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Wed, Mar 20, 2024 2:50PM 45:13

SUMMARY KEYWORDS

women, men, talking, seduction, zan, love, widow, years, break, girl, free, date, alpha, honest, friendzone, married, mountain, karen carpenter, term, relationship

SPEAKERS

Scot McKay, Zan Perrion, Edroy Odem



Scot McKay 00:01

If there was a Mount Rushmore for the all time struggles, we as men faced with women being banished to the dreaded just be friendzone would be on it. No man gets a free pass, even if they've won the quote unquote, genetic lottery. But when you look for answers online on how to solve the problem, all you find is preposterous. Ly cringe worthy advice from women like, be clear about your feelings towards her or worse, pickup artists parroting the weird strategy to pull her up more on the first date? So she'll get used to being touched by you? We instinctively know. None of that works. Right, gentlemen? Well, it's time for honest answers. And what's more, a complete big picture into what actually makes women put us into the JBf zone to begin with, how to get out of it if we're already there. And of course, how to avoid it forever to begin with, from now on. It would also help to know how for sure to know if you've been JBf or not right? It would also be great to get to know the common derivatives of the JBf sown so we can stay out of those two. And yes, we as men need to know all the subtle ways we can be our own worst enemy here. And of course, how to stop it. Well, in this month's masterclass for men, you'll get all the answers you need to transform your knowledge, mindset and your habits so that all things JBf will be in the rearview mirror. Unless of course you find yourself spoiled for choice with women enough that the tables are turned and you're the one giving JBf talks to women from now on. And yes, I'll even show you how to do that. If you're listening to this episode within the first several days of its release, it's all going down this coming Wednesday, March 27 2024 at 8pm Eastern Time, grab your ticket for this game changing master class, the just be friend zone get out and stay out at mountaintop podcast.com front slash masterclass. And now, sit back relax and enjoy the milestone number 400th episode of The Mountain Top featuring my good friend Zan Perry on



Edroy Odem 02:24

from the mist-enshrouded mountain top fortress that is x&y Communications Headquarters. You're listening to the world-famous Mountain Top Podcast. And now your host Scot McKay.



Scot McKay 02:38



Scot McKay 02:50

How's it going? Gentlemen, welcome to yet another episode of the world-famous Mountain Top Podcast. This happens to be the milestone number 400th episode of the show. And right here at the outset, I want to thank each and every one of you guys for your longtime support of this show. If you're just now discovering the show and enjoying it, welcome to you as well. But we've been continuously podcasting with x&y on the fly my wife Emily and I, since 2006. This show has been in continuous production previously titled The chick whisperer from 2007. Until today, so Wow, it's been a great run. We're gonna keep up the good work around here. Hopefully you guys still think it's good work. We're having a lot of fun doing it. The guests have been fantastic. And we keep cranking out new and exciting topics for you and gentlemen, today is no exception. With me today is my longtime friend, man. We go back about 15 years back to the old pickup artist days he's even talked about in Neil Strauss, his book, The Game of all places, it's been so long. That's Zan Perry on, of course, and I want to welcome to the show. Welcome back, Sam.



Zan Perrion 03:53

Hello, Hello. Glad to be back. Number 400.



Scot McKay 03:56

Yeah, man, it's good to have you back. This is the third or fourth time you've been on. And we have ourselves a topic today that man I see covered very, very little. I mean, if you Google the term, you'll find a smattering of blog posts here and there. And that's the idea of alpha widows. And to be honest, and this has been on my radar screen for like a year. And I've, you know, brought the topic forward with several fellow dating coaches who I was pretty confident could cover it. And none of them were willing to none of them wanted to none of them could even feel confident talking about it. Yet, where I first saw the topic, if my memory serves me correctly, I think it does was on your Facebook group, one of your guys in the group actually brought up the concept of alpha widows. And so why didn't I have you on at the time? Well, you just been on the show like three weeks prior. So you know, it was a proximity issue there. But yeah, here it is. It's been kind of languishing on my radar screen here for a full year. So I just feel Your I get Zan, the man on to discuss the topic that well, for all intents and purposes seemed to have originated on your Facebook group. So let's come right.



Zan Perrion 05:11

Well, yeah, give me give me a definition of the term so we're exactly on what what we're talking about here.



