bar once and start talking to me. And it took me a little while to figure out but that he was gay, and I'm not gay. But when he came up to me and started talking to me, I was like, pleased, I really don't, when I reflected back on it, I was pleased that somebody just wanted to talk to me. And I realized that even the women that didn't want to date me, didn't want to give me their number, weren't really that interested in me, are perfectly flattered to have a presentable human being come up to them have any sex, and just talk to them, you know, so that really set me at ease. And then I started practicing, you know, he really, it was like fishing in a way. I have this line in my chapter about dating and the power of positive fishing where I'm like, women are not fish. Dating is not fishing, you know, as as kind of a tongue in cheek thing. But at the same time, there's so many parallels, you know, you have to when you're going fishing, you have to go where the fish are, you know, if you just choose a place at random, like a post office, and hope to catch fish, you know, in the middle of the ocean, forget it, you really need to hunt around and find out where are the fish congregating you know, where sandbars near near where other you know, other fish are, you know, so go there. And in my case, I had to go to bars, I had to go to parties. And then I had to practice just like with my fishing, I had to practice my cast and practice having the courage to just say, Hey, how you doing, you know, not having a fixed pickup line, but just be myself. But my biggest lesson he also drilled into my head was I needed to become my own good time. And that meant doing internal work. In other words, I needed to have a good time wherever I was with myself or with that Ever whoever I met, whether even if I only met bouncer at a bar and became and had a good conversation with him, I needed to not be dependent on what women did I meet how she responded. I just needed to be happy being at him. So So anyway, so I put that out there and I tried to explain it more in our book. But I hope that got it across.



Scot McKay 25:20

Yeah. How can you not take risks out there, especially when your last name is gamble? Come on, man. You gotta go for it.



Adam Gamble 25:27

Yeah. My middle name isn't gamble. My last name and



Scot McKay 25:31

your middle name is a gamble. Okay. Yeah, fair enough. Man, you're gonna send me you're gonna trigger a rant extraordinaire with me here. Okay, first of all. You're talking about women not being fish. And I have to bring this up from a purely whimsical perspective. You remember

the old Don Knotts movie Mr. Limpet, where he wants to be a fish. It's kind of like half automated, and he's got like a normal wife and everything. And he turns into a fish and he finds a girlfriend and the girlfriend is the horniest most upfront, little vixen with these eyelashes, but she's a fish. And Don Knotts is Don Knotts in the movie and he becomes the fish version of Don Knotts. And she's wanting to go to the spawning grounds and get it on. And he's like, Well, hold on a second lady fish. I'm a happily married man. And then the lady fish kind of pokes her head up out of the water and sees his wife looking for him. When she finally finds out. He's turned into a fish. And lady fish kind of says that this caddy way. Maybe she was a catfish, right? Or he got catfished. Right? Well, she's not much to look at, is she right? They're all catty towards each other. But that's the first thing I thought about when we're talking about women not being fishes. If you're Don Knotts, women are fish, you know, they can be pretty hot. This idea of women all the way back, let's go from where you started this idea of women looking at you smiling and making eye contact. First of all, most men don't have the balls to do that. So a lot of guys were probably rolling their eyes when you were saying that saying as if that ever happens to me. But uh, you live in Boston, and I've been there women can be kind of socially bold. I mean, Bostonians are bold people. That's why your great sports fans, you know, and you're absolutely right. And your dating coach is exactly right. Who by the way is based in Boston, you told me who he is. And he seems like a great guy. And I'll probably invite him on the show. So we could talk shop. But it is great to have someone in your hometown take you out in field, because if that's what you're into, obviously, you don't want to fly around all over the place if you don't have to, although guys fly here all the time, you know, because they want to work with me specifically. And that's cool, too. But when a woman looks at you and makes eye contact and smiles, that's extremely bold, and it's extremely brave. And here we are as men, and we don't have the balls to look at a woman to smile at her. Right. And then we forget. And this is a very astute observation on your part, even though it seems obvious, like you said, which I I smiled at because you're absolutely right. It seems obvious when you know the truth. And you look at it objectively, like as a third party, not like this is happening for me, right? But of course, she's gonna feel rejected if you do nothing. She's human. I mean, you know, I have to say men are from Earth, and women are from Earth. Yeah. You know, we're all humans, right? We're not separate species. She's not an alien. Yeah. And if she had the wherewithal and the sheer guts to look at you and smile, and you do nothing with it, she's not going to understand you're afraid of her. She's not going to understand shyness. She's going to be saying to yourself, What's a girl got to do here? Right, so that when you don't do anything with it, she feels the rejection you were so afraid of? And that's right. That's an incredible transformational viewpoint. For most men, you know what I mean? I think it is, yeah. And then you know, you talked about being put together. And so when you feel good, and you realize you're at your best, then you're going to be able to talk to women. And this concept of having a conversation with women. And being your own good time. I really liked that the way I would put that with men is more practical, perhaps, in that I tell men were too serious. Everything is a competition. It's acceptance or rejection. I mean, everything is so gunfighter serious, we take ourselves so seriously, it's like, we punch out of our day job and punch into our nighttime job, which is, oh, God, I gotta go out to meet women. You know, it's not that you have to do this. It's that you get to do this. And that's why I have to approach women is that you get to approach women, and if men could just get it through our thick noggins, Adam, that we can be masculine. We can be manly, and still be warm and light and God forbid have a little bit of fun sometimes, what we're going to do is we're going to be more attractive to women and then we're going to ignite that feminine nature in them that wants to have fun that wants to be playful and Boom, then I bet you're more like your friend, Michael, who I'm sure a lot of guys were just throwing rotten tomatoes at the screen when you were telling us about, he goes on 100 different dates in two and a half weeks, right? And he's calling all the shots. And the women all love him. And he's saying, I want to go back out with you and that with you. And

