

mtpsfts5

Tue, Mar 05, 2024 12:31PM 7:28

SUMMARY KEYWORDS

woman, myth, fit, life, relationship, misfits, core belief system, word, own insecurities, someone else's, most insidious, kid, snippet, summit, actively, penniless, seek, knowing, gentlemen, misfit toys

SPEAKERS

Scot McKay, Edroy Odem



Edroy Odem 00:01

You're listening to snippets from the summit with your host Scot McKay.



Scot McKay 00:08

How's it going, gentlemen, this is Scot McKay from X & Y Communications. And I want to welcome you to another snippet from the summit. Today, I want to introduce you to a term that sort of just fell out of my mouth, kind of accidentally, while I was doing a guest appearance on someone else's podcast, the word is misfits, which of course is a play on the word misfits. misfits are people who you know, don't fit in socially, you probably remember watching Rudolph the Red Nosed Reindeer when you were a kid, and they had the Island of Misfit Toys. So obviously, I've kind of made a snuggling with the word myth in there. And as you probably are already guessing, I'm talking about relationships between men and women. When I'm coining that term, here's what goes on. I think a lot of us as men know, really deep down who we're looking for, who we find attractive, the kind of woman we want in our life. But we feel sort of beholden to someone else's image of who that person should be in our lives. For example, we may look at the media and the media sort of dictates to us that attractive, sexy women are the tall skinny ones, who look a certain way. But meanwhile, we're really attracted to a completely different kind of woman, yet, for the sake of appearances, and looking good in front of our friends, social reasons, perhaps based on our own insecurities, or whatever, we seek to get women into our lives, who are going to gain the approval of other people and look good to other people. Maybe she'll seem like arm candy to our fellow dudes, something like that. So my exhortation to you today to avoid being a myth fit is to do away with that myth that the woman who other people approve of the woman who makes other people happy is the woman you should be with, unless she's the woman you really want. It's indeed a myth that she's the right woman for you. Let me give you another example of a potential myth fit in your life. That is if you have come to the conclusion that all women have a negative trait, either they're all greedy, and selfish and are just trying to get your money and take you to court and leave you penniless and insane someday, et cetera, et cetera, or that all women are going to cheat on you. All women are energy vampires, all women are liars, cheats, or whatever, what's going to happen is you are going to carry that expectation that that's the only kind of woman you're going to be

able to meet and get into a relationship with, or else Hey, you're going to remain all by yourself masturbating to porn, die alone, someday, never leave a legacy not have any kids, etc. Well, it's a myth that all people have any social group be that gender, race, ethnicity, nationality, etc, are all one way. There are perfectly nice, sweet, giving, generous, optimistic, and yes, sane women out there. Not all women are crazy, right. And as long as you believe you have the right to attract one, then you'll do away with that myth that I'm going to have to well fit in to a relationship with a woman who is going to be well flawed in a way that keeps her from being one half of a great relationship ever. The third and I would argue probably the most insidious way that we can end up being a misfit is by not understanding who we are as men. Now, I've said it time and time again on this very show in my newsletters, and indeed in my programs, that knowing who you are developing your identity around a core belief system is absolutely mission critical to any kind of purpose. Any kind of potential success that you will have in your life. It's hard to drive ambition as a man without even knowing what's important to you. You should be able to express what you believe in to people and be able to explain why. What this does is it allows you not only to understand who you are but also craft a much more specific and dare I say accurate vision of the kind of woman you really want to invite into your life. So where guys become myth fits is they start allowing themselves to believe hey, look, if she's cute and sweet and can fog a mirror. I probably better settle for her. I've done all the heavy lifting here. Let me invite this woman into my life. Well, there are several problems with that. First of all, if you have more depth of the kind of woman you're looking for, you can cast a narrower net instead of, say, getting on an online app and go, Hey, you know, I just want a woman to hang out with you out there. Because all the women who are really popular with the guys are weeding out all those guys who are being so generic and who they're looking for and actively seeking out the guy who's going to be one of them. The guy who's going to think the way they do pray, the way they do eat, the way they do vote the way they do, someone who they can have a partnership with. And see, gentlemen, when you know who you're looking for, you're more likely to find the kind of woman who is a real fit for you, not a myth of it, right? Because she's actively looking for a guy like you. But unless and until we get our act together, find out who we are, develop our identity, build purpose around that, we're not going to know who the real genuine, authentic fit for us is in the form of a girlfriend and certainly a future wife. So let's break it down. Myth fit. If you are trying to please others with the kind of woman you're getting into your life, that's a myth fit, okay? And you will be a myth that along with her, you won't make each other happy. You'll be simply keeping up appearances. Also, if you have preconceived notions, especially negative notions about women, what you're doing is you're letting a myth that all women are the same, whatever that means to you drive your relationship choices, which is going to end poorly as well. And finally, and perhaps arguably, most importantly, if you don't know who you are, it's a myth that you know who you're looking for. Let's erase that get a hold of ourselves, see the forest for the trees and invite the right women into our lives once and for all. Gentlemen, want to talk more about this Scott at Mountain Top podcast.com Be good out there.

E

Edroy Odem 07:05

As always visit mountaintop podcast.com For more