Scot McKay 05:16

Yeah, okay. Yes. Oh, yeah. Okay, so let's compare notes here. Let's see if my definition is the same as yours. Okay. The way I understand it from the way that it was presented was, you were such an amazing boyfriend, or I guess even husband, to a particular woman that she spoiled for life. No other guys going to match up to you. She's always going to compare future

men to you. You were just so amazing. And then you broke up with her that? Well, from a romantic standpoint, she just not never gonna get over you. I guess in many ways. It's very similar to the concept of quote unquote, the one who got away, you know, that's kind of the way men tend to put it. There's this one person who we dated, and we lost them. And it just seems like we're never going to get someone who, you know, matches up to them. Now, there's that word again, right? Alpha. And usually when people start talking about alpha and beta, in my experience Zahn, it seems like the people who aren't alpha are the ones who use that term the most. But there it is. And of course, widow is a subjective term here. I mean, I suppose maybe the poor bastard could have passed away, right? But typically, the term widow is subjective here, you've just left this woman behind and alone and poor her, she's not going to find a guy as cool as you. That's how I've heard it defined, you can add your inflection and your twist on that as you will.

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Zan Perrion 06:50

Okay, yeah. I mean, I mean, that's, that's a big topic for guys, if they, if men had down this road of trying to understand their masculine role in in becoming this upright standing guy again on Earth, and loving the fact that he's male, and he's, he's got, you've got a sexual drive, and all this kind of stuff. And they become the type of man that women desire. And when he enters into a woman's life, and then it's, it's fantastic. She's never seen it before. And she craves it, and she loves it. And then for whatever reason, as you said, he moves on to, he leaves. And she despairs of ever finding that again, and quote, unquote, is spoiled for other men. I have guys asked me that all the time and say, you know, this, I'm learning this about myself. And I'm becoming this great lover, in this great energy. And I put my self full force into the into the the experience with a woman I'm seeing, even though I know it's not gonna last, and I'm not making any misrepresentations. But I feel like she feels really, really heartbroken because she really wanted something strong as you lose, wishing that it would materialize into something long term. So I mean, there's two types of guys, I guess, you could say if I'm generalizing. And that's the, the the old archetype of the man who, who basically comes in, breaks her heart and leaves. And she's, she's hopeful. And she, and she has such a great experience with him. But he's just there to manipulate have have is fun, you know, a thief in the night sort of thing. And then he sticks out the bedroom window, kind of a plan and the player in the you know, in society, and of course, says that's a CAD, that's it, that's not a good energy. It's not a good guy. And we would agree with that. But imagine this, what is what is the concept of a man who comes into woman's life who is not going to stay because that is his spirit, as if he's wandering and living in the wind. And he knows this, and he's honest with it from the day he meets her. My little sweetie, I'm not the one for you, and I adore you. And I want to see you while I'm while I'm here. I like Ken. And he leaves, as he said, but he leaves her better than she was when she met him and vice versa. He's better and she's better. And there's no word in the English language that you got player, you got Don Juan, you get all these things that have a negative, slightly negative connotation to them.



Scot McKay 09:16

How about free bird like Skinner? Free Bird? Yeah, you were kind of describing the guy and that song, I



Z**Zan Perrion** 09:22

think. I asked chat CBT. What is the name of that? What is the word, the English language that represents the spirit of a man who comes into a woman's life who adores her, who celebrates her who makes her feel really seen and pays full attention to her, but he has to go because he's caught up in the Winders adventures are to whatever, and he's not the guy. He's not the guy and he's honest about what do you call that? And I said, you know, and I said, there's a chat TBT and I said that the words that we use out there like the ladies man or the, or the Don Juan or the Casanova, that's all has a has a connotation of manipulation and leaving her high and dry and leaning. So what is is a word in English language chat CBT that represents that that man who brings a better spirit into the world because of the way he is with her. And chat. GBD said there isn't a word in the English language and I said, Okay, can you give me 10 Make up 10 words to me and it came up with 10 words like lover and to have them all written down. It's funny. And I said, Well, what about the concepts concept of the Marathi and a man who's who's an Emirati, which is Mike feet Latin that I've used for, you know, for all these years. And Sachi Beatty said, That's a great name and it means a lot and it sounds right. And it's a good name for a man who, who has who brings a good experience into women's life.

**Scot McKay** 10:37

Your Brand has been RSR Murata for years. Yes. Right? Yeah. And

Z**Zan Perrion** 10:42

the guy and the guys who, like I've always thought that anybody from like Casanova, who does not he was not one of these manipulators. Casanova really cared and he really he couldn't leave a woman to go to the next city on his adventures unless he really felt that she was okay and you'd find her you know, suitable potential husband before he could leave in good conscious, because he really cared. And, and so in my mind, Casanova, unbeknownst him was an Emirati he had he was one of those guys that brings that good energy into the world. You know,