most guys would consider that paradigm to be a uniquely female phenomenon. That's something women get to do. We guys have to sit here and suffer rejection or acceptance. But Michael was out there calling the shots. And all these guys were probably saying to themselves, okay, Michael is a New York Times best selling author, all he has to do is hang that shingle on his match.com profile, and voila, all the chicks are gonna come running. That's not how women work. Just like it should have been easy for you to say, look, I have sold millions of children's books, what woman wouldn't possibly think I'm incredible. But you know, it takes more it takes the warm fuzzies you have to make women feel a certain way. Right?

A

Adam Gamble 30:57

Well, I will admit, Michael is a is a good looking guy, for sure. And is a different guy than me. He I think was much more emotionally prepared for his divorce than I was. So he was kind of together, you know. And so he was able to go at it in a really in a healthier way than I did. I unfortunately, you know, was really heartbroken by my divorce. Really down in the dumps. And sadly, I lost both my mother and my brother within two years of my divorce. So it was a very difficult time for me, I was pretty distraught. I'm also not as immediately good looking as Michael my, my good looks are more inside. But you're not an ugly bastard either. I saw you have a radio face. You know what I'm saying? I don't know. Just kidding. I'm fine. I'm fine, really. But I had more to overcome than Mike and getting back out in the field and meeting women. So one thing that my coach had said to me, he said, Adam, you're so serious, you know, and this goes to what you were saying, Scott said, you're so serious. You should smile. If you smile hard enough that you start feeling like an idiot, you're probably like near normal person. At that point, you need to smile more, don't be so you know, heavy and smiling. So I actually started it sounds a little silly. But one of the things that I struggled most with that Michael didn't was smiling, you know. And so I actually started practicing smiling. In the in the mirror or sometimes in the especially in the morning, after I shaved I would just hold a smile on my face, I had read somewhere that if you can smile and feel depressed for you know, smile for five minutes and feel depressed that that's pretty unusual that most people that they just hold a smile on their face, they start feeling better. So that was a big challenge for me was overcoming, you know, my own internal struggle, having that friendship with Michael. So I was spending time I was like sort of a suffering guy. And Michael's healthiness just naturally wore on to me, as we spent more and more time together. And I could see him, you know, I got to he's 12 years older than me. He's not a father figure per se, but a big brother. Sure. You know, Michael was a real example to me, of what I could become. And in somebody in a model, you know, I think having friendships, even when they're with younger people, today, some of my younger male friends, I try to model their behavior. Now, hold



Scot McKay 33:29

on a second before you continue. And I think where you're going is a great place. I want to underscore something here. What you've just indicated, is that Mike was in his late 50s. And having his pick of all these women, he was going out on a date with Yeah, he was not a spring chicken when he was doing this. No. So that's the power how you're making women feel on these first dates, and the inspiration you're giving them to go out with you, regardless of your age or whatever. Yeah, but continue.



