

# mtpsfts4

Tue, Feb 27, 2024 4:23PM 8:06

## SUMMARY KEYWORDS

man, scot, excel, gym rats, masculine, masculinity, bowling, respect, part, successful, real, surround, gentlemen, relative, talk, money, sport, world, golf handicap, women

## SPEAKERS

Scot McKay, Edroy Odem

---



Edroy Odem 00:01

You're listening to snippets from the summit with your host Scot McKay.



Scot McKay 00:08

How's it going, gentlemen, this is your main man Scot McKay with another snippet from the summit. Today, we're going to talk about a topic that I may have to describe a little bit too for you to get the feel of exactly what I'm getting at here. And that's in large part because it's also a topic I've never heard anybody discussed before, even though it's something that goes on an awful lot between men in this world. Here's basically how it works. Many guys think to themselves, look, what makes me a man, is that part of me that I consider to be the most macho, or the most masculine in the way I frame it, in terms of what's interesting to me, how I excel where my natural talents are, and what goes along with that is a certain arrogant attitude that if you aren't successful the way I am, then you know what, you're no real man at all. I'm not going to respect you, I'm not going to even see you. For the masculine man, you are in your own way. So what are some examples of this? Well, I think the first one that would come to mind for most men listening to this podcast, based on what we talk a lot about around here, which is being successful with women, is hey, look, if you haven't bagged as many chicks as I do, or chicks don't love you as much as I do, or you're simply just not as successful with women as I am, then you know what, you are less of a man than I am. Certainly a lot of other guys think about financial success in that regard, hey, look, unless you're making a certain amount of money, or you're rich like me, or you're financially successful, or a crypto bro, or whatever it is that I am that's making me wildly successful financially. You know what, you're no real man at all. Certain guys who have military experience look upon other men who are not veterans. In the same way, men have super high intelligence high IQ, who have excelled by using their brainpower, who may be part of the academic world may have patents hanging on their wall, they can feel the same way. It's easy to fall into the trap. Men who are proficient in a certain sport like baseball, football, basketball, or dare I say even bowling may look at other men who aren't as proficient as they are in that sport. And think, well, that guy is not as masculine or not as much of a man as I am. And in order to earn my respect, he's going to have to step up. You know, speaking of bowling, I can't help but think of Pete Weber's infamous line on national TV,

when he did something particularly amazing in the sport of bowling. Who do you think you are? I am. And I think that's the kind of sentiment I'm getting at here that a lot of guys really have an inward focus on what it is that they're good at. And if you're not good at it like they are, well, then you're just not man enough. Probably the most poignant example of when this goes on is when guys are really buff cut their gym rats, and any guy who doesn't have the physical strength or the endurance that they do isn't as much of a man as they are. You see it a lot in that arena also. Listen, gentlemen. So now that I've said the quiet part out loud, here's the truth that's foundational to everything I've just thrown on the table, believing that other guys aren't real men unless they excel at exactly what you excel at, to the level you excel at. It is not only obviously shallow at best, and insecure. It's kind of like a Dunning Kruger effect relative to masculinity, okay? Meaning that while you beat your chest, every man who isn't in your Echo Chamber standing up and cheering for you, and is doing something else that they find to be a priority in their life, is rolling their eyes at you. In other words, all the guys who are making a lot of money are rolling their eyes at all the gym rats, even as all the gym rats roll their eyes at all the guys those rich douchebags making all the money. So what's the proper response to this? Hey, you know what, as a man, you're going to have natural gifts, you're going to have passions, you're going to have purpose that is important to you. Focus on that be the best man you can be at that. But you also have to give some respect to men who have other gifts, and go about being the best man they can be in the way they choose to in the way they feel is best for them. Now, the big surround to this that brings this whole conversation together is the simple fact that what masculinity really is how it's really defined. And is as the catalyst to sexually ignite femininity. When you are a man who provides, protects, leads, and has control over his environment can manipulate his world as a man should, that's when women are going to be hot for you. You can do that as an athlete, you can do that as an entrepreneur, you can do that as a humanitarian, working for a nonprofit, or in any other way you choose to based on your personality and your gifts. As long as you are that big four man that I talk about all the time. Now, a couple of notes here that I think will build you up and support you in this quest. First of all, guys, your past mistakes don't preclude you from being a man. Now. Let's say you lived on the streets for a while, let's say you've been to jail. Well, you did what it took to dig out of that pit and you are well on your path to being a better man. Hey, that is to be respected and don't let anybody tell you otherwise. Similarly, the ultimate rookie mistake here relative to this entire conversation, is to indeed judge other men by your own yardstick. For example, since I make \$200,000 a year, every guy out there who doesn't make \$200,000 a year is less of a man than I am. If I can benchpress 340 pounds, every guy who can't benchpress 340 pounds is less of a man than I am. I have a scratch golf handicap. Every other guy who doesn't well they need to man up, gentlemen, not only does that sound like an open admission that you weren't a real man yourself until your latest achievement. It overlooks the immensely important value of a real man as an inspiration leader or even mentor to other men. If you don't have any time or respect for those other guys who aren't yet where you are, you've excluded yourself from one of the most important and fulfilling parts of being a man. So let's wrap this up guys. It's all about being a leader, provider and protector and having control over your world. The trappings with which you do that the skill sets and passions that surround that for you are up to you. And every real man can should and will respect that. Or else they could use a little maturity when it comes to seeing how men of all stripes of all abilities make this world go round. Want to talk about this some more? Or anything else? Scot at mountaintop podcast.com Be good out there.

E

Edroy Odem 07:43

As always visit [mountaintop podcast.com](http://mountaintop podcast.com) For more