**Scot McKay** 11:13

all those guys you mentioned your Don Juan's your Casanova's of the world. The word seducer is usually applied to those guys. And seduction has gotten a bad rap over the right, kind of like it's manipulative and this evil thing where you're kind of reeling in the biscuit and trying to get women into the sack. But what that overlooks, and I think indeed, it's a measure of disrespect towards women, is that women are horny and they love to be seduced. I know if we're all in on this, and we have enthusiastic consent and all those cool buzzwords while they're uncool buzzwords that kind of throw cold water on anything sexual and hot. But I mean, I guess it's necessary anyway. Right? But we have two people who want to be there and are enjoying this fun adult playtime, that is seduction, and especially sexual behavior itself. It's a very good thing. It's a very beautiful thing. It's a very powerful thing. It's just been well stigmatized over the years. Yes. But if you're a guy who comes along, and you must be traveling on now, like the spinner, guys, you know what's really funny? I think when you think of this guy, you're picturing this suave pretty boy, right? Sure. And man, I just threw a whole wrench in the machine when I mentioned Leonard Skinner did not. Here's his country guy, you know, with a do rag, right? And

a Harley, you know, there you go. But it could be this guy just as much as any other persona of man, as long as he's doing all the right things, which is what I think we're starting to cover here, which is how do we end up with this little trail of alpha widows? Because I think if you're the guy you're talking about, you come spend time with women, and then you move on. It's not going to be a fluke that this woman says to herself, my goodness, I'm never going to find another guy like you and other pop culture reference. I just thought of this goes way back as Karen Carpenter song superstar. And of course, Karen Carpenter had a voice like an angel. And superstar is arguably her most melodic song she's ever sang. Okay. And the crazy part about that song is she's bemoaning the fact that she's in love with this rock star who will never be able to be tied down by her and probably won't even ever come around her town again. Correct. So she's singing like, from the position of a well, you know, a groupie, which is odd for Karen Carpenter, right. And probably a little outside of her persona, even when she was, you know, at the height of her career. But yeah, this is a very real thing. I think a lot of guys listening, they're thinking to themselves, man, this seems really far away. I can't even get a woman to go out with me. I can't get her even liked me enough to have the second date. You bastards are up there talking about, you know, leaving women in a pile of emotion and reaching out going no, don't leave me I love you. And yet it's very real. And I suppose the tone I want to set for this particular podcast episode Zan is this is something to aspire to having the ability to do. But I mean, at the same time, it's not like we want to leave women in a pile like this. How is this happening? What do certain men do that creates an alpha widow in the wake? And I mean, maybe how can we mitigate that without changing who we are? I mean, it's a two part question. Right?

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Zan Perrion 14:28

Well, if you are, if you're excellent, and women recognize that you're going to have women that just really, you know, pin their hopes and dreams on you, no matter what you say. And, and the sincere honest thing is to say it straight up, I'm not the guy. I'm not going to be that guy, but I adore you. And my time with us is magnificent. And I've had guys say to me that a lot of guys say to me, what do I do in this situation? They say I don't go down that road with her because I don't want her to break her heart. And as you said earlier, when Women are grown up. Women can make their own decisions in life. You being yourself being truly fully authentic and putting yourself into the world of full force, and women fall for you. That's, that's not your responsibility. Your responsibility to be is to be authentic and be real. It's I think it's a selfish thing to for men to say, well, I don't want to her to get hurt. And so I'm just not going to give her I'm not going to go down that path. Men don't want to go down that path because they don't want you, quote unquote, break her heart. And it's and that's a selfish thing to say, and to consider as far as I'm concerned. Yeah, it's kind of manipulative unto itself. Yeah, it's manipulation. Yeah, yeah.



Scot McKay 15:36

So you mentioned there were two kinds of guys, you have your players who go around basically lying to women to get them into bed. I mean, we know those guys are full of crap. And you don't want to be that guy, because that guy's unethical and very selfish. But now you're kind of turning the tables on simply being this excellent guy, knowing you're going to break hearts,

because it would be unethical to withhold that experience from a woman and let her make her own decisions and emote the way she's going to emote towards it, which I think is a very interesting take. Not

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Zan Perrion 16:06

only that, but I'll tell you something that most men don't know, the women are very practical compared to men, men are the romantic ones. Men are the ones who can't emotionally get over some something in the past where women can practically compartmentalize that part. So I'll tell you what happened to me many times in the past, and my wandering days, my wandering years, I would meet meet a woman, we'd hit it off, it was fantastic. But I'm leaving town, or, you know, I'm in there for a month or two months or three months on that. And she would really, really, really desire to have relationship with me. And I'm magnificent to her and fantastically, you know, paying attention to her and spending time with her. And it's, it's, it's ideal, and it's beautiful. But I'm telling from the beginning. I'm not the guy, I'm leaving my little sweetie, and you want you to find a good guy because it's not me.