A

Adam Gamble 33:57

So Michael wasn't necessarily a mentor to me, but he was definitely a big brother, someone I could model you know, someone that by spending time with another male friend having an open relationship with then with a guy who I told, you know, my struggles with being able to smile, naturally in bars. And until overcome that many times, we shared stories of being rejected by women, just like we shared many stories of having our manuscripts rejected by publishers, we were we were submitting to, you know, and just like, quite honestly, many, many casts that we had out on the boat didn't yield the fish, you know. And so we were able to really encourage one another, and having him be there for me in that way was just something I'll just always be grateful for.



Scot McKay 34:47

You know, a lot of times we hear in the masculinity movements, especially nowadays, but I think this messaging I'm about to talk about, has been there probably for a good dozen 15 years, which would put it around the timeframe. You guys are talking about is that we're supposed to be stoic. Men are supposed to be serious, you know, have online dating profiles where you're looking off in the distance angry with furrowed eyebrows and women will come running. And it just doesn't work. It doesn't. I mean, if you go watch all the leading men in Hollywood history who women love, they were strong, confident, manly men, but they smiled with their eyes. They were warm. You know, what I always tell these guys, is, you don't ever see Clint Eastwood as The Man with No Name in the spaghetti westerns, with a hot chick by his side. Right? You know what I mean? You don't see the Mandalorian scoring with all those, you know, hot, badass chicks in that TV show either, right? But the similarities between the Mandalorian and that character that Clint Eastwood played are remarkable if you start listening for it, although I think Mandalorian's character is a little bit more fatherly and a little bit more compassionate. But however, at least in the first couple seasons, you know, he really doesn't have a whole lot of time in place for women in his life at the romantic level. But you watch like Robert Redford and Paul Newman, in movies, and you see Cary Grant, and all these guys, Gregory Peck and Roman Holiday and you know, the aforementioned Newman and Redford and Butch Cassidy, and women are just swooning over these guys, because they're manly is all get out. But they have this ability to smile with their eyes and be a little playful in the process. And it's just like waving a magic wand with women to be that guy. And so many men just never realize it, they don't even give it a try. So bravo for you know, modeling this in front of the mirror until you got it right. And then look where you are now. Right? Yeah,

A

Adam Gamble 36:50

and, you know, you bring up some great points there. Scot, this idea of being playful and having fun. You know, I think that's really attractive to women. Michael's got a great laugh. And I know that that was a real successful part of his whole charisma in meeting women, and finding the woman of his dreams. But I had to kind of like, do internal work, I realized for me, you know, especially comparing myself to one of my best friends, Michael, if not my best friend, you know, was that I needed to work on myself inside. So I did that. And Mike would often say to me, he'd say, you know, I bet you there's a woman out there doing push ups, to try to be a better woman right now. Just like you're doing, doing them to be a better man. And you guys are going to meet one of these days. And you know, so he encouraged me that way. He believed that there was an ideal woman out there for me, even after he had found his match,

you know, and so he really encouraged me to keep doing that internal work, and it paid off, you know, and I still to this day, now that I'm, you know, remarried, I still am trying to do that internal work to be a better writer to be a better publisher, to be a better person, be a better father, you know, and I think that makes me attractive to my wife today, knowing that I'm trying to improve on a regular basis. Yes, you



