Edroy Odem (00:00.238)
You're listening to Snippets from the Summit with your host Scot McKay.

All right, how's it going gentlemen, this is your main man Scot McKay coming at you again with another snippet from the summit as part of the mountaintop podcast from X and Y communications.Today we're gonna talk about a topic that's kind of an elephant in the room for a lot of guys, but we're gonna blow the lid off it right here and Talk about it in a way. You've probably never heard it talked about before a lot of cynical guys Basically say hey, know what we as men have

more worth to women as we go through life. We acquire more wealth, we acquire more wisdom and maybe more ability or the wherewithal to make a woman feel safe and comfortable. But because women and their value is basically all dependent on their looks, say some cynical guys, right? Their value to us as men diminishes over the course of their lifetime. You know, the older they get,

you know, their beauty starts to fade, their physical beauty. But here's the thing, everywhere you go, you see a bunch of guys who, well, I suppose, aren't men going their own way, or red-pilled, cynical types, who have been happily married to the woman of their dreams for decades. You see couples who celebrate their 50th, 60th wedding anniversaries together, and they're very happy people. Now, is the guy just smiling for the camera and...

You know, kind of when the lights are off and in his own private thoughts thinking to himself, well, you know what? My wife is old and ugly and I'm just not attracted to her anymore and secretly I really don't want her anymore, but I kind of feel trapped. Well, I'll tell you straight up. Not nearly enough of us are good enough actors to portray that character day in, day out. As we go through life with a woman who maybe now disappoints us. Yes, gentlemen, plenty of men and women who have been together for decades.

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still are madly in love with each other and indeed are attracted to each other. How does that work? Well, first of all, I've always believed in God's dirty little trick as I call it, which, you know, spans a number of areas similar to this. But one of them is certainly the simple fact that as we get older, we tend to be more sexually attracted to people our own age.

For example, a 20 year old probably wouldn't look at a 55 year old woman and go, man, she's hot, I want her. But a 55 or 60 year old guy could pick out the 55 year old hotties out there who he'd want to be with. Now, obviously, if you've been with a woman for a long time and she floated your boat back when you were both in your 20s, chances are much greater that when you get into your 50s or 60s or beyond together, you'll still be sexually attracted. Does this still sound polyanaish to you? Well, perhaps.

Especially if you've you had some bad experiences or you were with a woman who aged poorly Etc. Etc. I can understand that which brings us to the next point There has to be a little bit of pre-planning if you want to stay sexually attracted to a woman you're with long term I've often Advocated that if you're say a 35 year old guy instead of going after a 22 year old tight hottie who looks 22

Why not start dating 32 to 35 year old women who still appear to be 20 to 22? Why? Well, it should be obvious. They're going to age better over time. When she gets to be 55 or 60 years old, she may still look 35. Also women who live a clean lifestyle, they're not smoking, they're not drinking a whole lot, they're eating healthy, they're staying fit. Those women are far more likely to stay sexually attractive visually even.

longer into their lifespan. Now, here's something that's kind of subtle but important to know. If you're say a 60 year old guy and your wife is say 55 but she still looks 35, not only will you be more sexually attracted to her, but that'll be a source of pride for you. Does that sound kind of superficial? Well, yes, of

course it's superficial, but it doesn't make it any less of a reality. If you have a woman who looks terrific,

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well into her middle age, well then you're going to be proud of that. But here's where the storyline takes a little bit of a twist that you may not see coming. Gentlemen, there are reasons to be sexually attracted to a woman above and beyond merely her looks. As you guys have probably heard from me before, I'm a voice guy. I could listen to my wife read the phone book. I'm also very much attracted to a woman who likes to laugh.

and Emily has a giggle language all her own. She has a different giggle for every occasion. I could listen to her voice and make her laugh happily ever after, literally. I mean, we will be in our 80s, 90s together and I will long to hear that voice and hear that laugh. And that will never become sexually unattractive to me. The way she looks at me, the way I look at her, that will never quote unquote get old.

how we serve each other, the subtleties of how we relate to each other, the subtleties of how we quote unquote get each other. That never gets old. God forbid if someone goes through a bout with dementia and we're with them till the bitter end, you know what, so be it. Even though that part of her may be fading to quote James Garner in The Notebook, which I'm sure none of you guys have ever seen because it's a chick flick, but at the end when his wife has dementia and is passing away,

The reason why he's still with her quote unquote is that's my sweetheart in there. And that never fades. Gentlemen, this whole cynicism towards women not becoming attractive to us anymore and becoming therefore disposable somehow as we go onward in a relationship with them is not only indeed cynical, it's just flat out not true unless you're some kind of a jerk who is that superficial yourself.

Guys, it's not only okay to be physically attracted to a woman and have that be a big part of why you want to be with her long term. It's to be expected. That's how biology and sexuality work. But gentlemen, you've got to have a woman you want to talk to, relate with, go through life with, be a partner with, and that never gets old and that never loses its attractiveness to you. This is one of those things that if you know, know,

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And if you have a little bit of depth as a man and she has a little bit of depth as a woman, indeed she's not using you as a walking ATM machine for well decades, then you will have a happy life together and you will be attracted to each other. After all, that's your sweetheart in there. In closing, I want to wish you guys a very Merry Christmas to those of you who celebrate. Happy Hanukkah to you guys who celebrate that and look forward to lots of great Snippets From The Summit

and full episodes with guests in the coming year 2026 and much more from us here at X & Y Communications that you're sure to enjoy. Meanwhile, if you want to talk about this topic or anything else, scot@tmountaintoppodcast.com. Be good out there.

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As always, visit mountaintoppodcast.com.