Scot McKay 16:52

But this, you cannot change. Yeah. And then And then what happened,

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Zan Perrion 16:56

what would happen is after a couple of weeks of seeing her, she would come to me with tears in her eyes crying and say, Listen, you know, I can't do this. Like, I really need something more. I'm getting older, I want to get married. I really can't do this with you. You know, it's too hard for me to do this. And you're leaving and I can't continue to see you. I have to stop seeing you. And there's me with tears in my eyes to holding hands there. I understand completely. I'm gonna miss you terribly, but I completely get it. I understand and I honor them and let you go with grace. Okay. This is what happens. They go away tearful and crying. Say I can't continue to see you anymore. I want something long term. I want to get married, have children, whatever. A week or so later. You get a phone call. Hey, what are you doing? I'm just hanging around. Was wondering if you want to get together? Yeah, come see me. Boom is back on 100%. The girl is completely excited and fun and funny and having a blast with you. Because she made the switch in her mind that this guy is not going to be the guy. But I got nobody else right now. And while I'm looking for that guy, for Mr. Right? I'll spend as much time as I can with with them. With me, right now. Hey, I've been in bed with women. There's one time I remember I was in bed with this. This same thing happened with this with this girl. I was in bed with her. And she showed me a text on her phone from a guy at the gym that she that she's excited and wants the likes. And I'm helping her Texas No, no, no, don't send that she's in my bed naked. And I'm saying no, don't send that send this and this is that. So women get it. And women. If you let them go with grace, you don't lie, you don't manipulate you don't try and lead them on and the crime go away, they come back because a woman who would rather have part of a winner than all of the loser. I think that's very, very true. And they come back run and I tell you they come back. And now that there was hopes and dreams that they repent and the crying

and the deep emotion is gone. She's fun and funny and full of life and knowing that you're not going to be the guy, but she has made she's come to terms that in her mind, which a man cannot do. Yes,



Scot McKay 18:59

several things I want to comment on here because boy, everything you just talked about is pure gold and it's all 100% True. And guys if you're listening to this they can there's just no way in hell well there is okay. This is how it works when you are a chooser not a chaser and you've done the self work to become an attractive man, Zan, you're not a particularly tall, handsome, rich, etc, etc. Am I okay? One thing that guys may not know is you and I are about the same height. You know, neither one of us are six footers. I mean, no. And what it is, is it's learned skill and it's a love for female human beings. First of all, you know, and you and I were laughing about this even before we hit play once again, as we always do, you're the only guy I know who loves women more than I do. I mean, you're all about women all the time. I'll go you know cook up some Mexican food and coach my kids and their BMX racing and play golf or whatever you you're all about chicks all the time. It's just women. Yeah. And that's amazing to me. But most men don't even like the bitches, they just want to get laid. They're just horny, they just want something to cricket. And that's as off putting to a woman as gold diggers aren't us. I mean, nobody wants to be used. So you're talking about this idea of women having the ability to process things pragmatically. And we, of course, as men have this weird assumption that women are only about emotions, they're going to start throwing plates, like in The Godfather, if we break up with them at cetera, my experience is very similar to yours. I mean, you and I are tracking perfectly with each other on this very notion. Every time I told a woman, I think, you know, you and I need to stop seeing each other, but it's been terrific, I really enjoy you. But either, you know, you're getting the fields, and I'm just not going to be your guy long term, or, or I just put them into just the friendzone, right? Because, you know, I've got too many women I'm dating and she isn't going to be one of them anymore. As long as I'm not insulting her. As long as I'm not being mean to her. I found over and over again, even during the first few times when I braced myself for the plates being thrown at me, right, or whatever vitriol I was gonna get in return. Women often thanked me for being so honest and straightforward. Instead of just disappearing and ghosting them. They arranged it in the closure. Correct. A couple of them said, you know, do you ever brother or anything like that. But also, when you're talking about the idea of Mr. Right, versus Mr. Right now, which is the way I put it, of course earlier, that happens to and it's breathtaking, as a man when you start seeing it happen, when men will come to you on a first date and go, Listen, you're not going to touch me, you're not going to get to kiss me nothing till you put a ring on it. That's just the way I roll. And of course, there's this old adage that you know, you listen to what a woman says, Don't pay any attention to it. You just watch what she does. I think there's some truth to that. I think there's some truth to that for men and women, for everybody. It's human nature in a way. But you're absolutely right. I've seen the same thing happen where by I start charming a woman I'm doing my thing, she really really likes me and she gets really, really horny. And one day the clothes are coming off. And I'm like, Hey, wait a minute, didn't you say this and she'll just go, you know, I'm gonna, I'm gonna text denies this, of course, you know, because I live in Texas, they'll go be quiet, put their little finger on my lips, you know, their little painted fingernail on my lips and go, just shut up. And then, you know, in the afterglow of whatever happens next, you say, What did you say? Yeah, what girl's got to do what a girl's got to do. This is all a big mess, right hedge of protection. Because I don't want guys getting our hands dirty with me. And so I'm ready for him. And sometimes also, a woman will indeed be looking for a steady, long term boyfriend. And she'll start giving you ultimatums or whatever. And you go, Well, I'm just not going to be