Scot McKay 38:15

know, Latinos, especially Cubana is they're not gonna put up with any BS for a year, this week guy she has to carry and be the mommy to instead of a lover, you did something right. Unless the man I so appreciate your vulnerability and sharing this story with us. One of the things I really want to drive home with these guys, because it's a point that we don't make enough on this podcast is it is not gender specific for us to kind of have low self esteem a little bit when it comes to the concept of other women out there preparing to meet us just like we're trying to be the best man to meet the best woman. And of course, the website around here is [deserve what you want.com](http://deservewhatyouwant.com) Which when I first registered it with the NIC like 20 years ago, was a novel concept. I mean, if you put in quotes on Yahoo back in the day [deserve what you want](http://deservewhatyouwant.com). Charlie Munger, who of course is basically second in command over Berkshire Hathaway, and a billionaire in his own right is the only guy who had ever coined the phrase [deserve what you want](http://deservewhatyouwant.com) before I did. And to me, it made perfect sense. If I want to get the kind of woman in my life I want I have to be the man she's looking for. That's right. But honestly, I think a lot of us guys know that we've internalized that but only in one direction. Like no matter how much I try, I'll probably still fail and I won't be enough for the right woman. And meanwhile, we picture all those pretty women out there. Just sitting around rejecting men, like you're not good enough. You're not good enough. Well, you know, you start talking to women, and you start talking about dating with them. Single women who are you know, attractive and they're going out on dates. They're spending hours getting ready. There They're wearing the cute underwear just in case something happens. They're hoping they're hopeful. They're hopeful on first dates, that something good is going to happen. And it's indeed true. There are women out there, making the effort to be a better woman, because they want to meet a guy like you. And that's a transformational perspective. For a lot of men. You know, indeed, when I was a kid, it was unfathomable to my 1617 year old self, that a little girl, my age, would be getting ready to go out on a date with me, and putting time and effort to it to look cute. And then they would show up and look cute. And I'm thinking like, well, you know, they always looked that way. Oh, my goodness, she's adorable, right? That's not the case. They care. They're going after it. They're, they're working. And you know, a lot of these guys are really cynical Adam, they're like, well, all women just want to use you. They're no darn good. All these men go in their own way guys who, by the way, they don't like my work. They don't like what I'm about. They want to be angry and bitter. But when you understand that women who are hopeful, in the same way you're hopeful, and who are trying to be quote, unquote, put together the same way you are. When you meet each other, of course, you're going to like each other. And of course, you're going to deserve each other. And it is really nice when you unwrap that package, and she has gone the extra mile to wear a really cute lingerie. And it was just for you. I mean, she doesn't have another date later, you know, or evening was for you. And when we can relax into that, and realize, hey, you know what, it's kind of good to be a guy. And when I get out of my own head, and indeed get out of my own way. Dating can actually be fun. This journey can actually be enjoyable. It's not a race to the finish line. I've got to find a woman, you know, who's my soulmate? Or else I'm going to die alone, blah, blah, blah, it becomes more play than work. And then what do you know, your ad right reflects it on dates, doesn't it? You are more playful,

you're bringing out this playful, feminine nature in her. And then the rich get richer, you start being successful. And then the snowball just gets rolling until you go, you know, what, where's this been my whole life?

A

Adam Gamble 42:11

Absolutely. I completely agree. And, you know, listening to you and with your wisdom, you know, reminded me of a moment when I a couple years into our friendship that I explained in the power of positive fishing, where Michael said to me, I want to manifest a New York Times best selling book, and I want to manifest a movie. And I was like, my mind just did this doubletake. I was like, he wants to first of all, the idea of manifesting was a little new to me, but but the bigger point was that I realized I was out there fishing with a guy, I had a friendship now with this guy who wanted to have a New York Times best selling book. And he wanted one of his books to become a movie. And I was like, I didn't believe them. And not because I didn't think he was good enough to do it. But because on some level, I didn't think I was good enough to be hanging out with a guy who did those kinds of things. How about that? Yeah, yeah. As I spent more time with Mike and our friendship developed, I was like, well, he can do that, then why can I you know, so having these male friendships. And if it's just me in my head alone, then I'm kind of stuck with those thoughts. And they're gonna start repeating themselves. But when I connect with other men connect, listen to podcasts, I've listened to a bunch of yours. It opens my mind, you know, to new possibilities. If one man can do it, another man can do it as the old saying, right. And then same thing with the dating as Michael met this. He brought her out fishing with me one time, once he met the girl of his dreams, the first time they were together, like I said, for about 10 years. But when he brought her out fishing with us, and I was like, hold on, she's my age. I'm 12 years younger than him and she's with him. I'm still out here, you know, flailing but then I realized that my can attract woman who I considered very attractive at my age, and him being 12 years older, I was like, then maybe I could attract a woman. Similarly younger than me, similarly pretty, not that it necessarily needs to be I met women older than me to that I just sent me crazy, you know, but just to meet a woman of what I consider like that caliber with a high character, and a lot of beauty. And I was like, Mike can do this, I can do this. So having that friendship, as he and I tried to dramatize in our book opened us to this new possibility, new ideas. And without those new ideas and new possibilities they could never have happened. I don't believe,