that guy for you. So I think you need to be freed up to go find the guy you want. And that happens. And of course, just like you said, like clockwork, then I mean, it's predictable. Right? If you think you can understand women, there's so much that's predictable. Once you start seeing these patterns, they're there. She'll call you up suddenly, two hours later, go Yeah, you know, can I just come over your house and we have sex? Exactly. Well, wait a minute, where's this coming from? Well, you know, there's, there's this need I have for a boyfriend. But if I'm not gonna be able to find a boyfriend, I am a woman and I have needs and I really like you and you make me horny. So you've kind of been slotted differently. You're no longer this boyfriend, material guy. I mean, you still are. But she's very horny. And she just looks at it a certain way. And you're right, often women can make that shift cognitively and just put you in that role. And stay that way. But a lot of times that yet. You know what I mean? I mean, a lot of times that it starts slipping on anyway into her getting the fields and et cetera, et cetera. And you got to make a you got to make a responsible choice like a man when that happens. But yeah, you know, you start doing the things that men do what I call the Big Four, you're confident you're masculine in a way that provides protection for a woman she feels safe with you. You make her laugh, you bring out the fun, feminine, playful nature. And what you're going to find Zan again, this is the learn skill part of it, right? Almost no guys do this. Right, right. I mean, this guy is rare. That's why the Alpha widows are created, because she has no other choice. Other than you because so few guys get this right.

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Zan Perrion 24:31

Yeah, no question. I mean, it's interesting because I just had a thought just occurred to me, because I was this you know, wanderer this Flanner living in the wind and flooding from town to town from all those years that I was traveling, and I would meet a great girl and it was, you know, we hit it off well, but I'm leaving town and I gotta go. What's interesting to me is and I've only heard one other man ever say this. And that was Hugh Hefner. He's the only one I've ever heard say this. And when he's said it, I go, Wait a minute, that's me too. And he said this, he said, In all my years, and all the women and all the relationships I've ever had, I have never once broken up with a girl. I've never dumped anybody in my life. And I never have either, ever. I've never broken up and never said to somebody, listen, I think we should stop seeing each other and never have in my 20s and early 30s, women would leave me because I was needy and jealous. And all those kinds of crazy stuff that it was back then. So they had had enough and then they move on. And then later in life, they they would end it because they found somebody else as I'm traveling through town. And I'm not the guy. I never broke up with a girl in my life. Neither to you after. Isn't that interesting? Yeah. I've never said to a girl, I'm done. I can't see you anymore, ever? Well,



Scot McKay 25:42

yeah, I can't add myself to that shortlist. Because I've certainly put women in the just the friendzone, or found out that they were a little crazy, or the baggage is too heavy or something appeared that was a deal breaker. And yeah, it's certainly broken up with women before. Yeah, you

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Zan Perrion 25:57

mentioned something, they're gonna want to bring up a point. Because this is a strong thing.

And guys are maybe not aware of this either. We will stay men and women do this too. But I'm talking from the man's perspective, they'll stay in a relationship, because there's nothing else. There's a guy, I remember one time you did q&a, and then one of the talks they gave, and he said, You know, I've got this, this girl I'm seeing for the last four years. She's sweet. She's wonderful. I really love her. We spend we have a lot of fun together. She's a great girl. But I'm that I'm I, you know, she wants to get married. And I'm, and I don't really want to, I know I'm not going to marry this girl. I know I'm not. And I said, Did you ever tell her that he goes no, because you know, it's such a good energy. And you know, we have such a good time. She's desiring to get married, and have children, and you're not letting her know that you're not ever going to be that guy. That's because when women have this, this, they call men their ex, and they talk about him in negative terms, because he misrepresented what the relationship was going to be about. And if you're doing that, and you're not being honest, and you're staying in relationship, just because you can't find another girl is better at this point. And you're misrepresenting, and she's hoping that you're going to marry her someday, and or have children with her. And you're not and you know, in your heart, you're not going to do it. That's, that's manipulation. And that's, that's me as like, is a terrible, terrible, terrible thing to do. Because I've met women who came out of relationship after four or five years, and they're sad, their heart is broken. They say, you know, I'm now 38, I thought he was going to marry me. And I thought he's gonna have children he kept, you know, he just never would answer the question. And I want to know, and now I'm 38 years old, I gotta start over again. And they have a really bad energy. But that guy.



Scot McKay 27:39

That's Mr. Nice Guy. That's correct. And this is a massive, massive point you're making, because a lot of guys think of Mr. Nice Guy is this kind of nebulous concept. You know, I'm being kind or nice. Maybe I'm being a little needy, and I'm afraid of the woman I'm afraid of losing her. This is a quintessential example of Mr. Nice Guy acting in fear. He doesn't want to hurt her feelings. He doesn't want to break her heart. But there she wouldn't want to write comfortable, you don't want to lose her. He does right loser. It's his own fear. So therefore, he's not taking care enough of the woman he said, he's in love with or he said he actually respects and likes enough to tell her the truth, which is I'm never going to be your husband. If you tell a woman that upfront, she may come to Emily, or to me a year later going this bastard, he won't marry me. And the first question we always ask those women's n is Well, what did he tell you upfront? Well, you should listen to him. That's exactly what he said. He hasn't lied. I mean, some guys lie. But yeah, that's a Mr. Nice Guy thing. Yeah. Yeah. I mean, you're absolutely right about that. And a lot of guys, it's fear of loss. And I don't think the guy who fears loss is the same guy we're talking about here. Because the guy we're talking about here clearly has options. You know, you're flittering from town to town, like you said, meaning a new woman, everywhere you go, or new women everywhere you go, you're lying in bed naked with them, teaching them how to text other men, et cetera, et cetera. Seriously, that's breathtaking evidence. You're not a needy guy. Right. And I had one woman I was dating and I helped to rewrite her online dating profile under similar circumstances, right, and we'll go into the details. So the term I have that I want to throw on the table right now is charm throttling. And any of the guys listening who are familiar with my work, understand that that's something that well, beautiful, sexy women will do on a first date when they're used to guys throwing themselves at them because they're so beautiful. So sexy, so perfect. So sweet, so feminine, so pure, and they're not this bitchy, horrible Verado of a woman that most beautiful sexy women, you know, seem to be to them. These are the women who can't go on a second or third date without

getting marriage proposals, much to the chagrin of all those women out there who mental trust to go two or three years with the same boyfriend anymore, put a ring on it right? Well, a lot of times as women will kind of ratchet back the shock and awe of how amazing they are, and kind of just smile and play nice on the first date and not laugh too hard at his jokes. But I think it's not necessarily a practice that's gender specific. I think when guys have a lot of options, and they're going out on a first date with a woman they're not so sure about, and they know they have this ability, potentially at least to create alpha widows out there. They should charm throttle a little bit also. But you know, you also have to wrestle with is that disingenuous? Is that not honest? And I don't know, I'm kind of on the fence about this. And but I want to hear your opinion on it. I mean, can you kind of hold back a little bit up front,

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Zan Perrion 30:41

I remember that. I remember this woman told me one time this older woman, I was in this group session of some kind, and I was one of the participants. And this is back in the day, you said that you know the word seduction has bad connotation back then, my company is called enlightened seduction. That's, you know, 15 years ago or more enlightened seduction. And I was this dating coach talking about seduction, how wonderful it is and how beautiful energy it really is. And we need to reclaim it. And in this group, we spent, you know, the time these men and women and this older woman one time said, You know what? I think you talk a good game. You talk about seduction stuff, aptitude. You're fake. Because none of us women here in this group, feel any kind of seductive power from you at all. You're not being authentic, you're fake. We don't believe you. And I am saying to myself, you're married women. I'm charm throttling. I'm you're married women. I'm being respectful. And she said this to me, I'll never forget. She said, It's not you. She said we're all married. But it's not your responsibility, how we respond to you being truly you? Well,



Scot McKay 31:45

that's true. It's very true. But can't you at least care about them enough not to make them all want you and potentially cheat on their husbands? Or is that just arrogance on our part?

Z

Zan Perrion 31:54

Well, that what she told me was, it is not your responsibility for you, this man who loves life, who lives in the wind, who loves women, like you say you do, and you're charming. And so that and you're not, you're not trying to sneak into her bedroom, or get her to cheat on her husband and break the hearts of her children. You're not that guy. But you are a full force you being sexual creature, and you don't dial it down. And all the women look at you say, Wow, I wish I had this guy in my life or my dad or whatever. It's not your responsibility that these married women are turning and looking at you. And it's not your responsibility and other men who are upset at you. You have to be true. You this old woman told me that and never forget it. Because then you're authentic. Yeah,



Scot McKay 32:32

let's put the shoe on the other foot. Should a beautiful sexy woman who turns heads dumb

let's put the shoe on the other foot. Should a beautiful sexy woman who turns heads damn herself down, so to speak, and go around wearing hair curlers and try to look back, you know,

Z

Zan Perrion 32:44

like I said, You're not trying to break relationships. You're not trying to you adore women. You let them know, Wow, your true beauty. I see you and I see your friends here. And I see this woman Wow. Wonderful, wonderful. And you're that guy, he don't dial it down. You don't say okay, well, I hope she doesn't get the wrong impression. You are full force of that guy. And they're married women, relationships, whatever. And you fully respect that. You're not trying to break that or trying to Hey, girl that says that sneak around the corner here. Because you you're honoring that, right, but you're still the guy who loves women, and he showered them with affection and showered them with you know, and they're your friends and you compliment them on the way they look and their bodies. That's who you are.