Scot McKay 44:42

man, that's one hell of a Mic drop. I love it. That basically sums it all up. And this has been a fantastic conversation, Adam, and I want to point these guys to your book, which is called The Power of Positive fishing, a story of friendship, and the quest for happiness and despite The absence of dating and relationships and women in the title you guys talk about it quite a bit in the book. And what I've done is I've put that book at the top of my Amazon influencer queue, which you guys can find at Mountain Top podcast.com front slash Amazon. If you're listening to this particular show, within, you know, a week or so it's released you'll find it right there at the top. Also, when you go to mountaintop podcast.com front slash gambled, gam, b l e. You won't be sent to an offshore betting site, you'll actually be tellem magically sent over to amazon.com, where you can also grab a copy of the book, The Power of Positive fishing a story of friendship, and the quest for happiness, authored by Adam gamble and co authored by his good friend Michael teargas.



Adam Gamble 45:49

Thank you, Scott. Yeah, man,



Scot McKay 45:51

you're quite welcome. And Adam, thank you so much for coming on the show and not only sharing your story, but being so honest about it, man, that's just such a breath of fresh air. I think a lot of guys are really going to be inspired by this. So thanks a million man.



Adam Gamble 46:04

My pleasure. Thank you.



Scot McKay 46:06

Thank you. Yeah, yeah, and definitely we'll have you on maybe we'll have Michael on with you. And we had a little bit of a sound issue which is why he isn't joining us today. But it would be great to have you guys back and maybe talk more about relationships and this lifestyle with the woman of your dreams nowadays. What would you guys think of that?



Adam Gamble 46:23

I'd love to join you Scot anytime on The Mountain Top you know you got it made there. Yeah, man,



Scot McKay 46:28

which you guys like to rock the mic. So that's that's the thing you got it. And guys, go to [Matt Stop podcast.com](http://MattStoppodcast.com) Get in on the latest masterclass for men hate gentleman. That's a great way for you to team up with a bunch of guys live and in person to talk about a particular issue on being a better man and or getting better with women. It's good camaraderie. Also, like I mentioned, go to The Mountain Top summit on Facebook, and get on board our Facebook group. This isn't one of those Facebook groups where everybody complains about their relationships and gives each other bad shade tree advice. We've done our best to build the president for something completely different there where we support each other, have a little bit of fun and talk about being better man, that's at The Mountain Top summit on Facebook. When you go back to [mountaintop podcast.com](http://mountaintoppodcast.com) Check out our sponsors origin in main heroes, soap, and also the Keyport great products from great sponsors, longtime sponsor several years now. And you can use the coupon code mountain 10, with each of our fine sponsors for an additional 10% off at checkout. And of course, like we've talked about on this show, guys, I'm at your service, get on my schedule, talk to me free for 25 minutes, or more if we need to, and let's put a plan together to get you in front of some of the women you really want to meet and hey gets you into a situation sooner than later where you found the right woman for you and

you're living the dream. Like Adam and Mike and I all are over here. That opportunity and more is there for you at mountaintop podcast.com And until I talk to you again real soon. This is Scot McKay from X & Y Communications in San Antonio, Texas. Be good out there

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