Scot McKay 33:22

Well, you know, you just essentially describe the secret of how I still take guys out in field and transform their ability to talk to and attract women. Even though I'm happily married and sometimes taking my wife along out in field with us. I don't know about complimenting them on their bodies and telling them how beautiful they are with physical compliments. I you know, respect my wife too much to do that. But seriously, Zan, the pure gold here is that when you like women and have women like you back, you've done the heavy lifting, when it's not an adversarial relationship between ourselves and the women we encounter anymore. Women will follow that lead of us enjoying and liking them and bringing out their femininity, and they'll respond to us with very female aka sexual energy. And then, you know, we've talked about a lot a lot. I mean, it's a flogged horse on the show how men see flirtation, and the whole idea indeed, of expressing sexual interest to a woman as an on off switch. Either I'm ignoring her completely, or I'm propositioning her, whereas women see flirting and seduction as this, this dial, hence, you know, they get warmed up rather than they're just on and off. But yeah, just to join women in your life is a good thing. And it's their responsibility completely how they respond to it. That's correct. Yeah, I do want to shift gears here because we'd be remiss if we didn't talk about how women can do this to us. They can Alpha widow us, right? Alpha widowers, right? I think men often have quote, unquote, the one who got it way. And I think that kind of follows the same script we've been going over this entire show. But I think in particular, women can Alpha widower us in specific ways. And let me rattle off a few examples lightning round style here. If a woman has a certain laugh, right, or she has this incredibly mellifluous voice, and these guys know, I could listen to my wife, Emily laugh and giggle her way through the phonebook. The phone book really funny, right? If a woman is an amazing cook, and you know, she gets us to fall in love with her thrush stomach, right? The way to a man's heart is through his stomach. I mean, I don't know how true that is. But I mean, I've had girlfriends who could cook and they were amazing. And Emily's one of them, you know, how she treats us? What if she is like one of those few women who actually really likes men and et cetera, et cetera. And all those are fantastic. But I think a lot of times, then men, men get addicted to women. And that's what we're talking about here. Right? Is actually, for example, she's the best kisser ever. I mean, I went on a date one time, and this woman kissed my brains out so passionately and fully that I was literally seeing stars, like I'd been punched in the face. There's that one woman who just read all the books, watched all the YouTube videos and knows how to give a blowjob, like you would not believe, right. And we've talked about this on the

show before, but I believe our genitalia, men and women can fall in love with each other, despite the rest of ourselves. I mean, a lot of us can kind of point to a certain woman who's pussy just really loved our unit, man. And they just really hit it off. Great. And maybe the rest of us couldn't stand each other. But you know, basically, our genitals have alpha widowed each other. I mean, I don't know a lot of guys are going to kind of raise their eyebrows and go, Dude, what hell are you talking about? But it's a very real thing.

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Zan Perrion 36:54

It's real. Yeah. It's unreasonable to



Scot McKay 36:57

expect all of that in one package. But the woman who ultimately becomes the right woman, for us long term, in my estimation, can be sort of a culmination of all the favorite things about our favorite girlfriends. Right? I mean, obviously, there probably was also the best, voracious little sleight of all time out there. Right. Who probably will never be the kind of woman who is well, marriage material to us, that may not translate. But what about all the rest of what I talked about? What say you on that? Oh,

Z

Zan Perrion 37:27

well, yeah, I mean, I think that women, for certain, there's every kind of stripe of women, just like there's a stripe of men, and some women are just pure manipulation. And to get off on it, and they liked the nice guys, because the nice guys are buying them stuff and picking them up from the airport and holding the shopping bags. And they just keep them, you know, on the leash for a year or two. And they like it. And they know they're doing that. And they know they're getting free goods out of the guy and free meals and stuff yet, then so. And some women are not aware of that they're not aware that the guy is secretly in love with her. And they're nice. They're nice girls. So but there's a whole spectrum of that. Just like there's manipulative men out there who are trying to take and trying to manipulate. There's women too, that are the same thing. So now is there is there sincere women who get into a relationship with a guy and leave him an alpha widower? Sure, yeah. Relationships, sometimes, you know, the end. And maybe he's completely like you said, head over heels over her. And she's not under percent. And it's time to move on. And he's and here's the difference between men and women. Like I said earlier, women can come to terms with that they talk to their girlfriend, their mother, the girlfriend, their mother, the girlfriend or brothers or friends or friends or friends. You talk it over talk to ever talk to over until they come to some kind of understanding. And they they close the door and move on to the new thing, where the guy will just keep thinking about that when they got away forever. Yeah, pining over the one who got a whining over the one? Yep.



Scot McKay 38:54

Yeah. You know, one thing that came to mind while you're talking is women, I think also can become sexually addicted to a man. It isn't necessarily, oh, he was so charming. And he was this incredible guy who treated me well. et cetera. et cetera. women can become these little

this incredible guy who treated me well, et cetera, et cetera, women can become these little doe eyed, sexually addicted creatures who just want to have sex all the time with you. Another thing that I thought about is when you create this alpha widow, you start seeing that submissive nature of women come out, don't you? Even if she was real kind of gritty and a leader at work. Once they fall completely for you. They're putty in your hands. Women are typically maybe not across the board. But I've seen pretty breathtaking examples of that, especially if you're when you're taking care of them and you actually like women and you're doing all the things we've been talking about this entire show. And you combine that with really taking care of them in the bedroom and giving them the orgasms like no guy has ever given them before. They do they become these little submissive doe eyed creatures? Like I mentioned? Of course.

 Z Zan Perrion 40:05

Yeah. And that's the word that's the natural state in general. Generalizing, of course. And some women will say, well, that's not me. And you can't say that that's the way I am. And some men will say, Well, my wife's not like that. But in general, you're right. Generalizing Yes. I would say that that is correct. That's the natural state of a woman in relationship with a man who's got conviction and kindness and respect and, and, and likes his girl you

 Scot McKay 40:31

provide and protect and make her feel safe. And that's right. That she takes care of you in return and like that's right. Yeah, yeah. been a great conversation. I think we hit this with a big heavy hammer sand periode I think these guys are crystal clear now. The name of your book on Amazon is the alabaster girl. I will alabaster girl. Yeah, I'll put that at the top of the Amazon influencer queue again for you ZAN. And for you guys listening at mountaintop podcast.com front slash Amazon. How can you say you have a new book coming out?

 Z Zan Perrion 41:02

I'm working on it right now. And hopefully that'll be out this year. Okay,

 Scot McKay 41:06

so look for a new book from Zan Perry on later this year, too. I bet that's greatly anticipated by your tribe, man. Yes, it is. And actually, you don't have to even go to Amazon because when you go to mountaintop podcast.com front slash Zan, three little letters, with lots of big ideas behind them, right? Mountaintop podcast.com front slash ZAN. What are they going to find there? Then you got a surprise for him? Right?

 Z Zan Perrion 41:31

Yeah, I have printed a couple 1000 books in Romania of the alabaster girl. And I have them sitting here. And you I'll send one to you free. If you go to that link, you just said I'll send one to you the book as a gift you free. You just have to pay for the shipping and handling. And I'll sign

the book physically and send it to you in the mail. So there you go.



Scot McKay 41:52

Yeah, those things must be taken up space.



Zan Perrion 41:55

Yeah, there they are. I've got a couple 1000 books. I printed 5000 Before I printed 2000 before now I'm on my 2000 again. So I've been doing this for a long time sending out free copies to people all over the world. I've sent out 1000s of books by hand, signing them.



Scot McKay 42:10

Yeah, guys, take advantage of that. That's yours for the taking right there. So yes, again, go to mountaintop podcast, that conference slash ZAN. As always, and Patreon. Always a pleasure. I love the conversations you and I have because indeed we both love women. And I really hope and trust the guys have been inspired by this conversation. Instead of just being made angry by it, guys, all of this is learned skill. It all starts with loving women. If you're feeling like women have broken you if they've hurt you. Take responsibility. Stop with the victimhood stuff. Start by loving women. You don't have to put up with their crap, you can cut them off as often as they turn into crazy women. You've heard that from me before. But just watch how that leadership works. Give it a shot. That's all Zane and I are asking of you. And hopefully that does indeed inspire you. Go to The Mountain Top podcast.com Download my free book sticking point solved. You'll find answers to just about every typical quandary guys have when they're struggling with women in general, it's good place to start. Also, guys, get on the phone and talk to me. Talk to me about where you are right now where you want to be in your journey getting better with women, it's free of charge. There's no pressure if we want to put a coaching program together that's all well and good for both of us. However, when you go to mountaintop podcast.com Click the red button in the upper right hand corner and get on my schedule. You and I will talk for 25 or 30 minutes about you not about other guys not about generic stuff that's everyday dating advice. We'll talk about you and your situation in particular while you're there at Mountain Top podcast.com Please visit Jocko willings company origin and main the key port guys and heroes soap and when you partake of any of our sponsors find products. Be sure to use the coupon code mountain 10 to get 10% off. It's all there for you and more at mountaintop podcast.com And until I talk to you again real soon this is Scot McKay from X & Y Communications in San Antonio Texas. Be good out there



Edroy Odem 44:28

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